

The Hinsdalean

Thursday, April 21, 2022 • Hinsdale, Illinois • Volume XVI, Issue 31 • 48 Pages • \$1 on newsstands

Community journalism the way it was meant to be



Over stuffed — Hinsdale Middle School students Adeline Hsieh, Kara Groom and Zaara Singh bring out several of the more than 600 boxes of cereal that were collected Thursday morning at HMS. With a half dozen squad cars filled to the brim, the Hinsdale Police Department had to put out a call to the Hinsdale Fire Department to come to the rescue with another vehicle to help with the pick up. The food collected from all nine District 181 schools weighed in at 7,374 pounds, which was double what was collected last year. The food was donated to HCS Family Services for its food bank. Please turn to Page 24 for more pictures. (Jim Slonoff photo)



Central teen hopes Earth Day events spark action.

Page 9



COVID prompts Hinsdale mom to launch new business.

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Walk for Wellness ready to welcome back crowds May 1.

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NEWS

And they're off!



Hundreds of children turned out for the annual Easter Egg hunt sponsored by the village of Hinsdale and The Community House Saturday morning. And it didn't take more than a minute for the

children to scoop up the 10,000 eggs that were on hand. To view of video of the hunt, visit <https://www.facebook.com/thehinsdalean>. (Jim Slonoff photo)

D181 office prospects prove elusive

By Ken Knutson
kknutson@thehinsdalean

Viable sites for building a new Community Consolidated Elementary District 181 administrative center are understandably scarce in a fully developed district that is 97 percent residential.

But the notion of continuing to lease office space does not appeal to some board members, who had a permanent district-owned facility in mind when they set aside \$7 million 18 months ago for the endeavor.

Administrators at Monday's District 181 board meeting provided an update on the search for a new headquarters, with the two top candidates being office space rentals in Westmont.

"The current environment in the Westmont office product is particularly very tenant-favorable right

now," said Rick Engstrom, assistant superintendent of business and operations.

The locations are outside the district, territory that was necessary to explore according to Mike Duggan, director of facilities.

"We have cast a wider net to try to find opportunities to lease and to purchase both within and outside the district boundaries," Duggan said.

Board President Margie Kleber, however, expressed concern about of spending millions on another multi-year lease.

"We represented to the taxpayers that what we were looking at was a long-term investment that was going to pay off beyond 20 years," Kleber said.

Since 2015 the district has leased roughly 12,000 square feet at 115 W. 55th St. in Clarendon Hills, for which it pays about \$206,000 a year.

The lease ends in June of 2025.

Engstrom also noted an office building is available for just under \$3.5 million on Walker Avenue in Clarendon Hills, but said it came with several hurdles.

"That's a hard area just because of the parking issues and knowing that there are currently leases in place," he said.

Superintendent Hector Garcia said the district needs to either find a buildable site in the next year or a rental space in the next two years if a proper transition is to be made.

He laid out the key factors guiding the search, namely availability, favorable price/terms, timing of lease, district proximity and amenities/flexibility of space.

"We wanted to make sure the board and the community was aware of what we're seeing as some benchmark criteria so that when new opportunities come up, that

we're able to take advantage," Garcia said.

The search team has included a commercial real estate broker, architect, engineers, environmental service personnel as well as local residents to identify, visit and review location options.

Engstrom said constructing a 12,000-square-foot building would cost about \$350 a square foot and require six to 12 months of lead time. Of course, that's only if land can be obtained.

"We know it's very limited in district options for lease or for sale (properties) based on what we've been looking at the last few years," Engstrom said.

Kleber hopes further efforts can yield more promising results for a permanent site, "I think we still have a little bit of time," she said, (Leasing is) just not something I can support right now."

ONCE UPON A TIME



Early classroom — This photo in Sandy Williams' book, "Images of America — Hinsdale," shows the kindergarten classroom at Monroe School in 1929, complete with fireplace and play loft. Do you have a Hinsdale photo that is at least 25 years old? We'd love to share it with our readers. Stop by our office at 7 W. First St. or email it to jslonoff@thehinsdalean.com.

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Office hours 9:00 a.m. to 5:00 p.m.
Monday through Friday
The Hinsdalean is published once a week by Hinsdale Publishing Co. Inc. and delivered to every home in Hinsdale. The Hinsdalean also is sold on newsstands throughout the village and in nearby communities.
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Delivery
The Hinsdalean is available by mail to those living outside of Hinsdale for \$79 for six months or \$149 for one year. Email version is \$25 per year. To subscribe or if you have questions about delivery, call Tina Wisniowicz.

Corrections
The Hinsdalean staff strives to provide an error-free newspaper each week. If a mistake is published, however, we are happy to correct it. Call or email Pamela Lannom to report errors requiring correction or clarification.

Letters to the editor
Our letters policy is published on Page 11.

Obituaries
Obituaries are published free each week in The Hinsdalean. Information may be mailed, faxed or emailed to news@thehinsdalean.com. Obituaries may be edited for style and space.
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Payne highlights equity efforts in D86

Director of instructional equity cites data, student surveys to demonstrate need for work

By Pamela Lannom
plannom@thehinsdalean.com

Equity work is definitely needed in Hinsdale High School District 86, Patrice Payne told board members at their April 14 meeting.

Payne, who has served as director of instructional equity in the district since July 1, pointed to data and conversations with students as evidence.

Research shows the powerful impact implicit bias has on students' ability to learn, she said. It can affect special education placements, disciplinary referrals, teacher mindsets and beliefs, tracking and the dominant discourse.

"What you will see is that all of these components are very closely interrelated," Payne said. "As you can probably imagine, they all stem from No. 3, our mindsets and our beliefs. Those inform one another. Our beliefs will become our dominant discourse.

"These become very pervasive, fixed attitudes about students' abilities and their ability to contribute," she added.

She shared a series of slides with fall 2021 data that shows disproportionate percentages of students in various groups — Black/African-American, Hispanic/Latino, two or more races and low income — are enrolled in special education, are referred for discipline issues and are placed in support courses.

In one instance of disparity, Black/African American students make up 7.5 percent of the district's student body but

receive more than 33 percent of discipline referrals for all types of incidents.

When it comes to advanced courses, a disproportionate percentage of whites and Asians are enrolled in AP English and AP math.

On the SAT, underserved students (Black, Hispanic and/or low-income) score an average of 220 points lower than their district peers.

"Our in-house data, what we see from our students' performance, is more than enough information which fuels our reason for providing equitable approaches to meeting students' needs," Payne said.

She cautioned people about the dangers of interpreting the data in certain ways.

"I don't want people to leave with any unintended consequences where we are making assumptions about students or groups' abilities," she said. "What I would like to share is that what we see in terms of student achievement does not necessarily indicate students' potential but rather an opportunity for us to shift our practices so that we are more adequately meeting the needs of our students."

The recent Panorama survey shows 43 percent of students agreed or strongly agreed they feel a sense of belongingness at school. That is in the lowest percentile (0-19) for all K-12 schools nationwide that use the survey.

"There is a clear opportunity to provide students with more opportunities to feel more connected and to feel valued in our

schools," Payne said.

She emphasized that her role is very specific.

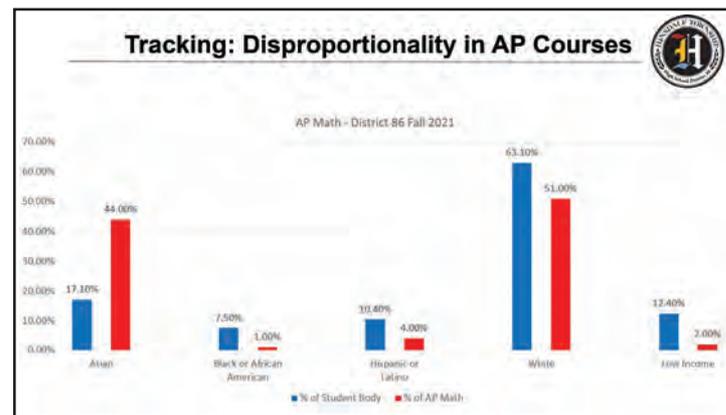
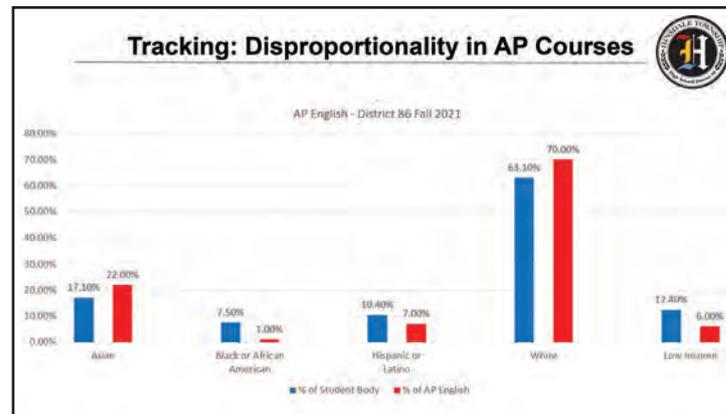
"I want to be very clear my role is instructional equity," she said. "My focus is really facilitating systemic implementation that's proactive and responsive to meeting the varying needs of our students. That is done heavily through professional development and providing consultation to our leaders as we address in-time issues as well as issues that have persisted for a number of years."

Each member of CELT — the district's Culture and Equity Leadership Team — will be championing an equity goal. The district also has offered significant professional development for teachers, including a series Payne titled "Inclusion Starts with I."

"The true work of equity starts with mindset shifts," she said. "We all walk through life with our own perspective, with our own set of experiences that have molded us. That is not problematic if we engage in those implicit biases and are aware. If you are human, you are biased. I am biased."

People must become socially aware in addition to self-aware so those biases don't turn into harmful behavior, she added.

The D86 Youth Equity Summit, which Payne said was her best day in the district, gave marginalized students the chance to identify the attributes of a school committed to equity and inclusion. One of the five identified is to provide "decentered content," Payne said, noting that education is very



These are two of six slides illustrating the racial disproportionality in District 86 class placements. Students in certain minority groups are more likely to be placed in special education and support classes and have discipline issues, while whites and Asians are more likely to be placed in AP courses, the data showed. (art provided)

Eurocentric.

She offered the example of a teacher working on a unit on Creation by looking at Greek mythology, Biblical references and Native American origin stories. Including voices from other cultures does not mean teaching the perspectives or beliefs of those cultures, she explained.

"Our work is guided by standards. That has not changed and will never change," she

said. "How we teach our standards is what's important."

The most important thing is to remain flexible, she said, noting that she works closely with David Lapatino, director of instruction and innovation.

"Students who sit in front of us have different needs than honestly our students from two years ago," she said. "Our students have changed, and good practice changes, good practice evolves."

Divided District 86 Board elects new officers

By Pamela Lannom
plannom@thehinsdalean.com

In a series of 4-3 votes, the Hinsdale High School District 86 Board elected a new president, vice president and secretary at its April 14 meeting.

Eric Held will serve as president, Kathleen Hirsman as vice president and Terri Walker as secretary. All received support from Held, Hirsman, Walker and Cynthia Hanson.

Jeff Waters nominated Peggy James for all three offices. She received three votes for each office from herself, Waters and Debbie Levinthal.

Levinthal spoke up after the first two votes were complete and nominations had been offered for secretary.

"This is very clear where this is going," she said, citing conversations about trust and unification of the board that took place at the last meeting. "It is very clear that there is a block that is blocking any sort of unification of this board or trust.

"Extremely predictably unpredictable, but I'm just going to say, shameful, I mean, really, really shameful," she added.

Hanson said she has tried to be a positive force on the board, working to

foster collaboration.

"I look to leaders who can unify this board, not at the expense of alienating our administration," she said.

Waters, who described James as the best overall candidate when he nominated her for president, said the board owed it to the community to break up the perception of a voting block. He called for a 7-0 vote for James for secretary, a role she has served in for the past year.

"I think we owe that to Peggy relative to the service provided," he said.

Two district residents called for a change in board leadership during the

public comment session prior to the vote.

"Let's appoint a president who can unify a divided board," Creighton Meland said.

Yvonne Mayer blasted the elections during public comments at the end of the meeting.

"I'm actually glad the three of you were elected. Enjoy your last year on the board," she said to Held, Hirsman and Hanson. "We all challenge you to run because we want to crush you at the polls, just like we crushed the last set of incumbents that aren't sitting at the table with you."

NEXT WEEK

Hinsdale High School District 86 Board

6 p.m. Thursday, April 28
Hinsdale South High School
7401 Clarendon Hills Road, Darien
<https://d86.hinsdale86.org>

Hinsdale Public Library Board

7 p.m. Tuesday, April 26
Hinsdale Public Library
20 E. Maple St.
<https://www.hinsdalelibrary.info>

On the draft agenda: electric lighting proposal, emergency operational changes, executive director annual review, library open May 29

Hinsdale Village Board

7 p.m. Tuesday, April 26
Memorial Building
19 E. Chicago Ave.
<https://www.villageofhinsdale.org>

On the draft agenda: time limit parking zone, refer historic overlay district proposal to plan commission, employee pay plans, resurfacing project construction contract, roofing contract

New COVID cases on the uptick in Hinsdale

Thirty-six Hinsdale residents have tested positive for COVID-19 over the past week. The DuPage County Health Department reported 35 new cases, and the Cook County Health Department reported one new case.

That brings the total number of reported cases in the village to 3,715, compared to 3,679 last week.

AdventHealth Hinsdale is no longer reporting on cases.

Hinsdale High School District 86 reported two positive cases as of April 15, both

involving staff members.

Community Consolidated School District 181 reported 33 cases April 13-19, involving 25 students, five teachers and three staff members.

As of April 11, the Illinois Public Health Department is no longer updating the rolling seven-day positivity rate. The last report was 3.8 percent on April 3.

Now the state is reporting the number of cases per 100,000 population, which was 26.2 on April 19 in DuPage County, compared 17.4 as of April 13.

MEETING ROUNDUP

Hinsdale High School District 86 Board

Among other business at their April 14 meeting, board members:

- agreed to continue holding committee of the whole and regular business meetings the second and fourth Thursdays of most months, respectively
- decided to have the committee working on the master bell schedule address the issue of scheduling alternatives for students who have a conflict with a course they want to take. Board members Jeff Waters and Debbie Levinthal will be added to the committee in order to participate in the discussion.
- decided to meet with a representative from the Illinois Association of School Boards for a closed-session self-evaluation to discuss the role of the board president. Board members Peggy James, Debbie Levinthal and Jeff Waters said they think the conversation should happen in an open meeting.
- heard a presentation from David Lapatino, director of instruction on innovation, on his efforts in the district

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The Lodge gets a lift as COVID wanes

Weddings, family gatherings return to village venue in KLM after a couple tough years

By Ken Knutson

kknutson@thehinsdalean.com

Like so many event venues during the pandemic, The Lodge at Katherine Legge Park had some extremely quiet months the last two years.

But that changed in a big way last October.

"We had the biggest October on record," said Heather Bereckis, Hinsdale's superintendent of parks and recreation.

That breakout was due largely to the backlog of wedding celebrations halted by COVID-19, she related.

"We had a lot of people from 2020 that were finally able to schedule for the fall of 2021," she explained.

June and August weren't too shabby either, each posting their highest receipts in at least four years, all of which combined to make for a banner year.

"We had \$180,000 in revenue, which is our highest year since 2015," she said.

And the activity has continued

into 2022 with nearly all Fridays, Saturdays and Sundays in May through November booked.

"We actually have the biggest May on record coming up," Bereckis said.

Chantal Karge, recently hired as manager of The Lodge, said the delight people feel at the freedom to gather again is evident.

