

The Hinsdalean

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Community journalism the way it was meant to be



Book break — Scarlett Garber, along with her mom and brothers Michael and Grant, spent some time Friday visiting the Hinsdale Public Library. Each kid found a perfect place to read before embarking on several activities the library was offering. The library's regular hours resume today, Jan. 2, after the New Year's Day closure. (Jim Slonoff photo)



Nonprofit leaders share highlights of 2019.

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New leader ready to shepherd Wellness House's next chapter.

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Curtain rising on many new productions in 2020.

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NEWS

Holidays in Hinsdale were good for many

By Pamela Lannom

plannom@thehinsdalean.com

A growing economy and a shortened holiday season, with six days fewer between Thanksgiving and Christmas this year than in 2018, contributed to healthy retail sales in December.

Hinsdale merchants reported strong sales as well.

"The season went really well. We had a great year," said Sweet William owner Kristi Smith. "We were feeling pretty fortunate. We have so many great loyal customers in town that want to shop local and try to stay away from e-commerce and the malls."

Besides working to provide exceptional customer service, the shop hosts a gift show the weekend after Thanksgiving weekend to give customers even more reasons to visit.

"We try to pick out unique items for our customers to either give as hostess gifts or stocking stuffers at a reasonable price point," Smith said, noting the items this year included everything from sea salted caramels to sweater shavers.

"We sold out within the first three days," Smith added. "We have a following of people who can't wait for that and they come just for that."

Shopping behavior reflected the current economy, in her opinion.

"I felt like people maybe weren't as price conscious this year and they were adding onto their gifts. They wouldn't just buy one — they would buy a few things."

Even though winter seemed to arrive early with snow on Halloween, December temperatures were warmer than usual.

"I think the weather really helped this year," Smith said. "It really added to the energy of our clientele because people were out shopping, walking around and didn't have to worry about their coats and scarves. I think it worked to our benefit quite a bit."

Ali Graeme, owner of Sweet Ali's Gluten Free Bakery, agreed that the warm weather brought out the crowds.

"It was much easier for people to get out and around," she said.

Among her top sellers at the holidays — and year-round — are cinnamon buns.

"We also do a cookie bar, so we have a lot of individual cookies people can choose from. That's fun being gluten-free, because you don't always get a lot of options."

As is the case for retailers, the final month of the year for the bakery brings in significant revenue.

"Thanksgiving through Christmas is the time where people get together and celebrate and enjoy each other's company and food is a big part of it, so for us it is a very busy time," she said.

The bakery has been so busy that Graeme is expanding to the space next door that formerly was home to Frank's on First. She had hoped it would be ready for Christmas and now expects it to open within the next couple of weeks.

"It's just going to be production space," she said. "We actually aren't opening the front area at this point."

Jeans & a Cute Top Shop is a newcomer to the Hinsdale retail scene, having opened Sept. 21. Owner Jill Card, who has been in business for 10 years, also has stores in St. Charles and Wheaton.

"We were making new friends every day and appreciate those who checked us out," she said.

Card had a store in Downers Grove for seven years before moving to her current space in Garfield Crossing. Her out-of-town customers appreciate the parking lot off Garfield and the back entrance. And word about the shop is spreading here in Hinsdale, Card said.

"The best thing I heard (from a customer was), 'I was at a party and someone was wearing this really cute top and she told me she



Horse-drawn wagon rides were a big draw at the annual Historic Holidays in Hinsdale sponsored by the village on the first two Saturdays in December. The 12th annual event gave people the chance to decorate cookies and visit with Santa in Burlington Park before checking out the many shops and restaurants in the downtown. The weather cooperated with warmer than normal temperatures through most of December, which merchants said made a difference in foot traffic. (Jim Slonoff photos)

got it at this new store in Hinsdale," Card said.

The village worked to help support merchants in various ways during the shopping season. The Hinsdale Parks and Recreation Department sponsored a new 12 Days of Holiday Cheer event in which families and kids searched for ornaments around town, following clues posted on social media, to win gift cards to local merchants.

"12 Days of Holiday Cheer was extremely well-received by both the local community and local businesses," said Heather Bereckis, parks and recreation superintendent. "Twenty-nine businesses

participated, donating prizes for all 12 days of the event. Community members were excited to hunt for prizes, and feedback from winners was extremely positive when they realized they were receiving prizes they could spend locally."

The village also received positive feedback about the downtown lighting. Many said the lights along first and Washington and in Burlington Park looked the best they ever had.

"The lighting showcases the vibrant downtown and creates a very inviting atmosphere," said Anna Martch, economic development and communications specialist

for the village.

Many got their first look at the decorated downtown during the Hinsdale Chamber of Commerce's 54th annual Christmas Walk Dec. 6. Crowds of people filled the streets to visit shops and enjoy the rides, characters and giveaways.

Momentum for merchants was growing even before Dec. 1 arrived, March observed.

"Between the Wine Walk (Oct. 18), Small Business Saturday (Nov. 30) and 12 Days of Holiday Cheer, we think that residents and visitors had great opportunities to explore all that Hinsdale has to offer," she said.

ONCE UPON A TIME



The home Zook built ... and lived in. Built in 1924 at 327 S. Oak St., this home was designed by Hinsdale architect R. Harold Zook for his own family. When it was slated to be demolished, the Hinsdale Historical Society saved the home and studio, moving them to KLM in 2005. The picture and information is from Sandy Williams' book "Images in America — Hinsdale." Do you have a Hinsdale photo that is at least 25 years old? We'd love to share it with our readers. Stop by our office at 7 W. First St. or email it to jslonoff@thehinsdalean.com. (Hinsdale Historical Society photo)

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Our letters policy is published on Page 11.

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Nonprofits reach out to close decade

Village-based service organizations find new ways to serve the broader community in 2019

By Ken Knutson

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In the first of two sets of year-in-review reports from Hinsdale's non-profit organizations, leaders of HCS Family Services, Robert Crown Center for Health Education and Wellness House share 2019 highlights for their agencies.

The second installment will run Jan. 9.



HCS Family Services

Stan Cook, executive director of HCS Family Services, said attendance at the agency's two food pantries increased 40 percent over the last six months of 2019. Clients represented about 1,000 families from 24 local communities.

"We're working hard to keep up with the demand," Cook said. "I'm proud that we were able to distribute 600,000 pounds of food to people in need and thankful that we were able to get 400,000 pounds from local grocery stores."

That effort to rescue food from supermarkets now includes 12 stores, with Aldi, Brookhaven, Costco and Pete's Fresh Market added to the network this past year. New refrigerators, freezers and produce shelving were installed at the pantries to boost storage capacity and furnish space for more healthy and nutritious items.

Cook also was pleased that 200 local families received turkey meals for Thanksgiving and that 950 clients received holiday gifts, thanks in large part to partnerships with community churches and schools.

"I'm incredibly grateful for all the individuals, organizations and volunteers who have supported us. We'd never be able to do what we

do without the over 400 volunteers who have helped us this year," he remarked.

Cook said senior hunger is one of the fastest growing segments of the hungry population, often hidden in society's shadows.

"It really does trace back to fixed incomes, which aren't keeping pace with the rising costs of medical care" and other expenses, he said.

Cook cited one client who was able to afford only two weeks worth of food each month.

"Because of us, they're able to have food on the table all month every month throughout the year," he said.

In a collaboration with the YWCA of Metropolitan Chicago, clients can receive free on-site counseling and case management services in Hinsdale twice a week for free.

"The counseling is a critical piece that can help them deal with whatever problems they have," he said.

Rent and utility assistance programs are also available to help nourish households in a holistic way.

"Many people come to our pantry because they have to put food on the table. But once they're here, we're always providing ways for them to become more self-sufficient for them and their families," Cook said.



Robert Crown Center

Helping adolescents navigate puberty is a tall order, but one the Robert Crown Center for Health Education has embraced.

Barb Thayer, executive director, said the agency this year enhanced its puberty program for students in fourth through eighth grades to meet the demand.

"We rolled out our puberty pro-

gram in a blended learning format," she said, an initiative that combines the traditional classroom approach with online tools.

Kids receive up to 150 minutes of instruction a week between both platforms. Thayer said the topic is particularly complex today.

"Experiencing puberty is very different than what we experienced as kids, with social media and all of them having their phones," she said. "It's gone much smoother than we had anticipated, and the teachers have given us positive feedback."

The organization partners with about 650 schools across the Chicago region, and the list grows each year. Drug education is another area of emphasis, with the controversy surrounding vaping and legalization of marijuana in Illinois giving the topic greater resonance.

"We've done a lot of work on vaping and marijuana," Thayer said. "We have vaping programs for adults on raising healthy teens, and we are talking about marijuana in all of our classes."

It's unclear what marijuana's increased availability will mean for children, she lamented. Ultimately, the aim is to help kids make good choices.

"Everything we're doing is connected to social emotional learning," Thayer said.

That holds true for sex education programming, giving preteens and teens an understanding of their bodily changes, good sexual health and consent. Parents appreciate it, too.

"The program for adults on consent is very popular. It has become a very important topic," Thayer said.

Thayer looks forward to accumulating longitudinal data as students move through the programs from elementary to middle school, tracking what they've retained by the end. She is heartened when partnering teachers at schools praise the programming and the effectiveness of the structure.

"We have paid attention to best practices for delivering information to kids," she commented.

The organization will be changing its name in 2020, Thayer noted, due to a shift in its funding source. But the mission will remain the same.

"We want to make sure that (youth) are leaning skills that they can use when they're in difficult situations," she said. "That's what it's all about."

One wish

Nonprofit leaders shared one desire for the year ahead.

"My wish is a simple one: I hope that we can bring comfort and hope for all those that struggle with hunger in our community."

— Stan Cook, HCS Family Services

"That the process around our name change goes smoothly, that it is easily understood by the schools and the funders and that we don't miss a beat."

— Barb Thayer, Robert Crown Center for Health Education

"For us to be in a position where we can think meaningfully about the role we'll play in helping people at this significant time in our history, and to acknowledge how lives have been changed, past, present and future"

— Lisa Kolavennu, Wellness House



Wellness House

2019 marked a significant transition point for Wellness House, as Lisa Kolavennu the reins from retiring executive director Jeannie Cella, the organization's leader since 2000.

