

The Hinsdalean

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Community journalism the way it was meant to be



All in — Almost two dozen members of Hinsdale Central's football team, along with dozens of other volunteers, helped out at the annual St. Isaac Jogues Seeds of Service project Saturday. Red Devils J.T. Pyle and Jay Randy unload a Cassidy Tire truck that was filled with several pallets of granola bars and toaster pastries. The seventh annual event collected almost 2,000 bags of food donations from across the village. The food was distributed to the Little Sisters of the Poor, the Missionaries of Charity, the Franciscans of Eucharist of Chicago and the People's Resource Center. (Jim Slonoff photo)



Effort swells to block Graue Mill dam removal.

Page 5



Eighth-grader works to reduce plastic use.

Page 9



McCabe has Central runners on the move.

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OCTOBER DELI MENU

DINNERS

MONDAY

BEEF SHORT RIB BOURGUIGNONNE WITH BACON, MUSHROOMS, PEARL ONIONS AND MASHED POTATOES *gluten free*

GRILLED LEMON BUTTER & HONEY SALMON WITH MASHED SWEET POTATOES *gluten free*

TUESDAY

CHICKEN PICCATA ON ANGEL HAIR PASTA

PORK OSSO BUCO WITH BUTTERNUT SQUASH RISOTTO *gluten free*

WEDNESDAY

STUFFED ACORN SQUASH WITH GROUND BEEF POMODORO *gluten free*

PORK SCHNITZEL WITH WILD MUSHROOM SAUCE AND SPAETZLE

THURSDAY

CRACKER CRUSTED TROUT WITH LEMON BEURRE BLANC, RICE PILAF AND JULIENNED VEGETABLES *gluten free*

CHICKEN ROMANO ON LINGUINE WITH LIMONE SAUCE

FRIDAY

SALISBURY STEAK WITH MASHED POTATOES, GREEN BEANS, AND MUSHROOM GRAVY *gluten free*

GRILLED SALMON WITH CHERRY TOMATO BALSAMIC REDUCTION AND ROASTED ASPARAGUS *gluten free*

SOUPS

MONDAY

CORN CHOWDER WITH BACON *gluten free*

CHICKEN TORTELLINI

TUESDAY

CHICKEN, VEGETABLE AND WILD RICE *gluten free*

SPLIT PEA *gluten free*

WEDNESDAY

ITALIAN MEATBALL

CURRIED PUMPKIN *gluten free*

THURSDAY

WILD RICE AND BACON *gluten free*

HUNGARIAN GOULASH

FRIDAY

BEEF AND CABBAGE *gluten free*

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SATURDAY & SUNDAY

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SUNDAY

FARMER'S MARKET TURKEY CHILI *gluten free*

HOT SANDWICHES

MONDAY THE CUBAN - PULLED PORK, HAM, SWISS, MUSTARD AND PICKLES ON A FRENCH ROLL

TUESDAY SOUTHWESTERN ROAST BEEF WITH PEPPER JACK AND GREEN CHILIES ON WHITE

WEDNESDAY CLASSIC ITALIAN BAKED SUB WITH MOZZARELLA, ROASTED PEPPER MAYO AND VINAIGRETTE

THURSDAY RUEBEN - CORNED BEEF, SWISS AND SAURKRAUT ON MARBLE RYE

FRIDAY PHILLY CHEESE STEAK - SAUTEED ONIONS AND PEPPERS WITH MOZZARELLA

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NEWS

Details of D86 reopening plan announced

Students return during week of Oct. 5, then 25 percent attend for week at a time

By Pamela Lannom
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While most Hinsdale Central students will be back on campus for one day during the week of Oct. 5, the final group of in-person learners won't return until Nov. 2 according to the Hinsdale High School District 86 reopening plan.

The plan, released at the Sept. 24 school board meeting, calls for 25 percent of students to be on campus at a time. Each of the four equal groups — which will be assigned by an algorithm and will have siblings grouped together — will attend a single half day the first week of October.

Then each group will return for a full week of in-person classes, starting with group A on campus the week of Oct. 12. The modified block schedule has four 65-minute periods and runs from 8 a.m. to 12:50 p.m.

The decision to have each group attend for one full week was based on guidance from the DuPage County Health Department's Return to School Framework to limit or avoid mixing groups of students and teachers during the day, said Chris Jasculca, communications director.

"By bringing in one group at a time, we can adhere to this recommendation and keep our students, staff, families and community healthy and safe," he said.

Students in the E group, who have unique needs and have been identified by educators, will attend every day. The R group will remain in remote learning all year.

The plan will remain in place while the county is in a "moderate" transmission rate, as defined by the DuPage County Health Department. If the transmission rate slows to "minimal," 50 percent of students will be allowed on campus. If it increases to "substantial," all students will learn remotely from home.

"Should we be able to get that robust saliva test-

ing system in our school system, I also believe we could maintain that 50 percent in person even if the county is at that moderate level," Superintendent Tammy Prentiss said.

The transition week of Oct. 5 is designed to help students acclimate to being back at school, said Chris Covino, assistant superintendent for academics.

"It's not incredibly easy to jump back into in-person instruction," he said. "Most students have never even walked their schedule. Even if they are seasoned Hinsdale South or Central students, that may take a minute to figure out."

In order to maintain consistency, the primary method of instruction for all students will be remote, now called Remote 2.0+.

"The plus in Remote 2.0+ refers to the other things that can happen because there are some students in the building," Covino said, citing science labs as an example.

Students will wear headsets and use Zoom even when they are at school so all students can participate in class. Teachers will be given amplification devices so they can be heard through their masks. The district's bandwidth also has been increased to avoid system crashes.

"We've been doing a lot of testing to make sure all the technology is going to work," said Keith Bockwoldt, chief information officer.

The plan also allows teachers to work remotely if necessary. The district expects as many as 29 teachers will not be able to come to campus, said Mary Dudek, interim director of human resources.

"We try to work around that as best we can to make sure our staff is in front of our kids as much as possible," Dudek said. "It's not easy. It's a puzzle, but we're working on it every day."

When in-person learning resumes, 19 substitutes will be needed at Hinsdale Central to cover teachers who have taken leave under the Family and Medical Leave Act. Twenty-nine subs will be

needed districtwide. The district had 17 confirmed subs as of last week.

If teachers have to be home for childcare reasons or because they have been quarantined but are able to teach, they will do so remotely and a "line of sight" sub will be hired to monitor the five to seven students who will be in the classroom.

An additional 10 subs could be needed districtwide each day to cover staff members who develop COVID-19 symptoms during the year.

"There are a lot of symptoms on this list. Any one symptom would trigger a call to HR and perhaps an absence or a remote working assignment for that period of time," Dudek said.

Prentiss said the availability of teachers and subs will affect whether school buildings can remain open.

"Even if we have figured out all the safety and protocols and the technology piece, quite frankly, staffing is something that could also cause us to be unable to sustain or maintain in-person instruction," he said.

The district had four positive cases of COVID-19 as of Sept. 23, with 28 individuals in isolation and 86 in quarantine. A total of 14 positive cases have been reported among faculty, staff and students since the start of this school year. The district is now reporting cases each Friday on its website at <https://d86.hinsdale86.org> > COVID-19 Data Dashboard.

Many administrators praised the staff for all their hard work. Central Principal Bill Walsh said the students also should be recognized.

"I don't want to forget the 4,000 students of District 86 who have demonstrated an unbelievable sense of maturity, an unbelievable desire to be successful in their classes and engaging in these classes day in and day out," Walsh said. "It's as hard for them as it is for teachers, and they are pivoting the way they have learned how to learn for the last 10 years, in some cases 11 years."

Climate crisis prompts rally in Burlington Park



Mohammad Ahmadi of Hinsdale speaks to a crowd of about 30 activists and Jocelyn Freeman of Naperville sings a song at the Global Day of Climate Action rally at Burlington Park Friday. Mia Sekiguchi of Hinsdale puts her hands together as a symbol

to recognize the significance of the day. Hinsdale for BLM and other groups coordinated the event, saying the climate crisis disproportionately affects Black and indigenous people and other people of color. (photos by Steve Johnston for The Hinsdalean)

ONCE UPON A TIME



Ashes to ashes — According to Sandy Williams' book, "Images of America — Hinsdale," H.L. Storey, who was a successful piano dealer, lost his home in the 1871 Chicago fire. He moved to Hinsdale and built this house on the hill in Highlands Park just south of the Highlands Station in 1972. It was called Oaklawn. When it caught fire and burned in 1914, it was not replaced.

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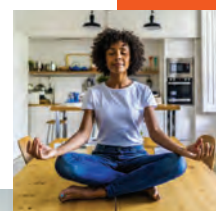
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Let's Keep Our Distance & Keep COVID-19 Under Control



It's up to each of us to contain the
spread of COVID-19.
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- Keep at least 6 feet away from other people
- Wash your hands with soap frequently
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- Avoid touching your face
- Stay at home as much as possible
- Use services like delivery and curbside pickup whenever possible to avoid close contact with others



Happy Birthday!

Milan Bansal
turns 11 Oct. 3

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Corrections

The Hinsdalean staff strives to provide an error-free newspaper each week. If a mistake is published, however, we are happy to correct it. Call or email Pamela Lannom to report errors requiring correction or clarification.

Letters to the editor

Our letters policy is published on Page 11.

Obituaries

Obituaries are published free each week in The Hinsdalean. Information may be mailed, faxed or emailed to news@thehinsdalean.com. Obituaries may be edited for style and space.

Photo reprint policy

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Critics decry Graue Mill dam removal

Locals say history will be washed away with Salt Creek landmark if plan is approved

By Ken Knutson

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A plan to remove the dam in Salt Creek near the historic Graue Mill has been making waves in the community, with proponents touting the cleaner water that would result and opponents arguing the historic dam contributes significantly to the picturesque site in Oak Brook just beyond Hinsdale.

In response to an Illinois Environmental Protection Agency finding that Salt Creek at Fullersburg Woods did not meet state water quality standards for dissolved oxygen or for fish and aquatic insect biodiversity, the DuPage County Forest Preserve District commissioned a study. The DuPage River Salt Creek Workgroup, in its subsequent master plan, stated that "these issues are directly associated with the presence of the dam, as the lowest DO levels on Salt Creek were found in the impoundment area and a large decrease in fish and insect biodiversity were found upstream of the dam."

To remedy this, the workgroup said the forest district should "create over one mile of stream restoration and fish passage on 17 miles of Salt Creek by removing the existing dam and replacing it with a rock riffle."

But opponents say eliminating the dam would eliminate a treasured local land-

mark. Don Fuller, president of the Fullersburg Historic Foundation, said there's actually been a dam at that location since 1837, when a sawmill operated the banks. The current concrete dam was built in 1934 by the Civilian Conservation Corps.

"It's really historical in nature. It really puts a huge amount of history in perspective when you walk around the mill," Fuller said of the dam.

The waterfall created by the dam is what draws many people to the site, he said.

"It's a really popular thing, and we just felt that it was really worth saving," Fuller remarked, adding that installing aeration pumps is a possible alternative solution.

Supporters have collected nearly 14,000 signatures on a petition to preserve the dam, he said, and, along with members of the Graue Mill Board, have lobbied forest district commissioners for their cause.

Commissioner Linda Painter (Dist. 3), for one, said she is not convinced removing the dam is the answer. "This dam has a lot of history with the people near Hinsdale and Oak Brook and some of the other surrounding suburbs. Many of us grew up near the dam and it has a lot of nostalgia," Painter said.

She raised the issue of elevated phosphorus levels in the creek that were attributed to wastewater treatment plants, who in turn place the blame on



Opponents of a plan to remove the Salt Creek dam in Fullersburg Woods near Graue Mill include (from left) Fullersburg Historic Foundation President Don Fuller, foundation director Bonnie Sartore, state Rep. Deanne Mazzochi (R-47, Elmhurst) and foundation vice-president Richard Allison. DuPage County Forest Preserve District commissioners are poised to approve its removal this month to improve creek water quality. (Jim Slonoff photo)

the dam.

"To me, I haven't been shown that taking out the dam is going to help with the phosphorus levels," she said. "But I'm still doing my research."

Among the benefits advanced by dam removal proponents are increased access to creek recreation and education opportunities and lower costs for taxpayers because it would obviate need for expensive water treatment plant upgrades.

"Analysis shows that improvements to water quality due to dam removal are more effective and cheaper than plant upgrades. Plan upgrades have been estimated at \$213

million in capital costs and \$8 million a year in increased running costs," the group states.

Fuller said the fish population doesn't seem to be suffering.

"Fishing is actually very good below the dam, and you get about three quarters of a mile upstream from the dam and everything is really good," he said.

Painter said dredging the creek above the dam and engineering a so-called drawdown to lower the creek's surface are other projects that should be explored.

"They have complete control to not let any water go over that dam, and it can all go through

that draw down and you could end up with the same solution and not have to take down the dam," she said.

But Painter and Fuller both signaled that the majority of forest district commissioners support the plan to remove the dam, which is expected to get a vote of approval at the commission's Oct. 6 meeting.

"I think they're close-minded. We're trying really hard to keep the dam and they're ignoring the will of the people," Fuller said. "We feel that there was so much history involved that we should really ask them to consider the historical aspects of this thing before they decide to take it out."

D86 approves budget that just might change

By Pamela Lannom

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Drafting a \$117 million budget in these uncertain times is an art and a science.

With the unknowns related to the COVID-19 pandemic, anticipating expenses for the 2020-21 fiscal year in Hinsdale High School District 86 is even more of a challenge.

"Obviously we have a significant number of unknowns this year as we operate either in a remote or hybrid environment," Josh Stephenson, chief financial officer, said at the Sept. 10 board meeting. "I wouldn't say that is where I expect us to end the year."