"People are so excited to be able to have events again with no COVID restrictions," she said. "I would say the biggest takeaway is the feeling of happiness and joy that our clients have to be able to have those family gatherings. Many of them have waited a really long time."

Improvements in recent years to the outdoor patio, the installation of new carpeting and purchase of new chairs have helped restyle the facility for today's market.

Bereckis said fairy lights hung on the patio invite people to mingle outside, while an upgraded sound system, 80-inch TV and boosted Wi-Fi equip The Lodge with contemporary amenities that have value to business meetings, weddings and

memorial services.

"We also revamped our preferred vendor list to include more variety," Bereckis said. "We're replacing ductwork during a week this May and will redo the ballroom floor upstairs later this year."

"It's an old building with a special style, and we're want to add little modern touches that fit in with the decor," she added.

The Lodge was built in 1927 and designed by local architectural luminary R. Harold Zook. It sits next to the Zook Home & Studio, which is owned by the Hinsdale Historical Society.

Bereckis said the village and historical society are working together on grant applications that will benefit both facilities as well as other ways to partner.

"We're working with the society to add the Zook studio into a rental package for cocktail parties, and proceeds would go toward the renovation of the (home and studio)," she said.

Grant funding is needed to

make The Lodge ADA compliant, which is officials' vision. "I'm cautiously optimistic," Bereckis said of that materializing.

Karge said her team already has turned the calendar.

"We're really booking into 2023 pretty strongly," she remarked, adding that she hopes in-person business functions start to increase to provide more midweek activity.

And the outdoor option is always available for those who still prefer to socially distance.

"Many more events do opt to have a tented event, like a tented reception in the back in the park," Karge said.

Even The Lodge's logo has gotten a facelift, Bereckis noted, which can be found at the website <https://www.klmlodge.com>.

"We have new marketing social media pages to get new ways of engaging people," she said. "We've been getting so much good feedback from social media and sites like The Knot.com. Just continuing to see that is a win for me."




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POLICE BEAT

Police distributed the following reports April 13 and 19.

DUI arrests

• Michael R. Apa, 38, 8817 Lake Ridge Drive, Darien, was arrested for driving under the influence of alcohol, unlawful possession of cannabis by a driver and speeding at 4:47 p.m. April 15 at Clay Street and Hinsdale Avenue. He was charged and released to appear in court.

• Marko Ciric, 34, 8654 Garfield Ave., Munster, Ind., was arrested for driving under the influence of alcohol and speeding at 2:11 a.m. April 17 at Ogden Avenue and Elm Street. He was charged and released to appear in court.

Unlawful possession of cannabis

Alvaro S. Almaraz, 25, 455 Falcon Ridge Way, Bolingbrook, was arrested for unlawful possession of cannabis by a driver and speeding at 10:22 p.m. April 18 at Ogden Avenue and Oak Street. He was charged and released to appear in court.

License violation arrest

Terrence D. Ben, 40, 192 Elmhurst Road, Crystal Lake, was arrested for driving with a revoked license, operating an uninsured vehicle, unlawful possession of cannabis by a driver and speeding at 11:04 p.m. April 12 in the 600 block of West Ogden Avenue. He was charged and released to appear in court.

Checkbooks missing

A resident reported checkbooks missing from her bag while she was in the process of moving from the 1400 block of Burr Oak Road between noon and 5:30 p.m. April 8. The theft was reported April 12.

Deceptive practice, forgery, fraud

• Someone cashed a check from a business in the 0-100 block of West Hinsdale Avenue intended for a vendor. The incident was reported April 7.

• A resident of the 600 block of South Grant Street reported mailing several checks that were not received by the intended recipient and were altered with different payee information between March 31 and April 5. The incident was reported April 12.

• A resident of the 400 block of North County Line Road reported that his bank account had been compromised between Dec. 1 and April 2 and money was missing. He notified police April 13.

Damage reported to property, vehicle

• The locking mechanism on the entrance door to a building in the 300 block of South Grant Street was damaged between 10 p.m. April 5 and 10 a.m. April 6. The damage appears to have been caused by pulling on the door while it was locked.

• Someone cracked the glass on the door and spray painted the exterior brick wall of a building in the 0-100 block of East First Street between March 26 and April 7.

• Someone threw a rock and shattered the back window of a vehicle parked in a driveway in the 10 block of Orchard Road between 6 p.m. April 16 and 8 a.m. April 17.

Arrests do not constitute conviction of a crime, and individuals listed here should be presumed innocent until proven guilty. If charges are dismissed or reduced or the accused is found not guilty, he or she can contact The Hinsdalean at news@thehinsdalean.com to provide us with documentation. Information will be updated online and in the next issue of the paper.

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■ “Having another group of people actually with me to be able to discuss things that I’m also passionate about it incredible. I really like doing what we’re doing.” — **Ritvi Khurana**

Teen hopes to see Red Devil Nation a little greener

Tomorrow, April 22, is Earth Day, the annual celebration of our planet.

At Hinsdale Central, sophomore Ritvi Khurana is helping light the way toward a healthier globe as vice-president of the school’s Ecology Club. She is among the cultivators of this week’s Earth Week activities dress days, and was clad in all black when interviewed on Tuesday for the Lights Out! theme.

“(Monday) was wear blue and green. We’re promoting a clothing drive every day. We’re promoting riding your bike to school every day for less emissions,” Khurana said.

On Thrifty Wednesday, students were encouraged to wear secondhand clothing and were also furnished with a QR code linking them to a Morton Arboretum Zoom call on climate change.

“We’re also having an informational talk about bumblebees and how they help the environment,” she said.

Saving our habitat was not exactly a front-burner issue for Khurana until the pandemic hit. With her normal pursuits suspended, she

found herself scrolling social media and reading news reports.

“I learned more about the world and I was concerned,” she said. “I had almost an epiphany, and I was like, ‘I really care about this.’”

Khurana’s youthful affection for polar bears took on greater significance as she discovered how endangered they had become due to global warming.

“I never knew exactly what caused that until recently. That (passion) just grew, and I joined Ecology Club,” she related.

Being fully remote her freshman year precluded her from serious club involvement. So she threw herself into leadership this year.

“I applied for vice-president — and I became vice-president,” Khurana said.

Instilling the same level of passion in her heavily scheduled peers is challenging, she acknowledged.

“There aren’t many people in Ecology Club, just a handful of us,” she said. “I’m hoping we can recruit more members.”

To that end she was planning to address classmates



RITVI KHURANA

INVOLVED IN FUTURE HEALTH PROFESSIONALS AND MODEL U.N. AT CENTRAL • PERFORMS WITH THE SCHOOL DRAMA CLUB AND LADIES FIRST CHOIR • POSTS ABOUT ENVIRONMENTAL TOPICS ON SOCIAL MEDIA • USED TO PLAY CELLO

during a lunch forum today on the club and its work. She also leverages social media to advocate for earth-friendly practices.

“If you use (social media) the right way, then it’s a great tool,” Khurana commented.

Conveying the urgency is the toughest hurdle.

“I know everyone cares and they know what’s going on, but we need people to

put actions behind their words,” she said. “Scientists have said that by 2030, if we don’t take action, there could be severe consequences.”

Today’s theme is floral fashions, with sustainable artwork available for students to purchase. Tomorrow for Earth Day members will plant flowers on campus for Operation

Pollination.

Sharing ideas, Khurana has discovered, is fruit-yielding in its own way.

“Having another group of people actually with me to be able to discuss things that I’m also passionate about it incredible,” she said. “I really like doing what we’re doing.”

— story by Ken Knutson, photo by Jim Slonoff



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OPINION

EDITORIAL

Volunteerism is a cause we all can get behind

April is National Volunteer Month, and April 17-23 is designated National Volunteer Week.

In Illinois alone, more than 2.8 million volunteers contribute more than 206 million hours of service, according to AmeriCorps.

Since The Hinsdalean's inception, these pages have highlighted hundreds of village residents to who contribute their time, energy and talents in service to the larger community. In today's Pulse feature (see Page 17), we learn about Wellness House's upcoming Walk for Wellness fundraiser, which takes a tremendous amount of volunteer leadership and support to pull off. The fruit of that free labor is seen in the cancer-impacted lives enriched by the organization's inspiring programs.

Volunteers come in all shapes and sizes. They pick a cause and make a difference in someone's life. Sometimes the difference appears to be a drop in the bucket. Other times it creates a tidal wave of change.

In his recent National Volunteer Week proclamation, President Joe Biden recognizes the contributions that the country's volunteers make every day and encourages all to lean into service opportunities.

"We also need to call on that spirit more than ever as we help our nation recover from the COVID-19 pandemic," Biden states. "As we tackle the pandemic and so many other challenges, government has a role to play, but our nation is stronger, more connected and best prepared for the future when government, nonprofits, community organizations, the private sector and the American people work together."

The sports feature on Page 46 turns the spotlight on the Mend a Heart Foundation, a locally based all-volunteer run charity and its fundraising efforts to help identify youth with undiagnosed congenital heart defects.

We applaud those who serve on the community's village, school and library boards, lending their expertise and untold hours of reading and meeting time to benefit the quality of life for all residents.

Most nonprofit organizations here and across the country would be lost without their volunteer support, as these statistics from AmeriCorps, volunteerhub.com and nonprofitsource.com reflect.

• Volunteerism has a value of almost \$5 billion in Illinois and more than \$193 billion nationwide.

• Volunteers are worth on average \$24.14 an hour, according to an Independent Sector Study.

• Volunteers are almost twice as likely to donate to a charity than those who don't volunteer, according to The Corporation for National & Community Service.

Volunteering, it turns out, also has a benefit for the volunteer.

• Ninety-two percent of human resource executives agree that contributing to a nonprofit can improve an employee's leadership skills.

• Those who volunteer regularly have a 27 percent better chance of gaining employment.

• Volunteerism improves health by strengthening the body, improving mood and lessening stress in participants.

Biden concludes by contending volunteering makes us better citizens more willing to seek common ground.

"Volunteers are more likely to become further involved in volunteer groups, participate in civic organizations, attend public meetings and lend a helping hand to their neighbors," he said. "Serving together in common purpose has the power to unite us across the lines that sometimes divide."

COMMENTARY

Often we really don't know how the story will end

The first time I saw the film "Shakespeare in Love," I was fascinated by the inaugural performance of "Romeo and Juliet" at the fictional Rose Theatre.

The audience knows Juliet has concocted a plan with the friar to fake her own death so she can avoid marrying Paris and reunite with Romeo. The friar will write to Romeo of the plan. The love story will have a happy ending.

Instead, the message goes astray. Juliet wakes up to find Romeo has poisoned himself after finding her unconscious and believing her dead. She responds by stabbing herself with his dagger.

The crowd reacts with gasps of shock and despair. How could this happen?

Audience members clearly have forgotten the foreshadowing of Shakespeare's prologue — "a pair of star-crossed lovers take their life." They thought they knew how the story would end.

The story surrounding Easter Sunday has some unexpected similarities. Jesus has told his fol-

lowers in detail about the events leading up to his death and what will happen after, but they can't comprehend what he's saying. They see him crucified on Friday and are shocked to find his tomb empty Sunday morning. Mary Magdalene even mistakes Jesus for the gardener when she first sees him. She and the disciples thought they knew how the story would end.

And then there's "This is Us." In last week's episode, Kate and a reluctant Toby finalize their divorce.

"This can't be the end of our story," he says to her in despair.

"This isn't the end of our story," Kate replies, and in a series of flash-forwards we saw how their lives, lived independently, remain intertwined. Toby thought he knew how the story would end.

An odd trio of examples, I admit. But they all point to divergence that often exists between how we



Pamela Lannom

expect stories to unfold and how they actually do — our own stories and those of others.

I wrote a column last summer about how the stories we tell ourselves really do help shape our reality.

"The tapes we play in our brain each day can either prepare us to face adversity or and conquer the world or to surren-

der at the first sign of difficulty," I wrote.

Social worker and mental health consultant Alisa Messana wrote a piece earlier this month about personal narratives and shared a similar opinion.

"The stories we tell ourselves can either lend to our ability to problem solve or get us stuck in negative patterns of thinking, feeling and behaving," she wrote.

This is true when we tell ourselves stories about others as well. Whether we are talking about an individual person or a group of

people, whenever we believe we know how the story will end, we are making assumptions. And those assumptions can interfere with our ability to see things as they really are. And to accept them.

Even though there "never was a story of more woe," things do change in Verona after Romeo and Juliet are found dead. Montague promises to raise a statue of Juliet in pure gold and Capulet promises to do the same for Romeo. By accepting the role their own hatred played in their children's demise, the two men can work toward building a better future. Acceptance is the key to a better future for Jesus' followers and even for Toby.

All stories have unexpected twists and turns — part of what "Ten Percent Happier" author and podcast host Dan Harris refers to as "relentless impermanence." The key is remembering we don't really know how the story will end.

— Pamela Lannom is editor of *The Hinsdalean*. Readers can email her at plannom@thehinsdalean.com.

OPINION

GUEST COMMENTARY

Life is hard, play short

It might be hard to determine from my headshot, but what you see in that photo accounts for a fair amount of my total height.

In my youth, I was usually the sign holder in class photos and a bookend in dance recital routines. Softball pitchers despised my lack of strike zone and back-to-school shopping always included the hemming of multiple pairs of pants. Catching a glimpse of the band at a SRO concert was dicey, as was changing the sheets on my lofted dorm room bed. The first time I put on a pair of high heels, I had the epiphany, "Huh, so THIS is what the rest of the world sees!" before taking a step and nearly rolling an ankle. (At least I didn't have far to fall.)

At 5'1" I'm the tallest woman in my immediate family, yet three inches shorter than the average American female, per a 2018 CDC report. While being on the smaller side has had its advantages over the years (agility on the paddle court, lots of leg-room on flights, the absolute best hide-and-seek spots), there have been some downsides. Forgot my ID? Sorry, no beer for me. Grocery shopping alone? The items I need better be on low shelves. Negotiating for a car? Smile through frustration when the salesperson asks to speak with my dad about financing options.



Lex Silberberg

And there's still more fun to come: I'm the mother of two boys and though the jury's still out on where they'll land on the height chart (my husband is 6'2"), I'm pretty sure I'll need to stand on a milk crate

someday to lecture them about breaking curfew.

Growing up small in stature, though frustrating at times, has taught me how to think big. How to go above and beyond in every situation, no matter how minuscule or massive. How to advocate for what's important and address what is unfair or wrong. Practice didn't exactly make perfect — the past few years have been so laced with unfamiliar landscapes and unheard of challenges that it's been difficult to stand tall and see the road ahead some days — but it certainly helped. I often quip that I'm 5'2" on a good day and honestly, it feels like less of a joke and more of a reality lately, even in my Nikes.

So are my diminutive measurements ideal when trying to grab the cookies off the high cabinet shelf? No, but they have taught me how to learn, improvise and adapt to life's little (and not-so-little) challenges. Plus, my sister got me a two-pack of grabbers from Amazon. I'm pretty much unstoppable now.

— Lex Silberberg of Hinsdale is a contributing columnist. Readers can email her at news@thehinsdalean.com.

LETTERS TO THE EDITOR

D86 board officer elections illustrate lack of collaboration

This past year it has been disheartening to see the District 86 BOE led by a board president who showed a lack of integrity to her campaign promises and abused her position to silence board member dialogue. What was even more disappointing was the silence from the other three board members that form the majority, when agenda items were voted off or voted on by a show of hands without full discussion. It seemed like they had reached consensus outside of open session. Ms. Walker clearly didn't show respect for her position or fellow board members who took the time to prepare comments for open session. By supporting the board majority for the remaining officer positions, after Mr. Held was elected board president, he has already shown that he is not "collaborative." Per IASB, "effective school board members"

display:

- The ability to work as a member of a team with an open mind and an ability to engage in give-and-take to arrive at a group consensus.