"In all the ways that the transition has been supported has been a real highlight and a real pleasure," Kolavennu said.

Wellness House also continued to expand its reach beyond the Hinsdale area with program delivery at other locations.

Please turn to Page 6

NEXT WEEK

Hinsdale High School District 86 Board

6 p.m. Thursday, Jan. 9
Hinsdale Central High School
55th and Grant streets

Hinsdale Plan Commission

7:30 p.m. Wednesday, Jan. 8
Memorial Building
19 E. Chicago Ave.

Hinsdale Village Board

7:30 p.m. Tuesday, Jan. 7
Memorial Building
19 E. Chicago Ave.

Nonprofits reach out to close decade

Continued from Page 5

"We launched our biggest partner site with UIC at the Mile Square Health Center," she said. "It's been a highlight to see that come to life and to also dream about what the next stage will be for that."

The inaugural Mind-Body Fest in September drew hundreds of visitors to learn stress management techniques like massage, meditation and art.

"To see people learn about ways they can care for themselves moving forward has been really significant," Kolavennu remarked.

The annual Walk for Wellness in the spring and black tie gala this fall were successful fundraisers, she added, vital to serving 3,500 people affected by cancer in 2019 with over 470 programs a month between the Hinsdale location and partner sites.

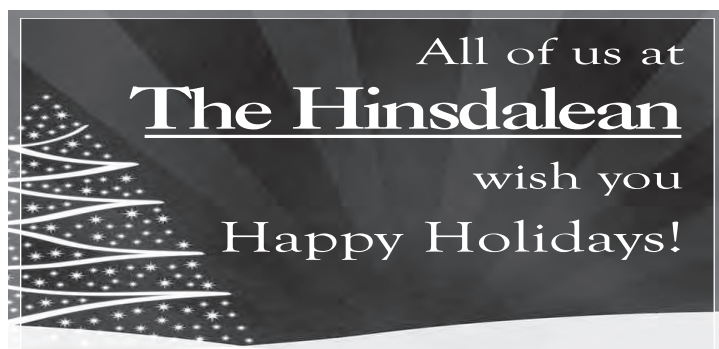
In the last five years, the number of people using Wellness House programs has increased almost 50 percent, and the pool of potential clients will inexorably grow as more people are

diagnosed with cancer each year and live longer with the disease thanks to medical advances, Kolavennu said. With 2020 marking 30 years since the agency's founding, she said this feels like a landmark point.

"To know that we've had 30 years of supporting people is something to feel good about," she said. "We're thinking about the ways we get to help celebrate helping people and also to get excited about what the next 30 years hold for us at Wellness House."

She is thankful for the experts brought on board this year to deliver meaningful programs and feels validated by testimonies like one recently shared by a woman battling stage-4 pancreatic cancer.

"At our holiday open house she said, 'I hope you know how important this event is. Each year we come here and we say, 'We did another year. Let's meet again here next year,' Kolavennu related. "That was a good reminder of why these programs are so important for people."



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Village continues on right path in 2019

Next summer, the 319-space parking deck, adjacent to the new Hinsdale Middle School, will open. The parking deck should help solve parking problems that have plagued downtown Hinsdale for ages. The new parking deck should further energize our already thriving downtown. Currently — even before the new parking deck opens — we have one of Hinsdale's lowest retail vacancy rates at just 3.2 percent. The average vacancy rate in the Chicago area is above 10 percent.

We have made tremendous progress improving the village's infrastructure. Over the past three years, the village has fixed 33 miles of roads, representing 50 percent of all Hinsdale roads. Now, over 94 percent of Hinsdale's roads are rated in "good" or "excellent" condition. The village accomplished this work on time and

below budget. We remain committed to making further major road, sewer and drainage improvements in coming years.

Once again, we have maintained a AAA bond rating from S&P, which is no easy task for an Illinois municipality. Indeed, fewer than 2 percent of the municipalities in Illinois have a AAA bond rating.

The new Land Rover/Jaguar dealership opened in early December. Land Rover, which is the village's single largest sale tax generator (9 percent of the village's sale tax revenue), was considering relocating to Clarendon Hills or Westmont. We structured a 15-year agreement with Land Rover to move to the vacant GM Training Center site on Ogden. The



Tom Cauley

addition of the Jaguar dealership alongside Land Rover will provide yet more sales tax revenue to the village. We need to keep existing tax-generating businesses and encourage more such businesses to locate in our commercial areas to continue to provide top-quality services to residents.

The redevelopment of the former Amlings property at Monroe and Ogden is underway, with the Kensington child care facility slated to open in early 2020. The remaining parcels on this site will be developed with single-family homes. The village, through a partnership with Kensington and with the cooperation of neighbors, was able to resolve the decades-old flooding problem on North Madison Street.

This project consisted of installing an underground storage tank and adding new sewers, which are now operational.

Hinsdale Meadows, the empty-nester development on 55th and County Line, is taking shape with 17 units either sold or under contract.

The Board remains committed to minimizing the impact on the village of the widening of I-294. We continue to work with the Tollway to address residents' concerns with this project. The village remains optimistic that we will be able to maintain, and possibly enhance, our revenue stream from the Oasis following the widening of I-294.

I want to thank the board members and the village staff for all their hard work in 2019.

Happy Holidays!

— by Tom Cauley, village president

Library focused on opening doors for all

Opening doors.

That's the mission of the Hinsdale Public Library — a mantra expressed in our logo and on our business cards. And in 2019, nowhere was the idea of opening doors better expressed than in our programming, a rich assortment offering opportunities to play, learn and explore for patrons of all ages and interests.

From our summer reading program and baby and toddler storytimes to special events like our preschool Halloween party and our Fortnite tournament for teens, we gave kids of all ages a reason to come to the library — while our HPL After Dark series, in partnership with the Friends of the Hinsdale Public Library, brought adults in on Friday nights to enjoy wine tasting, live music and our popular annual Trivia Night. Our Adult

Services team also provided a tempting menu of programs, from Tech Talks and Voyagers travel discussions to Kitchen Tech presentations and Elite Eats for restaurant connoisseurs.

Our final donation from the HPL Foundation was used for programming throughout the year, including a visit with best-selling local author Claire Lombardo. And our Next Chapter Book Club has spawned the new Next Chapter Social, a group for younger adults with disabilities.

We opened doors through new and expanded partnerships in the community, visiting classrooms in District 181 and other local daycares and preschools, teaming with the village



Julie Liesse

of Hinsdale for our summer Lunch on the Lawn and hosting volunteers from the Shirley Ryan AbilityLab.

We continue to use technology to open doors and provide materials when and where our patrons want them. Digital downloads now represent 10 percent of our overall circulation; patrons currently "check out" more than 3,000 digital items per month, including

on our new HPL app, available in the App Store and via Google Play. In a new initiative, cardholders now can borrow a variety of equipment for home or vacation use, including three hotspots, a Roku streaming stick and a projector.

Despite the popularity of e-books,

many of our 8,400 cardholders still stop in to take home one of our 108,000 (or so) three-dimensional items. Some of those are members of the 70 active book clubs we serve — including our new open-to-all HPL book discussion group starting in January. Reflecting the pleasure that a well-chosen book — and some fun, bookish swag — can offer, our HPL Book Box programs continued to be a smash hit with teens, younger readers and adults as well.

On behalf of the HPL staff and board of trustees, including our two newest trustees, John Bloomfield and Emily Zeng, thank you for your support and patronage during the past year. Stop by in 2020, and see if our books and programs can help open a new door for you.

— by Julie Liesse, board president





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POLICE BEAT

Hinsdale police distributed the following reports Dec. 23.

Domestic battery arrest

A 49-year-old Hinsdale woman was arrested Dec. 19 for domestic battery for making contact of an insulting or provoking nature with a family member. She was charged and taken to DuPage County Jail.

Suspended license arrests

- Portrait Phillips, 25, 9812 S. Ingleside Ave., Chicago, was arrested for driving with a suspended license and speeding at 8:34 a.m. Dec. 18 at 55th Street and Interstate 294. Phillips was charged and released to appear in court.