The board approved the budget Sept. 24 following a public hearing at which no one spoke. The spending plan predicts revenues of \$118.3 million and expenses of \$116.8 million, leaving a \$1.4 million surplus.

The district saw a \$1.2 million surplus at the end of FY 2019-20, largely due to the pandemic, which caused

all students to move to remote learning in March.

"The budgets last year were significantly under spent," Stephenson said. "Due to the school shutdown, a lot of supplies were not consumed. A lot of travel was not consumed."

"Just take that into account," he advised board members. "We did not have a typical school year."

Property tax revenues are expected to increase about \$11 million, or 13 percent, to \$95.7 million. This increase reflects \$9.6 million levied to begin repayment of the \$139.8 million referendum voters approved in April 2019.

State and federal revenues remain essentially flat and interest income is down, due to the drop in interest rates, Stephenson said.

Revenues include two new grants. The \$267,000 C.A.R.E.S. grant provides funding for personal protective equipment and COVID-19 related expenses. The \$50,000 Illinois School Maintenance Grant provides funding for life-safety projects.

On the expense side, salaries continue to be the largest line item in the budget at almost \$57.9 million. Salaries for the district's 603.3 full-time equivalents are projected to increase only \$20,000 this year.

The cost of benefits will rise almost \$500,000, from about \$24.9 million to \$25.5 million.

"Benefits are fairly stable," Stephenson said of the 2 percent increase.

The budget includes \$50.6 million in proceeds anticipated from the third and final bond sale related to the referendum, which will take place this month. The budget also includes \$36 million in design and construction expenses.

"Obviously with a multi-year project it doesn't always fit neatly inside of the fiscal year," Stephenson said. "If there are any large variations, we may have to do an amended budget, similar to what we did last year, for the construction expenses."

The budget can be viewed online at <https://d86.hinsdale86.org>, under the business department tab.

NEXT WEEK

Community Consolidated Elementary Dist. 181 Board

7 p.m. Monday, Oct. 5
<https://www.d181.org>

On the draft agenda: start of school year highlights, abatement strategy update, policy review

Hinsdale Historic Preservation Commission

6:30 p.m. Wednesday, Oct. 7
<https://www.villageofhinsdale.org>

Hinsdale Village Board

7:30 p.m. Tuesday, Oct. 6
<https://www.villageofhinsdale.org>

On the draft agenda: Ryan Companies proposed senior living development, Land Rover access driver

COVID-19 case count is approaching 400

The number of Hinsdale residents who have been diagnosed with a confirmed case of COVID-19 hit 392 on Sept. 30, compared to 380 a week ago.

The DuPage County Health Department reported 350 confirmed cases in Hinsdale and the Cook County Health Department reported 42 confirmed cases in the village.

A total of 168 confirmed cases and 34 deaths are associated with ManorCare in Hinsdale, according to the Illinois Department of Public Health. Those numbers include residents and staff who might not be DuPage County residents.

Amita Hinsdale Hospital had seven confirmed COVID-19 patients and seven patients awaiting test results on Wednesday, a spokeswoman said.

Community Consolidated District 181 had reported four

confirmed cases and Hinsdale High School District 86 had reported four confirmed cases as of Friday.

DuPage County has recorded 17,753 confirmed cases, including 562 deaths, up from 16,757 cases and 549 deaths a week ago.

The rolling seven-day positivity rate for Region 8, which includes DuPage County, was 5.3 percent Sunday.

The number of confirmed cases in towns neighboring Hinsdale are as follows:

- Burr Ridge, 279
- Clarendon Hills, 168
- Oak Brook, 204
- Western Springs, 239
- Westmont, 572

The health departments' websites are at <https://www.dph.illinois.gov>, <https://www.dupagehealth.org> and <https://www.cookcountypublichealth.org>.

Farmers market open for two extra weeks

The Hinsdale Chamber of Commerce Farmers Market will run until Oct. 26 this year.

The market, which is open from 7 a.m. to 1 p.m. Mondays on Chicago Avenue near Burlington Park, was scheduled to end two weeks earlier. The chamber asked the village for the extension to help sup-

port the vendors during these tough times.

The market, which features vendors of fruits and vegetables, eggs, honey, cheeses, meats and poultry, jam and more, is in its 44th year.

For more information, visit <http://www.hinsdalechamber.com/pages/FarmersMarket>.

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ALCW adapts to meet needs in new ways

Volunteers are making changes to existing programs, working on new requests for help

By Pamela Lannom
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Re-imagining has become standard operating procedure for Assistance League of Chicagoland West members.

They've had to rethink everything from how to distribute coats to schoolchildren to how to hold their annual Books and Brunch fundraiser. They've also been working to meet the increased need that exists with many out of work and a backlog of individuals who were unable to receive services when the pandemic first hit in March.

Meg Cooper, vice president for marketing/communications, said items to outfit seven kitchens were going to PADS clients this week.

"Things are picking up and people are moving into their independent living and it really came alive in the last two months," Cooper said. "We were actually sort of put in a situation to help in ways that were different from how our normal programs worked."

One of the earliest projects was creating emergency kits for homeless individuals who were put up in hotel rooms after the shelter-in-place order was issued in March. The kits included crock pots and disposable products that would allow people to fix meals in their rooms.

"It was an extreme rapid response," Monica Heidkamp of Clarendon Hills said.

Members weren't sure at first they would be able to find all the necessary items for the

kits. Bijal Doshi of Burr Ridge headed to the Kohl's at 75th Street and Lemont Road.

"Literally I walked in and took every single slow cooker they had," she said. She learned from employees the store was closing the next day.

"We got in in the nick of time to buy the crock pots," she said.

Finding supplies — which has been difficult for everyone — has been an ongoing challenge for members.

"We source five different Walmarts and now we've found Dollar Tree is our friend, too," Beth Waldo of Hinsdale said.

Some of those supplies were used to assemble 400 toiletry kits for families served by the HCS Family Services food pantry and summer school supply kits for kids at Anne M. Jeans School.

"Now as we are moving into fall, it's still a new normal and it turns out everything has to be rethought," Cooper said. "Everything you've done for years, you have to think, 'How do I do it now? How do I do the same thing with new restrictions?'"

Permission slips for the Operation School Bell fall coat distribution has moved online and members are serving as personal shoppers for middle school students who can't participate in the annual shopping days.

Now members are preparing for their annual fundraiser. Books and Brunch Evening Edition, like many fundraisers, will be offered in a virtual ver-

■ FLATTENING THE CURVE

This is the first in an ongoing series of stories on how COVID-19 is affecting people in Hinsdale.

sion this year.

"We thought about canceling the whole thing and we thought, 'No, there is too much need and the need is greater in the community,'" said Janet Roxworthy, who is co-chairing the event with Vicki Knowles.

Because the fundraiser is focused on authors each year — rather than dinner and dancing — the event should work well online, Cooper said. A local author featured two years ago has agreed to interview this year's featured writers, Gloria Chao, Chris Jones and Sonali Dev.

"It might even be more interesting watching the authors because they are going to be interviewed by Andrea Thome," Roxworthy said.

She and Cooper both noted that Dick Johnson, who passed away in June, had served as moderator of Books and Brunch for more than a decade.

"Those are such big shoes to fill," Roxworthy said, adding that she's confident in Thome.

"We have no fear she will rise to the occasion and be a great host and interviewer for us," she said.

ALCW will continue to work to serve the community however it can, Cooper said.

"Even as it's more complicated and harder to do, we're still trying to grow," she said.



Assistance League of Chicagoland West members spent Monday morning stuffing envelopes for the group's Nov. 10 Books and Brunch fundraiser, while Monica Heidkamp and Bijal Doshi unloaded sets of dishes that will be donated to PADS clients transitioning to permanent housing. (Jim Slonoff photos)



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POLICE BEAT

Hinsdale police distributed the following reports Sept. 29.

DUI arrest

Mark R. Simnick, 60, 4625 Pershing Ave., Downers Grove, was arrested for driving under the influence of alcohol, driving with a blood-alcohol content higher than .08 and improper lane use at 9:14 p.m. Sept. 24 in the 100 block of East Ogden Avenue. He was charged and released to appear in court.

License violation arrest

Ramon Roman, 46, 4735 S. Kostner Ave., Chicago, was arrested for driving with a suspended license at 11:52 a.m. Sept. 28 in the 700 block of York Road. He was charged and released to appear in court.

Controlled substance suspect

Police reported to the Hinsdale Train Depot, 21 E. Hinsdale Ave., at 9:17 p.m. Sept. 26 for a report of a domestic battery that occurred on a Metra commuter train. Police located the suspect, an Aurora man, at the station and found him in possession of drug paraphernalia and plastic baggies containing a white powdery substance that field tested positive for amphetamines. He resisted arrest and was taken to the hospital for evaluation. Charges are pending his release from the hospital.

DUI investigation

A suspect stopped for failing to signal when required and improper lane use at 11:04 p.m. Sept. 23 at Route 83 and 55th Street was observed to be under the influence of alcohol. The suspect submitted a blood and urine sample. Charges are pending the results of lab report.

Yard signs stolen

Political signs were taken from the front yard of five homes between Sept. 22 and 28. The homes are located in the 10 block of East Fourth Street, the 100 block of West Third Street, the 700 block of North Oak Street, the 300 block of East Sixth Street and the 5500 block of South Park Avenue.

The Oak Street homeowner observed a white man, about 30 years old, wearing a blue shirt and black spandex take the sign and leave the area on a bicycle.

Police pursue stolen autos

- A patrol officer located a vehicle stolen from Frankfort on Sixth Street just west of County Line Road at 4:30 a.m. Sept. 24. The vehicle fled when the officer attempted to initiate a traffic stop and the officer pursued. The pursuit was terminated at County Line Road and Interstate 55 due to speed. The vehicle was last observed eastbound on Interstate 55 from County Line Road.

- An officer located a stolen vehicle at 57th Street and Sutton Place at 3:30 a.m. Sept. 29. The vehicle was a recent stolen auto from East Hazel Crest. The vehicle refused to stop, and the pursuit was terminated on County Line Road at KLM.

Vehicle vandalized

The rear window of a vehicle was cracked while it was parked on the street at Minneola Street and Garfield Avenue between 1:30 and 4:45 p.m. Sept. 26.

Arrests do not constitute conviction of a crime, and individuals listed here should be presumed innocent until proven guilty. If charges are dismissed or reduced or the accused is found not guilty, he or she can contact The Hinsdalean at news@thehinsdalean.com to provide us with documentation. Information will be updated online and in the next issue of the paper.

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Hinsdale teen takes steps to reduce plastic waste

Anton Riegger loves just about everything about being outdoors. Everything, that is, except for the plastic waste that litters the forests, lakes and oceans that he so loves to explore.

A few months ago, Riegger decided to get behind a movement to decrease the amount of plastic waste in the environment by taking a pledge to reduce his own use of plastic and encouraging others to do the same.

After taking the No Plastic Drinks pledge himself, Anton signed on as a youth ambassador on the No Plastic Drinks team.

As youth ambassador, Anton joins in on virtual meetings with other team members. Together they brainstorm ideas for how their organization can help people cut down on their use of plastic products.

Started in Florida, No Plastic Drinks is just getting started in its quest to help the environment by reducing the plastic bottles, cups, lids and straws that are used and discarded, often improperly.

"It's swimming in the oceans with the fish," Anton said. He learned that one trash truck full of plastic is dumped in the earth's oceans every minute of every day.

"That's a lot of garbage trucks," he said.

In addition to the world's water, plastic also makes its way into our food supply. Bits of degrading plastic have even been found in all sorts of foods, including fruits and vegetables.

Plastic comes in all sorts of forms and in all kinds of products, but Anton said a huge amount of waste could be eliminated if people simply used reusable metal water bottles. That was one of the first steps he took in reducing his own plastic use.

"It takes more than 500 years for a plastic bag or a plastic water bottle to decay," Anton said. But a metal bottle can be used countless times without adding waste, and a single water pitcher filter can replace up to 1,800 single-use plastic bottles. Anton said these are simple

steps that everyone can take.

The entire Riegger family is behind the movement, Anton said. Mom Barbara also serves as a volunteer with No Plastic Drinks, and the whole Riegger household uses reusable beeswax wraps instead of baggies and plastic wrap and takes reusable bags to the grocery store.

Anton said he had hoped to engage his school and his classmates in his quest to reduce plastic waste, but with classes going virtual, the opportunity waned. Virtual school, however, has had the unintended benefit of reducing his own use of plastic, and likely that of others. Because Anton isn't packing a lunch each day, he's virtually eliminated his use of plastic packaging.

Anton said he's concerned about all kinds of pollution. Plastic pollution is one that he believes he can do something about, one reusable bag and bottle at a time.

— story by Sandy Illian Bosch,
photo by Jim Slonoff



ANTON RIEGGER

EIGHTH-GRADER AT CLARENDON HILLS MIDDLE SCHOOL • MOVED TO HINSDALE ONE YEAR AGO • MIDDLE CHILD OF THREE • LOVES GOLF, SCUBA DIVING AND BEING OUTDOORS

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OPINION

EDITORIAL

Audience comment has no place at end of agenda

We get it, Kevin.

We agree it's inconsiderate — bordering on rude — for citizens to come to Hinsdale High School District 86 Board meetings, complain about something during public comment and leave.

And we know, board President Camden, that you have the authority to set the agenda.

But moving “audience communication” to the very end of school board meetings (item 21.1 on Sept. 24) is a disproportionate response to this discourteous behavior. At best, it reads like punishment for a misbehaving child. At worst it could be interpreted as a strategy to squelch public comment.