- The willingness to spend the time required to become informed and to do the homework needed to take part in effective school board meetings.

- The recognition that the school district is a large operation and that the board is responsible for seeing that the district is run by highly skilled professionals.

Good superintendents and successful BOE's encourage full board discussion and work collaboratively with the full community. Despite recent statements, we have seen the opposite of this. Actions speak louder than words. — **Mridu Garg, Hinsdale**

Hinsdale couple endorses Hart, Galassi in county races

We moved to Hinsdale five years ago from the city of Chicago. Like many young families, our move to the suburbs was driven by a desire for lower crime, excellent schools and a more favorable tax environment. We looked in many different suburbs for a place to put down our roots — but Hinsdale and DuPage County were obvious choices. DuPage maintains a balanced budget and fosters a friendly business climate. Elected leaders insist on following the rule of law, which creates safe communities. We have award-winning schools and great teachers. However, our county's position as a destination for new residents is at stake in the 2022 elections.

DuPage will either continue to serve as an example of good governance in a state that desperately needs one — or it will

become more like Cook County mired in debt, crime and decay. For my family's sake, I refuse to let extreme politicians "Cook" my DuPage County. That is why we are supporting common-sense leaders like Greg Hart for County Board chairman and Kari Galassi for DuPage County board member.

Greg and Kari, both who are from Hinsdale, are running on a platform of fiscal responsibility, public safety and economic development. They are endorsed by leaders we trust, like Kirk Dillard, Patti Bellock, Dan Cronin and Tom Cauley. We know DuPage will continue to be a destination with these two leaders at the helm. Vote Hart-Galassi on June 28. — **Michael and Katie Isadore, Hinsdale**

Mom offers plea for children's favorite spot to re-open

Fullers, please bring back Dips and Dogs for our children, please!

The one place we truly had to walk to town with our children after dinner was Dips and Dogs. The excitement they always had when we told them they would get to go for a treat was unmatched.

And then the pandemic hit and everything closed. And when restaurants started

opening again they had their hopes up that they would get "their place back."

We understand the restaurant makes more money for you. But every family we talk to in town wants it back. Do it for the kids.

If not, my offer is on the table. I will buy it if that's what it takes to get it open for the kids. — **Katie Raymond, Hinsdale**

LETTERS POLICY

Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number

- documentation must be provided for numbers, statistics and other facts mentioned in the letter
- no form letters

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- fax to (630) 323-4220
- mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale IL 60521

Questions?

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OBITUARIES

Edward John Borsuk

Edward John Borsuk, 89, a 59-year resident of Clarendon Hills, died April 11, 2022.

Ed was the first officially licensed beekeeper in Clarendon Hills, and many relatives, friends and neighbors enjoyed the fruits of the labors of "his girls." He always wanted to sail around the world, but compromised with his small sailboat Argus and in later years, a hand-built remote control model.

He also loved to bike and hike; two highlights were trips to Provence, France, and the Swiss Alps. At home, he enjoyed making wood carvings, whirligigs, birdhouses and many interesting crafts for his grandchildren and garden. He was one of the longest serving Christ Lutheran Church grass cutters, using a tractor in the early years. Ed was an avid "do it yourselfer" and could fix almost anything with tools and parts amassed in his basement workshop.

Ed's word was his bond, honesty and integrity



Borsuk

his basic values. He loved life and God. He was a role model to his children and grandchildren and will be sorely missed by all.

He is survived by his wife, Anna (Kubecka); his daughters, Kathy (Gary Lightbourne) Borsuk and Karen (Peter Zukis) McCoy; his son, Mark (Amy Gladfelter) Borsuk; his brother-in-law, Paul Kubecka; his grandchildren, Colleen (Jeremy) Williams, Cale (Kristal Guevera) McCoy, Sebastian Borsuk and

Stella Borsuk; and his great-grandchildren, Tina Williams and Lily Guevera.

A funeral service was held April 15 at Christ Lutheran Church in Clarendon Hills.

Interment was private at Woodlawn Cemetery in Forest Park.

In lieu of flowers, memorials may be made online to The Bee Conservancy at <https://www.thebeeconservancy.org>.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Carol Fitzgerald

Carol Fitzgerald, 68, of Hinsdale, passed away April 14, 2022, following a courageous battle with cancer.

Carol was born in 1953, in Chicago, daughter of the now late Bruno and Mildred Zambon. She grew up in Hillside alongside her brothers, Tony and Mark Zambon.

She graduated from Immaculate Conception High School (1971) and Quincy University (1975), where she met her husband, Pat.

An adoring mother and grandmother, Carol devoted her life to her family. She loved spending time with her children and grandchildren and always put the needs of those she loved above her own. Carol's compassion, generosity and love will



Fitzgerald

be greatly missed by her family and friends.

She was preceded in death by her husband of 43 years, Patrick Fitzgerald.

She is survived by her daughters, Michelle (Martin Podorsky), Erin (Brian) Folan, and Colleen; and her grandchildren, Hannah and Margot Podorsky and Patrick, Conor and Colette Folan.

A funeral Mass was held April 20 at St. Isaac Jogues Church in Hinsdale.

Interment was private at Bronswood Cemetery in Oak Brook.

In lieu of flowers, memorials may be made to the Butterfield Scholarship Program, 2800 Midwest Road, Oak Brook, IL. 60523.

Sullivan Funeral Home in Hinsdale handled the arrangements.

Robert F. McCarthy

Bob McCarthy, 72, of Naples, Fla., and Burr Ridge passed away April 6, 2022, surrounded by his loving family following a long battle with brain cancer.

Bob spent his career in the food industry as president of Acosta Sales and Marketing, the largest North American consumer products sales agency, and PMI food brokers. Bob was heavily involved in food industry leadership as former president of the Chicago Food Brokers Association and an early board member of the Greater Chicago Food Depository. Since retiring from Acosta, Bob was an active member of numerous public and private corporate boards.

Bob was also a past president of the Enclave Naples Homeowners Association, and a board member of Greater Naples Leadership and the Hinsdale Golf Club.

Bob was a proud graduate of the University



McCarthy

of Notre Dame, Northwestern/Kellogg Business School and Fenwick High School.

Bob is survived by his wife of 49 years, Jeanne Fey; his children, Kevin (Jennifer) and Lynne (Mark Flaharty); his grandchildren, Abigail, Trevor, Graham, Layla, Alice, Jack and Anabelle; his brother, Steve (Karen); and his sister, MaryKay (Gianni) Mion.

Bob was preceded in death by his parents, Robert Sr. and Eulalia McCarthy.

Visitation is from 3 to 8 p.m. Friday, April 22, at Sullivan Funeral Home, 60 S. Grant St., Hinsdale.

A funeral Mass will take place at 11 a.m. Saturday, April 23, at St. John of the Cross Church, 5005 Wolf Road, Western Springs.

Interment is private at Bronswood Cemetery in Oak Brook. In lieu of flowers, memorials may be made online to the Greater Chicago Food Depository at <https://www.chicagosfoodbank.org>

Brett Schiefelbein

Brett Schiefelbein, 50, of Chicago, formerly of Hinsdale, died April 15, 2022.

He attended grade school at St. Isaac Jogues Catholic School before graduating from Fenwick High School in 1990 and the University of Saint Thomas in 1994.

His is survived by his parents, Allen Jr. and Joan, nee Bortman; his siblings, Chad (Kim) and Adam (Lisa Tang) Schiefelbein; and his nieces and nephews, Laken, Cole, Charlotte

and Carissa.

Visitation is from 4 to 8 p.m. Friday, April 22, at The Tower Home for Funerals, 4007 Joliet Road, Lyons.

Friends and family will meet at the funeral home at 9 a.m. Saturday, April 23, for prayers before proceeding to St. Isaac Jogues Church, 306 W. Fourth St., Hinsdale, for a 10 a.m. Mass.

Interment is at Queen of Heaven Cemetery in Hillside.

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OBITUARIES

James W. Glass

James W. Glass, 75, curator and builder of the Hinsdale Theatre Wurlitzer/Kimball pipe organ, died April 12, 2022, at Advocate Good Samaritan Hospital in Downers Grove.

Jim was born in Oak Park in 1946. He attended IIT and studied electrical engineering. After school he began his work as a projectionist at the Hinsdale Theatre. He collected organ parts from theaters, stadiums and churches around the country and built a magnificent pipe organ. It is still renowned for its excellence and missed by organ enthusiasts. Jim worked as a paperboy, a film projectionist, a furniture mover, an electrician, a handyman, an antique furniture repairer and more. He seemed to know something about everything.

While working at the Hinsdale Theatre and on the organ, Jim met Hope at Soukup's Hardware store. They dated, married and had two children together. He was an amazing father. He helped Bart and Jamie with math and science homework even after long days of hard work. Their successes in life are owed to the kindness, intelligence and example he set. As Grumpa to Logan, Chase, Ellie, Cody and Olivia, he left an impression that will last a lifetime. Jim will be missed by all the people lucky enough to have met him, but most of all by his family.

He is survived by his wife, Hope, nee Johnson;



Glass

his children, Jamie (Matt) Engelman and Bart (Lauren Gray) Glass; his grandchildren, to Logan Cederstrand, Chase Cederstrand, Ellie Engelman, Cody Engelman and Olivia Glass; his siblings, Bob (Karen) Glass, Carl (Sherry) Glass and Louise (Mike) Forbes; his siblings-in-law, Leif (Liz) Johnson, Eric (Kyle) Johnson and Joyce (Don) Ross; his nieces and nephews, Jenny (Pete), Mindi (Danny), Beth (Dave), Lauren (Joe), Matt (Rachel), Tori (Eric), Emma, Jackie, Amanda, Nick, Sean, Paul, Rebecca (Tony) and Tim; and his great-nieces and -nephews, Abbey, Finn, Jake, Ben, Avery, Emily, Lily, Julian, Nathan, Aidan, Megan, Joey, Josh, Sam, Brian, Maggie, Hannah, Daniel, Elizabeth, Maddi, Xander, Damian and Alex.

He was preceded in death by his brother-in-law, Mark (Cheryl) Johnson.

Visitation will be held from 4 to 7 p.m. Friday April 22, at Adolf Funeral Home 7000 S. Madison St. Willowbrook.

A time of remembrance will take place at 7 p.m. at the funeral home.

In lieu of flowers memorials may be made online to the Michigan Theatre in Ann Arbor at <https://interland3.donorperfect.net/weblink/weblink.aspx?id=17&name=E3313>.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Anthony Richard Pasquinelli

Anthony "Tony" Richard Pasquinelli, 88, of Hinsdale, died April 17, 2022, at his home surrounded by his family.

Tony was born in 1933 as a first-generation Italian-American to his parents, Bruno B. and Mabel M. Pasquinelli, in Chicago. He lost the love of his life, Mary Ann Pasquinelli, nee Roche, after 57 years of marriage on Nov. 2, 2017.

Tony had a great appreciation and respect for education, which began early on. He attended Lindbloom High School in 1949, where he was captain of the basketball team. In 1954, he earned his bachelor's in accounting from the University of Illinois. Tony was so passionate about education that he sent all seven of his children to college, and in some cases, graduate school as well.

Drafted into the U.S. Army in 1956, Tony lived in Fort Lee, Va., for two years. Upon his return to Chicago, he earned the recognition of top lumber salesman at Lakeside Lumber. Tony and his brother, Bruno, co-founded a construction company in 1958. Unsure of what to name their business, they went to their father for advice, who told them, "put your name on your business so you'll always be proud of it." Taking their dad's advice to heart, they named their venture Pasquinelli Construction Co.

Over 50 years, the company built 45,000 homes across 13 metro markets in 13 states, rising to their pinnacle in the early 2000s, when they became the 24th largest home-building company in the United States and the fifth largest private home-building company in the country. Bruno and Tony were not only business partners, but dear friends who raised their children together, and spent many happy years vacationing in Aspen, Colo., at Christmas time, where they shared a love of skiing.

In 1958, Tony married his true love, Mary Ann Roche, an OB nurse at Evergreen Park's Little Company of Mary Hospital and welcomed seven children. Lifelong lovers of golf and tennis, the couple joined Flossmoor Country Club in 1968.



Pasquinelli

The 1980s and 1990s were very busy for Tony, as he held many leadership positions at organizations such as the Residential Construction Employers Council (president), Matteson-Richton Bank (board director), Beverly Bank Matteson (board chairman) and St. Paul Federal Bank (director). Perhaps his proudest personal achievement was his involvement in The Center for Performing Arts at Governor's State University, where he was a co-founder and board member for many years.

Tony's passion for real estate and education led him to establish the Distinguished Chair in Real Estate at the School of Real Estate at Roosevelt University, Chicago, where he served as chairman of the advisory board of the Marshall Bennett Institute of Real Estate.

Tony and Bruno established the Pasquinelli Family Foundation, a philanthropic endeavor designed to give back to the communities that were important to them, including the Caritas Society (Saint Coletta), Misericordia, Northwestern Hospital, Respond Now, Common Hope, Marian Catholic High School and many others.

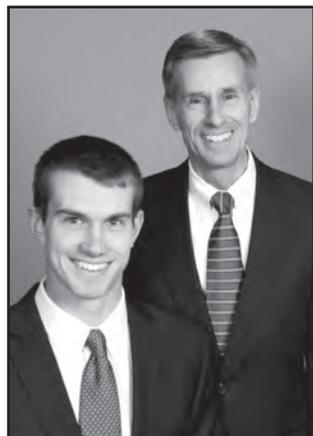
Tony is survived by his seven children, Joseph (Mary), Maria (Teri), David (Diana), Anthony (Roxane), Ellen (Brian) Bergersen, Anne-Marie (Derek) Trnka and Joan (Eric) Van Beest; his brothers, Bruno (Sallie), Jim (Barbara) and Michael (Catherine); his 16 grandchildren; his one great-grandchild; and many nieces and nephews.

Tony was preceded in death by his sister and best friend, JoAnne (Leslie) Barnard.

A funeral Mass was said April 20 at St. Francis Xavier Catholic Church in La Grange. Interment was at Holy Sepulchre Cemetery in Alsip.

In lieu of flowers, memorials may be made to the Alzheimer's Association, 225 N. Michigan Ave., Floor 17, Chicago, IL 60601 or online at www.alz.org/donate.

Sullivan Funeral Home in Hinsdale handled the arrangements.



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ASK AN EXPERT

LESLIE DANFORD, ENTREPRENEUR

What inspired you to launch Vitaminis?

Much was lost during the pandemic that began in March 2020, including Leslie Danford's job in the hospitality field. Laid off early in the pandemic, Danford quickly went from working full time to staying home full time with her three children. Soon after that, she went from stay-at-home mom to entrepreneur.

As the family sheltered in place, Danford began to think ahead to her children's return to school and how she could protect them and other children from getting sick. The result was Vitaminis — a kid-friendly, shelf-stable beverage packed with simple ingredients to help boost the immune system.

"Kids' nutrition has always been a passion of mine," said Danford, who tries to avoid things with too much sugar or artificial ingredients. She drew on her knowledge as a former executive in the beverage industry to create a dietary supplement designed to give kids 4 and older the boost their immune sys-

tems need, without sugar, dyes or unnecessary ingredients. Working with a dietary scientist, Danford centered her product around three immune-boosting ingredients — zinc, magnesium and vitamin C.

After testing several flavors with the help of her own three-member taste-testing team, orange-pineapple Vitaminis became available in July 2021, just two months before the birth of Danford's fourth child.