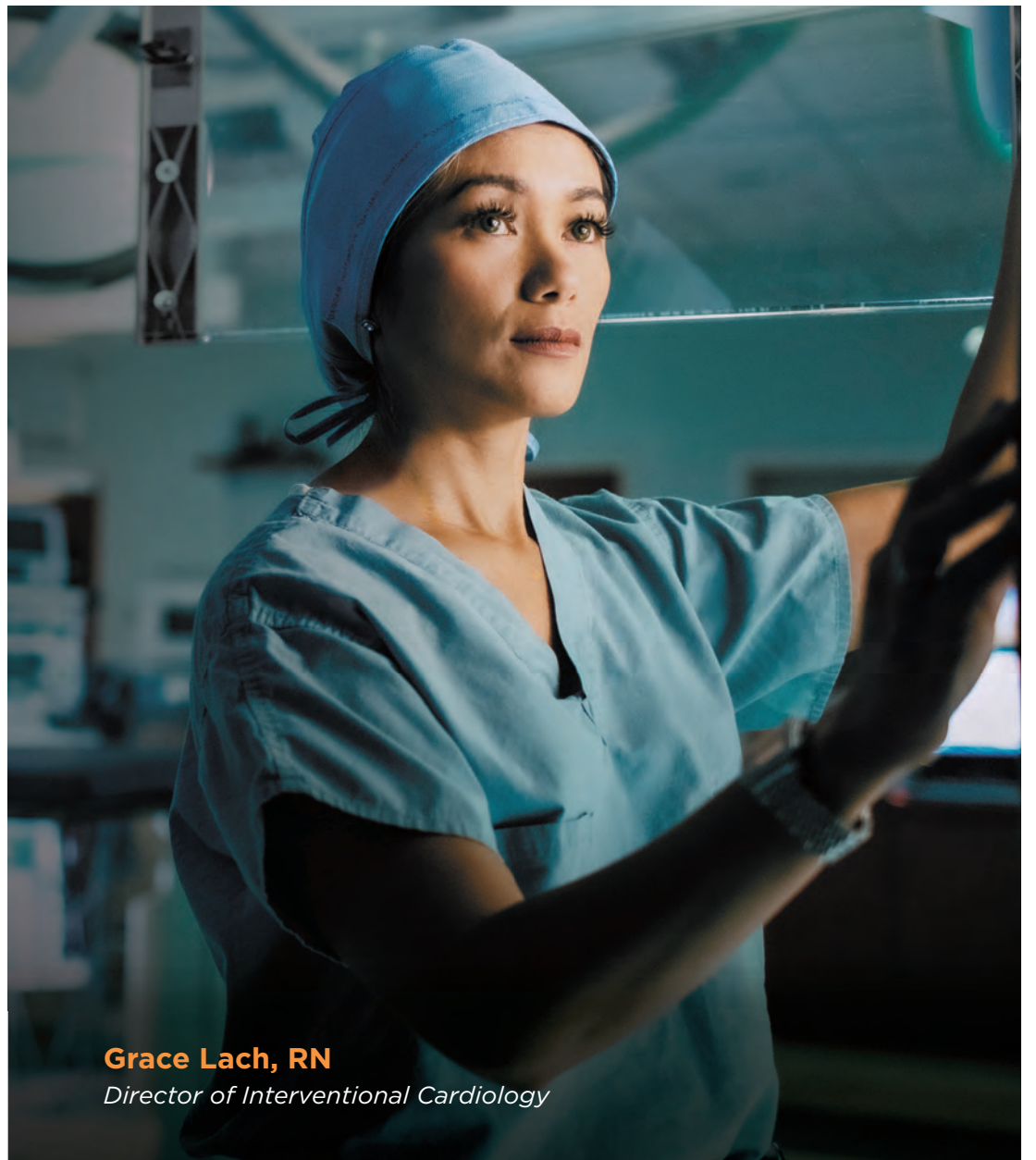
- Marcus Bernard Collins, 28, 339 Meadowlark Drive, Bolingbrook, was arrested for driving with a suspended license, operating an uninsured motor vehicle and having improper lighting at 6:33 p.m. Dec. 17 at Camberly Court and 55th Street. He was charged and released to appear in court.

Scammer targets senior

An elderly resident of the 200 block of West 59th Street sent about \$100,000 through direct deposit to someone who contacted him and said he was a sweepstakes winner and needed to pay a processing fee. Payments were made between Aug. 1 and Dec. 1, and the incident was reported Dec. 18.

Identity theft reported

Someone made three fraudulent \$2,000 withdrawals from the bank account of a resident of the 100 block of North Stough Street between Oct. 9 and 11. The theft was reported Dec. 19.



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60 SECONDS

Kolavennu ready to take reins at Wellness House

It was about 14 years ago when Lisa Kolavennu's father was diagnosed with cancer. In walking that journey with him, she discovered Wellness House and, along with it, her vocational calling.

"His experience inspired my own passion for wanting to help the oncology population," Kolavennu said. "It felt personally and professionally gratifying for me to move to Wellness House and start a career here."

More than a dozen years after launching that career as a program director with the Hinsdale nonprofit, she has now become its executive director.

"I'm thrilled for the opportunity to step into this role. This is something that I worked toward and have wanted to do. It feels like the right fit for me," she related.

Kolavennu praised the mentorship of her predecessor, Jeannie Cella, in helping her prepare for the task.

"I think that we have had a really amazing transition process," she said. "(Jeannie's) been very mindful and thoughtful about putting Wellness House in a great position

for the future."

Kolavennu's own leadership role within the agency has helped advance its mission.

"We've doubled in terms of the number of people that we serve every year," she said. "We've continued to meticulously choose programs that are evidence-based and have value to anybody that is affected by cancer."

Kolavennu earned a master's degree in counseling psychology and spent several years as a program manager at The Children's Place Association, helping kids and families break the cycles of poverty and illness, before joining Wellness House.

"Pretty much my entire career has been working with individuals who are facing life-threatening illness," she said.

Wellness House's effort to extend its programming into less affluent communities through partner organizations has been particularly heartening for her.

"People who don't have access to these (resources) tend to have poorer health outcomes," she said. "Thinking about equitable access

for people in all communities in the Chicagoland area is important to us."

Kolavennu makes her home in Downers Grove with her husband and three children ages 13 to 6. Weekends, needless to say, are action-packed.

"We're always on the sideline of a sports game or a competition or a dance performance or a musical. But I actually love that," she said.

With her introduction to motherhood nearly coinciding with her arrival at Wellness House, her kids have grown up seeing the benefits the organization provides.

"They have friends whose families use Wellness House," she said.

Kolavennu said Wellness House clients become like family, sharing the joys and the pain.

"Everyone who works here has a front row seat to loss and trauma. At the same time, there's a great sense of hope and community and encouragement," she said. "We know that it continues to be impactful for people and make a difference in their lives."

— story by Ken Knutson,
photo by Jim Slonoff



LISA KOLAVENNU

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OPINION

EDITORIAL

Here's to ringing in more than just a new year

The last days of one year and the first days of the next are traditionally a time to analyze events of the past 12 months and set goals and expectations for those to come in the next 12 months.

Today we offer a fusion of both, with a look at what we observed in 2019 and what we hope to see in 2020.

2019: Laurel Haarlow is elected to serve on the Hinsdale Village Board, becoming the first woman to join the group in two years.

2020: More women are elected to the board, creating a governing body that is more representative of the village's population — and the 21st century.

Oh, wait. The next municipal election isn't until 2021. We'll have to be patient on this one.

2019: Rumors swirl that the long vacant former Institute of Basic Life Principles on Ogden Avenue is on the market. 2020: Lucasfilm purchases the site as its global production center for Baby Yoda merchandise. The market what it wants, give.

2019: Trinity Sober Living files a federal lawsuit claiming the village of Hinsdale is discriminating against residents of The Sober House at 111 N. Grant St. after the village files a complaint in

DuPage County Court seeking to prevent its use as a sober living facility.

2020: The village and Trinity find a way to work together to find an appropriate location for a facility that meets the needs of those who are recovering from an illness.

2019: Community Revue cast members offer a 30-minute retrospective look at 20 years worth of performances at The Community House patron party.

2020: Community Revue cast members perform in the biggest production yet, raising record-breaking sums to support The Community House and all the good work it does.

2019: Hinsdale High School District 86 officials and residents clash over the plan to switch the science sequence at Hinsdale Central from biology-chemistry-physics to physics-chemistry-biology.

2020: The administration's decision to delay implementation gives everyone time to review and discuss this decision in a calm and rational manner.

2019: The village and District 181 finally reach agreement on building a parking deck for hundreds of cars adjacent to Hinsdale Middle

School.

2020: Upon the deck's opening in June, employees of downtown businesses choose to park there instead of prime on-street spots, coin-operated meters are shut off, and people use the time they used to spend hunting for a spot volunteering with a local nonprofit (see Page 5).

2019: The Illinois Tollway commenced work on its multi-year project to expand the Central Tri-State, which will include a temporary shoo-fly railway while the BNSF bridge over the tollway is reconstructed.

2020: Disruption to village activities will be minimal, with the section of the bypass passing through Veeck Park presenting new sporting opportunities, like shoo-fly soccer and, uh, well that's it.

2019: The referendum authorizing \$140 million in improvements to District 86's two high schools passed, and school board members subsequently voiced support for a bigger pool at Hinsdale Central than had been envisioned.

2020: The group of residents raising funds to help cover the cost of the larger Central pool enlist a certain coffee purveyor as a sponsor for a promise to call the facility the FrapPOOLchino.

COMMENTARY

Preserving holiday spirit all through the new year

I love Christmas, but I'm not sure I could survive 12 months of shopping, wrapping, baking, mailing cards and hosting gatherings at a holiday pace.

And while I'm ready to embark on a new year, I'm not quite ready to give up all that filled the holiday season with wonder and joy.

So, in lieu of resolutions, I offer the following ways in which I hope to keep the holiday spirit with me this year.

- Keep in touch

My refrigerator is covered with pictures of friends beaming from holiday cards. Some I've been lucky enough to see or talk to or text this holiday season. Others I don't see or talk to or text enough.

But the effort I make at Christmas to connect with a card or a quick visit — and the joy I feel when I receive one in return — doesn't have to be limited to the month of December.

- Be generous

Christmas is a time when the focus is on giving rather than receiving. I extend that generos-

ity outside of my social circle, buying presents for a kid we "adopt" through social service agencies, making a donation to cover the cost of a holiday meal or throwing a few dollars into the Salvation Army kettle. What would the world be like if I — if we — exhibited that same level of generosity every month of the year?

- Take the scenic route

Even though holiday schedules can leave me feeling a little ker-bobbled, I'm willing to take the time to stroll through our neighborhood or drive down a few extra streets on the way home from work to look at Christmas lights. If I can find time to seek out beauty during the busiest month of the year, I should be able to do so all year long.

- Have a family concert

I still have not mastered "Silent Night" on the guitar, but I played it anyway for my mother, her



Pamela Lannom

sweetheart and my father-in-law at our first family Christmas concert (an informal event held at my father-in-law's apartment at Lexington Square). Ainsley played her violin beautifully and she and Dan offered some lovely clarinet duets. My mom sang along when she could remember the words. We all made mistakes, but it was sweet.

- Listen to the stories

So many wonderful stories — many conveyed on film — are focused on the holiday season. Countless other stories — told by strangers in a variety of mediums or by family members sitting around the kitchen table — are available throughout the year, if I just take the time to listen.

- Indulge

The many, many tins of treats at my house inspired this particular suggestion. Of course, as my pants have started to feel tighter,

I've been reminded that this practice, followed indefinitely, is not healthy.

On the other hand, I think we often try to make up for a season of too much with a season of too little. It's all about balance. So, to revise, let's say "Indulge responsibly. Periodically."

- Be open to miracles

Mary and Joseph were open to a miracle, we were reminded at church on Christmas Eve. My cousin Bo, who's traveling in Mexico with his two daughters, recently posted the (alleged?) Einstein quote on Facebook: "There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

I hope to live 2020 as if everything is a miracle.