Eleven people spoke during public comment at the Sept. 10 meeting. (A rally to re-open schools that took place outside Central right before the meeting might have boosted attendance.) Two weeks later, after Camden said he was moving public comment to the end of the

meeting, no members of the public were there to speak.

This isn't the only restriction that is in place in District 86. The board has allotted a maximum of 30 minutes for public comment at each meeting, and residents must sign in at the beginning of the meeting in order to address the board.

So, at the Sept. 24 meeting, a person who wanted to speak would have had to arrive promptly at 6 p.m. to sign in and then wait more than two hours — until 8:10 p.m. — to speak. It's no surprise the only comment was sent in via email.

Moving forward, we wonder what a resident should do if they want to offer input on a decision the board faces. Do they need to make sure they show up at the meeting two weeks before the vote will be taken, so they can share their thoughts at the end of that meeting?

Certainly public comments that are delivered thoughtfully by informed residents who have

the benefit of listening to board deliberations on a regular basis are always appreciated. And if board members got more than a cursory “Thank you for your service” before having to listen to complaints about the lousy and unfair decisions they are making.

Unfortunately, that is not the world we live in. People seem polarized on almost every issue, from the national level to the local one. Instead of trusting public officials to make the best decisions for everyone involved, many are focused on what they want and demand that public officials' actions align with their desires.

And, like it or not, listening to these folks — not forcing them to sit through a meeting — is the job board members signed up for.

We hope Camden has made his point and will return “audience communication” to the beginning of the agenda, where it belongs. If he's not inclined to do so, we hope his colleagues will help change his mind.

COMMENTARY

It's pumpkin spice season, Charlie Brown

The headline caught my eye immediately.

“Is pumpkin spice good for you?” Who cares? It's delicious.

My level of caring also was low because I received this digital newsletter on Sept. 8, a full 22 days before the Official Start of Pumpkin Spice Season on Oct. 1 (at least as far as I'm concerned).

I know many believe PS season starts much earlier. Perhaps they are the same people who endorse the start of “meteorological fall” on Sept. 1 rather than waiting for the actual autumnal equinox on Sept. 22. Starbucks, for example, released its pumpkin spice latte Aug. 25 — it's earliest release ever, according to delish.com. I am more philosophically aligned with the Facebook poster who wrote, “It's 97 degrees outside. Keep your pumpkin spice away from my margarita.”

(By the way, while searching for that post, I discovered multiple recipes for pumpkin spice margaritas. Not a fan.)

Not only do I avoid pumpkin spice like the plague in August, I find its flavors lack appeal in September as well. September is an apple-cinnamon month, in my mind. Pumpkin is reserved for October and November, with an occasional foray into December, if you happen to encounter a pie at a holiday party.

Anyway, back to the nutritional virtues of the season's most popular flavor. According to the article, pumpkin is an excellent source of vitamin A and fiber and contains some potassium. The author suggests consuming healthy pumpkin spice foods that provide nutrients, such as a whole-grain cereal or yogurt. Other suggestions include adding pumpkin to homemade nut butter (sorry, don't make homemade nut butter), making chia seed pumpkin pudding or adding canned pumpkin to hummus.



Pamela Lannom

None of those sound even remotely appealing.

What does sound good is a Starbucks pumpkin spice latte — if you're willing to give up lunch. A grande with 2-percent milk has 380 calories, 14 grams of fat and 50 grams of sugar. You could probably cut calories and fat grams by choosing skim milk, but the whipped

cream is non-negotiable in my opinion.

I do enjoy some healthier pumpkin spice application, such as adding it to oatmeal. I also love pumpkin ice cream.

My two favorite pumpkin applications are diametrically opposed when it comes to nutritional value. I can't wait to make the whole wheat pumpkin pecan pancakes from skinnytaste.com and the frozen pumpkin mousse with walnut-toffee crunch from Bon Appetit. One offers protein and fiber, the other heavy cream and

toffee bits. (I was chastised for not posting the recipe for Ultimate Ribs after my Sept. 10 column, so both of these recipes will be on our Facebook page today.)

I have no interest in the new pumpkin spice mac and cheese Kraft is releasing in Canada or pumpkin spice hard seltzer. And while I love a nice pumpkin spice candle or pumpkin spice air freshener, I draw the line at pumpkin spice latte deodorant.

There are a host of pumpkin spice items to try this year: pumpkin spice Twinkies, “pumking” whiskey, pumpkin spice baking truffles (in lieu of chocolate chips), pumpkin spice cotton candy, pumpkin spice kettle corn, pumpkin spice hot cocoa mix and pumpkin spice swirl bread.

Whichever you choose, just make sure to eat it all up before you put up the Christmas tree. OK?

— Pamela Lannom is editor of *The Hinsdalean*. Readers can email her at plannom@thehinsdalean.com.

■ I know many believe PS season starts much earlier. Perhaps they are the same people who endorse the start of “meteorological fall” on Sept. 1 rather than waiting for the actual autumnal equinox on Sept. 22.

GUEST COMMENTARY

Your old road is rapidly aging

Bob Dylan once sang about prior generations turning a cynical eye to youth activism.

Fifty-six years later, when recent Hinsdale Central grad Maiwen Amegadjie organized June's peaceful protest against racial oppression, some Hinsdale business owners criticized young protesters claiming the timing was not right and that "nothing good will come out of it."

A quote from Maiwen touched upon that criticism: "... I feel like a lot of people are sheltered and cloistered here. They don't understand the struggles that I have had to cope with here. I'm tired of having to be politically correct, tired about being silent about issues that are important to me. If I don't do it now, when will I ever?" *"Come mothers and fathers, throughout the land, and don't criticize what you can't understand."*

After the Parkland shooting tragedy, high school activist Emma González called out politicians who claimed that no law could have prevented the massacre. The Parkland students encouraged a national "walk out" day protest, which included hundreds of Hinsdale Central and South students demanding gun control legislation.

"The adults we look up to and who are in charge in Congress have failed us," said HC student Laine Williams. "We have to step up and fight for ourselves because they can't instill common sense gun laws."

"Your sons and your daughters, are beyond your command."

Cynics believe that young activists like Greta Thunberg are merely repeating back what adults have told them. A few years back, no guidance was sought from nor given to my child on a fifth-grade writing assignment outlining reasons to support Colin Kaepernick's right to peacefully protest. Now, a recent Washington Post poll shows 56 percent of



Bret Conway

Americans say athletes kneeling during the anthem is an acceptable form of protest.

Contrast that support with this guy's recent opinion tweet (one of many disparaging players who kneel): "We should be standing up straight and tall, ideally with a salute, or a hand on heart. There are other things you can pro-

test, but not our Great American Flag - NO KNEELING!"

My then 10-year-old understood the basis for the protest (versus the method). Public sentiment has shifted to what has been stressed repeatedly by players — that kneeling is not about protesting the flag or military, rather a call to hold the country accountable for racial injustices. Not all agree, as witnessed in the NFL season opener when KC fans booed NFL players uniting (not kneeling) for a "moment of silence dedicated to the ongoing fight for equality in our country." You can connect the dots on why those fans felt emboldened to boo. *"Your old road is rapidly aging. Please get out of the new one if you can't lend your hand."*

Chicago sports radio personality Dan Bernstein mentioned the following on his June 11 show: "There's a fine line between patriotism and nationalism. Nationalism is gross jingoism where patriotism is loving one's country and being able to understand its flaws and wanting to have a constant evolution to fix what's wrong."

Today's youth activists seem to best embody that definition of patriotism. To bring about real change, keep doing what you're doing, young Hinsdaleans, in highlighting problems that make people in power (and the sheltered/cloistered status quo) uncomfortable.

For the times they are a-changin'.

— Bret Conway of Hinsdale is a contributing columnist. Readers can email him at news@thehinsdalean.com.

LETTERS TO THE EDITOR

Fundraiser to prevent sudden cardiac deaths

As junior board members of the just1mike Foundation, we wanted to inform residents about our Facebook fundraiser in October. Just1mike was created to honor Michael Brindley, a Hinsdale Central student, who suffered sudden cardiac death in 2016, playing basketball at just 16 years old.

The mission of just1mike is to raise awareness and survival rates of sudden cardiac arrest in teens and young adults through training, screening and education. Many are unaware sudden cardiac arrest is the No. 1 killer of student athletes. It is also the leading cause of death on campuses and the second leading cause of death of young adults under 25. Sudden cardiac arrest affects 9,500 youths annually in the U.S.

Just1mike has supported Young Hearts for Life high school cardiac screenings where

students receive a free EKG test at school. An EKG can help detect up to 70 percent of hidden heart conditions associated with sudden cardiac death. Over 7,600 students have been given the gift of free EKG testing at local schools, including Hinsdale Central and Hinsdale South, with the support of just1mike.

With COVID-19, the need for screenings and awareness is more important than ever.

October is Sudden Cardiac Awareness month and Michael's birthday month. Michael would have turned 21 on Oct. 7. Please consider a gift of \$21, or whatever you can, to support just1mike's mission.

Visit the following link for the Facebook fundraiser running in October: <https://www.facebook.com/just1mikeb>.

Thank you. — **Luke Marcic, Jackson Mangon and Connor Mangone, Hinsdale**

Re-elect Casten to fight climate change

Rep. Sean Casten is such a breath of fresh air, so to speak, in leading the charge to fight climate change.

As tempting as it might be to believe Jeanne Ives that the climate has been changing for millions of years and that there is time for policy makers to act "in a reasonable manner." NASA, on their website, states that "humans have caused major climate changes to happen already and we have set in motion more changes still."

But it's not all doom and gloom. Sean Casten is the former CEO of a clean energy company and has put forth legislation to invest in the energy infrastructure of tomorrow so that our economy provides great jobs and makes the U.S. the global leader in reducing greenhouse gas emissions profitably. With Rep. Sean Casten's continued leadership, we will be up to the challenge of combating climate change. — **Ellen Vestergaard, Hinsdale**

Former state senator applauds Hinsdalean

There are many reasons we love living in Hinsdale. Among them is The Hinsdalean, which arrives FREE each week on our driveway.

As a former state senator and aide to two governors, I have read many local or nondaily newspapers. None are published with the professionalism,

pride and journalistic love of our hometown paper.

Kudos to Jim, Pam, Ken, Becky and all who contribute to this vital community resource we call The Hinsdalean on winning the highly competitive Illinois Press Association's top honors. — **Kirk Dillard, Hinsdale**

LETTERS POLICY

Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number

- documentation must be provided for numbers, statistics and other facts mentioned in the letter
- no form letters

Submission

- e-mail to news@thehinsdalean.com
- fax to (630) 323-4220
- mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale IL 60521

Questions?

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OBITUARIES

Dr. George Farah

Dr. George Farah, loving father of three, passed away Sept. 17, 2020, in La Jolla, Calif., at the age of 88.

Papa George touched many with his joyful personality and positive outlook on life. His smile lit up a room and his storytelling of traveling adventures captured the attention of many. His motto was "It's a Wonderful World," and he lived that way everyday.

Papa George was born in Beirut, Lebanon, the second of eight children, to Dr. Salim Farah and Alexandra Farah. He attended Jesuit high school at St. Joseph in Beirut and studied medicine at the University of Lyon in France.

After completing medical school, he followed his dreams and traveled to America by boat to be near his sister. With little knowledge of the English language or what lay ahead, he fully embraced the adventure and challenge.

He interned for his medical degree at Saint Clare's Hospital in New York City. During his long career of more than 45 years, he made front page news and served on multiple boards and organizations, including the Chicago City Council, The Arab American Medical Association and Henrotin Hospital. He ended his career at Saint Joseph Hospital in Chicago. Papa George was proud of his medical career and helping patients in need even when they couldn't afford it.

Papa George raised his three children in the

suburbs of Chicago and lived in the area for most of his life. Beyond family, Papa George was an avid tennis player and was very popular at Winnetka's Nielsen Tennis Center. He also loved to paint. Many weekend afternoons he could be found in his backyard painting the watercolors of his traveling adventures around the world.

He always prioritized family and later took an active role in his grandchildren's lives. He never wanted to miss holidays, sporting or school events.

He spent his last years in sunny La Jolla at Casa De Manana. The staff and his friends there gave him a second lease on life. He participated in every program offered, from daily swim classes to knitting with the ladies, and of course he never missed a party or a martini.

Papa George had a big heart and loved his large circle of family and friends.

He is survived by his brother, Elie Salim Farah; his sister, Pierrette Farah Gadala-Maria; his sons, George Farah and James Farah; his daughter Simone "Gigi" Farah Goldman; five grandchildren; and many nieces, nephews and cousins.

A memorial Mass was said Sept. 25 at Mary Star of the Sea in La Jolla, Calif.

In lieu of flowers, memorials may be made to Father Joe's Villages (to help the homeless), 3350 E St., San Diego, CA 92102.

Dr. Paul G. Fredrickson

Paul G. Fredrickson, M.D., 95, formerly of Hinsdale, passed away Sept. 21, 2020.

Paul resided at the Oak Trace Retirement Center and also had lived in Oak Brook, Manitowish Waters, Wis., and Green Valley, Ariz.

Born in Chicago in 1925, he graduated from Hinsdale High School in 1942. He went on to receive his bachelor's from the University of Michigan and his M.D. from the University of Chicago. Paul was in the Navy during World War II and then went on to serve as an Army doctor during the Korean conflict.

After his service, Paul went into practice with



Fredrickson

Dr. Mathias in Hinsdale.

He was preceded in death by his wife of 67 years, Jean I. Fredrickson.

He is survived by his children, Paul (Susan) Fredrickson, Gail (Alan) Edgren, John Fredrickson and Mark (Amy) Fredrickson; his 13 grandchildren; and his 19 great-grandchildren.