The Vitaminis drink is the first in what Danford hopes will become a full line of products for children. Next, she would like to develop a product to support gut health and healthy digestion. Down the road, she sees potential for healthy snacks as part of the Vitaminis product line.

Danford said she's committed to offering her children fresh, healthy foods and to developing a line of products that can help other parents do so, too.

"I'm very much focused on trying to grow the business," she said.

Meanwhile, she makes a single 2.5-ounce Vitaminis drink part of her children's daily diet. She tucks the shelf-stable bottles into their lunches for school and into the family's travel bag for outings near

and far. At home, the drinks serve as a snack or as a treat just before dinner.

"I have to keep an eye that they don't drink too many," said Danford, who suggests children drink no more than one per day.

Although she has no scientific proof of her product's role in her family's health, Danford does have anecdotal evidence that it's doing its job.

"No one in our family has gotten COVID," she said, and her children haven't missed a single day of school due to illness since Vitaminis became part of her family's daily diet.

"I think of it as an extra boost," Danford said.

Danford said what seemed like such a loss at the beginning of COVID has actually opened up doors she otherwise might never have discovered.

"If I hadn't gotten laid off I would have never taken that leap," the first-time entrepreneur said. She now considers her new venture a silver lining for her and her family, and a lasting benefit for parents everywhere who want to offer their kids an extra immunity boost.

— by Sandy Illian Bosch



Leslie Danford doesn't consider herself much of a cook, but that doesn't mean she or other moms have to sacrifice nutrition when it comes to feeding their families. Her product, Vitaminis, is packed with essential nutrients to boost the immune system while appealing to a child's taste buds. (Jim Slonoff photo)

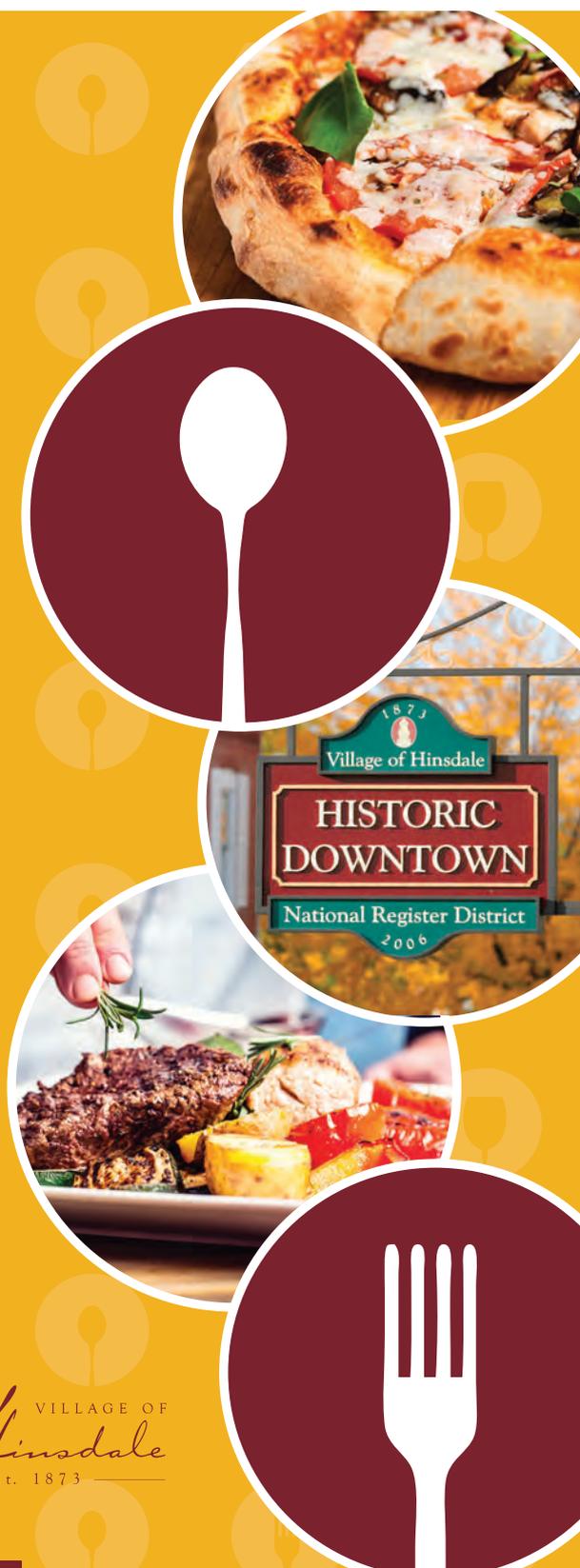
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MAY 13TH - MAY 22ND

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Plan a family get-together or catch up with friends over an amazing meal during Hinsdale Restaurant Week. Featuring award winning chefs and an array of cuisines, this week will highlight the vibrant dining scene in Hinsdale. Enjoy breakfast, lunch and dinner specials in support of our local Hinsdale restaurant community.



Participating Restaurant List:



9 W. First St.
altamurapizza.com



40 Village Pl.
giulianospizza.com



13 W. First St.
sweetalis.com



46 Village Pl.
cafelafortuna.com



8 E. First St.
ilpoggiolohinsdale.com



51 S. Washington St.
tonipatisserie.com



29 E. First Street
eggharborcafe.com



18 E. First St.
nabukihinsdale.com



112 S. Washington St.
vistrophe.com



35 E. First St.
fullerhousebar.com



114 S. Washington St.
getsaucepizzeria.com



13 Grant Sq.
yiyiashinsdale.com

Share your restaurant week experience #hinsdalerestaurantweek!  Hinsdale_RestaurantWeek

HinsdaleDining.com

GOOD NEWS

HINSDALE FUMC OFFERS SUPPORT

Members of the Hinsdale United Methodist Church delivered 24 boxes of food and 10 boxes of children's books to Olivet United Methodist Church in Chicago's West Garfield neighborhood on Palm Sunday, April 9.

The two churches have been in mission partnership for many years. This year's delivery was particularly joyful because after two years of sending gift cards, members of the two congregations were able to meet in person. The inclusion of children's books to the Easter food boxes was new this year.

Photos are posted online at <https://www.facebook.com/thehinsdalean>.

DILLARD TO REMAIN ON COMMISSION

Locke Lord Chicago Partner and former Illinois Sen. Kirk Dillard of Hinsdale was reappointed by Illinois Senate President Don Harmon to the Illinois Supreme Court Historic Preservation Commission. Dillard has served as a commissioner since 2012.

The Illinois Supreme Court Historic Preservation Commission was created in 2007 to assist and advise the Illinois Supreme Court in acquiring, collecting, preserving and cataloging documents, artifacts and information relating to the Illinois judiciary. The commission seeks to accomplish much of its work in partnership with historical and cultural institutions, bar associations, universities, law schools and federal, state and local agencies.

The commission has produced publications, exhibits and programs to educate the legal profession and the general public about the role of the judicial branch and its importance in interpreting laws. The intended audience gains an understanding of government and civics, resulting in more engaged

citizenry.

Dillard, who currently serves as the chairman of the Regional Transit Authority in metropolitan Chicago — the nation's second-largest mass transit system — concentrates his practice in business and governmental relations and in the representation of manufacturers in product liability prevention and litigation. He also serves as the independent chair of the privately owned Chicago Skyway Toll Road.

Dillard served in the Illinois Senate, representing Chicagoland's western suburbs. He held a number of key leadership positions while in the General Assembly — including chairman of the Judiciary Committee before stepping down in 2014 to assume the RTA chairmanship. Prior to his election to the Senate, Dillard served with distinction as former Gov. Edgar's chief of staff and legislative director to the late Gov. Jim Thompson.

STUDENTS COMPETE IN QUIZ BOWL

Hinsdale Central's Jiming Chen and Jeffrey Liu competed in an 80-player field April 3 at the National Academic Quiz Tournaments' Individual Player National Championship Tournament in Rosemont.

Chen placed 38th and Liu placed 42nd.

Quiz bowl is a competitive, academic, interscholastic activity for teams of students. Quiz bowl teams use buzzers and answer questions about science, math, history, literature, mythology, geography, social science, current events, sports and popular culture. Quiz bowl matches feature a blend of individual competition and team collaboration, since no individual player is likely to be an expert in all subject areas.

National Academic Quiz Tournaments, founded in 1996, organizes the premier middle school, high school and college quiz bowl championships in North America.



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FROM THE HEART

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What's in a name?
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OUR NAME SAYS IT ALL...

Walk for Wellness comes home

After pandemic disruptions the yearly benefit is back on course

By Ken Knutson

kknutson@thehinsdalean.com

When Gina Angeletti's dad was battling prostate cancer, her whole family discovered a vital source of support and comfort in Wellness House.

Now six years after his passing, Angeletti is helping advance the Hinsdale organization's mission as co-chair of the annual Walk for Wellness fundraiser on Sunday, May 1.

"It changed his outlook on the end of his life and truly helped my mom move on afterward," Angeletti said, stressing the aim is to raise both resources for and awareness of Wellness House's programs and services. "So many people are not aware of the impact that a positive lifestyle — mental, physical and spiritual — can have during a person's flight with cancer and be meaningful for their families."

The event features a 3K walk/fun run and a 5K chip-timed run and will kick off with an opening program at 8 a.m. at the agency's 131 N. County Line Road location followed by the walk at 8:30 a.m. People can register as an individual or with a team.

Molly Haunty, serving as co-chair alongside Angeletti, said the event brings out people of all ages and stages, noting her three kids are par-

ticipating.

"People come out with the dogs and baby strollers, and groups come out with themes," Haunty said. "It's a really great uplifting event for a topic that can at times be not so uplifting."

Wellness House Executive Director Lisa Kolavennu said this year's walk has its own theme: Welcome Home.

"There will be opportunities for people to see more of Wellness House and tour the campus," she said, noting that has not been possible since 2019 due to the pandemic. "There's excitement that we're returning to what we know, and I think that feels like this idea of being welcomed home. It's almost a feeling of a reunion to see people that we haven't seen in a while."

Organizers did find ways to navigate COVID-19 the last two years by enabling people to walk or run individually at a personalized time and location while still raising funds for the greater cause. That accommodation has been continued with the "Walk Your Way" dimension, recognizing that some people may have reasons for preferring to join in remotely.

"Walk Your Way allows people, whether they are affected by the pandemic or auto-immune challenged or mobility-challenged, to be able to still participate," Angeletti said.

And with Wellness House's online

reach well beyond Chicago's suburbs, supporters might live far away.

"We really are emphasizing to come be a part of this community even if you live in different state or if it's easier to just walk your own way," Haunty said. "Walk Your Way really allows for that community and those who are impacted by cancer to enjoy the ease and comfort of participating virtually."

"You choosing your method of involvement is empowering," she added.

Everyone receives a long-sleeve dri-fit T-shirt, and special incentives are available for those who individually raise \$100 or more. Event volunteers are still needed for tasks like sorting the T-shirts and manning posts along the walk route.

Organizers said the Wellness House's Teen Council has been integral in leveraging social media to promote the walk and in other ways, such as delivering signs around the community and enlisting their peers to be part of the effort.

"It's great to have the perspective of young people, and teenagers in particular, and see them get excited about supporting Wellness House," Kolavennu said. "What's great about having the council involved is they can think intentionally about how to engage the younger generation to sign up."

Kolavennu said the walk arrives at a favorable spot on the calendar.

"It's a time of year when everyone's excited to get outdoors," she said. "It's a mission and a cause that people recognize the value of and want to support. All of those factors together make it a great time and great opportunity for the community to come together."

Angeletti said proceeds reached more than half a million dollars even with in-person restrictions during the pandemic. She hopes people will feel even more generous this year.

"Our fundraising goal is to break \$600,000," said Angeletti, who will be participating with her husband, three kids and 80-year old mother.

She said having thousands of people turn out in solidarity is a powerful testament to the impact of Wellness House.

"They're all coming together for their own loved ones and memories. The energy of that day reflects the goal and purpose of what's inside (Wellness House)," she said.

What does Angeletti expect to feel at the event?

"I think i will be feeling gratefulness, appreciation and hope," she said.

The cost to register is \$30 per person for the walk/fun run, \$35 for chipped-timed 5K run. Visit <https://events.wellnesshouse.org>.



The annual Walk for Wellness returns for a full unrestricted in-person fund- and spirit-raising experience May 1. Event co-chair Gina Angeletti said she looks forward to a high-energy event. "So many

people have a loved one diagnosed with cancer. People always turn out for the cause (to honor those folks with cancer) and support them," she said. (file photo)



The inaugural Memory Mile was held April 11, 2021, in Robbins Park. The walk returns this year with a slightly different format. See Page 20 for details. (file photo)

ARTFULLY DONE

■ Fleischman art exhibit, reception

May 5
Acquisitions of Fine Art
10 E. Hinsdale Ave.
<https://www.acquisition-soffineart.com>

Meet Robert Fleischman, the former front man and songwriter for the band Journey, and see his work during an artist reception. The exhibit runs through May 20. Time: 5 to 10 p.m.

AUDITION CALL

■ American Youth Symphony Orchestra

April 24
<https://www.aysomusic.org>

Instrumentalists ages 7-18 in the area of strings, winds, brass or percussion (including piano) with a minimum of two years of instruction/playing experience on their instrument are invited to audition for the AYSO by video via Google Drive. The repertoire should be one piece/movement up to 5

minutes and level appropriate; memorization is strongly encouraged. Cost: \$25.

CENTRAL TIME

■ D86 community survey

Through April 22
<https://forms.gle/A8fvoYUtjA8syPY46>

Hinsdale High School District 86 is seeking the community's help with the development of its profile of a graduate, outlining the qualities and characteristics students should possess when they leave high school. A brief survey is available at the website above for people to provide up to five attributes that they believe describe the ideal District 86 graduate as well as to convey their interest in being part of a focus group to help create the profile. The survey will be open until 4 p.m. April 22.

■ 'The 25th Annual Putnam County Spelling Bee'

April 22-23

Please turn to Page 20

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PULSE

I sure miss you ... the value of connection

While waiting for my spouse's flight to arrive at the airport, I observed a woman who looked exhausted slowly walking toward the greeting area where other family and friends were waiting. You could see her tiredness in the way she walked, the expression on her face and, as she got closer, the look in her eyes. Perhaps she was weary from a long flight woefully delayed, or she was just tired from something else that day.

I then saw a small boy walking toward the woman. The woman saw the small boy and was transformed! Her pace quickened, she practically danced down the hallway. Her face, her eyes, were alive with joy. Their hug muffled their words, but I heard something like "Mommy, I missed you!" and "I sure missed you too!" Dad, then joined in the greeting as they all embraced with a big hug.

Now, I'm sure what I observed is not a perfect relationship. My guess is they have their stresses, their disagreements. But for a moment, even if it was a brief moment, they remembered. They remembered what it's all about.

The evidence is clear. Healthy relationships are crucial to our phys-

ical, emotional, cognitive, spiritual well-being. There are numerous research studies which point to this conclusion. We often hear about the pillars that contribute to health and wellness as Biological, Psychological, Social and Spiritual. However, we often forget the Social part, which is equally as important to our health and wellness. Most of us don't need scientific evidence to convince us of this. It's something we learned each time we loved and were loved in return. However, often we forget the value of relationships to our health and wellness. We get caught up in our career, activities, projects, own interests. We lose track. Over the past two years the isolation brought about by the pandemic has emphasized to all of us the value of relationships. Whether you are gregarious or reserved, introverted or extroverted, social connection to other people in our lives — friends, family, work colleagues, the communities we live in — contribute greatly to our overall well-being.

It is important to acknowledge



Dr. Scott Mitchell
On mental health

that not all relationship connections are healthy. Relationships that take away our self-worth, that demean our very being are not healthy and in fact tear us down emotionally and physically. Healthy relationship connections are life-giving, welcoming, supportive and create a safe environment where you can be free to be yourself.