Happy New Year. May 2020 be filled with whatever brings you joy.

— *Pamela Lannom is editor of The Hinsdalean. Readers can email her at news@thehinsdalean.com.*

GUEST COMMENTARY

Longtime friends actually strangers

I've never actually met two of my best friends, though our friendship has lasted over 40 years. John Irving and Stephen King have been dear companions of mine since 1979. I met each when I was 13, shortly after "Salem's Lot" and "The World According to Garp" first shocked the literary scene. Each author is thankfully still writing today, and I await each new book like an over-the-hill teenage fangirl.

Certainly, I've discovered dozens of authors over the years, some of whom have been dead for centuries, some just starting off on brilliant careers, but John and Steve (yes, I can call him "Steve" after 40 years) have been with me from the start.

One composes novels at such an astounding rate that cynical critics aver that he gets paid per word. The other painstakingly rewrites and crafts his sentences with a meditative obsession. Both have seen film versions made of several of their works, both with varying degrees of critical and popular approval.

Irving's first novel was published in 1972, and King's in 1973. Both compose weighty, lengthy tomes. King, however, has written over 50 novels, whereas Irving has produced a mere 13. King writes works of horror, suspense and the supernatural; Irving composes realistic, social novels based on the style of his favorite 19th Century authors, Dickens and Hardy.

Each is wholly delightful to read. Please don't be a snob and eschew King because he writes genre novels. Similarly,



Susan O'Byrne

don't avoid Irving as boring because he writes literary fiction. The world is large enough for both styles — and a better place as well.

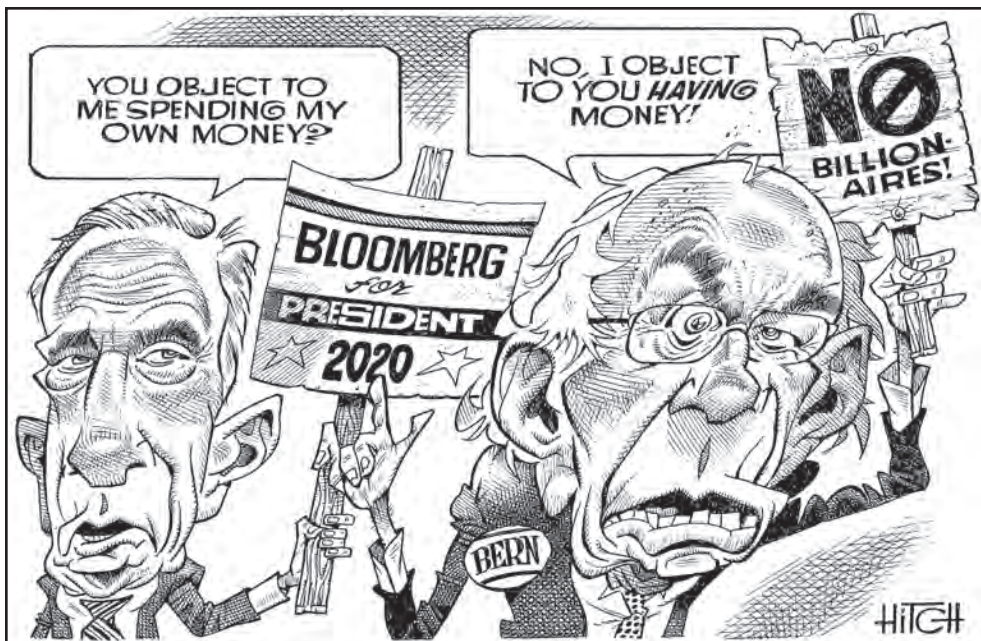
Newcomers to Irving's works may not know that he always creates the last sentence of his books first, then composes the

novel to flow into that final sentence. The sheer poetic beauty of an Irving novel's conclusion is breath-taking. King, on the other hand, has been widely panned by critics for his abrupt endings. The joke is that, when King can't figure out how to end a story, he simply blows everything up. Witness the Overlook Hotel, Carrie White's high school, Las Vegas in The Stand, the recent Institute or Derry, Maine. Each reduced to ashes in the apocalyptic final pages.

These two authors are ridiculously dear to me; they have given me reading joy from middle school to middle age. To my great pride, both my children have read and loved several of King's novels and short stories, though neither has tackled Irving yet. Admittedly, I was a little young to read Irving back in the day.

On these dark, winter nights, I invite you to curl up with a thick, unwieldy door-stop of a novel by either of my two lifelong friends. One will puzzle and confound you, the other will unsettle and terrify you. But both will enrich your world, I hope, for many years to come.

— Susan O'Byrne of Hinsdale is a contributing columnist. Readers can email her at news@thehinsdalean.com.



LETTERS POLICY

Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number

- documentation must be provided for numbers, statistics and other facts mentioned in the letter
- no form letters

Submission

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- mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale IL 60521

Questions?

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OBITUARIES

Jacquelyn Jefferson

Jacquelyn Eleanor Jefferson, nee Fishbaugh, a 62-year Hinsdale resident, passed away peacefully Dec. 1, 2019. She was 88.

Jackie was born in 1930 and raised on a farm in Iowa, where she graduated from high school in 1948. She spent two years at the University of Iowa, before transferring to the University of Florida to study art and graphic design.

After graduating college, she moved to Chicago and worked as a copywriter for the Montgomery Ward catalog and at the Campbell Mithun advertising agency. She also met Chad Jefferson, and they married in February 1954.

Jackie and Chad settled in Hinsdale where they raised four children. She was very active in the community, serving as executive secretary of the Hinsdale Chamber of Commerce for 15 years. Jackie was also a devoted member of the Hinsdale Historical Society, contributing a weekly column on local history to The Hinsdale

Doings newspaper for many years.

For years, she was the Monroe School "picture lady," conducting a program of her own creation in which she brought well-known works of art to the classroom. She was also active in her daughter's Girl Scout troop. In later years, she gave a much-loved annual presentation to the Hinsdale Middle School seventh-graders about her experiences on the home front during the World War II.

She found plenty to keep her busy at King Bruwaert House after the couple moved there in 2016.

She is survived by her husband of 65 years, Chad; her four children, Jill (Kevin) Fermanich, Scott (Kaddy) Jefferson, Katie (Gary) Gross and Ted (Debbie) Jefferson; her brother, Richard Fishbaugh; and seven grandchildren.

Services and interment are private.

Sullivan Funeral Home of Hinsdale handled the arrangements.

Karen Marie Kindt

Karen Marie Kindt, 59, of Clarendon Hills, formerly of Hinsdale, passed away Dec. 18, 2019.

She was born in 1960 in South Bend, Ind. She strove to make everyone feel welcomed and admired through her natural friendliness, genuinely engaging in conversation with anyone she met. Her high energy and indomitable personality were apparent in her passion for her children, the outdoors, biking, walking, cross-country skiing and swimming. A lover of rescue animals, Karen devoted herself to helping all furry creatures.

Karen grew up in Deerfield and graduated from Deerfield High School. She earned a business/communications degree from Marquette University and jumped into the business world, achieving significant success early in her career working for Xerox and Comdisco. Karen ended her career with that same enthusiasm at RGP. It was her father's example that propelled Karen to professional and personal excellence.

After a serious biking injury in September 2018, Karen used her characteristic drive in her goal to regain the full function of her right leg. She was known and admired in her neighborhood, as she walked daily on her crutches, determined to do all she could to heal.

She was preceded in death by her father, Noel; and her sister, Kimberly.

She is survived by her children, Olivia and Reid Carter; her mother, Patricia; and her sister, Katherine Kindt.

A celebration of life will be held from 2 to 6 p.m. Friday, Jan. 3, at Katherine Legge Memorial Lodge, 5901 S. County Line Road, Hinsdale, with a memorial service at 3 p.m.

In lieu of flowers, memorials may be made online to Hinsdale Humane Society at <https://www.hinsdalehumanesociety.org/donate>.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Donald J. Kula

Donald J. Kula, 83, of Hinsdale died Dec. 24, 2019.

Donald was devoted husband, proud father and grandfather and devout Catholic. He was a graduate of St. Philip Neri Grammar School, Mt. Carmel High School and a former basketball player at the University of Illinois and Western Michigan University.

He was preceded in death by his wife, Virginia E. Kula.

He is survived by his children, Ginny "Coco" (Pete Aleman) Kula, Donald J. (Marichi) Kula, John (Lisa) Kula, Tom (Lisa) Kula and Mary (Josiah Mazzaschi) Kula; his grandchildren, Gabriela, Ben, Joey, Will and Paul; and his brothers, Steve (Kathy) Kula and Pete (the late Nancy) Kula.

A funeral Mass was said Dec. 30 at Notre Dame Church in Clarendon Hills.

Interment is at St. Mary Cemetery in Evergreen Park.

John Gately Ryan

John "Jack" Gately Ryan, 77, died peacefully in Hinsdale Dec. 25, 2019.

Jack lived his life with an unfaltering devotion to his family and his faith. He was a devoted and loving husband, father, brother, friend and colleague.

Jack was a proud member of the Gately family. His grandfather, James Gately, was the owner of Gately's People Store in Chicago, which was described as "the biggest store on Michigan Avenue." Jack began his career at retailer Carson Pirie Scott. Soon after, he opened Heritage Bank of Schaumburg with his brother, Thomas, and presided as chairman of the board. Jack was also an active resident in Sea Pines, Hilton Head Island, S.C.; Loblolly Pines, Hobe Sound, Fla.; and The Burr Ridge Club. Jack was a graduate of Xavier University where he also received a business graduate degree.

He was preceded in death by his siblings,

Richard and Joan.

He is survived by his beloved wife of 54 years, Judith (Cusack); his five children, John Gately Jr., Magdalene (Todd) Nelson, Patricia (William) Knox, Thomas (Anne) Ryan and James Hayes (Deanna) Ryan; his 11 grandchildren, Jack, Charlie, Patrick, Andrew, Elizabeth (Teddy), Ryan, Michael, Lizzie, Cate, Elle and Reese; his siblings, Thomas, James Sue and Kerry and their spouses.