A private graveside service was Sept. 28 at Clarendon Hills Cemetery in Darien.

Memorials may be made to the Hinsdale Covenant Church, 412 S. Garfield Ave., Hinsdale, IL 60521.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Dr. William Gordon

William "Bill" Gordon, M.D. 87, a longtime Hinsdale resident, passed away Sept. 13, 2020, in Oak Brook, after a purposeful and adventurous life.

He was born in 1933 in Chicago to William P. Gordon Sr. and Adeline Singer Gordon. He grew up in Beverly alongside his brother, Philip (Jean) Gordon and his sisters, Mary Beth (late John) Dove, Kathy (Steve) Kula and the late Barbara (Philip) Altwater.

He graduated from St. Ignatius High School, St. Louis University and Loyola Medical School. Bill and his longtime friend George Bonertz were partners in medical practice.

As a physician, he was responsible for bringing thousands of children into the world. In his free time, he traveled to 50 states and 60 countries. His companion in these travels was his wife of 54 years, the late Virginia Farmer Gordon.

Their close relationship was a cornerstone of his life, and he was a dedicated caretaker to her



Gordon

in her later life.

His daughter, Anne Gordon Saunders, inherited their love of travel and was fortunate, along with her husband Stewart and children Stanley and Clare, to witness Bill zip-line in Costa Rica when he was 81.

Despite his worldliness, Bill was a proud, life-long Chicagoan.

Bill is also remembered as a beloved uncle to 15 nieces and nephews. A favorite memory is "Uncle Bill" playing Santa to the group every Christmas.

Bill's time serving in the Army, while based in Colorado, spurred a life-long love of skiing. He and Virginia were avid contemporary art collectors. A long-time member of Hinsdale Golf Club, Bill only played golf on days ending in "y."

Due to COVID-19, a memorial will be held in spring 2021.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.



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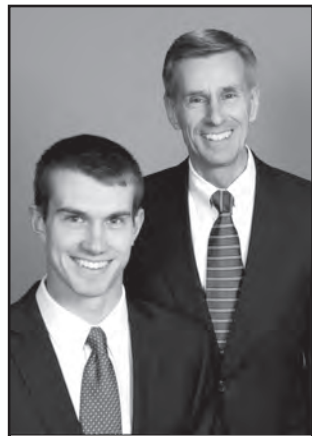


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Brian Powell, Sr.
Brian Powell, Jr.

OBITUARIES

Brian St. Clair

Brian St. Clair of Ottawa, formerly of Hinsdale, passed away unexpectedly Sept. 24, 2020 at Ottawa Hospital at the age of 73.

He was born in 1946 in Hinsdale to Elmer and Amelia St. Clair and graduated from Hinsdale Central High School in 1964.

He married Kathleen Glenn in 1968 at St. Isaac Jogues Catholic Church in Hinsdale. Together they owned the B-Line Trucking Co.



St. Clair

He was preceded in death by his wife, Kathleen; and his siblings, Kenny, Orville and Adrienne St. Clair.

Brian is survived by his children, Sean, Brandon (Dawn) and Neal (Jacqueline) St. Clair; his grandchildren, Jacob, Cassidy, Julia, Lauren, Carson, Brandon and Cameron St. Clair; and his sister, Marlene.

Services are private.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Celeste Gill Stevens

Celeste Gill Stevens, known to her family and countless friends as Candy, passed away at home surrounded by her family on Sept. 21, 2020. She succumbed within weeks to metastatic pancreatic cancer.

The daughter of John J. Gill and Gertrude L. Rheb Gill, Candy was born in 1954 in the Flushing neighborhood of Queens, N.Y., raised in Manhasset, N.Y., and graduated from the local high school. Tall, graceful and lovely, she was a high school cheerleader and editor of the class paper. She majored in psychology at Duke University, where she met her future husband, Bruce, and graduated in December 1975. She and Bruce wed the following month near her home.

Moving to Hinsdale in June of 1979, Candy threw herself into local charitable organizations, including Newcomers, the Hinsdale Humane Society, where she served on the board, the auxiliary of the Katherine Legge Memorial Park and the youth programs at Union Church. In later years, she joined the board of the Anti-Cruelty Society in Chicago.



Stevens

She also discovered the joy and peace of yoga and became a well-beloved teacher to many both on her own and at Yoga Among Friends in Downers Grove.

But Candy's most important and cherished activity was being a wonderful mother to her two children, who she guided into maturity as wonderful adults, and an angel of a wife to her husband. Candy was known to all as

a warm, generous, giving and loving spirit, always eager to listen to, counsel and help all of God's creatures, human or otherwise.

Candy is survived by her husband, Bruce; her sister, Karen G. Meyer; her son, Gill; and her daughter, Cara.

In lieu of flowers, memorials may be made to the Anti-Cruelty Society of Chicago, the National Alliance on Mental Health, Pancreatic Cancer Action Network, The Lustgarten Foundation (for pancreatic cancer research) or Union Church of Hinsdale.

Interment is private.

Sullivan Funeral Home in Hinsdale handled the arrangements.

Anna Burg

Anna Burg, 103, a former longtime resident of Mayslake Village, Oak Brook, passed away September 22, 2020.

Anna was born in Yugoslavia in 1917. She spent many years as a housekeeper for the Catholic priests.

Anna was always working and making beautiful things such as crochet angels, baby blankets and scrubbies for the Mayslake Village Bazaar. However, she was best known for her cookies, which eventually earned her her own "cookie corner" at the bazaar. She was always caring for others. She gave love every day and those who knew her were blessed to have her in their lives.

Anna was preceded in death by her nephew, Nick Bogner.

She is survived by her nephew, Peter (Marilyn) Bogner; and her great-nieces and -nephews, Peter II, Kathryn Bogner and John, Walter, Herbert and Greta Bogner.

A graveside service was held Sept. 25 at St. Joseph Cemetery in Wilmette.

In lieu of flowers, memorials may be made to Amita Alexian Brothers Hospice, Attn: Joanne Retondo, 901 Martha Ct., Elk Grove Village, IL 60007.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Diana K. Somrek

Diana K. Somrek, 72, of Burr Ridge passed away at her home with her family at her side Sept. 14, 2020.

Diana taught in Gower Elementary District 62 for 32 years. She was the fond third-grade teacher of more than 900 students, many of whom still kept in touch with her. She was well respected not only by her students and their parents but also enjoyed a warm relationship with her colleagues and many friends. After retirement in 2003, Diana continued to teach


and enrich students through tutoring. She will be missed.

She is survived by her husband, Robert; her son, John; and her sister-in-law, Joanne.

A memorial service to celebrate her life will be held in the late spring/early summer.

Memorials may be made online to the Alzheimer's Association at <https://www.alz.org/donate>.

Adolf Funeral Home and Cremation Services in Willowbrook handled the arrangements.




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AGENT PROFILE

ANN REIDY SMITH, COUNTY LINE PROPERTIES

Hinsdale has always been home to Ann Reidy Smith. As a real estate broker, she's made a career of helping others make the village their home, too.

"I love the community and I've always wanted other people to feel the same way about it," Smith said.

A lot has changed since she began selling homes in Hinsdale, she noted. But in the decades since she sold that first house, at least two things have remained the same.

"It all comes down to relationships and trust. That has not changed," Smith said.

Building relationships with customers and building their trust remain at the heart of Smith's career as a Realtor. She said it's not her job to sell houses, but to help each buyer find the perfect home for themselves and their family.

As a broker with County Line Properties, Smith said she prefers to work with a small number of clients, taking care to help each one find the right home. By concentrating her efforts in her hometown, Smith said her familiarity and knowledge are

valuable tools for her and her clients. After decades spent growing up, going to school, working and raising a family in the village, Smith knows neighborhoods and houses, inside and out. She can help those new to town find a dry cleaner, a contractor or even steer them toward a babysitter or dentist.

The County Line Home Design Center also is a valuable resource for those new to Hinsdale. Located next door to the real estate office at 110 S. Washington St., the design center pools the talents of more than a dozen carpenters, designers, artists and others in the home improvement industry, giving customers a one-stop shop for ideas, information and expert advice.

Smith said today's buyers are looking for homes that fit their current needs. A place for children to take online classes and for parents to work from home are the new must-haves for many buyers, Smith said. Outdoor areas where homeowners can safely escape the confines of the house also are important to today's buyers.

Smith said sellers who want

to make improvements on their homes prior to going on the market need to get busy. Home improvement professionals are in high demand, and homeowners might need to wait to have work done.

"Get on the list now," she said. "There's no time like the present to start getting stuff done."

With interest rates so low, Smith said it's a good time not only to shop for a new house, but to consider a refinance. That extra money can help homeowners make changes that will make their homes more enjoyable, and one day, sellable.

The market traditionally slows as the weather turns colder, but that doesn't mean that houses won't sell. For those planning to sell this winter, Smith suggests taking pictures now, while the fall colors are showing and the flower beds are still in bloom. That picture on the website makes an important first impression, she said, and a home's curb appeal might be easier to see before the snow begins to fall.

— by Sandy Illian Bosch



Ann Reidy Smith has spent a lifetime living in the town she loves. As a real estate agent, she helps new homeowners see why they should love it, too. (Jim Slonoff photo)

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GOOD NEWS

ELM SCHOOL EARNS BLUE RIBBON

Elm School has been recognized as a 2020 National Blue Ribbon School, the highest award given by the U.S. Department of Education.

The coveted award affirms the hard work of educators, families and communities in creating safe and welcoming schools where students master challenging and engaging content. Elm was nominated as an Exemplary High Performing School, meaning it is among the state's highest performing schools and also has very high performance in smaller sub-groups of students.

"Elm is a family — there is a genuine warmth, sincerity and love amongst students, parents, staff, and community members," Principal Sara Olson said. "When you enter the school, there is always someone there to greet you with a smile or helping hand. I am so proud of the dedication of our staff and students who led us to receive this great honor and feel privileged to

serve as Elm's principal."

Superintendent Hector Garcia said he is thrilled by the well-deserved recognition.

"The learning environment at Elm provides students with a premier educational experience," he said. "The entire Elm community is deeply engaged and committed to the success of our students. This award is a testament to that dedication."

In a newer process, the state selects Blue Ribbon Schools and does not seek applications for the honor. Instead, the U.S. Department of Education requests nominations from the top education official in every state. Elm joins other National Blue Ribbon Schools in District 181 — Clarendon Hills and Hinsdale middle schools and Monroe, Madison, Oak, and The Lane schools.

The announcement was made Sept. 24. Typically, a recognition ceremony would be held in Washington, D.C. but due to COVID-19 restrictions the ceremony will be held virtually Nov. 12 and 13.

Elm will host a celebration week in mid-October.



Edward and Violet Broschka

Edward and Violet Broschka of Hinsdale celebrated their 70th wedding anniversary Sept. 30.

They were married in 1950 at Brookfield Baptist Church. They moved to Hinsdale in 1951 and have been residents of the village since.

Edward served as a private first class in the U.S. Air Force during World War II. He then worked as front office clerk at the La Grange

Post Office and as a professional wedding photographer.

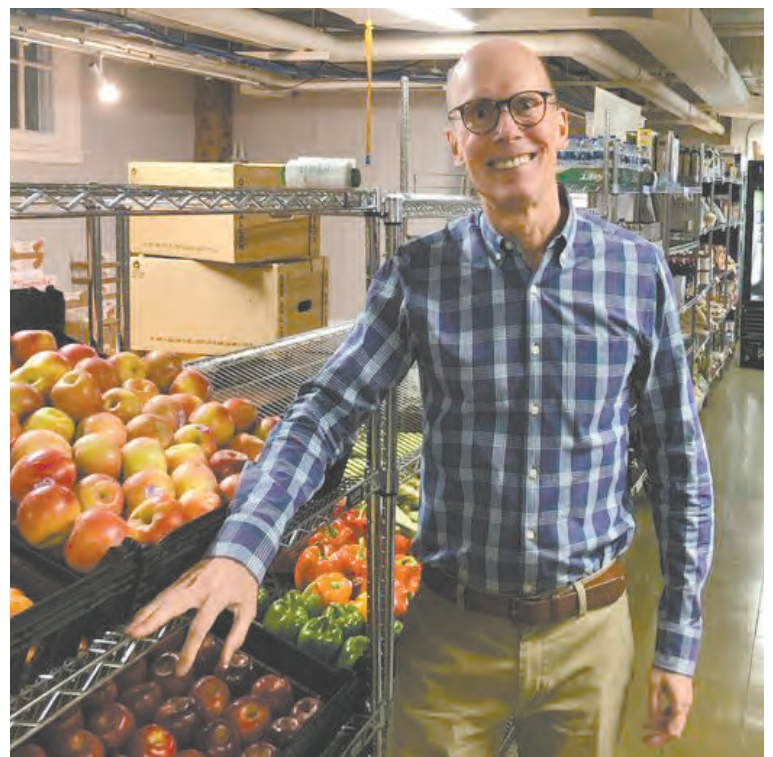
Violet assisted him in their business and was a homemaker.

Edward and Violet are members of the Western Spring Baptist Church. They have three children, Greg (Betsy), Gwen (Jim) Phillip and John (Valerie), eight grandchildren and nine great-grandchildren.

Thank You STAN COOK!

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2017-2020**

Board Member 2016-2017



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The HCS Family Services Board of Directors



Last April, the 12th annual Walk the Walk raised more than \$65,000 to benefit The Counseling Center at The Community House. Organizers hope this year's virtual walk will raise significant funds — and spur people to have a conversation about mental health. (file photo)

Walk the Walk focuses on mental health

TCH event has two goals: start a conversation, raise funds for counseling department

By Pamela Lannom

plannom@thehinsdalean.com

When the COVID-19 pandemic hit in March, it was clear The Community House's annual spring fundraiser would not take place in April.