These relationships are where we experience people believing in us, yet holding us accountable.

Trauma research has shown that these kinds of healthy connections build resilience within us to better manage much of life's challenges. Why? Because having consistent, reliable, supportive, people around us allows us to know that we matter, thus helping us to feel an underlying sense of well-being.

Unfortunately, finding, building and maintaining such healthy relationships is probably one of the hardest things we can do. Is there anything we can do? Well, we might start with simply telling the people in our lives just how important they really are. We

■ BEYOND COVID

This is another in a series of articles about moving forward as the pandemic comes to an end.

might also ask them what we can do to be better "relational partners" for them. And, we could share with them what they can do to enhance our life together. That is not an easy thing to do.

As a psychologist, I know that not all of us can do this work on our own. In fact, many of us need some help from a mental health professional. I have become fond of the phrase, "It's OK to not be OK." If you find it to be difficult to have healthy connections or if you have healthy connections, but still experience unmanageable stress, anxiety or depression, reaching out for help is OK. By engaging in this hard work either through the help of a mental health professional or with trusted people in your life, know that it is worth the effort, every bit of it!

— *Dr. Scott Mitchell, a licensed clinical psychologist, is president/CEO of SamaraCare Counseling, which serves people in DuPage, Cook and other collar counties.*

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SPECIALIZED

PULSE

Continued from Page 18

Hinsdale Central auditorium
5500 S. Grant St., Hinsdale
<https://www.ticketpeak.co/hcdrama>

Hinsdale Central Drama presents this hilarious musical centering on a fictional spelling bee set in the geographically ambiguous Putnam Valley Middle School. A crew of eclectic and anxious young spellers reveal aspects of their personality and background as they compete for the trophy. Time: 7 p.m. April 22, 5 p.m. April 23. Tickets: \$20, \$10 for students.

■ Hinsdale Central Teacher Appreciation & Hall of Fame Submissions due May 1 & 2

<https://www.hinsdalecentralfoundation.org>

During teacher appreciation week in May, consider making a donation by May 2 to the Hinsdale Central Foundation in honor of someone special to a student — a teacher, coach, sponsor, counselor or staff member. Parents also may nominate their own former teachers and coaches and donate in their name. The recognized individual will receive a letter with a personalized message and a special certificate to display. Donations will help support programming that benefits teachers, students, and families throughout Red Devil Nation. People also are invited to nominate individuals for the 2022 Hall of Fame class online at <https://hinsdalecentralfoundation.org/index.php/hall-of-fame-nomination-form/> by May 1.

FAMILY FUN

■ Family Bingo Boogie

April 27
<https://www.hinsdalelibrary.info>
(630) 986-1976

The Hinsdale Public Library invites families to play a few rounds of Bingo on Zoom and dance to some favorite tunes. Time: 4 to 5 p.m. RR

FOR A CAUSE

■ Memory Mile

Anytime April 24 to May 1
[https://www.togetherat-](https://www.togetherat-peace.com)

[peace.com](https://www.togetherat-peace.com)

Walk or run 1 mile or more in memory of departed loved ones to inspire healing and hope, honor those lost and raise money for charity. Participants can walk/run anywhere and anytime during the week and can create a dedication page through the website above to support one of the registered charities. Registrants will receive an invitation to a "Peace Party" open house May 1 in Hinsdale to celebrate the end of the walk. The first 200 people to register will receive a Memory Mile 2022 T-shirt.

■ Julie K. Heidecke Tribute Soccer Clinic

May 1
Hinsdale Central fieldhouse
5500 S. Grant St.

The Hinsdale Central girls soccer program will host the 24th annual clinic in memory of Julie Heidecke, former captain of the Central girls varsity soccer team who was on Illinois State University's freshman team when she died in 1998. Players and staff from Central's girls soccer program and ISU's Redbirds women's soccer team will be on hand to assist with soccer drills and scrimmages for boys and girls in kindergarten through eighth grade. The event is free but donations will be accepted for the Julie K. Heidecke Foundation to provide scholarships for students who have participated or will participate in interscholastic sports. Walk-in registration will be accepted at the event. Email Central girls soccer coach Tony Madonia at amadonia@hinsdale86.org with questions or to make a donation. Time: noon to 3 p.m.

■ Kitchen Walk

May 6
<https://www.kitchen-walk.com>

The annual Hinsdale Historical Society fundraiser is back with a tour of five beautiful Hinsdale homes under this year's theme, "Design Matters." Local designers will showcase their work in the homes. New this year is a sixth stop: The Kitchen Walk Pop-Up Shop at Immanuel Hall, 302 S. Grant St., where guests can shop favorite local boutiques

with bites and beverages. Ten percent of all sales will benefit HHS. A map of the featured homes is on the website above. Hours: 10 a.m. to 2 p.m. Tickets: \$60 in advance, \$75 at the event.

GREAT OUTDOORS

■ Waterfowl Watch

April 24
Little Red Schoolhouse Nature Center
9800 Willow Springs Road, Willow Springs
<https://www.fpdcc.com>
(708) 839-6897

Walk the trails surrounding Long John Slough with frequent stops to observe the birds on the water. Bring binoculars; limited pairs will be available to borrow. Time: 9 a.m. RR

■ Wildflower Walk

Apr 30
Fullersburg Woods
3609 Spring Road, Oak Brook
<https://www.dupageforest.org>
(630) 933-7248

Join a plant expert on a leisurely walk to enjoy the first blooms of spring and learn about native spring flowers, how to identify them and what varieties can be grown at home. Time: 10 to 11 a.m. Cost: \$5. RR

■ The World of Lichens

April 30
Sagawau Environmental Learning Center
12545 W. 111th St., Lemont
<https://www.fpdcc.com>
(630) 257-2045

Learn about lichens with a presentation, hike and identification lab. Ages 16 and older are welcome. Time: noon to 2 p.m. RR

■ Story Walk: Daniel Finds A Poem

Through June 30
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
<https://www.dupageforest.org>
(630) 206-9566

The lushly illustrated pages of "Daniel Finds a Poem" by Micha Archer come to life on large displays along a half-mile path that encourages children and their families on a self-guid-

Please turn to Page 21

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MAKING SENSE OF INVESTING

Continued from Page 20

ed exploration of their surroundings and their inspirations. Discover that nature and poetry are all around while following the story.

GREEN THUMB

■ **Chicagoland Daylily Society**
May 1
The Community House
415 W. Eighth St., Hinsdale
<https://www.chicagoland-daylilysociety.org>

Featured speaker Sharon Yiesla of Horticultural Services will present "Soil and Water: What Every Gardener Should Know." All are welcome. Time: 2 to 5 p.m.

■ **Plant sale**
May 7
Hinsdale History Museum
15 S. Clay St.
gusch.clubexpress.com
The Garden Study Club of Hinsdale will hold its annual plant sale featuring perennials, houseplants, English garden baskets and more.

Hours: 9 a.m. to 2 p.m.

■ **Native Plant Sale**
May 12-14
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
<https://www.dupageforest.org>

The DuPage County Forest Preserve District will hold its annual plant sale, featuring native flowers, grasses, shrubs and trees. Tickets are available for an exclusive in-person presale May 12 for \$15. Ticketholders receive a one-hour time slot to shop and get gardening advice from DFPD plant experts. Proceeds support the Friends of the Forest Preserve District of DuPage County. A list of plants that might be available can be found on the website above. Actual plant availability will be based on what the supplier delivers. Proceeds support educational programming at the forest district. Hours: 4 to 7 p.m. for May 12 presale event; 10 a.m. to 7 p.m. May 13, 9 a.m. to 2 p.m. May 14.

HEALTH & WELLNESS

■ **Spring Renewal with Mindfulness**
April 26
Wellness House
131 N. County Line Road, Hinsdale
<https://www.wellness-house.org>
(630) 323-5150

Bridget Juister of B Holistic Way will discuss how daily rituals, gentle self-discipline and a grateful mindset can align people with the energy of spring to promote one's best self. Learn how to embrace that creative energy even during the difficult cancer journey. Time: 2 to 3 p.m. RR

HELP WANTED

■ **Earth Week Volunteer Workdays**
Through April 30
<https://www.dupageforest.org>
(630) 206-9630
The DuPage County Forest Preserve District invites

individuals and families as well as school and church groups, Scout groups and other organizations to work together to improve a forest preserve prairie or woodland by collecting seeds or removing nonnative plants for the benefit of both visitors and wildlife. Ages 8 and older are welcome; those under 18 must be with an adult. Visit the website listed above for a complete list of dates, locations and volunteer opportunities available. RR

JUST FOR KIDS

■ **Messy Art Labs**
Saturdays, April 23-May 14
Burr Ridge Community Center
15W400 Harvester Drive
<https://www.villageofhinsdale.org/pr>
(630) 789-7090

Kids ages 5-9 will be inspired to paint, stamp, cut, paste and collage works of art following weekly themes inspired by an award-winning children's book. Time: 10:30 a.m. to 12:30 p.m. Cost:

\$100. RR

■ **Unicorn and Dragon Craft Pop-Up**
April 23
Hinsdale Public Library
20 E. Maple St.
<https://www.hinsdalelibrary.info>
(630) 986-1976

Kids in pre-K through third grade are invited to visit the Youth Services department to check out unicorn books and create a magical unicorn or dragon craft of their own. Hours: noon to 3 p.m. RR

■ **Mother's Day Gift Boutique**
April 27
Westmont Community Center
75 E. Richmond St.
<https://www.villageofhinsdale.org/pr>

Glitzy Girlz invites kids ages 3-10 and their parents to bond and make two craft surprises to hand paint, embellish and personalize just for mom. Each couple also will design a beautiful beaded piece with assorted

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WOMEN'S • MEN'S • HOME • GIFTS

Continued from Page 21

fun beads and mom charms just for her. A gift bag and personalized tags will be provided. Time: 6 to 7:15 p.m. Cost: \$30. RR

LISTEN & LEARN

■ **Surviving A Spring Power Outage**

April 28
Hinsdale Public Library
20 E. Maple St.
<https://www.hinsdalelibrary.info>
(630) 986-1976

Learn important tips to keep food safe and the phone charged as well as to stay connected to the latest news when a power outage hits. This program can be attended in person or online. Time: 7 to 8 p.m. RR

■ **Piping Plovers at Montrose Beach**

May 4
<https://www.czs.org/lectureseries>

For the last three spring seasons, Monty and Rose, a

pair of endangered piping plovers, nested on Illinois' Montrose Beach Dunes, the first such recorded event in Chicago in more than 70 years. Join Tamima Itani, volunteer coordinator, board member of the Illinois Ornithological Society and author of the children's book "Monty and Rose Nest at Montrose," as she shares her love of piping plovers and describes the species' life history and how the Great Lakes Piping Plover Recovery Effort is bringing these birds back. The program is part of the Brookfield Zoo's virtual spring lecture series. Time: 7 p.m. Cost: Free, \$10 donation appreciated. RR

■ **Sorority Recruitment Information Night**

May 16
Hinsdale Central auditorium
55th and Grant streets, Hinsdale
<https://www.hinsdalepanhellenic.org>
Hinsdale Panhellenic

invites college-bound high school senior girls and their parents to its annual information night to discuss registration, recruitment, letters of introduction, attire and more. Time: 7 to 8:30 p.m.

NOTEWORTHY

■ **Salt Creek Chamber Orchestra**

April 24
Elmhurst University
190 Prospect Ave.
<https://saltcreekchamber-orchestra.org>

The orchestra will perform a joint concert with Elmhurst Choral Union in a program featuring Beethoven's "Hallelujah Chorus" and Mozart's Symphony No. 31, "Exsultate Jubilate" and Coronation Mass. Time: 3 p.m. Tickets: \$20, \$15 for students & seniors.

■ **'The New World Symphony'**

April 24
Christ Church of Oak Brook
501 31st St.
[https://www.westsubsym-](https://www.westsubsymphony.org)

[phony.org](https://www.westsubsymphony.org)
(630) 887-7464

The West Suburban Symphony Orchestra will perform Antonín Dvorák's inspired musical letter to his Czech homeland from his visit to America. Also known as his Symphony No. 9, this piece captures the spirit of folk music from two continents. The program also will feature Edvard Grieg's "Peer Gynt — Suite 1" and the lively overture to Bedrich Smetana's "Bartered Bride" opera, a comic tale of true love in a country village. Time: 3:30 to 4:45 p.m. Tickets: \$25, \$23 for seniors, \$5 for ages 13-19, free for 12 and younger.

■ **'Celebrations'**

April 30 & May 1
Wentz Concert Hall
171 E. Chicago Ave., Naperville
<https://www.dupagesymphony.org>
(630) 637-7469

The DuPage Symphony Orchestra joins forces with the Naperville Chorus,

showcasing Roy Harris' "Folk Song Symphony for Chorus and Orchestra," featuring an eclectic mix of cowboy songs, ballads, spirituals and marching songs from frontier America. The program also includes a selection of popular American spirituals in lush settings by William Dawson, plus Copland's engaging "Tender Land Suite" with its poignant conclusion of "The Promise of Living." Times: 7:30 to 10 p.m. April 30, 3 to 5:30 p.m. May 1. Tickets: \$38-\$43, with discounts for seniors and students.

■ **Orchestral Brilliance**

May 7
Elmhurst Christian Reformed Church
149 W. Brush Hill Road
<http://elmhurstsymphony.com>
(630) 941-0202

The Elmhurst Symphony Orchestra will showcase marimba player She-e Wu in Jennifer Higdon's "Percussion Concerto"

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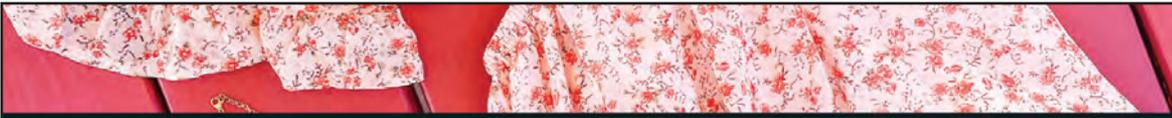
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Hinsdale Middle School Kindness Club helps donations pour in to help HCS Family Services



With the Stuff the Squad event taking place across District 181 last week, members of the Hinsdale Middle School Kindness Club decided to leverage the opportunity and add the ever popular YouTube “Domino Effect” to help increase donations. Using cereal boxes for dominoes, students created a maze of more than 600 boxes that weaved from the Washington Street entrance to the front door of the school near the parking lot. As last-minute boxes kept arriving, the kids had to constantly move the starting spot. Charlotte Paquette brings in more last-minute donations, while Connor Mason and Alexandra Pieper place them. HMS Principal Ruben Pena addresses the students who gathered first thing in the morning to watch the boxes fall. Social studies teacher Rick Dusek drops off his donations. Yazmin Crisostomo, Paquette and Zaara Singh start the chain reaction. The students then lent a helping hand in filling six squad cars and a fire department utility truck with the cereal, which was donated to HCS Family Services. (Jim Slonoff photos)



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5 BD 4.5 BA 3,082 SF

Multiple Offers Recieved

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Continued from Page 22

and the ESO Brass will shine in Shostokovich's "Festive Overture" and Rachmaninoff's "Symphonic Dances." Join Ted Hatmaker for an entertaining and informative pre-concert lecture at 5:45 p.m. Time: 7 p.m. Tickets: \$35, \$32 for seniors, \$12 for students.