Visitation is from 10:30 to 11:30 a.m. Saturday, Jan. 4, in the Fireplace Room at Saint Isaac Jogues Catholic Church, 306 W. Fourth St., Hinsdale.

A funeral Mass of Christian burial will follow at 11:30 a.m. at the church.

Interment is private.

In lieu of flowers, memorials may be made online to Michael J. Fox Foundation at <https://www.michaeljfox.org>.

Sullivan Funeral Home in Hinsdale handled the arrangements.



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GOOD NEWS

CHRISTMAS CAME EARLY FOR BEDS

Page's Restaurant in Hinsdale and several other organizations worked to provide an early Christmas for some BEDS Plus clients.

The Chicago Teamsters Local 705 and Sierra Investment Partners Inc. sponsored the "Christmas Morning" celebration that treated BEDS clients to a catered breakfast, entertainment and presents in an effort to let them eat, drink and be merry. Santa and Frosty the Snowman stopped by the event, talking with children, posing for photos and spreading holiday cheer.

Page's donated and served food at the event alongside teamsters volunteers. More than \$8,500 worth of gifts were donated for the event. Build-A-Bear stuffed animals were donated by State Farm and John Schroeder along with wooden cars and other items. Children and adults alike took part in holiday-themed crafts and other activities.

Photos appear online at <https://www.thehinsdalean.com>.



Parrott

stakeholders to implement key strategies."

Parrott is anxious to step into his new role.

"I'm looking forward

to meeting and working with the associates, caregivers and providers who make Amita Health a leader in bringing compassionate, personalized care to individuals across the region," Parrott said.

Most recently, Parrott served as chief executive officer of the Alabama/Tennessee group of Tenet Healthcare, after serving as CEO of Brookwood Baptist Health, a joint venture between Tenet and Baptist Health System of Alabama, consisting of a five-hospital enterprise with more than 1,600 beds. Earlier he held executive leadership positions with Baptist Health System in Alabama and Memorial Hermann Healthcare System in Houston.

Parrott earned his bachelor's in business administration from Baylor University and a master's in health care administration from the University of Houston at Clear Lake, where he serves as an advisory board member for the Healthcare Administration Program. He is a Fellow of the American College of Healthcare Executives with board certification in healthcare management from the ACHE.

He has an extensive history of community involvement with organizations including United Way of Central Alabama, March of Dimes (Birmingham), American Heart Association (Birmingham) and the Alabama Hospital Association. He also has served as an adjunct faculty member at the University of Alabama at Birmingham.

AMITA HEALTH NAMES NEW CEO

Keith Parrott has been named president and CEO of Amita Health, a joint healthcare operating company of Ascension and AdventHealth serving residents of the greater Chicago area. He will assume the role on Jan. 13.

"Keith is a mission-focused leader who has a history of producing sustainable results that enable nonprofit hospitals to meet community needs," said Randy Haffner, board chair, Amita Health. "He is an astute executive known for leading high-performing teams and working with

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ASK THE EXPERTS

What is the best way to start the new year off right?

"My personal recommendation on how to improve your health is start small. If your goal is to lose weight, build muscle or just be healthier, start with small goals. Find a starting point — it could be just to move your body more — and go from there.

"Once you have successfully built that habit, add on something else. Maybe it's as small as to only eat dessert once a week or to take a multivitamin every day. With small goals, slowly adding as you go, it's easier to find success. And, remember that all exercise is good for you. If you enjoy what you are doing you are more likely to stick with it in the long term. But, don't be afraid to try something new, either. Sometimes a new class or routine can keep you motivated."

— Tifani O'Rourke, part owner,
Energie Pilates Spa

"Developing a healthier diet does not need to be complicated. Small changes go a long way. Here are some easy tips to start your journey to better health:

1. Increase your fiber by eating more vegetables, fruit, whole grains, nuts, beans and seeds. Women, strive for 25-30 grams per day and men, strive for 30-35 grams per day.

2. Focus on water. Decrease your intake of sodas and other sugary drinks and make water your main beverage.

3. Eat more whole grains. Try brown rice instead of white rice and experiment with other grains such as quinoa, millet, farro and amaranth.

4. Include beans and lentils into your daily routine. Do these give you digestive problems? Eat them more often in small amounts and add a little vinegar or kombu while they are cooking.

5. Decrease refined and processed foods. Watch added sugars, since refined sugars lack nutritional value. Women, strive for no more than 6 teaspoons of added sugar per day and men, no more than 9 teaspoons (4 grams of sugar equals 1 teaspoon).

6. Put the powdered vegetables and fruits away and eat the real stuff. Nothing provides the variety of nutrients and fiber like actual fruits and vegetables.

— Angela Dennison, oncology dietitian,
Wellness House

"Many people like to start off the new year with resolutions around making positive choices that will create more life balance. Remember to be kind to yourself if you get off track. It is often the negative self-talk that keeps one from getting back on track. Speak to yourself as you would a friend or loved one. While we aren't always in charge of things life brings our way, we can be in charge of how we react."

— Alisa Messana, licensed clinical social worker

"First, use your school's winter break to recharge. It is easier to work hard in the new year

if you feel rejuvenated. Enjoy your family and friends as well as time to yourself.

"The weekend before school starts, take a look at your backpack. Empty out last semester's materials to make room for the new. If your folders or binders are broken and spiral notebooks full, get new ones.

"Take ownership of your screen time. Decide what is a healthy and reasonable amount of screen time and schedule your technology fun, instead of just getting lost in your phone or computer.

"In addition to simply being 'good habits,' these practices reduce anxiety and increase confidence. You will boost your mental health as well as your academic success by having an organized and focused approach to your schoolwork."

— Ann Wilson and colleagues at
The Village Tutors

"As you make your 2020 resolutions, don't overlook the opportunity to invest in your spiritual life. The best way to invest spiritually is to visit a local congregation for teaching, worship and friendship. Hinsdale has numerous churches with excellent pastors who are ready to journey with you and help you and your family grow spiritually. Seek them out for a cup of coffee (I'm sure they'll buy!) and conversation. God bless you in this new year!"

— Lars Stromberg, lead pastor,
Hinsdale Covenant Church

— compiled by Pamela Lannom



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**HINSDALE
WINE SHOP**

Springfield events focus of Capitol News recap

Early childhood grant, discrimination worries and grow center approval among activity in state capital

By Peter Hancock

phancock@capitolnewsillinois.com

SPRINGFIELD – Democratic Gov. J.B. Pritzker's office announced Dec. 23 that the state will receive \$40.2 million in federal grants over the next three years to improve early childhood programs.

The competitive grants are administered by the U.S. Department of Health and Human Services and they require a 30-percent cost-sharing commitment from non-federal funds. The grants are used to build early childhood program infrastructure and expand high-quality preschool programs in targeted communities, the governor's office said in a news release.

"From our aggressive efforts to secure federal funding to our historic investments in early childhood programs and facilities, Illinois will become the best state in the nation for families raising young children," Pritzker said in the release.

Last week, Pritzker announced that the state is increasing child care provider reimbursement rates by 5 percent statewide and by 20 percent for providers in what the Illinois Department of Human Services calls "Group 2" counties, which are primarily rural counties.

The budget lawmakers passed during the 2019 session included a \$50 million increase in the state's early childhood education block grant. In addition, the capital improvements program known as "Rebuild Illinois" provides \$100 million for construction of early childhood facilities across the state.

Raoul opposes new federal rules

Illinois Attorney General Kwame Raoul has joined with 18 other state attorneys general in opposing proposed new federal rules they say could strip many LGBT individuals of many health care rights.

The proposed rule deals with nondiscrimination policies within the U.S. Department of Health and Human Services. It would delete current language in HHS regulations, adopted in the final weeks of the Obama administration, that prohibits discrimination in the agency's programs "based on non-merit factors such as age, disability, sex, race, color, national origin, religion, gender identity or sexual orientation."

That rule was based, in part, on the 2015 U.S. Supreme Court decision that legalized same-sex marriage nationwide. The proposed new rule would replace that language with a generic ban on discrimination "to the extent doing so is prohibited by federal statute."

The proposed change was published in the Federal Register Nov. 19. In that notice, the agency cited concerns that the Obama-era rule violates the Religious Freedom Restoration Act of 1993, which prohibits the federal government "from substantially burdening a person's exercise of religion." That law, however, also

allows exceptions when there is a "compelling state interest" in doing so and the burden is the "least restrictive means of furthering that interest."

In a letter to HHS dated Dec. 19, the deadline for public comment on the rule, the 19 attorneys general challenged that assertion.

"Our federal tax dollars should not be funneled toward organizations that openly discriminate against certain groups," Raoul said in a separate statement. "I am committed to ensuring that all Americans are protected against discrimination and have an equal opportunity to apply for and take advantage of programs funded through federal grants."

Cultivation centers approved

The state Department of Agriculture announced Dec. 23 that all 21 cultivation centers that have been licensed to grow medical marijuana are now licensed also to grow for adult recreational use, which became legal Jan. 1.

The final three companies to be approved were Bedford Grow LLC in Bedford Park, IL Grow Medicine LLC in Elk Grove Village and JG IL LLC in Edgewood.

Under the marijuana legalization law passed during the 2019 legislative session, cultivation centers already licensed to grow medical marijuana were allowed to apply for early approval of licenses to grow for adult use.

Other applicants will have an opportunity to apply for licenses in an upcoming phase of the implementation process, with priority going to "social equity applicants" — generally, applicants from communities "disproportionately impacted" by the war on drugs, or individuals with previous arrests or convictions for minor marijuana violations.