What wasn't clear was whether the Walk the Walk for Mental Health would take place at all in 2020, said Dan Janowick, executive director of The Community House. But then, months passed and the realization set in that the fall would not bring a return to business as usual.

"I think that's when we started to hear over and over again the theme of people talking about mental health," Janowick said.

Organizers decided they didn't want to wait until next spring.

"This isn't the right year to skip it," he said. "We really do need to have it."

The 13th annual walk has been rescheduled for Saturday and Sunday, Oct. 24 and 25. The theme this year is "Start a conversation."

"I'd say the main message is that everyone should be thinking about their own mental wellness and what can they do for themselves and also what can they do to check

in on family members," Janowick said. "Reminding people they are not alone is really important. It's important any time, but everything is magnified with the unknowns of COVID."

The uncertainty created by the pandemic, coupled with a change in daily routines, creates stress, said Bob Agnoli, director of mental health services at The Community House. The best thing to do is acknowledge that and talk about it, he advised.

"It's easy to minimize it, and it's good that we can count our blessings and say, 'I have a place to live' or 'My job is OK,'" he said. "It doesn't negate the fact that we are under a tremendous amount of stress and the people around us are under a tremendous amount of stress."

Feelings of anxiety and helplessness are common among many clients served by The Counseling Center at The Community House, Agnoli related. Counselors have been able to resume in-person meetings with about 70 percent of clients, with another 30 percent continuing with Zoom or telehealth sessions. Acknowledging those feelings and finding strategies to cope with them is important.

"We can't live in isolation. We need others to connect with as a healthy way of managing the stress levels," Agnoli said.

The walk is not only an opportunity to start a conversation but a chance to financially support the work of The Counseling Center.

"All funds will be used to provide access to people who don't have insurance or don't have enough insurance to get mental health services at The Community House," Janowick said. "Seven out of every 10 clients we see is seeing us on a sliding scale."

Walk co-chair Jennifer Lawrence (working with Sarah Charles) knows the importance of having access to mental health professionals firsthand. Her son attempted suicide a little more than two years ago, the day after he completed seventh grade. And she knows her family is not alone.

"Everyone knows someone who is struggling through mental illness or depression or who has committed or thought about committing suicide," she said. "Everyone is affected in one way or another."

"It is so important to have the money come in to support these kids, to support these families that need us in our community," she

added. "This is so important to me and my family. I don't want any family to go through what we went through."

How wonderful it would be, she said, if Hinsdale Central students who couldn't get in to see their counselors or needed more support could just walk over to The Community House and get the help they need.

"That is my goal," she said. "That would be amazing, just to have counselors available if you don't have the money or you can't talk to your family."

Registration for the walk is open at <https://thecommunityhouse.org/walkthewalk2020/>.

Participants can register and walk a 5K in their own safe and socially distant way before Oct. 25. They also are encouraged to support merchants in the central business district that weekend and visit The Community House's table for giveaways and some socially distant camaraderie.

"The fact that we as a community can still maintain that connectedness with each other is really important," Agnoli said.

Registration is \$35. Walkers can sign up as individuals or fundraise as a team.

PULSE

COVID 19 DRIVES

■ HCS Junior Board Online Food Drive

Ongoing
19 E. Chicago Ave.,
Hinsdale
<https://www.hcsfamilyservices.org>

The HCS Family Services Jr. Board is sponsoring this food drive to help stock the shelves at the agency's food pantry. Needed items are peanut butter, rice, pasta, pasta sauce, cereal, pancake mix, tuna fish, canned chicken, canned fruit, canned vegetables, household cleaning supplies, toilet paper, paper towels, diapers and bath soaps. Shop online with delivery to the address listed above or drop items off in the red bin outside the door (bin emptied daily).

FAITH COMMUNITIES

■ Estate sale

Oct. 9-10
Grace Episcopal Church
The church is accepting donations of indoor and outdoor furniture, household items, lamps, art, glassware, jewelry and more for this event. Movers are available for large items (three or more pieces); a tax donation letter will be provided. Email jerilynnsmith@outlook.com regarding donations or questions.

FAMILY FUN

■ Virtual Monarch 2021 Read Aloud

Oct. 15
(630) 986-1976
<https://www.hinsdalelibrary.info>

Librarians will read Monarch nominees over Zoom. Read along by reserving a print copy at the library or download on Hoopla or Libby/Overdrive. The books for October are "Can I Be Your Dog?" by Troy Cummings, "The Good Egg" by Jory John, "Be Kind" by Pat Zietlow Miller and "If Sharks Disappeared" by Lily Williams. Include an email address when registering to receive an online meeting invitation. Time: 4 to 4:35 p.m. RR

■ Virtual Balloon Animal Making

Mondays
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Professional balloon artist Gary Kantor introduces a

45-minute online class that teaches children the techniques needed to take plain balloons and transform them into incredible balloon animals (like dogs, butterflies, fish, etc.). By watching these online videos, children will create their own balloon animals, with Gary walking them through each step in the process. And this class isn't just for the kids; parents will have a blast if they join the experience. Sign up for multiple days since each session makes different animals. Ideal class age is 7 or older. (Note: you will need your own balloons and balloon pump. The pump and balloons cost about \$13, and places to purchase them will be provided to registrants.) Attend class at your leisure. Links to password protected videos available upon registration. Time: noon to 12:45 p.m. Cost: \$13. RR

FOR A CAUSE

■ Queen of Hearts drawing

Tuesdays ongoing
<https://www.hinsdalehumanesociety.org/events/queen-of-hearts>

The Tuthill Family Pet Rescue and Resource Center will hold its first Queen of Hearts raffle next week. Participants are able to purchase tickets for the raffle and then watch Hinsdale Humane Society's Instagram and Facebook pages for the weekly live drawing of the winner. More information, rules and regulations can be found on the website listed above. Time: 4:05 p.m. Cost: \$5 per ticket (good for one week).

GREAT OUTDOORS

■ Life Under a Log

Oct. 9
Little Red Schoolhouse Nature Center
9800 Willow Springs Road, Willow Springs
(708) 839-6897
<https://www.fpdcc.com>

Join a naturalist to investigate the many types of organisms that live underneath decaying logs. Participants are required to wear masks and practice physical distancing. Time: 11 a.m. to noon. RR

■ What Oak is This?

Oct. 11
Sagawau Environmental Learning Center
12545 W. 111th St., Lemont

(630) 257-2045

<https://www.fpdcc.com>

Learn to identify oak trees by looking at clues from leaves, barks, acorns and more. Participants are required to wear masks and practice social distancing. Time: 1 p.m. RR

HEALTH & WELLNESS

■ Fit4Mom/Stroller Strides

Tuesdays & Thursdays
Robbins Park
Seventh and Vine streets, Hinsdale
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Taught by certified fitness instructors (who are also moms), these are great workouts for any level of exerciser. Instructors weave songs and activities into the routine in order to engage and entertain baby, so mom is able to enjoy her 60 minute workout. The Tuesday focus is Stroller Strides — power walking/jogging and intervals of strength and body toning using exercise tubing, the stroller and the environment. The Thursday focus is Stroller Barre — a unique blend of ballet, Pilates, barre, yoga and stroller-based exercise designed to help moms build strength and muscle tone and improve posture. Time: 11 a.m. to noon. Cost: \$75 for a five-punch pass.

HELP WANTED

■ Park Clean-up Day

Oct. 2
Hinsdale parks
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Residents of all ages, Scout groups, churches, businesses and service organizations are invited to give back to the community by helping beautify Hinsdale parks through planting, debris removal and more. Plant donations are welcome, too. Groups are welcome to request a specific park to work on. Time: 4 p.m. to dusk. RR

JUST FOR KIDS

■ Red Cross Classes

Oct. 3
Clarendon Hills Community Center
315 Chicago Ave.
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Please turn to Page 22

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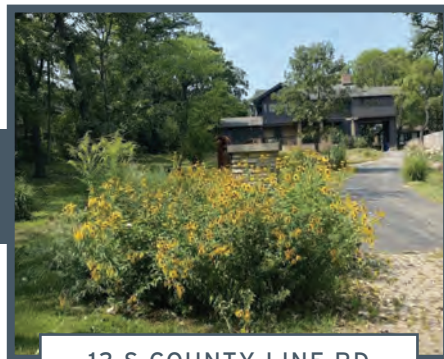
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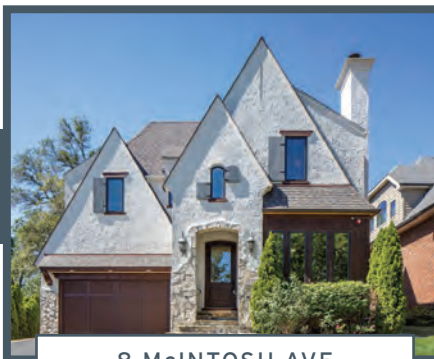
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 \$1,399,000 | 8McIntosh.info
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 \$650,000 | 413Justina.info
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COVID-19 vs. flu: How to tell them apart

Influenza viruses become widespread each year beginning as early as mid-fall and running as late as mid-spring. This coming year's influenza season will also compete with COVID-19.

The virus that causes COVID-19, SARS-2-CoV, can cause symptoms that are similar to influenza: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headaches, sore throat, congestion or runny nose, nausea or vomiting and diarrhea.

So how can someone tell the difference between influenza and COVID-19?

The short answer is to test for influenza virus and for SARS-2-CoV virus. The long answer is that it depends on how much virus is circulating in the community and other risk factors.

Influenza is more likely when there is a lot of influenza circulating in the community. For example, during March 2020, influenza would have been more likely because there were a lot more people infected with that

virus than COVID-19. On the other hand, in April and May 2020, there were few to no patients with influenza and a lot more people infected with COVID-19.

What are some characteristics of each virus?

- Symptoms. The influenza virus can create mild to severe symptoms. COVID-19 can be asymptomatic, mild or have severe symptoms.

- Contagious period. Influenza virus can be contagious a day prior to symptoms and last a few days on average. SARS-2-CoV virus can be contagious two days prior to symptoms and last until 10 days after the onset of symptoms. Asymptomatic individuals can transmit infectious virus for no more than 10 days.

- Complications. Risk for severe COVID-19 infection is higher for adults, rising with age, obesity and chronic medical conditions. Pregnancy is also a risk factor for



Dr. Jonathan Pinsky
Healthbeat

severe influenza infection. Unlike influenza, COVID-19 infection can trigger inflammation in the lungs days later.

- Testing. This year everyone who is sick needs to be tested. Without a test, there is no way to tell if it is influenza virus, another respiratory virus or COVID-19.

- Recovery. Influenza patients may recover at home and go back to work or school as soon as they have no fever for one day. COVID-19 patients need to stay in isolation for 10 days, and all their close contacts need to stay in quarantine for 14 days.

- Vaccine. There are multiple FDA-licensed influenza vaccines produced annually to protect against the three or four flu viruses that circulated in the previous year. This year is more important than any other year to get the influenza vaccine.

While people can still get the flu if they are vaccinated, during most

years it provides at least 70 percent protection from getting the flu.

The Centers for Disease Control and Prevention recommends that all people 6 months and older get a yearly flu vaccine. September and October are good times to get vaccinated. However, as long as influenza viruses are circulating, it's still worth it to get vaccinated, even in January or later.

COVID-19 vaccines are still being developed. Until they are widely available, most people have no immunity to the virus. The only defense is keeping away from others who are infected.

If everyone does the right things to keep COVID-19 away — by wearing masks, washing their hands and keeping physically distant — they might not have to get sick from influenza either.

— Dr. Jonathan Pinsky is medical director of infection control and prevention at Edward Hospital in Naperville.

■ This year everyone who is sick needs to be tested. Without a test, there is no way to tell if it is influenza virus, another respiratory virus or COVID-19.



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PULSE

Continued from Page 18

dale.org/pr

Children ages 6-10 will learn the importance of behaving responsibly and how to handle themselves when confronted with a challenge, such as answering the telephone or the door when parents are away or occupied elsewhere in the home, and what to do in case of an emergency, through the Safe at Home and First Aid for Kids courses. A workbook is included. Times: 10 to 11:30 a.m. for Safe at Home, noon to 1:30 p.m. for First Aid for Kids. Cost: \$30 per session, \$56 for both. RR

■ Virtual Next Chapter Social Club: Kahoot!

Oct. 8
(630) 986-1976
<https://www.hinsdalelibrary.info>

Participants will use the popular Kahoot! app to answer trivia questions about popular movies, including Disney, Harry Potter and Percy Jackson. This program is a social gathering opportunity for individuals 16 and up with developmental disabilities. Time: 6:30 to 7:30 p.m. RR

LISTEN & LEARN

■ Building Positive Connections with Children webinar

Oct. 15
The Hope for Children ministry at Christian Church of Clarendon Hills is sponsoring this free event. Karen Anderson, parent trainer for Safe Families for Children and director of the Lydia Counseling Center, will lead this presentation to equip and support Safe Family volunteers and others who care for children, such as parents, grandparents and children's ministry volunteers. To register, visit <https://register.gotowebinar.com/register/823065127388196109> or contact Cindy Lilburn at cwldy@att.net. Time: 7 to 8:30 p.m. RR

RUNS & WALKS

■ Rotary Run Charity Classic

Through Oct 4
<https://www.runsignup.com/Race/IL/Hinsdale/RotaryRunCharityClassic>
The annual Rotary Run Charity Classic is going virtual this year to support community and local charities.