ON STAGE

■ **'Honk the Musical'**
Fridays to Sundays, April 22-May 1
Theatre of Western Springs
4384 Hampton Ave.
<https://theatreofwesternsprings.com>
(708) 246-4043

The Children's Theatre of Western Springs will perform this show about Ugly, who looks quite a bit different from his darling duckling brothers and sisters. Feeling rather foul about himself, he embarks on an adventure of self-discovery, unknowingly outwitting a very hungry cat and meeting a whole flock of unique characters along the way. He discovers that being different is not a bad thing to be. Times: 7 p.m. Fridays, 11 a.m. and 3 p.m. Saturdays, 2 p.m. Sundays. Tickets: \$15. \$12 for kids

■ **'Nickelodeon's Spongebob Squarepants'**
April 28-May 1
Nazareth Academy
1209 W. Ogden Ave.,
LaGrange Park
(708) 387-8515

Who lives in a pineapple under the sea? Find out when Naz Drama's spring musical comes alive onstage in the Romano Family Theatre. Times: 7 p.m. April 28-April 30, 1 p.m. May 1. Tickets: \$18.

■ **'Naperville'**
Thursday to Sunday, April 28-May 29
McAninch Arts Center
College of DuPage
425 Fawell Blvd., Glen Ellyn
<https://www.atthemac.org>
(630) 942-4000

It's Naperville, 2012. Anne works on a new project, T.C. is working her first shift as a new manager and Candice and son Howard are back from Seattle, What follows is a day full of cups of coffee with eccentricity and mean-

ingful conversations. The play contains adult themes and language. Times: 8 p.m., 3 p.m. Sundays. Tickets: \$42, \$40 seniors.

■ **'The Hallmarks of Horror'**

April 29
Hinsdale South auditorium
7401 S. Clarendon Hills Road, Darien
<https://bit.ly/3tggdpB>

Students who receive educational and support services from the Hinsdale High School District 86's deaf and hard of hearing department will be part of the cast and crew for this Deaf Drama production. Voice interpretation will be provided. You can access a flyer for the show by visiting the website listed above. Time: 7 p.m. Tickets: \$6.

■ **'Judy, Liza and More'**

May 7
Theatre of Western Springs
4384 Hampton Ave.
<https://theatreofwesternsprings.com>
(708) 246-4043

Real-life mother-daughter duo Nancy Hays and Mary Heffernan will perform classic solos and duets from the stage and screen, including songs from the iconic concert where a young Liza Minnelli joined her mother Judy Garland on the stage of the London Palladium theater. Accompaniment is provided by music director/pianist Robert Ollis and a jazz combo. Time: 7 p.m. Tickets: \$40. RR, MD

■ **'Rodgers & Hammerstein's The King and I'**

Through May 22
Drury Lane Theatre
100 Drury Lane, Oakbrook Terrace
<https://www.drurylanetheatre.com>
(630) 530-0111

British tutor Anna Leonowens and the King of Siam struggle with cultural differences after Anna arrives at the royal palace in Bangkok in this Rodgers and Hammerstein tale of the human experience featuring beloved songs like "Shall We Dance?" and "Getting to Know You." Times: 1:30 p.m. Wednesdays, 1:30 and 8 p.m. Thursdays, 8 p.m. Fridays, 3 and 8 p.m. Saturdays, 2 and 6 p.m. Sundays. Tickets: \$59-

Please turn to Page 30

THE KIDSDALEAN

A little bit of fun for our younger readers

HEY KIDS!
Page through
The Hinsdalean to find answers to this week's questions. Fill out the form attached and return. You may copy the form for siblings. Winners will be picked from correct entries received weekly. No cash value.

THIS WEEK'S QUESTIONS

1. What advertiser is on the back cover?
2. Who wrote the first story on Page 3?
3. What is the issue number?
4. How many meetings are taking place next week?
5. Who took the cover picture?

THIS WEEK'S WINNER
of a Kid's Pizza Kit from Altamura Pizza is:
GEORGIA KARALIS

Who's Havin' a Birthday?
Send in your birthday and you may be listed in our Page 4 greeting.

Name: _____ Birthday: ____/____/____
Address: _____
Answers:
1. _____
2. _____
3. _____
4. _____
5. _____

Mail answers to The Kidsdalean - 7 W. First St., Hinsdale, IL 60521 or take a photo of answers and email to tinaw@thehinsdalean.com



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Learn more at AdventHealth.com/LaGrange.



PULSE

Continued from Page 28

\$74.

RUNS & WALKS

■ The Champion of Trees 10K

April 23
Morton Arboretum
4100 Route 53, Lisle
<https://www.mortonarb.org>

Run or walk through thousands of trees from around the world just as they come to bloom at the arboretum. Participants receive a commemorative T-shirt, recovery food and a complimentary post-race beer to enjoy at a post-race party with live music. Awards will be given for top overall male and female winners and the top three male and female winners in each age division. Time: 8 a.m. start. Cost: \$60. RR, MD

■ Earth Day Run

April 24
Brookfield Zoo
8400 31st St., Brookfield
<https://www.czs.org/EarthDayRun>

Join the zoo's inaugural Earth Day Run — A Run for the Planet. The 2.2-mile "fun run" will take place inside the zoo during pre-park hours and is geared for all ages. Registration includes zoo admission. Proceeds benefit the Chicago Zoological Society's Animal Care and Conservation Fund to support research and education efforts at the zoo and around the world. Time: 8 a.m. start. Cost: \$30. RR

■ Walk the Walk for Mental Health

May 15
The Community House
415 W. Eighth St., Hinsdale
<https://www.thecomunityhouse.org/walk-thewalk2022>
(630) 323-7500

Get some exercise and inspire one another to increase awareness of and support for mental health at this 15th annual event. Vendors and food trucks will be on site, and prizes will be awarded after the walk. Time: 7 a.m. registration starts, 8:30 a.m. opening ceremony, 9 a.m. food truck rally and vendor fair. RR

SIGN UP NOW

■ Drumming Circle

April 25
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
<https://www.dupageforest.org>
(630) 206-9566

Encourage spring's arrival by drumming in the warmer weather in Mayslake Hall's historic library. Bring a drum or borrow one; no experience is necessary. The activity can be done seated in a chair (provided) or on the floor. The program is for ages 12 and older; those younger than 18 must be with an adult. Time: 6:30 to 7:30 p.m. Cost: \$5. RR

■ An Evening with Nick Offerman & Jeff Tweedy

April 27
<https://www.hinsdalelibrary.info>
(630) 986-1976

Join the Hinsdale Public Library for an evening with actor, humorist and woodworker, Nick Offerman. A Joliet native and former star of TV's "Parks and Recreation," Nick will discuss his newest book, "Where the Deer and the Antelope Play: The Pastoral Observations of One Ignorant American Who Loves to Walk Outside." His walking companion, Jeff Tweedy of the band Wilco, will join him in conversation. Originally from Belleville, Tweedy is the author of "How to Write One Song: Loving the Things We Create and How They Love Us Back." This event is sponsored by Illinois Libraries Present, a statewide collaboration among public libraries. Time: 7 to 8 p.m. RR

SPECIAL EVENTS

■ Recycling event

April 23
Brookfield Zoo
8400 31st St., Brookfield
<https://www.czs.org/PartyPlanet>

This Party for the Planet recycling event, held in the zoo's parking lot, invites people to bring old electronics, textiles and used books for disposal in an environmentally-friendly way. For a complete list of acceptable items, visit the website above. Hours: 9 a.m. to 2 p.m.

Please turn to Page 32



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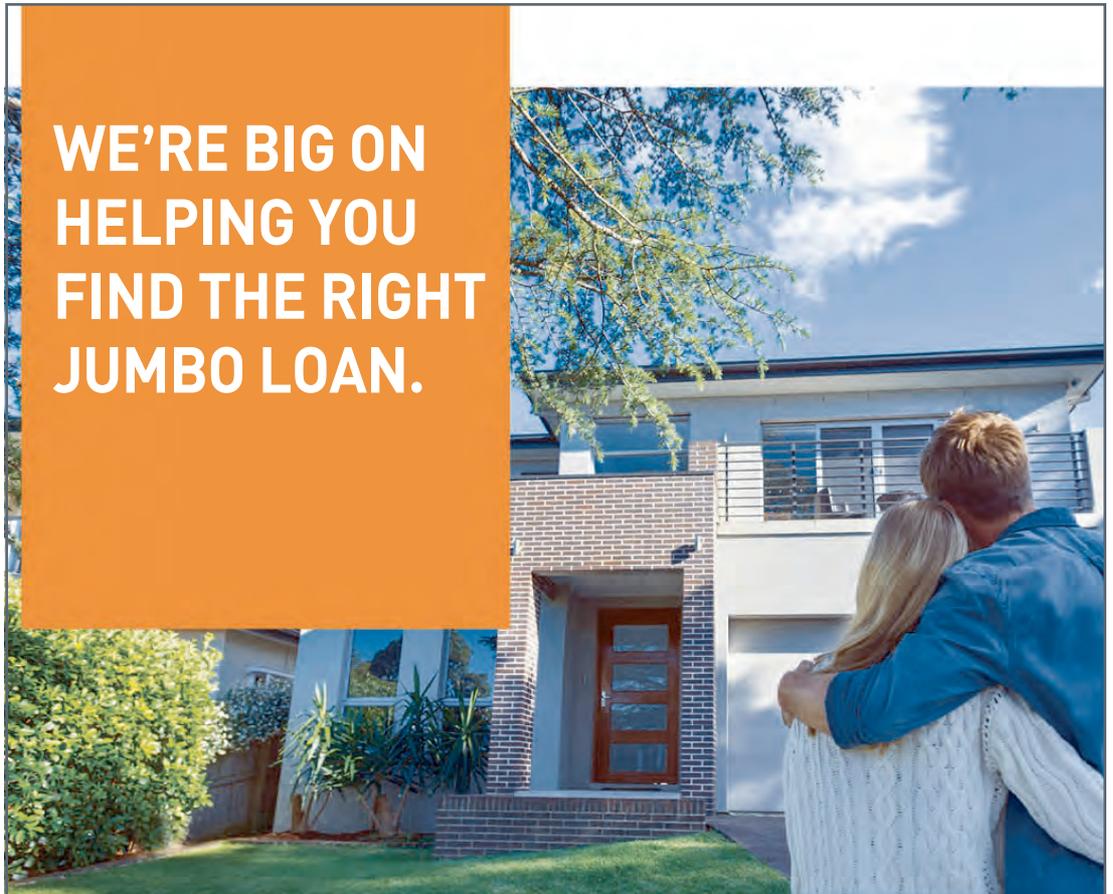
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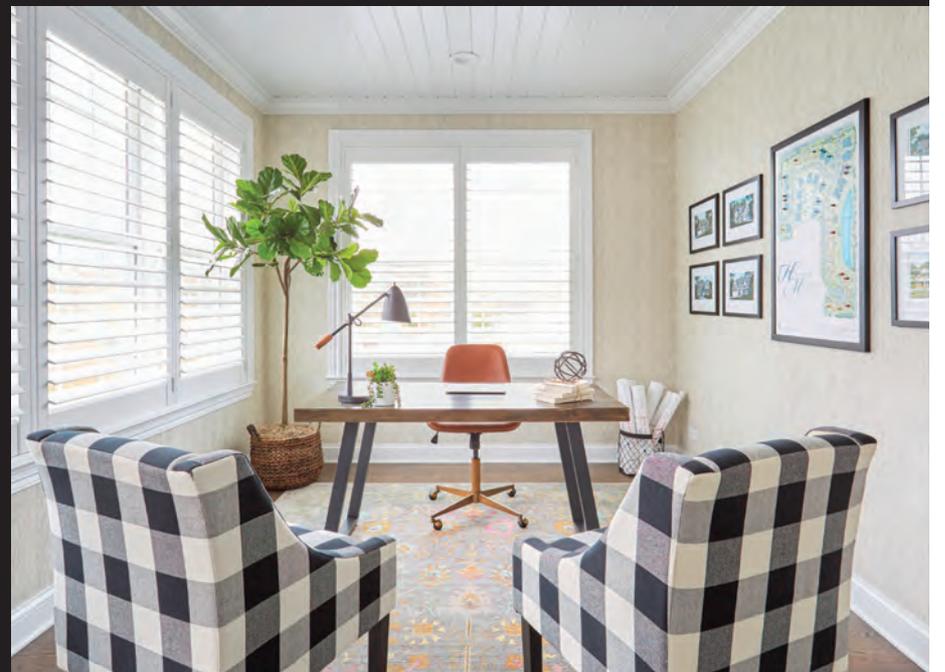
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Continued from Page 30

■ Shredding Event

April 30
Hinsdale Village Hall
20 E. Maple St.

American Legion Post 250 is hosting a shredding event. Donations in the form of cash or check made out to American Legion Post 250 are appreciated. Hours: 9 a.m. to 1 p.m.

STEPPING BACK

■ Forgotten Faces of the Titanic

April 28
<https://cantigny.org>

When the tragic tale of the Titanic is told, the focus is often on the famous names: Astor, Guggenheim and Straus. In this online Cantigny Park presentation, Wisteria Perry, manager of

interpretation and community outreach at The Mariners' Museum and Park, will share stories that have been overlooked of passengers from all over the world, including China, Haiti and Egypt. Time: 7 to 8 p.m. RR

■ Anniversary of Pearl Harbor Exhibit

Through May 31
Hinsdale History Museum
15 S Clay St.

<https://www.hinsdalehistory.org>
(630) 789-2600

Visit the museum to check out this exhibit of memorabilia and images from the horrific attack that launched the U.S. into World War II. Hours: 10 a.m. to noon Saturdays or by appointment.

■ People of the Prairie: 12,000 years in DuPage County

Through June 5
Elmhurst History Museum
120 E. Park Ave.
<http://www.elmhursthistory.org>
(630) 833-1457

Gain a deeper understanding of the native people who lived in the area through an archaeological lens and learn about how they survived and interacted with their

Please turn to Page 34

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Know your neighborhood - Hinsdale Market Report:

Average Sales Price*	Average Days on Market*	Sales Prices vs. List Price*
\$1,293,763	96	91%

*Source: MRED LLC.com Data represents the average over the past 3 months. All information deemed reliable, but not guaranteed.







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REALTY**

Pet pic of the week



Bam Bam is a terrier mix who is ready to meet his new family. He would do well with kids 13 and older. He's a shy 4-year-old who is very sweet once he gets to know you. His adoption fee is \$288. The Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center is open to the public from noon to 6 p.m. Thursdays and Fridays, 10 a.m. to 4 p.m. Saturdays and Sundays and 1 to 8 p.m. Wednesdays. Interested adopters are encouraged to fill out an online application at <https://www.hinsdalehumanesociety.org> before arriving. Call (630) 323-5630 for more information. (photo provided)

Continued from Page 32

neighbors. Featured displays include a timeline comparing tribes from different archaeological eras, a digital map depicting the displacement of Native people in the 18th and 19th centuries, and artifacts from archaeological sites in northeastern Illinois including tools, arrowheads, pottery and more. Hours: 1 to 5 p.m. Sundays, Tuesdays and Fridays and 10 a.m. to 5 p.m. Saturdays.

TEENS & TWEENS

■ **AP European History Study Group**
April 24 & May 1
Hinsdale Public Library
20 E. Maple St.
<https://www.hinsdalelibrary.info>
(630) 986-1976

Review for the upcoming AP European History Exam with others in the library's Community Meeting Room. Snacks and test prep books will be provided. Time: 1 to 2 p.m.

■ **AP US History Study Group**
April 24 & May 1
Hinsdale Public Library
20 E. Maple St.
<https://www.hinsdalelibrary.info>
(630) 986-1976

Review for the upcoming AP US History Exam with others in the library's Community Meeting Room. Snacks and test prep books will be provided. Time: 2:15 to 3:15 p.m.