In addition to the three companies whose approvals were announced last month, the department said in a news release that the other 18 cultivation centers are

- Ataraxia, Albion
- Compass Ventures Inc., Litchfield
- Cresco Labs LLC, Joliet
- Cresco Labs LLC, Kankakee
- Cresco Labs LLC, Lincoln
- Curative Health Cultivation LLC, Aurora
- GTI Oglesby LLC, Oglesby
- GTI Rock Island LLC, Rock Island
- IESO LLC, Carbondale
- InGown Farms, Freeport
- Nature's Grace and Wellness LLC, Vermont
- PharmaCann LLC, Dwight
- PharmaCann LLC, Hillcrest
- Progressive Treatment Solutions, East St. Louis
- Revolution Cannabis LLC (DBA Ascend Illinois), Barry
- Revolution Cannabis LLC, Delavan
- Shelby County Community Services, Shelbyville
- Wellness Group Pharms LLC, Anna

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Curtain rises on 2020 shows

Winter ushers in a wide menu of live performances right in the western suburbs

By Ken Knutson

kknutson@thehinsdalean.com

With the debut of 2020 comes the opening — or continuation — of a number of entertaining and thought-provoking productions at the area's theater venues. From plays to musicals, Shakespeare to Shrek, here are upcoming offerings on local stages for all ages.

■ **'The Nerd'**

Jan. 16-26
Theatre of Western Springs
4384 Hampton Ave.
(708) 246-4043
<https://www.theatreofwesternsprings.com>

Get ready to laugh when a nice guy from Terre Haute hosts the house guest from hell. Times: 8 p.m. Jan. 16-18 & 23-24; 2:30 and 7:30 p.m. Jan. 19, 2:30 p.m. and 8 p.m. Jan. 25, 2:30 p.m. Jan. 26. Tickets: \$22-\$24.

■ **'Shrek The Musical'**

Jan. 17-26
The Community House
415 W. Eighth St., Hinsdale
(630) 708-7332
<https://www.stagedoorfinearts.com>

Based on the Oscar-winning DreamWorks Animation film, an ogre becomes as unlikely hero who finds himself on a life-changing journey alongside a wisecracking Donkey and a feisty princess who resists her rescue. Throw in a short-tempered bad guy, a cookie with an attitude and more than a dozen other fairy tale misfits and it makes for an irreverent, fun adventure for the whole family. Times: 7:30 p.m. Fridays & Saturdays; 2 and 6:30 p.m. Sundays and Saturday, Jan. 25; 7 p.m. Thursday, Jan. 23. Tickets: \$20.

■ **'Disney and Cameron Mackintosh's Mary Poppins'**

Through Jan. 19
Drury Lane Theatre
100 Drury Lane, Oakbrook Terrace
(630) 530-0111
<https://www.drurylanetheatre.com>

Based on the stories of P.I. Travers and the beloved Walt Disney film, this "practically perfect" musical will delight the whole family this holiday season. Lunch- and dinner-theater packages are available

at an additional cost. Show times: 1:30 p.m. Wednesdays, 1:30 and 8 p.m. Thursdays, 8 p.m. Fridays, 3 and 8 p.m. Saturdays, 2 and 6 p.m. Sundays. Tickets: \$60-\$75, \$55 for senior matinees.

■ **'Jeeves Saves the Day'**

Jan. 29-March 1
Mayslake Peabody Mansion
1717 W. 31st St., Oak Brook
(630) 986-8067
<https://www.firstfolio.org>

Jeeves and Bertie are back in this world premiere production as Bertie, once again, finds himself suffering the slings and arrows of misfortune at the hands of his relatives. Caught between the magisterial machinations of his fierce Aunt Agatha and the plaintive pleadings of his cousin Egbert, not to mention the imperious Sir Roderick Glossup — who fully expects his daughter Honoria to save Bertie from his ill-advised bachelorhood — and it's another priceless predicament that only the redoubtable Jeeves can overcome. Times: 8 p.m. Wednesdays, Fridays & Saturdays and Thursday, Jan. 30; 3 p.m. Thursdays & Sundays; 4 p.m. Saturdays, Feb 8-29. Tickets: \$34-\$44, \$29-\$39 for seniors and students, \$25 for preview shows Jan. 29-31.

■ **'The Cake'**

Jan. 30-March 1
McAninch Arts Center
College of DuPage
425 Fawell Blvd., Glen Ellyn
(630) 942-4000
<https://www.atthemac.org>

The Buffalo Theatre Ensemble will perform this Bekah Brunstetter play set in Della's bakery in Winston, N.C. When Jen, the girl Della thinks of as her goddaughter asks Della to make her wedding cake, not for one bride but two, it's hard to follow one of her tried and true recipes as faith, family, food and love meet in the mix. The play, from a writer of NBC's hit "This is Us," contains adult themes and language. Time: 8 p.m. Thursdays to Saturdays, 3 p.m. Sundays. Tickets: \$42, \$40 for seniors.

■ **'Twelfth Night'**

Jan. 31-Feb. 2
Madison Street Theatre



"Mary Poppins" at Drury Lane Theatre in Oakbrook Terrace and **"The Nerd"** at Theatre of Western Springs are two of the entertainment options on area stages this winter season (photos provided).

1010 Madison St, Oak Park
(630) 923-5226
<https://www.bamtheatre.com>

BAMTheatre's production is a rousing contemporary musical adaptation of Shakespeare's classic romantic comedy about mistaken identity and self-discovery. It tells the story of Viola, a young heroine who washes up on the shores of Illyria, disguises herself as a man, is sent to court a countess and falls hard for a Duke. As she navigates this strange and wonderful new land, she finds her true self and true love in the process. Times: 7 p.m. Jan. 31 & Feb. 1, 2 p.m. Feb. 2. Tickets: \$18-\$22.

■ **'An American In Paris'**

Jan. 31-March 29
Drury Lane Theatre
100 Drury Lane, Oakbrook Terrace
(630) 530-0111
<https://www.drurylanetheatre.com>

Based on the Academy Award winner for best picture, "An American in Paris" brings to the stage breathtaking moments of dance set to the music of George and Ira Gershwin. Come away with Jerry Mulligan, an American GI

doing his best to make it as a painter in the bustling city of Paris following the end of World War II. The storied streets of the City of Lights become the dance floor to a ravishing and passionate voyage into art, friendship, and love. Show times: 1:30 p.m. Wednesdays, 1:30 and 8 p.m. Thursdays, 8 p.m. Fridays, 3 and 8 p.m. Saturdays, 2 and 6 p.m. Sundays, 8 p.m. Wednesday, Feb. 5. Tickets: \$60-\$75, \$65-\$70 for preview shows Jan. 31-Feb. 6.

■ **'This Side of Heaven'**

Feb. 6-8
Elmhurst College Theatre at the Mill
190 Prospect Ave.
(630) 617-3005
<https://www.elmhurst.edu/about/special-events/theatre-mill>

In a series of vignettes, follow two teenagers as they come to terms with their "new normal" in the face of their now permanent disabilities following a tragic accident. The story of Fever and Chase gives a real and honest impression of what so many face on a day-to-day basis. For tickets, call the number above or send an email to mill@elmhurst.edu Time: 8 p.m. Tickets: \$7, \$6 for seniors.



Discover Victorian holiday traditions during the final days of Farmhouse Museum Tours: Christmas Memories at Kline Creek Farm. See Page 22 for details. (photo provided by the DuPage County Forest Preserve District)

ARTFULLY DONE

■ Exploring Watercolor

Tuesdays, Jan. 7-Feb. 11
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
(630) 206-9566
<https://www.dupageforest.org>

Aspiring artists will improve their skills at this intermediate-advanced, open-studio-style class through independent and group projects, with guidance from the instructor and feedback in group critique sessions. Time: 10 a.m. to 12:30 p.m. Cost: \$125. RR

■ Vision Board Workshop

Jan. 12
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
(630) 206-9566
<https://www.dupageforest.org>

Use writing, drawing, mark making and image gathering to ignite creative insight that brings themes of change, adventure, personal interest and inspiration to the surface of a large board. The class is for ages 18 and up. Time: 9:30 a.m. to 4 p.m. Cost: \$75 plus \$5 supply fee

due at class. RR

■ Creative Art Journaling

Thursdays, Jan. 16-March 5
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
(630) 206-9566
<https://www.dupageforest.org>

Repurpose a hardcover book by using it as the base for creative expression, and learn to manipulate materials by layering with acrylics, pastels, watercolors and collage. A \$10 supply fee is due at the first class. Time: 9:30 a.m. to noon. Cost: \$145. RR

■ Design with Perler

Jan. 20
Hinsdale Public Library
20 E. Maple St.
(630) 986-1976
<https://www.hinsdalelibrary.info>

Use Perler Beads to create mosaics and designs that can be transformed into pop art, pictures, coasters, magnets and more. Hours: 2 to 4 p.m.

Please turn to Page 20

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Marijuana edibles pose real danger to kids and teens

Yum! Gummy bears, brownies and cookies are children's favorite treats, but when they are infused with marijuana, wrapped in appealing packaging and increasingly accessible, we are setting up a particularly dangerous situation.

Did you know that in states where recreational marijuana has been legalized, the number of young kids coming to the hospital with acute cannabis-related symptoms is on the rise? In Massachusetts, calls to poison control related to kids and marijuana edibles are up threefold. In Michigan the number of calls have risen from six in 2017 to 59 as of September 2019.

Marijuana edibles can be very potent and deliver high levels of THC, the psychoactive chemical found in marijuana. Often, novice edible users ingest larger quantities of the product than the serving size on the packing would suggest. Who would think to eat a seventh of a

chocolate chip cookie? A child certainly wouldn't, and children who ingest edibles can experience a wide range of effects from feeling dizzy and disoriented to becoming unresponsive and experiencing trouble breathing.

Edibles also present a different challenge for parents, specifically for the elementary aged children. The fact that increasing numbers of young children are getting their hands on edible marijuana products, especially in states where recreational marijuana has been legalized, is a real concern. How do we protect them outside the house without being overprotective or "nosy"?

For example, when parents set up play dates, should parents ask if there are marijuana edibles in the home? If so, are they locked and out of reach



Katie Gallagher
(Healthbeat)

of children? We hope that users would be responsible, but what if they aren't?