Participants are invited to do runs of 10, five or three kilometers or walks of five or three kilometers, along with a "Mutt Strut," and are encouraged to raise donations. The Grand Marshal for the event is District 181 Superintendent Hector Garcia, and participants receive an event T-shirt. Proceeds will benefit local charities including The Community House, District 181 Foundation, Hinsdale Hospital Foundation, Rotary Club of Hinsdale Foundation and Ray Graham Association-Hanson Center. Participants should complete their run/walk by Oct. 4; in-person registration is available at The Community House from 10 a.m. to 2 p.m. Oct. 3 and 4. Registration: \$25 for individuals, \$90 for family. RR

■ A Walk to Remember

Oct. 10
<http://www.EEHealth.org/walktoremember>

SHARE, a support group at Edward Hospital and Elmhurst Hospital for those who have experienced a miscarriage, ectopic pregnancy, stillbirth or neonatal death, will hold its 16th annual walk fundraiser virtually. The event includes an online memorial service featuring music, poetry and a reading of baby names, as well as photos of walk participants submitted via email and in the exclusive Facebook group. Participants are encouraged to walk their chosen route on or around Oct. 10 and are also invited to create their own web page to share their personal journey and ask for supporters. Proceeds will help fund counseling services, bereavement training and education, and the Wings of Hope Angel Garden at Edward Hospital. RR

■ Healthy Driven Take a Hike! Challenge

Through Nov. 9
<https://www.eehealth.org/healthy-driven/take-a-hike/>
Edward-Elmhurst Health invites people to get outside and stay healthy with weekly hiking challenges and tips. The Take a Hike! Challenge web page includes an interactive map highlighting popular trails in the western suburbs and beyond to help find the perfect trail for one's ability level and location. Participants who post photos from their hikes on Facebook or Instagram (instructions

provided on the landing page) will be entered into a weekly raffle for outdoor games.

SEASONAL SERIES

■ Farmer's Market

Mondays through Oct. 26
Burlington Park
30 E. Chicago Ave., Hinsdale
<http://www.hinsdalechamber.com/pages/FarmersMarket>
(630) 323-3952

The 44th annual market, sponsored by the Hinsdale Chamber of Commerce, will feature vendors of fruits and vegetables, eggs, honey, cheeses, meats and poultry, jams and more. Hours: 7 a.m. to 1 p.m.

SIGN UP NOW

■ After Dark: Trivia Night

Oct. 2
(630) 986-1976
<https://www.hinsdalelibrary.info>

Gather a team for this online version of The Friends of the Hinsdale Public Library's annual trivia event. Indicate the team captain when registering, and put the names of the 6-10 team members in the "Notes" field. The event is limited to 10-12 teams. Prizes will be awarded to first-, second- and third-place teams. Time: 7 to 9 p.m. RR

■ Vote Smart!

Oct. 21
<https://www.hinsdalelibrary.info>
(630) 986-1976

Prepare yourself with the facts this November by knowing where to go to find trustworthy information on local and national candidates in this virtual event sponsored by the Hinsdale Public Library. Learn how to identify unbiased sources, when to be wary, how to find reliable polling information, and where to go for trusted sources of voter information. Please include an email address when registering to receive an online meeting invitation. Time: 7 to 8 p.m.

STEPPING BACK

■ Harriet Tubman and the Combahee River Raid

Oct. 8
<https://www.fdmuseum.org>
Author and African

Please turn to Page 26



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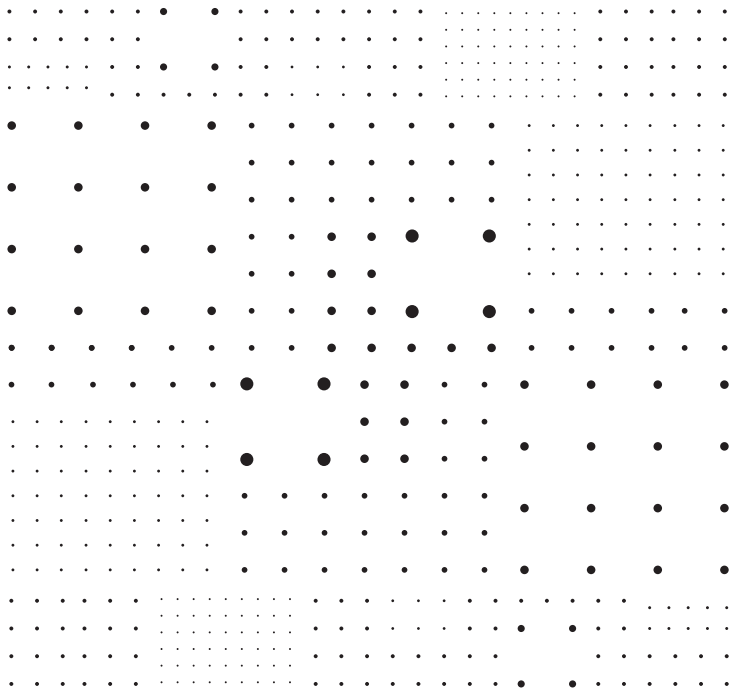
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Pet pic of the week

Aldo is a sweet and handsome boy who is looking for his forever home, with kids age 10 and older. He's an active 1-year-old who knows lots of tricks and will show you them for treats. The Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center is currently closed to the public, but anyone who is interested in adopting a pet can fill out an online application at <https://www.hinsdalehumanesociety.org> and then call (630) 323-5630 for an interview. Temporary adoption hours are noon to 6 p.m. Tuesday through Friday and 10 a.m. to 4 p.m. Saturday and Sunday. (photo provided)



Continued from Page 22

American historian Edda Fields-Black will discuss Harriet Tubman's Civil War service with the U.S. Army Department of the South and, as a commander, her role in helping free 756 slaves from low-country rice plantations in the June 1863 Combahee River Raid. This virtual Date With History lecture will shed new light on a mostly untold chapter in Tubman's life. Fields-Black is an associate history professor at Carnegie Mellon University. Time: 7 to 8:15 p.m. RR

TEENS & TWEENS

■ **Madden 21 League (Xbox One)**
Mondays & Wednesdays, Oct. 12-Nov. 18
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Dust off that remote and show off some skills on the virtual gridiron. This league for ages 12 to 16 will consist of a minimum of six teams with a max of 16. Participants will be

scheduled to play two games every week against different opponents. All communication will be done via Discord. An e-mail link to Discord and a full rules list will be sent to the e-mail on file after registration. Time: 7 to 9 p.m. Cost: \$5. RR

WEE ONES

■ **Young Rembrandts Art Class**
Saturdays, Oct. 3-24
Westmont Community Center
75 E. Richmond St.
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Kids ages 3-4 will use a step-by-step method of shapes and lines to create impressive and frame-worthy drawings of their favorite pets. Students will use colored pencils, Sharpies and markers to bring the animals to life. 11 a.m. to noon. Cost: \$48. RR

Key
RR - registration required
MD - member discount

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*Source: MRED LLC.com Data represents the average over the past 4 months. All information deemed reliable, but not guaranteed.

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FALLAPALOOZA

■ Pumpkin Decorating

Oct. 3
Zook Studio at KLM
5901 S. County Line Road,
Hinsdale
<https://www.hinsdalehistory.org/programs-and-events>

Pumpkins, decorating supplies and refreshments will be provided during this outdoor program. Then, participants are invited to join in a Zook/Halloween themed scavenger hunt. Please register by Oct. 2. Time: 11 a.m. to 1 p.m. Cost: \$10 per pumpkin. RR, MD

■ Fall Color 5K Run and Walk

Oct. 3 & 4
Morton Arboretum
4100 Route 53, Lisle
(630) 968-0074
<https://www.mortonarb.org>

Run or walk a socially distant course on the arboretum's vehicle-free East Side roads. Runners will start in groups of 25 every 15 minutes. Masks will be required in the core race area and every building. A virtual 5K is available as well. Time: 7 a.m. to 1 p.m. Cost: \$42, including a T-shirt and arboretum admission. RR, MD

■ Chef Susan Maddox Autumn Harvest

Oct. 6
<https://www.hinsdalelibrary.info>
(630) 986-1976

Join Chef Susan Maddox as she demonstrates a three-course autumn harvest meal in this virtual event. Please include an email address when registering to receive an online meeting invitation and recipes. Time: 7 to 8:30 p.m. RR

■ Fall Colors

Oct. 8
<https://www.fpdcc.com>
(847) 824-8360

Learn the science behind fall colors during this Facebook Live event from the River Trail Nature Center. Time: 2 p.m.

■ Woodland Family Hike

Oct. 10-11 & 17-18
Morton Arboretum
4100 Route 53, Lisle
(630) 719-2468
<https://www.mortonarb.org>

Families with children 4 and older can enjoy a fall color hike around Meadow Lake. Learn how plants transform during the fall and take home a colorful memento of a special time among the trees. Hikes begin and end in the Children's Garden. Strollers are welcome.

Times: 11 a.m. to noon or 2 to 3 p.m. Cost: \$17, including arboretum admission. RR, MD

■ Virtual Glass Pumpkin Patch

Oct. 14-18
<https://www.mortonarb.org>
The Morton Arboretum's 10th annual Glass Pumpkin Patch has been adapted to an online format due to large gathering restrictions in Illinois. A stunning array of handblown glass pumpkins

will be available for purchase online, with in-person pick up at the arboretum. A link to the sale will be available on the website on Oct. 14.

■ Fall Family Fest

Oct. 17
KLM
5901 S. County Line Road,
Hinsdale
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Stop by to pick up a free Fall Fest goodie bag containing crafts, items from sponsors and a pumpkin. Have your photo taken by The Hinsdalean's Jim Slonoff and enter the costume contest sponsored by the Hinsdale Chamber of Commerce. Then head downtown for trick-or-treating with participating retailers. Reservations are required for KLM. Time: 11 a.m. to 2 p.m. RR

■ Virtual Halloween Party

Oct. 27
<https://www.hinsdalelibrary.info>
(630) 986-1976

Join the library for this virtual Halloween party. Pick up a Halloween craft bag during the week of Oct. 26. Please include an email address when registering to receive an online meeting invitation. Time: 10 to 10:30 a.m.

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Hinsdale Fall Family Fest

Saturday, October 17 | 11-2pm
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Visit the Village of Hinsdale website for full event details and to make a reservation.

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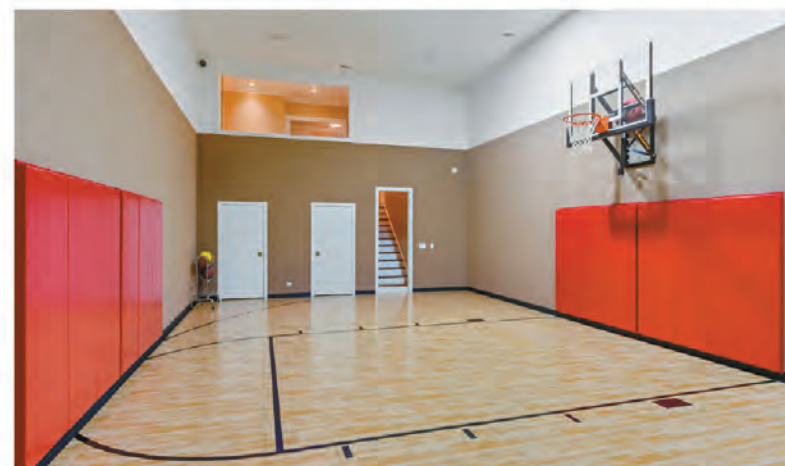


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-MaryJo & Jim, Sold in Hinsdale, Purchased in Burr Ridge Savoy Club

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REAL ESTATE SALES

Deeds for the following properties in Hinsdale and Golfview Hills were recorded in DuPage County from Aug. 24 to Sept. 18.