■ **AP Physics Study Group**
April 24 & May 1
Hinsdale Public Library
20 E. Maple St.
<https://www.hinsdalelibrary.info>
(630) 986-1976

Review for the upcoming AP Physics Exam with others in the library's Community Meeting Room.. Snacks and test prep books will be provided. Time: 3:30 to 4:30 p.m.

Key
RR - registration required
MD - member discount



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COMPASS

I've Joined Kris Berger Group

I'm beyond excited to share that I've made a move! This Spring, I decided to embrace the changing season and join a new team at Compass. The Kris Berger Group is a team that knows their clients and the Western Suburbs like the back of their hands. Having moved to Hinsdale in 2015 and being part of the local community, I am eager to work in my backyard! I can't wait to get started and look forward to connecting with each one of you in my new role.

In Joining the Kris Berger Group, I am tapping into a team that has over **20+ years of experience** in Residential and Commercial real estate properties and over **\$550 million sales*****. Being a Hinsdale native, Kris is very knowledgeable about Hinsdale and its surrounding areas. The team is consistently ranked in the top 5 in DuPage County/Local Area, and a top performer in the Compass Hinsdale office.

The Team's Numbers Speak for Themselves:

- Top 3 Agent at Compass for Hinsdale sales volume in 2021*
- \$70 million plus in overall sales volume in 2021*
- 60 home sales in 2021*
- Over \$19 million sold in 2022 TYD, with another \$17M pending**

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ANNOUNCEMENTS

Mackenzie and Andrew Nymeyer

Mackenzie Bone and Andrew Nymeyer were married Dec. 29, 2021, at Redeemer Presbyterian Church in Detroit.

The bride is the daughter of Tyra and John Bone of Hinsdale. The groom is the son of Christine and Richard Nymeyer of Hudsonville, Mich.

The bride is working on her physician's assistant degree at the University of Detroit Mercy. She is a 2018 graduate of Baylor University and a 2014 graduate of Timothy Christian High School.

The groom is a Lincoln car designer at Ford Motor Co. He is a 2019 graduate of the College for Creative Studies in Detroit and a 2014 graduate of Freedom Christian High School.

Carolyn "Cary" Bone and Kathryn "Kaleigh" Bone, the bride's sisters, served as maids of honor. Her bridesmaids were Elizabeth Nymeyer, the groom's sister, and Hannah Nymeyer, the groom's sister-in-law.

Mackenzie's cousins, Caroline, Allison and Julia Ewald, served as junior bridesmaids.

The flower girls were Naomi Gardinier and Lydia and Molly Peterson. The ring bearers were Micah and Titus Gardinier. All are children of friends of the bride and groom. The groom's brother, Gabriel Nymeyer, was his best man. Groomsmen were his brothers, Seth Nymeyer and Joseph "Joe" Nymeyer, and his bride's brother, John "Jack" Bone.

Zachary "Zach" Friedel, Benjamin "Ben"



Haggard, Joshua "Josh" Rose and Josiah "Jo" Wood, all friends of the bride and groom, served as ushers.

Rachel Friedel and Chelsea Smith, friends of the bride and groom, were readers. Special guests at the wedding were the bride's grandparents, Bobbie and John Bone and Sheri and Tymon Totte, and the groom's grandmother, Melanie Holt.

The Rev. Jon Saunders performed the ceremony. The service was followed by a reception at the Detroit Athletic Club.

The couple spent their honeymoon in Carlsbad, Calif.

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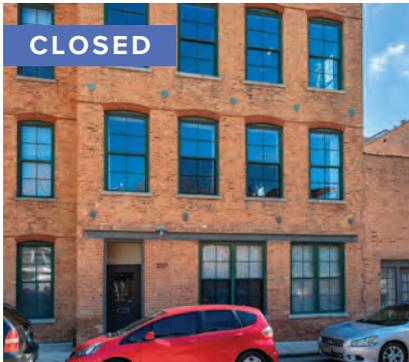
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Monday - Friday
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Classified deadline:
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Thursday's publication

Email:
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So you think you're a *real* Hinsdalean, eh? Tell us where you think this picture was taken and you can win a Fuller's Ultimate Car Wash gift card. Send your answer to: The Hinsdalean, Village Posting Board, 7 West First St., Hinsdale, IL 60521. Winners will be drawn from correct answers received weekly. *Good luck!*

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Crossword Answers

D	A	T	A		S	S	T		E	N	O	S
A	M	O	R		E	R	A		N	A	N	A
Y	O	U	G	O	T	I	T		D	I	M	S
S	I	T	O	U	T		A	P	P	L	E	S
				T	R	E		R	U	L	E	
E	V	A		S	E	W		B	A	D	E	R
L	O	S	T		S	A	C		Y	I	P	S
F	L	I	R	T		G	A	B		T	A	T
			S	U	D	S		T	R	U		
O	D	E	S	S	A		N	A	T	I	V	E
D	O	E	S		W	H	A	T	I	S	I	T
O	D	I	E		E	M	P		L	A	N	A
R	O	T	S		D	O	S		E	K	E	S

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**Is this your license plate?
Does it belong to someone you know?**



The owner of this car is a winner of an **Ultimate Car Wash** compliments of Fuller's and The Hinsdalean.
Call 630-323-4422 to claim your prize.

Yes, I'm a real Hinsdalean!



YES, I'm a real Hinsdalean!
Today's picture is at:

Name: _____

Address: _____

Send your answer to: The Hinsdalean
7 W. First St., Hinsdale, IL. 60521
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The Hinsdalean SERVICE DIRECTORY

****NEW LOOK - NEW PRICE****

**Buy 3 weeks
 4th WEEK IS FREE!**

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 \$23.95/week

Full color additional \$9.95/week

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 Serving DuPage County for 10 Years

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- Stump Grinding • Shrub Removal

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Schedule your ad
TODAY!!

Call Tina at
(630) 323-4422
 tinaw@thehinsdalean.com

YOUR AD WILL ALSO APPEAR ONLINE!



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CNA- Friendly, dependable, caregiver will take care of sick or elderly in their home. Medicine reminder, ADL, transferring, light hskping, doctors visits. **847-791-0757**

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I am a crew of one.
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LOST:
Sterling & turquoise ring. Huge sentimental value.
Lost Sunday, April 3rd somewhere between Union Church and Fuller's Car Wash in Hinsdale.
If found please call 630-915-7990

Cemetery Lots

Bronswood Plot:
Section I, 152-3 \$6500
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♥ Skilled caregiver with years of experience can provide quality care for your loved ones in the safety of their home. Medical background & excellent local refs.
Reasonable Rates! ♥
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LifeQuotes.com
8205 S. Cass Ave, Darien
Apply in person 9-5 weekdays.

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Now Hiring for various positions.
Apply at Kramer Foods
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2 car garage, garden shed, updated fixtures, ample closets, pantry, laundry room, eat-in kitchen. \$2800/month.
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Hinsdale Location
Flexible availability.
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Aesop

Legal Notices

UNITED STATES OF AMERICA
STATE OF ILLINOIS
COUNTY OF DU PAGE

IN THE CIRCUIT COURT OF THE EIGHTEENTH JUDICIAL CIRCUIT

IN RE THE ESTATE OF EUGENE HOLLAND, DECEASED

CASE NUMBER
2021 P 000409

NOTICE OF FINAL REPORT OF THE INDEPENDENT REPRESENTATIVE

Pursuant to 755 ILCS 5/28-11(e), Notice is hereby given to Carol Holland, and any and all other heirs of Eugene Holland that the Final Report of the Independent Executor has been filed with the Clerk of the Court as of April 8, 2022.

If no objection to that report is filed with the Court within forty-two (42) days after the date the report was filed, the independent representative will be discharged and the estate closed.

Name: Mark C. Metzger
DuPage Attorney Number: 208026
Attorney For: Stephen Holland, Independent Executor
Address: 1807 W. Diehl Road, Ste. 105
City/State/Zip: Naperville, IL. 60563
Telephone: 630-615-6380
Email: mark@markmetzger.com

Published in The Hinsdalean April 14, 21 & 28, 2022.

It's kind of fun to do the impossible. Walt Disney

The glory of gardening: hands in the dirt, head in the sun, heart with nature. To nurture a garden is to feed not just on the body, but the soul.
Alfred Austin

Public Notices

CERTIFICATE NO. 78631 was filed in the office of the County Clerk of DuPage County on March 31, 2022 wherein the business firm of

GET PLOWED

Located at 1141 Saylor St., Downers Grove, IL. 60516 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Charles J. Nielsen, 1141 Saylor St., Downers Grove, IL. 60516
IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 31st day of March, A.D. 2022.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean April 14, 21 & 28, 2022.

CERTIFICATE NO. 78626 was filed in the office of the County Clerk of DuPage County on March 28, 2022 wherein the business firm of

HOLD ME BACK

Located at 564 N. Elm St., Hinsdale, IL. 60521 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Ash Eldifrawi, 564 N. Elm St., Hinsdale, IL. 60521.
IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 28th day of March, A.D. 2022.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean April 7, 14 & 21, 2022.

Love is like a beautiful flower which I may not touch, but whose fragrance makes the garden a place of delight just the same. Helen Keller

Happiness is a butterfly, which when pursued, is always just beyond your grasp, but which, if you will sit down quietly, may alight upon you.
Nathaniel Hawthorne

Public Notices

CERTIFICATE NO. 78640 was filed in the office of the County Clerk of DuPage County on April 8, 2022 wherein the business firm of

CREATIVE MENUS

Located at 8218 Garfield Avenue, Burr Ridge, IL. 60527 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Richard P. Styczynski, 8218 Garfield Avenue, Burr Ridge, IL. 60527
IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 8th day of April, A.D. 2022.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean April 14, 21 & 28, 2022.

CERTIFICATE NO. 78642 was filed in the office of the County Clerk of DuPage County on April 11, 2022 wherein the business firm of

BINTER LEARNING

Located at 937 Ironwood Avenue, Darien, IL. 60561 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Erik Binter, 6800 Barrett Street, Downers Grove, IL. 60516
IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 11th day of April, A.D. 2022.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean April 14, 21 & 28, 2022.

CERTIFICATE NO. 78634 was filed in the office of the County Clerk of DuPage County on April 4, 2022 wherein the business firm of

TEAM UP

ADVISORY SERVICES

Located at 1948 Elmore Avenue, Downers Grove, IL. 60515 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Susan E. Black-Beth, 1948 Elmore Avenue, Downers Grove, IL. 60515
IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 4th day of April, A.D. 2022.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean April 7, 14 & 21, 2022.

Public Notices

CERTIFICATE NO. 78638 was filed in the office of the County Clerk of DuPage County on April 6, 2022 wherein the business firm of

K'AIOR HAIR

KLOSET & HOLISTICS

Located at 1321 Ivy Lane, Apt. #201, Naperville, IL. 60563 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Terriana Gregory, 1321 Ivy Lane, Apt. #201, Naperville, IL. 60563
IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 6th day of April, A.D. 2022.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean April 14, 21 & 28, 2022.

Equal Housing



It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is not clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing laws.



Office For Rent

LOOKING FOR AN OFFICE SPACE AWAY FROM HOME? LOOK NO FURTHER!

7 South Lincoln Street
Hinsdale, IL. 60521
Unit 14 - 200 sq. ft. - \$200 monthly.
Parking space included with lease.

PLEASE CONTACT REBECCA AT
630-242-3104 or info@mavon.com

MIND GAMES

- ACROSS**
- 1 FACTS AND FIGURES
 - 5 BYGONE JET
 - 8 SON OF SETH
 - 12 LATIN LOVE
 - 13 HISTORIC PERIOD
 - 14 "PETER PAN" POOCH
 - 15 "NO PROBLEM!"
 - 17 DARKENS
 - 18 SKIP
 - 19 "DELICIOUS" CROP
 - 21 THREE, IN ROME
 - 22 HOLD SWAY
 - 23 ZSA ZSA'S SISTER
 - 26 STITCH
 - 28 JUSTICE RUTH - GINSBURG
 - 31 MISSING
 - 33 POUCH
 - 35 SHRILL BARKS
 - 36 TOY (WITH)
 - 38 PRATTLE
 - 40 MAKE LACE
 - 41 BEER, SLANGILY
 - 43 CAPOTE NICKNAME
 - 45 BLACK SEA PORT
 - 47 INDIGENOUS
 - 51 ACCOMPLISHES
 - 52 "YES?"
 - 54 GARFIELD'S PAL
 - 55 NAPOLEON'S TITLE (ABBR.)
 - 56 ACTRESS TURNER
 - 57 BREAKS DOWN
 - 58 COIFS
 - 59 STRETCHES (OUT)

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15				16					17			
18								19	20			
23	24	25		26		27		28			29	30
31			32		33		34		35			
36				37		38		39		40		
			41			42		43		44		
45	46							47		48	49	50
51						52	53					
54						55				56		
57						58				59		

- DOWN**
- 1 CALENDAR SQUARES
 - 2 MINE, IN MONTREAL
 - 3 TALK UP
 - 4 LINGO
 - 5 SMALL SOFAS
 - 6 LANKA LEAD-IN
 - 7 EARLY MONGOLIAN
 - 8 BRIDGE TACTIC
 - 9 ACED A TEST
 - 10 "MY TREAT"
 - 11 LIP
 - 16 PARTIALLY MINE
 - 20 TAVERN
 - 23 SPRITE
 - 24 BOOK-SPINE ABBR.
 - 25 "IN MY VIEW ..."
 - 27 WITTY ONE
 - 29 CLEAN AIR ORG.
 - 30 TRIO AFTER Q
 - 32 BRIDGE SUPPORTS
 - 34 SHORT SNOOZES
 - 37 SUPER BOWL STATS
 - 39 UNRULY KID
 - 42 CUT LUMBER
 - 44 OF SERVICE
 - 45 SCENT
 - 46 NITWIT
 - 48 AUTHOR DINESEN
 - 49 TARZAN'S
 - 50 COMMUTER LINE?
 - 53 LAX GUESSES
 - 53 MED. PLAN

ANSWERS TO TODAY'S CROSSWORD CAN BE FOUND IN THE CLASSIFIEDS.

Weekly SUDOKU

by Linda Thistle

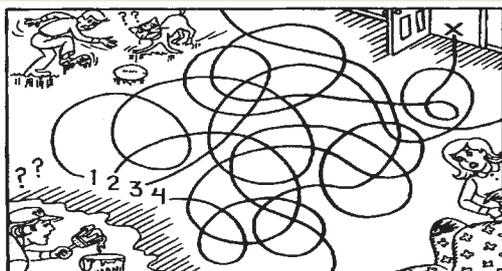
8				5				3	
		7			8				9
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		3		4	9	1			
6			8						7
4		6			7	8			
		9	5					4	
	2			6					7

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging
◆◆◆ HOO BOY!

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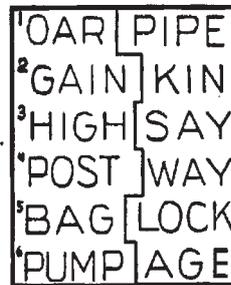


CORNER KICK! Our floor-painting pal has worked himself into a corner. Which of four routes leads to the door?

MATCHUPS! Challenge: You are asked to form six two-syllable words from the 12 one-syllable words provided at right. Words in left-hand column are to precede words in right-hand column in answers.

One way to proceed is to begin with first word at top left, find a compatible word at right and draw a line to it. Move on to second word, etc. See how quickly you can make the six matchups. Time limit: two minutes.

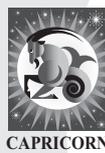
1. Carlock, 2. Gainsay, 3. Highsay, 4. Postage, 5. Highway, 6. Pumptin.