The dangers of marijuana edibles are not just concerning for young kids; teens are also at risk. Edibles are gaining increased popularity among the teenage set. Both Colorado and Washington, the first states to legalize recreational marijuana, are noting

increased use of potent products such as edibles among teens. According to a study published in the Journal of Adolescent Medicine last August, the percent of Colorado teen marijuana users who typically used edibles rose from 2 percent in 2015 to 10 percent in 2017. And parents, educators and health professionals are noting easy access for teens, despite a legal age of 21. (Washington Post, June 16, 2019).

The high levels of THC in edibles can increase the likelihood of addiction, and we already know that teens that use marijuana regularly have a one in six chance of becoming addicted (NIDA). The regular, heavy use of marijuana by teens is linked to lower educational achievement, higher unemployment rates and can lead to a drop in IQ of up to 8 points (NIDA). THC delivered in high doses is linked to increased risk of paranoia and psychosis. Teens and pre-teens are showing up in their school nurses' office experiencing the ill effects of edible marijuana.

So, as legalization took effect Jan. 1 for those over 21, let's commit to staying informed and working together to ensure that marijuana products stay in the appropriate hands and that we keep our kids and teens safe.

— by Katie Gallagher, director of health education, Robert Crown Center for Health Education

- Did you know that in states where recreational marijuana has been legalized, the number of young kids coming to the hospital with acute cannabis-related symptoms is on the rise?

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Continued from Page 18

LINK UP

■ Newcomers & Neighbors luncheon

Jan. 15
Davanti Enoteca Restaurant
800 Hillgrove Ave., Western Springs
<https://www.HinsdaleNewcomers.org>
Newcomers & Neighbors of the Greater Hinsdale Area will hold its annual "My Greatest Things" luncheon and gift exchange. Attendees should choose one of their favorite things worth \$20 to bring as wrapped White Elephant gift. Newcomers & Neighbors welcomes residents of Hinsdale, Burr Ridge, Oak Brook, Clarendon Hills and Westmont. For further information, visit the website listed above or send an email to info@hinsdalenewcomers.org. Time: 11:30 a.m. to 2:30 p.m. Cost: \$25. RR

FAMILY FUN

■ Little Miss Ann Children's Concert

Jan. 12
Hinsdale Public Library
20 E. Maple St.
(630) 986-1976
<https://www.hinsdalelibrary.info>

Join this fun concert featuring the music of Ann Torralba, aka Little Miss Ann, a former Chicago Public School teacher, a veteran instructor at Chicago's Old Town School of Folk Music and a first-generation Filipina-American. The program is presented with Hinsdale Community Preschool. Time: 3:30 to 4:30 p.m. RR

GAME ON

■ 5 Star Soccer Weekly Skills

Sundays, Jan. 5-Feb. 23
Hinsdale Central High School
5500 S. Grant St.
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Kids ages 5-12 will learn skills and techniques of the sport in this program created by Hinsdale Central soccer head coach Mike Wiggins. Time: noon to 1 p.m. Cost: \$110

■ Fencing Sports Club

Mondays, Jan. 6-Feb. 10
KLM Lodge

5901 S. County Line Road, Hinsdale
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

This class teaches students the basics of attack and defense as well as strategies that create the foundation for their fencing game. Each class will have instruction and bouting. All equipment is provided; beginners, advanced fencers and families are welcome. Classes are taught by the Fencing Sports Club. Times: 4:45 to 5:45 p.m. for advanced fencing, 5:45 to 6:45 p.m. for beginners. Cost: \$60.

GREAT OUTDOORS

■ Hard Water Classic

Jan. 11
Blackwell Forest Preserve
Butterfield Road just west of Winfield Road, Warrenville
(630) 933-7200
dupageforest.org

Anglers of all ages are invited to test their skills at this eighth annual DuPage County Forest Preserve District ice fishing tournament. The top three catches of largemouth bass, bluegill, northern pike and crappie will receive gift cards to local sporting goods stores. The biggest catch overall will earn a gas-powered auger or ice shelter. Door prizes will also be awarded. Participants must bring gear and bait and comply with all applicable fishing regulations and tournament rules. Anglers 16 and older who are not legally disabled must carry valid Illinois fishing licenses. Proceeds support ranger-led recreation programs for special-needs groups, youth groups, Scouts and community resource centers in DuPage County. If conditions aren't ideal, the event will take place Feb. 8. Time: 11-11:45 a.m. check-in, noon to 3:30 p.m. tournament. Cost: \$20 online, \$25 at the event.

HEALTH & WELLNESS

■ Mindful Vinyasa Flow Yoga

Mondays, Jan. 6-Feb. 24
KLM Lodge
5901 S. County Line Road, Hinsdale
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

This beginner friendly slow flow class for those 18 and older links breath to movement to achieve full mind,

body and spirit alignment. The class will include traditional Sun Salutations and a mix of flowing and holding poses to gain strength and stability. Each class will include balance postures, core-focused movements and a full range of motion for healthy joints. No previous yoga experience is required. Participants should bring a mat and towel for knee support. Time: 10:30 to 11:30 a.m. Cost: \$65. RR, MD

■ Mindfulness in the New Year

Jan. 7
Wellness House
415 W. Eighth St, Hinsdale
(630) 323-5150
<https://www.wellnesshouse.org>

Begin the new year by learning mindfulness techniques to set daily intentions, enhance self-care practice and achieve inner peace. This program is for those dealing cancer. Time: 1 to 2:30 p.m. RR

■ Yoga in the Mansion

Wednesdays, Jan. 8-29
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
(630) 206-9566
<https://www.dupageforest.org>

Start the day with a yoga class in beautiful historic Mayslake Hall library. The class is designed for all levels and led by a certified yoga practitioner. Time: 7:30 to 8:30 a.m. Cost: \$40 in advance, \$14 per class for drop-ins.

■ Adult Taekwondo

Wednesdays, Jan. 8-March 18
KLM Lodge
5901 S. County Line Road, Hinsdale
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Restricted to high school students and older, this program concentrates on Taekwondo techniques through the study of forms and stances and the skills of punching, kicking and blocking. Jan. 8 and April 22 classes will be held at the Burr Ridge Community Center, 15W400 Harvester Drive. Time: 7:15 to 8:10 p.m. Cost: \$121. RR

■ Head and Neck Cancer Updates

Jan. 16
Wellness House
131 N. County Line Road, Hinsdale
(630) 323-5150

Please turn to Page 21

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Continued from Page 20

<https://www.wellnesshouse.org>

Drs. Samer Al-Khudari and Michael Jelinek of Rush University Medical Center will discuss the latest developments, including robotic surgery, chemotherapy and radiation options as well as head and neck cancers related to human papillomavirus. Time: 6:30 to 8 p.m. RR

■ Zumba

Jan. 17-May 29
The Community House
415 W. Eighth St., Hinsdale
(630) 323-7500
<https://www.thecommunity-house.org>

This ongoing dance fitness class for all exercise levels features energetic music blending Latin and world rhythms with easy to follow dance moves to provide a fun total body workout. Time: 9 to 9:45 a.m. Cost: \$175 for 10-punch card, \$18 for drop-in daily fee. RR, MD

JUST FOR KIDS

■ Wizards, Wands and Wildlife

Jan 3 & 4
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
630-942-6200
<https://www.dupageforest.org>

Spend an enchanted evening at Mayslake Hall and attend magical courses to learn about nocturnal creatures, insect transformations, and ways wildlife find food. Solve mysteries by investigating real animal bones. Feel free to dress in magical attire and bring a wand, or visit the wand maker on site. Light refreshments will be served, and there will be a gift shop for purchasing stuffed owls and other creatures. The program is for ages 8 and up; under 18 must be with an adult. Times: 6 to 9 p.m. Jan. 3, 3 to 6 p.m. Jan. 4. Cost: \$15.

■ Animal Adventures

Tuesdays, Jan. 7-21
Lake View Nature Center
17W063 Hodges Road,
Oakbrook Terrace
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Children ages 4-6 will be introduced to the wonderful world of animals and their habitats through creative exercises and hands-on learning. This is a drop-off class,

and children should dress for their adventures with the animals in outdoor weather-appropriate clothing. Time: 9 to 11 a.m. or 12:30 to 2:30 p.m. Cost: \$48. RR

■ Winter Reading Club

Through Jan. 15
<https://www.RepMazzochi.com>

State Rep. Deanne Mazzochi (R-47, Elmhurst) invites kids ages 5-12 to join this club by reading three books over the course of the month. Participants will receive a reading certificate and enjoy a fun afternoon with other readers at the Oak Brook Recreation Center. Club registration forms are available at the website listed above, at the Hinsdale Public Library or at Rep. Mazzochi's office at 1 S. Cass Ave., Westmont. Forms should be delivered to her Westmont office or sent to mazzochi@ilhousegop.org.

■ Be Smart About Smartphones

Jan. 15
Hinsdale Public Library
20 E. Maple St.
(630) 986-1976
<https://www.hinsdalelibrary.info>

This informative program will give you an idea of what features to look for in a new smartphone and whether flagship phone models are worth the premium over their mid-tier counterparts. Time: 7 to 8:15 p.m. RR

■ School's Out Movie Day

Jan. 17
Leave from The Community House
415 W. Eighth St., Hinsdale
(630) 323-7500
<https://www.thecommunity-house.org>

Kids in kindergarten through eighth grade are invited on an excursion to Hollywood Blvd. to see the latest children's movie. They will be able to relax in big comfortable chairs with a lunch of pizza, popcorn and drink included. Extended care from 3:30 to 6 p.m. is available for \$29. Time: 7 a.m. to 3:30 p.m. Cost: \$70. RR, MD

NOTEWORTHY

■ Elmhurst Symphony Orchestra

Jan. 11
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
(630) 941-0202

<https://www.elmhurstsymphony.org>

Enjoy a delightful afternoon of Mozart, and take a guided tour of the mansion at 1 p.m. for an extra \$5. The concert is for ages 12 and up; those under 18 must be with an adult. Time: 2:30 to 4:30 p.m. Tickets: \$30, \$12 for students.

SIGN UP NOW

■ Hear Saver AED class

Jan. 4
Hinsdale Fire Department
121 Symonds Drive
(630) 789-7090
villageofhinsdale.org/pr

This automatic external defibrillator class is intended for those ages 16 and older who need or desire certification in CPR but are not health care professionals. The class includes a pocket mask and AED training. Time: 8 a.m. to noon. Cost: \$50.