1. 110 The Lane, Chicago Title Land Trust Co. to Mark and Hannah Koczka, Aug. 24, \$400,000

2. 1105 Chanticleer Lane, MaryAnn Mueller to Ronald and Anthony Trzos, Aug. 24, \$222,000

3. 106 Chanticleer Lane, Rawya Talhamy Pang Trust to Stephanie J. Yuskis Trust, Aug. 24, \$348,000

4. 413 N. Quincy St., Marina Gomopoulos Trust to Keith and Carol Tafoya Revocable Inter Vivos trusts, Aug. 24, \$1,035,000

5. 5627 Oak St., Charles and Mary Alex to Zeina and Omar Barakat, Aug. 25, \$2,050,000

6. 936 S. Quincy St., Randal Chao to Aslam Khaja and Neelofer Shafi, Aug. 26, \$1,165,000

7. 537 N. Vine St., Everbrite LLC Series A to Anne Burkhart, Aug. 26, \$460,000

8. 222 E. Third St., Sean and Sara Broihier to Jameson S. and Kristine L. Weck revocable trusts, Aug. 26, \$2,500,000

9. 108 N. Garfield Ave., Kenneth Cunningham and Ginger Petroff to Kelly C. Schueler 2003 Trust, Aug. 26, \$675,000

10. 545 N. Washington St., Brian and Stacey Boyle to Dana and Michael Lane, Aug. 27, \$1,515,000

11. 136 N. Stough St., Wesley and Renee Carder to Lucas and Michelle Micheline, Aug. 31, \$790,000

12. 609 N. Grant St., Laura and Richard Distler to Mary and Timothy Rooney, Sept. 1, \$635,000

13. 415 S. Adams St., Joan and Martin Dorow to Andrew and Jennifer Siepker, Sept. 1, \$1,500,000

14. 722 S. Park Ave., 719 S. Park Ave. LLC to Chicago Title Land Trust Co., Sept. 2, \$1,700,000

15. 549 N. Elm St., 4 Winn Construction Inc. to Alexandra and Matthew Nabavian, Sept. 2, \$1,650,000

16. 640 S. Monroe St., Robert and Ann Corvino to Kevin Cairns and Sandra Trinh, Sept. 2, \$1,250,000

17. 844 S. Garfield Ave., Thomas J. Driscoll

Declaration Trust and Susan M. Driscoll 2014 Declaration Trust to Carolyn and James Jerabek, Sept. 2, \$2,400,000

18. 130 E. Third St., Kimberly Arquila to Suzanne Svendsen and Ken Kosman, Sept. 3, \$2,335,000

19. 115 W. 59th St., Teds Builders Inc. to Ken Liu, Sept. 3, \$1,800,000

20. 14 S. Thurlow St., Jeffrey A. and Rochelle L. Albert trusts to Kathryn D. Maul Trust Agreement, Sept. 3, \$1,050,000

21. 226 W. Ninth St., Heather Messina Revocable Trust to Chicago Title Land Trust Co., Sept. 3, \$2,350,000

22. 802 Chanticleer Lane, Kathi Kelleher and the Kovach Trust to Kate Kropf, Sept. 3, \$260,000

23. 1304 Chanticleer Lane, John Enright to Amy Hoffman, Sept. 4, \$240,000

24. 8 Salt Creek Lane, 8 Salt Creek Campus LLC to Hinsdale 8 Medical Properties LLC, Sept. 4, \$16,000,000

25. 12 Salt Creek Lane, Salt Creek Campus LLC to Hinsdale 12 Medical Properties LLC, Sept. 4, \$19,700,000

26. 907 Elm St., Salt Creek Campus LLC to Hinsdale 907 Medical Properties LLC, Sept. 4, \$6,400,000

27. 901 Elm St., Salt Creek Campus LLC to Hinsdale 901 Medical Properties LLC, Sept. 4, \$8,800,000

28. 943 Allmen Ave., Leo and Jacqueline Sterk to Rawya Talhamy and Rene Schuurman, Sept. 9, \$732,000

29. 808 S. Garfield Ave., William P. Carmichael Trust and Kathryn Carmichael to Lance and Sarah Lauderdale, Sept. 9, \$827,500

30. 208 E. Eighth St., Frederick and Karen Henderson to Incobrasa Industries Ltd., Sept. 9, \$4,550,000

31. 5540 S. Stough St., Laurie D. Gallo Revocable Trust to Michael and Andrea Lodermeier, Sept. 10, \$875,000

32. 310 Radcliffe Way, Phyllis Harmet, David Harmet and the Harold H. Harmet Trust to Samara and William Cotter, Sept. 10, \$725,000

33. 628 Chestnut St.,

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REAL ESTATE SALES

Continued from Page 32

Craig Stear to Patrick and Kiley Duffy, Sept. 10, \$445,000

34. 5834 S. Grant St., Sarah Higgins to Elias and Argiana Danos, Sept. 10, \$2,040,000

35. 218 W. Ninth St., Michael and Jennifer Gambla to Robert and Lauren Lange, Sept. 10, \$800,000

36. 612 S. Garfield Ave., Jenna V. Julian 2010 Living Trust and Kenneth Julian to Julia and Nicholas Ruge, Sept. 11, \$800,000

37. 1401 Burr Oak Road, Chicago Title Land Trust Co. to N/A, Sept. 14, \$350,000

38. 317 E. Walnut St., Christopher and Gretchen Barnard to Brian and Kristin Fordon, Sept. 15, \$565,000

39. 400 W. Hickory St., Kristen Cunningham to Jason and Rebecca Kanter, Sept. 15, \$1,080,000

40. 201 Chanticleer Lane, Chrisanthus Thomas to Nicole Larocco, Sept. 15, \$238,000

41. 404 N. Vine St., Lauri E. Teagan Revocable Trust to Eric Bowles and Marta Cyhan, Sept. 15, \$1,290,000

42. 606 S. Thurlow St., Donna Lukas Revocable

Living Trust to Matthew and Jamie Getz, Sept. 15, \$855,000

43. 418 S. Stough St., Joseph and Sophia Foley to Kim and Chris Stephens, Sept. 15, \$800,000

44. 140 S. Clay St., Richard Wallach and Margaret T. Wallach Living Trust to Kathleen and Michael Schmiede, Sept. 26, \$945,000

45. 524 N. Garfield Ave., Patrick T. and Cheryl V. Makris trusts to William Brown, Sept. 16, \$830,000

46. 5522 S. Elm St., Kevin and Patricia Donlevy to Hui Zou and Qun Zang, Sept. 17, \$930,000

47. 1140 Old Mill Road, Gregory R. and Christine C. Radecki trusts to Chicago Title Land Trust Co., Sept. 17, \$300,000

48. 561 Walker Road, Jeffrey and Toulia Berti to James and Tiffani Hutchens, Sept. 18, \$2,125,000

49. 720 S. County Line Road, Fred and Stephanie Brzozowski to Marquette Bank Trust, Sept. 18, \$2,940,000

50. 10 S. Elm St., Kerry Lynch to James and Julia Steele, Sept. 18, \$657,500

Source: DuPage County Recorder of Deeds

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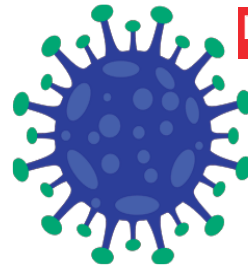
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I	B	E	A	M		M	O	O		C	P	A
P	I	N	T	A		P	E	N	C	I	L	S
		G	E	R	B	I	L			H	E	A
Y	O			M	A	S			P	A	R	T
E	R	I	E		C	H	A	R	M			
S	E	N	D	A	K			H	O	P	P	E
			I	S	S	U	E			S	E	G
S	C	A	T	S		N	A	B			N	O
E	R	N	E		E	I	D	E	R	S		
P	E	N	D	A	N	T			L	E	I	G
A	D	O		L	I	E			L	A	V	E
L	O	Y		A	D	D			E	P	E	E

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P. T. Barnum

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Ralph Waldo Emerson

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DuPage County Clerk

Published in The Hinsdalean
October 1, 8 & 15, 2020

CERTIFICATE NO. 77800 was filed in the office of the County Clerk of DuPage County on September 28, 2020 wherein the business firm of
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IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 24th day of September, A.D. 2020.
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Published in The Hinsdalean
October 1, 8 & 15, 2020

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Robert H. Schuller

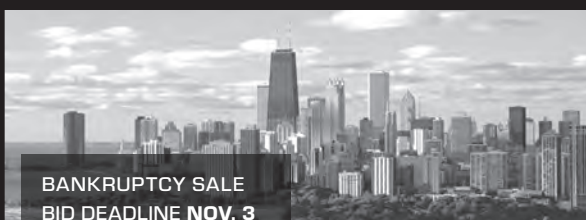
There are many ways of going forward, but only one way of standing still.

Franklin D. Roosevelt

Three grand essentials to happiness in this life are something to do, something to love, and something to hope for.
Joseph Addison

The greatest legacy one can pass on to one's children and grandchildren is not money or other material things accumulated in one's life, but rather a legacy of character and faith.
Billy Graham

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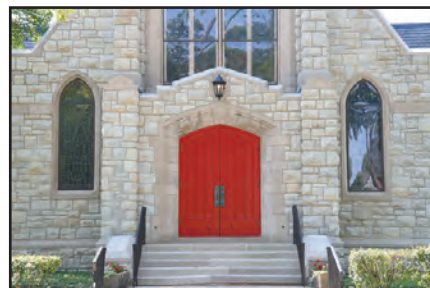
It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is not clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing laws.



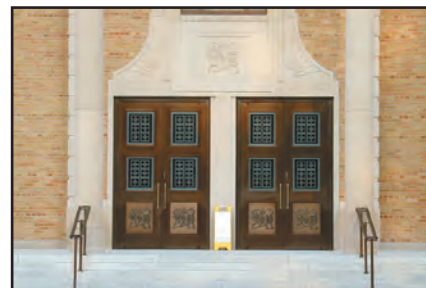
So, you think you are a REAL HINSDALEAN – September photos



Sept. 3, 2020
THE CHAPEL



Sept. 10, 2020
GRACE EPISCOPAL



Sept. 17, 2020
ST. ISAAC JOGUES



Sept. 24, 2020
REDEEMER LUTHERAN

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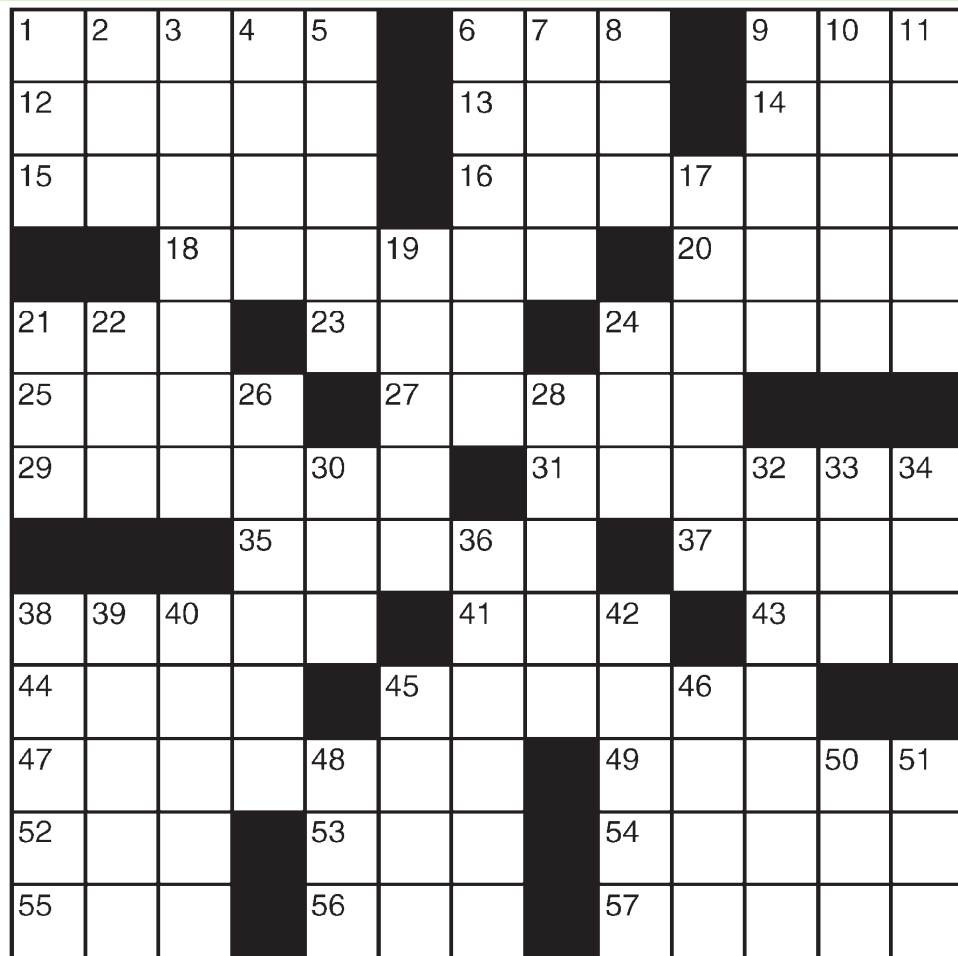
Pamela Coan

who will receive an Ultimate car wash gift certificate from Fuller's Car Wash.



MIND GAMES

- ACROSS**
- 1 FORMER FRESHMEN
6 SQUID SQUIRT
9 DOCTRINE
12 CONSTRUCTION PIECE
13 CATTLE CALL
14 IRS EMPLOYEE
15 1492 SHIP
16 SAT TAKERS' EQUIPMENT
18 PET RODENT, OFTEN
20 WARMTH
21 SECOND PERSON
23 MORE, TO MANUEL
24 PORTION OF A REPAIR BILL
25 GREAT LAKE
27 AMULET
29 "WHERE THE WILD THINGS ARE" AUTHOR
31 "NIGHTHAWKS" PAINTER
35 EDITION
37 GENESIS MAKER
38 SINGS LIKE ELLA
41 APPREHEND
43 PROMPTLY
44 SEA EAGLE
45 DOWNY DUCKS
47 NECKLACE ORNAMENT
49 "PSYCHO" STAR
52 COMMOION
53 TALL TALE
54 ROD OF TENNIS LORE
55 ACTRESS MYRNA
56 TOSS IN
57 TOOLS FOR DUELS



- DOWN**
- 1 TASTE THE TEA
2 JAPANESE SASH
3 GOTHAM CITY
4 SUPER-VILLAIN
5 DETEST
6 UNCTUOUS FLATTERY
7 MISCHIEVOUS
8 YULE REFRAIN
9 "... -TIKI"
10 LESS FRIENDLY
11 PIE-IN-THE-FACE
12 SOUND
13 SAIL SUPPORTS
14 WINNERS
15 SUPPORTS
16 "CERTAINLY"
17 MINED FIND
18 EXPERT
19 REWROTE, MAYBE
20 WINNING
21 FOOL
22 MUSINGLY THOUGHT-
23 FUL
24 SWELLED HEAD
25 UNCOOKED
26 ONE
27 CALYX COMPONENT
28 GUIDING PRINCIPLE
29 BOTHER
30 BALL VIP
31 OKLAHOMA CITY
32 HARVEST
33 CARTE LEAD-IN
34 "GOLLY!"
35 STOREFRONT SIGN
36 ABBR.

ANSWERS TO TODAY'S CROSSWORD CAN BE FOUND IN THE CLASSIFIEDS.