S	7	5	6	3	9	4	8	2	1	A
U	2	4	9	1	8	5	6	3	7	N
D	3	1	8	7	6	2	9	5	4	S
O	4	7	2	5	3	8	1	6	9	W
K	5	8	1	6	4	9	3	7	2	E
U	9	6	3	2	1	7	4	8	5	R
	8	2	4	9	7	3	5	1	6	
	6	9	5	8	2	1	7	4	3	
	1	3	1	4	7	5	4	6	8	

HOROSCOPES

April 2022 Horoscopes • Week 4



CAPRICORN – Dec 22/Jan 20
A hectic week is likely ahead of you, Capricorn. Things seemingly pop up out of nowhere and you have to figure out how to tackle them all. Try to delegate some of your tasks.



ARIES – Mar 21/Apr 20
Aries, a mild feeling of discontent has you searching for new projects. There may be something that has been on your to-do list, but you can't seem to figure it out right now.



CANCER – Jun 22/Jul 22
Cancer, aligning your goals with others is a surefire way to get things accomplished. You can deviate onto your own course when action is established.



LIBRA – Sept 23/Oct 23
So many voices are shouting at you from different directions, Libra. With so much advice coming your way, you may not know which way to turn. Mull it over a bit longer.



AQUARIUS – Jan 21/Feb 18
It's understandable that you want to make some waves right now, Aquarius. However, it may be better to aim for subtle ripples instead of a cannonball splash.



TAURUS – Apr 21/May 21
A lot of things are keeping you on your toes, Taurus. There's a good chance you have been craving some quiet time. Find a retreat and stay there for a couple of days.



LEO – Jul 23/Aug 23
Leo, take a moment and be sure a goal you're pursuing right now is really worth it. If finances are involved, you will likely have to pay it back in the near future.



SCORPIO – Oct 24/Nov 22
Nothing is guaranteed, but taking a risk this week could pay off in a big way, Scorpio. Things are more likely to go your way this time of the month, so start moving!



PISCES – Feb 19/Mar 20
Express your confident side at work and others will be inspired, Pisces. It's good to stray out of your comfort zone every so often.



GEMINI – May 22/June 21
There are no obstacles in your way on the path to success this week, Gemini. If you have been holding off on big plans, now is the time to push things into action.



VIRGO – Aug 24/Sept 22
Virgo, collaboration could be key in the days ahead. Another person gets the ball rolling and now you can join in. Follow their lead and trust this person's judgment.



SAGITTARIUS – Nov 23/Dec 21
Pay some extra attention to your life at home, Sagittarius. There are issues that can use a little attention. Letting them fester could lead to big problems.

SPORTS — ROUNDUP

STUDENT ATHLETE PROFILE



Name: Michael D'Aprile
Year: senior
Hometown: Clarendon Hills

What was your first experience playing water polo?

I never played water polo until my freshman year. I made a bunch of great memories with the team, and I enjoyed that good spirit of community.

What's it like having a full season again?

It's awesome. It's really great to just get back to a normal schedule. Last year we weren't able to play in any tournaments, so it's fun to share that experience with underclassmen playing them for the first time.

How would your teammates describe you?

I'm a pretty big influence on the team. I try to keep level-headed throughout the game, and I like being the one they can talk to if they need to talk to somebody.

What makes you a good leader?

A lot of it is my ability to communicate. I know everyone really well, so I have a good sense of being able to correctly coordinate my teammates to where they need to be in the pool.

Do you have any pre-game rituals?

We're always listening to music on the bus to away matches and just to keep

morale high going into the game.

What's your goal for the season?

We're looking to end with good team morale and having a lot of fun. I've been playing with these guys for three or four years, so I just want to end on a high note.

Where are you heading after graduation?

I'm going to enter the business school at the University of Iowa. There is a high consideration that I will look to play club water polo.

Why does coach Christy Brodell like having D'Aprile on the squad?

Michael's vision and perspective have made such an indescribable impact on our program. On a competitive level, he has set a model for training; always with great intensity, always wanting to learn and be better. Yet his greatest contribution has been on our team's chemistry, on team morale. He makes every player, freshman to senior, feel like the MVP of the team. He understands that the real wins come from growth that the team makes together. He is disciplined, humble, gregarious and team-oriented. Since his freshman year, he has been a leader on our team both in and out of the water.

— profile by Ken Knutson,
 photo by Jim Slonoff

RESULTS

Baseball

April 19 vs. LT
 V wins 10-3
 Adams, 2 RBIs, 2 runs, stolen base
 Malcolm, RBI, 2 runs, stolen base
 Oosterbaan, RBI, run
 Montesantos, win, 6 strikeouts
 April 16 @ Proviso East
 V 24-1
 April 14 vs. OP-RF
 V loses 0-3

Lacrosse, boys

April 19 vs. Glenbard West
 V loses 6-12
 April 16 @ Montini Catholic
 V wins 14-2

Lacrosse, girls

April 16 vs. York
 V wins 8-6
 Napier, 3 goals
 Ciupek, 2 goals
 Brankin, goal
 Howe, goal, assist
 R. Matthews, 2 assists
 Schultz, 4 saves

Soccer, girls

April 19 @ LT
 V loses 0-3
 April 14 vs. Wheaton-Warrenville South
 V ties 0-0

Softball

April 19 vs. Proviso West
 V wins 15-0

April 16 @ Hinsdale South
 V loses 1-4
 April 14 @ Leyden
 V wins 17-12

Tennis, boys

April 16 vs. Brookfield East (Wis.)
 V wins 16-1

Track, boys

April 16 @ Downers South Invite
 100 meters
 Limjuco, 2nd, 11.64
 Conners, 15th, 12.12
 Towery, 19th, 12.47
 200 meters
 Limjuco, 7th, 24.55
 O'Hea, 8th, 24.65
 Aziz, 9th, 24.72
 400 meters
 Watcke, 1st, 48.89
 Bandukwala, 2nd, 51.1
 800 meters
 Revord, 1st, 1:56.3
 Miller, 3rd, 1:58.59
 Lacayo, 14th, 2:11.51
 1,600 meter run
 Reddy, 3rd, 4:39.7
 Doorhy, 5th, 4:42.19
 Skora, 13th, 4:58.88
 3,200 meters
 Mahajan, 4th, 10:11.42
 Gruber, 7th, 10:20.77
 110-meter hurdles
 Dynis, 4th, 17.05
 Walker, 10th, 20.92
 300-meter hurdles
 Dynis, 2nd, 42.64
 Walker, 9th, 49.74
 4x100 meter relay
 O'Hea, Dorris, Dynis,

Reodica, 5th, 45.48
 4x200 meter relay
 Limjuco, Aziz, O'Hea, Reodica, 3rd, 1:35.43
 4x400 meter relay
 Miller, Bandukwala, Revord, Watcke, 1st, 3:23.03
 4x800 meter relay
 Doorhy, Hill, Gamboa, Skora, 1st, 8:11
 High jump
 Walsh, 9th, 1.52
 Long jump
 Reodica, 2nd, 6.04
 Towery, 9th, 5.58
 Triple jump
 Burt, 5th, 11.52
 Yang, 9th, 10.75
 Pole vault
 Sauder, 1st, 3.96
 Discus
 Marcet, 4th, 121
 Narcisse, 5th, 112-3
 Shot put
 Narcisse, 8th, 40-8
 Marcet, 12th, 38-2.5

Track, girls

April 16 vs. Devilette Invite
 V places 1st with 127 points
 100 meters
 Reed, 1st, 12.62
 McCoy, 2nd, 12.67
 Smith, 10th, 13.98
 Yopp, 15th, 15.77
 200 meters
 Hodneland, 4th, 27.75
 Chibucos, 13th, 30.48
 Yopp, 16th, 33.42
 400 meters
 McCabe, 1st, 1:01.04

Skora, 4th, 1:03.45
 800 meters
 McCabe, 1st, 2:17.28
 Terry, 3rd, 2:25.95
 1,600 meters
 Fischer, 1st, 5:15.9
 3,200 meters
 Skora, 1st, 12:14.8
 Gottfried, 9th, 13:07.95
 100-meter hurdles
 Leech, 6th, 173
 Chandler, 8th, 18.28
 300 meter hurdles
 Chandler, 1st, 48.49
 Leech, 5th, 51.29
 4x200 relay
 McCoy, Tresler, Hodneland, Doris, 1st, 1:50.68
 4x400 relay
 Sakho, Terry, Chandler, Milligan, 1st, 4:09.41
 Shot put
 Schuurman, 12th, 7.14
 Veliz-Hernandez, 14th, 6.81
 Discus
 Schuurman, 4th, 30.41
 Veliz-Hernandez, 15th, 16.86
 Pole vault
 Sommers, 7th, 2.44
 Huber, 8th, 1.98
 Long jump
 Reed, 2nd, 4.9
 Chandler, 9th, 4.19

Volleyball, boys

April 19 @ OP-RF
 V wins 25-21, 25-17
 Lange, 14 kills, ace, 4 digs
 Lyons, 4 kills
 Du, 2 kills

Jurineack, 2 kills
 Ruth, kill, ace, 2 digs
 Bhasvar, ace
 Hughes, 22 assists, 3 digs
 Kujalowicz, 7 digs
 Bonino, 3 digs

Water polo, boys

April 19 @ Glenbrook North
 V loses 9-11
 Halabi, 3 goals
 Satre, 3 goals
 Chen, goal
 ElDirawi, goal
 Rakos, goal
 April 15-16 @ Best of the West Tourney vs. Sandburg
 V wins 8-6 vs. Glenbrook South
 V loses 2-6 vs. Naperville Central
 V loses 3-14 vs. Buffalo Grove
 V wins 9-5

Water polo, girls

April 13 vs. St. Charles East
 V wins 15-5
 Barber, 3 goals, assist
 Boggs, 3 goals, assist
 Stoffer, 3 goals
 Thomas, 2 goals
 Bauschard, goal
 McMillin, goal
 Newcomer, goal
 Rose, goal, assist
 Harris, assist
 Tobiano, assist
 Zelenka, 7 saves

Instant replay



Hinsdale Central's Tessa Howe tries to elude a couple of defenders during Saturday's home match against York. She and teammate Annette Ciupek tag team a Duke opponent en route to the Red Devils hard-fought 8-6 victory against their conference rival. (Jim Slonoff photo)



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SPORTS

Fundraiser, training honor two brothers

CPR training will equip track and field team members with skill that could save a life

By Pamela Lannom
plannom@thehinsdalean.com

Members of the Hinsdale Central boys track and field team will leave their Wednesday, April 27, practice with a new skill — one they can use to save a life.

The athletes will be trained in CPR through a partnership with the Mend a Heart Foundation in Clarendon Hills. And there's no telling when that training might come in handy, said Chicago firefighter Josh Daisy, a volunteer who is leading the training.

"I think it's a very valuable skill that everybody should know," Daisy said. "It's not just for people you don't know. It could be at your own family party."

No one knows this better than the Gruber family of Hinsdale. The fundraiser is in honor of brothers Henry, a senior, and James, a junior, who were both on the cross county team that

Supporting the cause

Residents interested in supporting the work of the Mend a Heart foundation can make donations online at <https://www.menda-heart.org/donation>.

A portion of ticket proceeds from the McCarthy Invite at 5 p.m. Friday, May 6, at Hinsdale Central also will be donated to the foundation.

While the initial deadline to purchase a \$50 hoodie honoring the Grubers and supporting the foundation has passed, if demand for more is high enough, additional shirts will be made. Email Molly Watcke at mollymac428@gmail.com.

placed second at state last fall. Henry beat his own personal best by 40 seconds and was the team's fourth runner to cross the finish line. That accomplishment was noted by assistant coach Noah Lawrence in a Nov. 6 Tweet.

"What does team mean? Fundamentally, it means being there for each other. This team: we had a different order every meet. Guys took turns carrying the load all season long. Henry Gruber had no better than seventh for us ... until today. 'Henry, you're a hero!' State runner-up team!"

Just weeks after that meet, Henry abdicated the title of hero to his brother.

The Grubers were visiting family in Minnesota for Thanksgiving break. Henry and James were in a car with a cousin and his friends the day after Thanksgiving when James noticed his brother was unconscious, according to a Dec. 20 blog Lawrence wrote about the days' events. James called 911, and the operator told him she would walk him through performing CPR.

Paramedics arrived within four minutes and took over for James after he finished his second cycle of CPR. They tried to shock Henry's heart three times unsuccessfully before loading him into the ambulance.

"James asks his cousin and his friends to say a prayer with him," Lawrence wrote. "On a crystalline Minnesota night, four teenage boys kneel along a suburban road and beg God for mercy. James told me, 'I don't know if my cousin and his friend are religious or not. But, I asked them to pray with me. And 30 seconds after that, (the paramedic) stuck his head out of the ambulance and told me, 'We got a pulse.''"

Henry's heart had stopped beating for eight minutes. He regained con-

sciousness after he was in the ICU for several hours and later had surgery for his pacemaker and defibrillator. After spending a week in the hospital, Henry was able to return home. He's been working toward a full recovery since.

"Under extreme duress, James acted with incredible poise," Lawrence wrote. "He did absolutely everything right, from recognizing the emergency immediately to performing CPR correctly. He saved his brother's life. James Gruber! You're a hero!"

Participants in the April 27 training will learn that new guidelines from the American Heart Association have changed the way CPR is taught. Science has shown oxygenated blood stays in the body longer than originally believed, so CPR is now focused on chest compressions, Daisy said. Mouth-to-mouth breathing is no longer required.

The training is part of a spring fundraising effort organized by Molly Watcke of Hinsdale, mom of junior runner Dan Watcke. She said she wanted to do something to honor the Gruber brothers, and when coach Jim Kupres approached Henry with the idea, Henry suggested the Mend a Heart Foundation as the beneficiary. Watcke had had the same idea and reached out to Bridget O'Meara. O'Meara, and her husband, Brian, started the foundation after their son was born with hypoplastic left heart syndrome. Henry also was born with a genetic condition relating to heart function. Although O'Meara didn't know what had happened to Henry, she did know the family from the time her son and James were at Clarendon Hills Middle School together.

"She had the idea of the CPR training," Watcke said. "I was like, 'Ooh, this



Henry (left) and James Gruber, part of the varsity boys cross country team that came in second at state last fall, are being celebrated by the boys track and field team with a special CPR training and fundraiser for the Mend a Heart Foundation. (photo provided)

is fabulous.'"

She expects about half of the more than 100 kids on the team will participate, with the track parents booster club picking up the cost of the certification cards.

"We'll probably have about 50 of the kids do the training. A lot of the kids are either on the distance crew or kids on the team that are friends with the Grubers from school and growing up," Watcke said.

O'Meara said the Grubers' story demonstrates that cardiac arrest can happen to anyone at any time.

"I think something that I never realized until going through what we've gone through with our son Liam is how common congenital heart defects are," O'Meara said. "I think a lot of people don't realize their prevalence."

Having seen the popularity of hooded sweatshirts among her son and his friends, Watcke and other

parents decided to sell hoodies to raise money for Mend a Heart. The initial sale raised almost \$2,000, and more might be available, depending on demand (see sidebar).

Watcke said she's not surprised that James, whom she has known since his freshman year, did what he did. She remembers him offering to unload her dishwasher once while he was at the house waiting for Dan.

"That was my first impression of him," she said. "It's probably not really surprising that he went to these efforts for his brother."

Watcke echoed Lawrence's admiration for James.

"Every time I see them, I'm like, 'Wow! I'm so happy that they're here and we're celebrating this,'" she said. "When you know what happened, this really would have taken a different turn had James not done this for his brother. He really is a hero."



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