Weekly SUDOKU

by Linda Thistle

6				1		4	
		5		4		1	
	3		8			2	7
	5		3				6
		4		1		5	
9				2		8	
		3		6			8
	7		5		8	4	
5			4				9

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

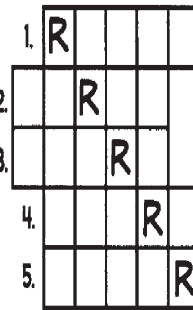
♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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THE FIVE-LETTER WORD POWER GRID! Each of the five words needed to fill in our "word power grid" contain the same five letters. We give you one of these letters and plenty of hints below.

1. Costs per units of service. 2. Weights to deduct.
3. An intent gaze. 4. Expression of emotion.
5. Type of flower

Answers: 1. Rates. 2. Tares. 3. Stare. 4. Tears. 5. Aster.



S	1	6	2	3	4	7	8	9	5	A
U	3	9	7	8	2	5	6	4	1	N
D	8	5	4	6	9	1	3	7	2	S
O	7	8	3	2	5	4	9	1	6	W
K	2	4	5	9	1	6	7	8	3	E
U	4	2	9	5	6	8	1	3	7	R
	6	3	1	7	4	9	5	2	8	
	5	4	8	1	3	2	7	6	9	

HOROSCOPES

October 2020 Horoscopes • Week 1



CAPRICORN

CAPRICORN – Dec 22/Jan 20
Let your dreams linger a bit longer before getting out of bed this week, Capricorn. It's okay to indulge in some fantasies. They may inspire future endeavors.



ARIES

ARIES – Mar 21/Apr 20
Aries, whether your mind is buzzing out of control or not, you have to find a way to get everything under control. There is much you need to accomplish this week.



CANCER

CANCER – Jun 22/Jul 22
Heavy emotional baggage doesn't line up with your free spirit, Cancer. Try to avoid conflict at all costs over the week and you'll find you are much happier for having done so.



LIBRA

LIBRA – Sept 23/Oct 23
It may take you a little while to get started this week Libra. You may feel like you're trying to turn over an engine on a cold morning. But eventually you will find your groove.



AQUARIUS

AQUARIUS – Jan 21/Feb 18
Find a blend of rational and impulsive behavior, Aquarius. When the scales tip in one direction, you will find it is much easier to tackle what you need to do.



TAURUS

TAURUS – Apr 21/May 21
Taurus, mornings usually aren't your best time of day. Put off making tough decisions until afternoon or later when you have given yourself ample time to charge the brain.



LEO

LEO – Jul 23/Aug 23
Prepare for surprises this week, Leo. They may come from you or someone else. This is an opportunity to play and have fun. Enjoy it for as long as it lasts.



SCORPIO

SCORPIO – Oct 24/Nov 22
Scorpio, you want to tackle all of your goals, but you simply take on too much — as is your nature. Step back and prioritize your tasks so you can more easily achieve your goals.



PISCES

PISCES – Feb 19/Mar 20
Pisces, sometimes it is best to follow your emotions instead of your head as you make plans for the day. Figure out what works best for you.



GEMINI

GEMINI – May 22/Jun 21
Difficulties will eventually dissipate as your week progresses, Gemini. You will find you get some relief from what ails you as the days pass by.



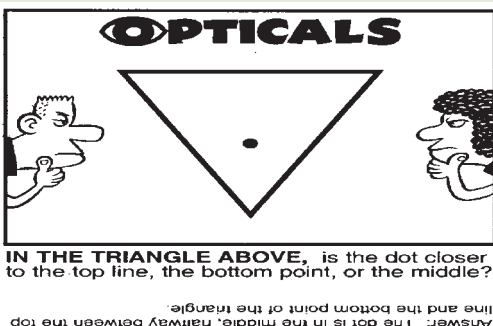
VIRGO

VIRGO – Aug 24/Sept 22
Virgo, things seem to be going well for you in many different areas. Clear thinking and contained emotions are the keys to your success in all of this. Keep up the good work.



SAGITTARIUS

SAGITTARIUS – Nov 23/Dec 21
Temper may flare when someone criticizes someone you love, Sagittarius. You may want to be a hero, but step back and let things cool down.



SPORTS — ROUNDUP

STUDENT ATHLETE PROFILE



Name: Emily Ascher
Year: senior
Hometown: Clarendon Hills

When did you first start golfing?

I played with my dad for a while — he dragged me out for a while. I actually started liking it on my own around seventh grade.

What happened in seventh grade?

It sounds super basic, but I actually started getting the ball off the ground and into the air, and that was really encouraging. Playing with my dad and my grandparents was definitely a motivator.

How has COVID-19 affected the team?

We can't even do basic things like take the bus together to tournaments and matches, and we don't really travel that much any more. We have four or five new players. It took a while to get to know everyone. That definitely has been the biggest struggle.

What is the best advice you've gotten from a coach?

Coach Latorre always says you miss 100 percent of the putts you leave short. That obviously can be applied to everywhere else in life.

What is your goal for the season?

Finish the season happy and satisfied with golf and the season that we've been given.

We're just super thankful and trying to make the best with what we've got. We're just happy to be out there and getting some semblance of normalcy in these crazy times.

What course would you most like to play?

I really want to play Pebble Beach out in California. That would be really cool. Or just play a couple of courses in Scotland. Any course.

What are your plans for next year?

I think I want to play Division III golf, so that's been helpful for trying to find good schools. I really like Rhodes College in Memphis. I have family there and I really like the coach.

Why does coach Nick Latorre like having Ascher on the team?

Emily is a very kind, respectful young lady with great leadership qualities. Emily leads by example, and is a wonderful role-model for all of our younger players. She has a tremendous work ethic, is a great student and always represents the Hinsdale Central community in a positive way. It has truly been a pleasure having Emily in our program for the past four years, and I have really enjoyed watching her mature as a person and as a competitor.

— profile by Pamela Lannom,
photo by Jim Slonoff

RESULTS

Cross country, boys

Sept. 28 vs. Hinsdale South
V wins 23-40
Sept. 25 vs. Proviso West
V wins 15-50
Watcke, 1st, 9:38.7
Ley, 2nd, 9:48.7
Hill, 3rd, 9:54.3
Miller, 4th, 9:57
Gruber, 5th, 10:06.5

Cross country, girls

Sept. 29 vs. Hinsdale South
V wins 19-42
McCabe, 1st, 16:51
Fischer, 2nd, 17:28
McDonnell, 4th, 17:59
Terry, 5th, 18:17
Boyd, 7th, 18:47
Sept. 24 @ Proviso

West

V wins 15-50
Gottfried, 1st, 23:39
Griffin, 2nd, 23:45
Maxwell, 3rd, 23:48
Sciortono, 4th, 24:07
Gilmartin, 5th, 24:31

Golf, boys

Sept. 26 Red Devil Invite
V places 3rd with 316 strokes
Sept. 23 @ Downers South
V wins 141-151
Spitzer, 33
McMillin, 35
Sakkos, 35
Nain, 38

Golf, girls

Sept. 24 vs. York
V wins 174-184
Ascher, 43
Owens, 43

Fullerton, 45
Larson, 45
Sept. 23 vs. LT
V wins 155-180
Ascher, 36
Owens, 38
Hemmer, 38
DiTrani, 42

Swimming, girls

Sept. 24 & 26 @ Downers North
V wins 101-43
200-yard freestyle
Bokos, 2nd, 2:00.26
Lahmann, 3rd, 2:00.7
Thomas, 5th, 2:03.42
200-yard IM
Pickering, 1st, 2:08.45
Kramer, 2nd, 2:12.68
Priest, 4th, 2:19.44
50-yard freestyle

Schneider, 1st, 24.78
Quinones, 2nd, 24.85
Paarlberg, 3rd, 25.35
100-yard butterfly
Dynis, 1st, 59.12
Quinones, 3rd, 1:00.71
Tian, 5th, 1:04.86
100-yard freestyle
Quinones, 1st, 56.24
Biegel, 2nd, 56.49
Paarlberg, 3rd, 57.16
500-yard freestyle
Bokos, 1st, 5:17.73
Harris, 3rd, 5:25.83
Lahmann, 4th, 5:29.81
100-yard backstroke
Pickering, 1st, 57.7
Schneider, 2nd, 1:00.13
Dynis, 4th, 1:02.96

100-yard breast-stroke
Kramer, 1st, 1:07.72
Pickering, 2nd, 1:08.07
Misiunas, 3rd, 1:13.73
1-meter diving
Tischke, 1st, 253.05
Matthews, 4th, 156.8
Shrader, 5th, 154.7

Tennis, girls

Sept. 24 @ LT
V wins 6-1
Hu, 6-2, 6-0
Mehrhoft, 6-0, 6-2
McCain, 6-0, 6-0
Limparis/Novatney, 6-1, 6-1
Shah/Eshac, 6-2, 6-0
Tallard/Kinsey, 6-3, 6-4

Instant replay



The Hinsdale Central boys cross country squad took on cross-district rival Hinsdale South Monday at KLM Park. Red Devil teammates Jessie Gamboa, Grant Miller and Henning Ley try to stay ahead of the pack in the race, which Central won 23-40. (Jim Slonoff photo)

The Hinsdalean

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SPORTS

McCabe keeps Red Devils on course

Veteran coach has put Central girls cross country program well ahead of the pack

By Ken Knutson

kknutson@thehinsdalean.com

In 1998, Hinsdale Central's girls cross country program was looking for an assistant coach. Mark McCabe had a track record helping the boys the previous six years and had coached some of the girls distance runners during track season. But would that experience translate?

"I never really pictured myself as a full-time girls coach," McCabe admitted.

Despite that, he took the position and quickly found his stride.

"I loved it," he said. "(Girls) are like sponges in terms of soaking up everything that you teach them."

Head coach Gail Avgeris' retirement two years later led to his elevation to the top spot. Now in his 20th year at the helm, McCabe reflected on his coaching journey and the heart for young people that propels him.

"The kids have to know first and foremost that you care about them," he said. "Then they'll go to the ends of the earth for you."

The Oak Park native was a stand-out runner at Oak Park-River Forest under coach Roy Gummerson, whom he credits with helping shape his approach to coaching. McCabe went on to Eastern Illinois University, then a powerhouse on the Division II cross

Striding right

Under Mark McCabe, the Hinsdale Central girls cross country team has been the third most successful in the state during his 20 years as varsity head coach. Here are some highlights:

IHSA state meet

- 18 team qualifiers
- 12 top-10 finishes
- 19 all-state individuals, including eight in the top 10

West Suburban Silver Conference

- nine team championships
- 72 all-conference runners, including 47 in the top 10, 21 in the top 5, and three conference champs



Hinsdale Central girls cross country coach Mark McCabe prepares his team for Tuesday's meet against intradistrict rival Hinsdale South at KLM Park. McCabe is marking his 20th year leading the program, which has been among the state's most elite during that time. (Jim Slonoff photo)

country landscape.

"I knew all along I wanted to be a teacher and a coach," related McCabe, who got his wish in his first job at Teutopolis High School as boys and girls head track coach. Stints at Dixon and Libertyville high schools followed before he arrived at Central in 1995.

The program won the state title in 2006, establishing a standard that would be reflected in nine conference championships and 12 top-10 state finishes, not to mention a slew of accolades for individuals. McCabe said capturing the first-place trophy is gratifying but doesn't constitute the biggest reward.

"I remember standing up on that stage and thinking, 'Boy, this is cool!' but it wasn't a life-changing moment. It was all the stuff that helped you get there, the work and the experiences and everything that came together at the right moment," he said. "At the end of the day, you realize it's about the difference you make with kids."

Or, as one of his staple motivational quotes would render it: "Luck is when preparation meets opportunity."

Former Red Devil Kayla Byrne, now a sophomore runner at Northwestern University, has found McCabe's penchant for proverbs to have lasting resonance.

"I still have some of my favorites written on a white board in my

room as a memory of how incredible my time in Central's cross country/track program was," Byrne said. "Coach himself is without a doubt the most dedicated person I have ever met and really treated his athletes like we were collegiate athletes and his friends. I consider myself very lucky to have had him as my coach."

McCabe takes pride in Central's strong representation in college programs of all levels.

"It's rewarding to see people go on and be successful in college and in life and to think that maybe I was able to play just a little part in that," McCabe said.

Those recruits also include erstwhile teammates Reilly Revord and Grace McCabe — Mark's daughter — who are presently competing as juniors at the University of Missouri and University of Iowa, respectively.

Revord praised McCabe for creating a culture of camaraderie at Central.

"Coach McCabe had a strong emphasis on team, and that allowed me to bond with my fellow teammates, who are still some of my best friends today," she said. "It allowed me to run not only for myself, but for a greater purpose and prepare for competing at a higher level."

McCabe said Central student-athletes are generally not in need of motivation but rather a healthy perspective on achieving the poten-

tial, which can take various forms, depending on the person.

"It's not so much motivating them as guiding them and helping teach them the importance of balance," he said. "It's learning how to deal most effectively with different personalities."

He said it was not unusual to put in 70 hours a week during the season between his work as a guidance counselor and coaching. Although he retired from counseling four years ago, staying on as coach has kept him plenty busy. Plus, he's able to coach daughter Catie as he previously coached Grace.

"It's really been a great chance to be able to combine family and job," said McCabe, who's wife Sarah is the former girls cross country coach at Oak Park-River Forest.

Every year at the banquet, he tells graduating seniors his wish.

"I say, 'I want you to look back and say joining the cross country team was the best decision I ever made,'" he shared.

Another quote from his collection reads, "Today I will do what others won't so tomorrow I can do what others can't."

McCabe said he plans to keep coaching today, tomorrow and for the foreseeable future.

"I'm going to keep doing this until I'm not willing to give 100 percent anymore," he said. "Then it's time to leave."



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