■ Ballroom Dance

Mondays, Jan. 6-March 9
KLM Lodge
5901 S. County Line Road,
Hinsdale
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

In the beginners class, students will be introduced to proper technique while learning foxtrot, waltz, swing and a little polka. The intermediate class is for those who want to build on their dance knowledge by learning the Latin dances of cha-cha, tango, and rumba along with advanced steps in the beginner dances. Times: 7 to 8:30 p.m. for beginners, 8:30 to 10 p.m. for intermediate. Cost: \$40. RR

■ Archery: Adults

Jan. 9
Mayslake Peabody Estate
1717 W. 31st St., Oak Brook
(630) 933-7248
<https://www.dupageforest.org>

Newcomers and experienced archers will learn safety tips, proper shooting techniques and basic skills. This program is inside Mayslake Hall, and equipment is provided. Participants must arrive before the safety instructions at the start of the program. Time: 10 to 11:30 a.m. Cost: \$5. RR

■ Not Your Mother's Line Dancing

Thursdays, Jan. 16-Feb. 27

Please turn to Page 22

Continued from Page 21

Darien Park District
7301 Fairview Ave.
(630) 789-7090
<https://www.villageofhinsdale.org/pr>

Learn to line dance to country, pop, rock, oldies and current hits using a pattern of steps that repeats throughout a song. Time: 6:30 to 7:45 p.m. Cost: \$50. RR

SPECIAL EVENTS

■ School nurse retirement party

Jan. 7
Madison School MRC
611 S Madison St.

The Madison School PTO will honor retiring Madison School nurse Peg Bellich for her 20 years of caring for the school's children. All former and current families are invited to come celebrate. For more information, call Amy in the school office at (630) 861-4100. Time: 3:15 to 5 p.m.

■ Enchanted Railroad

Jan. 17-Feb. 23
Morton Arboretum
4100 Route 53, Lisle
<https://www.mortonarb.org>

The popular Enchanted Railroad pulls into the arboretum, where families can experience tiny versions of tree collections from around the world and more than 10 model trains winding through the intricate two-level display. Pick up timed tickets at the visitor center information desk. Hours: 10 a.m. to 4 p.m. weekdays, 9 a.m. to 4 p.m. weekends. Admission: \$15, \$13 for seniors 65 and older, \$10 for kids 2-17 and free for children under 2. MD

STEPPING BACK

■ Farmhouse Museum Tours: Christmas Memories

Through Jan. 6
Kline Creek Farm
1N600 County Farm Road,
West Chicago
(630) 876-5900
<https://www.dupageforest.org>

Discover Victorian holiday traditions and explore the lifestyle of a successful farm family during a tour of the farmhouse museum. Tours offered on the hour Thursdays to Mondays. Time: 10 a.m. to 3 p.m.

■ Mayslake Hall Franciscan Era Tour

Jan. 7
Mayslake Peabody Estate

1717 W. 31st St., Oak Brook
(630) 206-9566
<https://www.dupageforest.org>

Learn about the Franciscan Province of the Sacred Heart, which owned and operated Mayslake Hall as a retreat house from 1924 to 1991, and the "mad monks" who chased away curious visitors. The program is for ages 12 and up; those under 18 must be with an adult. Time: 7 to 8:30 p.m. Cost: \$15.

TEENS & TWEENS

■ Silhouette Mugs

Jan. 20
Hinsdale Public Library
20 E. Maple St.
(630) 986-1976
<https://www.hinsdalelibrary.info>

Make a mug with a cool silhouette design to take home while enjoying hot chocolate. Time: 2 to 3 p.m. RR

WEE ONES

■ Adult and Tot Sports

Mondays, Jan. 6-Feb. 10
The Community House
415 W. Eighth St., Hinsdale
(630) 323-7500
<https://www.thecommunity-house.org>

Kids ages 2-4 and their parents will work together on basic sports movement and motor skills. Sports equipment and instruction are provided to help guide children through an introduction to

organized sports. Adult participation is required. Time: 10 to 10:45 a.m. Cost: \$70. RR, MD

■ Sports and More

Mondays, Jan. 6-Feb. 10
The Community House
415 W. Eighth St., Hinsdale
(630) 323-7500
<https://www.thecommunity-house.org>

Children ages 3-5 will be

Please turn to Page 23



CORKS & FORKS
and a little education

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HINSDALE WINE ACADEMY,
& TASTE OF HOME CATERING

The Event
FRIDAY, FEBRUARY 21 | 6:30-9:30 pm
THE LODGE at KLM PARK
inclement winter weather date: 2/28
Cozy up at The Lodge in Katherine Legge Memorial Park for an evening of spectacular wine, delicious food, great company, and a little education. At *Corks & Forks*, **taste twelve unique wines** chosen by Hinsdale Wine Academy...**paired with six tapas style courses** prepared by Taste of Home Catering. Enjoy time spent with friends and neighbors while learning the basics of wine and food pairing.

The Tickets ON SALE DEC. 9
INDIVIDUAL TICKET \$64
RESERVE A TABLE FOR YOUR PARTY OF 8 - \$20
PURCHASE AT VILLAGEOFHINSDALE.ORG/PR
Max of 80 tickets available.
Must be 21+

The Sommelier
Corks & Forks is led by experienced Sommelier, Lorenzo Muñoz, neighbor and co-founder of Hinsdale Wine Academy. He finds his happy place whenever wine, food, & friends come together. He is a Certified Sommelier with the Court of Master Sommeliers, and a Certified Specialist of Wine/Certified wine educator with the Society of Wine Educators. Hinsdale Wine Academy offers Level 1 & Level 2 wine classes spanning 6-8 weeks, as well as two hours boot camps. More info can be found at hinsdalewineacademy.com

SCAN FOR TICKETS!




Pet pic of the week

Dollop is a beautiful black and white kitty who was found on the streets in Hinsdale. She was severely underweight, so our team worked to get her in with a wonderful and loving foster family who brought her back up to weight and showered her with love and affection. Now at 6 months old, she is ready to find her forever home.

Come meet Dollop and all of the other pets at the Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center at 21 Salt Creek Lane. The shelter is open from 2 to 8 p.m. Tuesday, noon to 6 p.m. Wednesday through Friday and 10 a.m. to 4 p.m. Saturdays and Sundays. For more information, call (630) 323-5630 or visit hinsdalehumane.org. (photo provided)



Continued from Page 22

introduced to the fundamentals of sports including basketball, floor hockey, football, kickball, soccer and T-ball. They will develop motor skills and grow socially and emotionally through teamwork and good sportsmanship. Time: 10:45 to 11:30 a.m. Cost: \$70. RR, MD

■ Toddler/Preschooler Obstacle Course

Jan. 10
Hinsdale Public Library
20 E. Maple St.
(630) 986-1976
<https://www.hinsdalelibrary.info>

Kids up to age 5 are invited to test their ninja warrior skills as they hop, skip, and jump their way through an obstacle course. Hours: 10 a.m. to noon.

■ Yoga for Youngsters

Tuesdays, Jan. 14-March 3
The Community House
415 W. Eighth St., Hinsdale
(630) 323-7500
<https://www.thecommunity-house.org>

Kids ages 3-5 will learn a

variety of yoga poses, or mudras, as well as play fun yoga games, with help from books and stories to increase yoga knowledge. Creative expression with many yoga moves will help children learn relaxation and meditation. Time: 10 to 10:30 a.m. Cost: \$135. RR, MD

■ Kid Rock

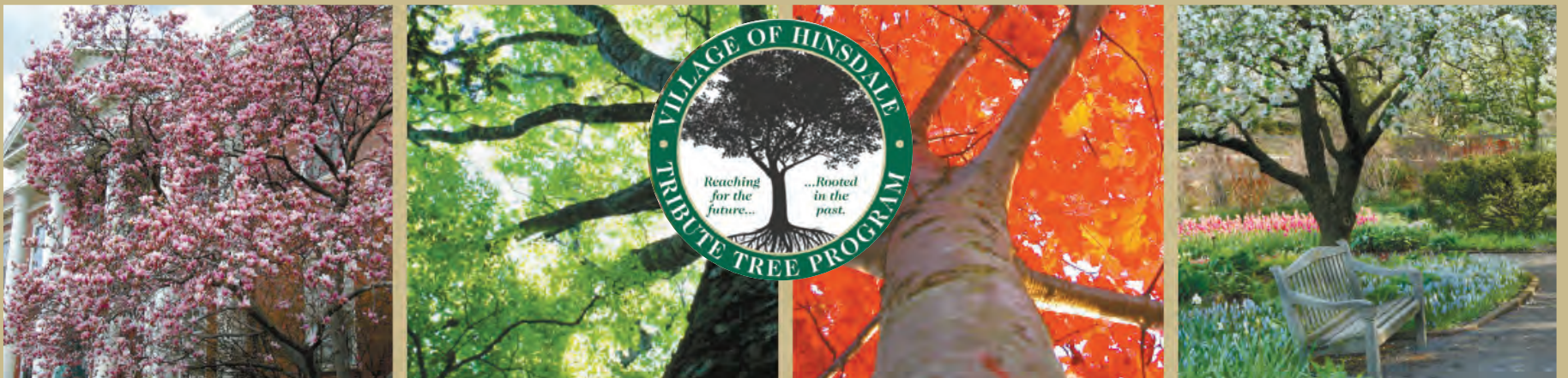
Tuesdays, Jan. 14-March 3
Clarendon Hills Community Center
315 Chicago Ave.
(630) 789-7097 <https://www.villageofhinsdale.org/pr>

Children ages 2-3 will learn new songs, rhymes and gross motor skills while using rhythm instruments and movement props. They'll develop listening skills, fine motor skills and coordination through imaginative play and sensory integration. Times: 10:15 to 10:55 a.m. for Kid Rock I (age 2 with a caregiver), 11 to 11:40 a.m. for Kid Rock II (ages 3-5). Cost: \$85. RR

Key

RR - registration required

MD - member discount



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Classified deadline:
Tuesday 5 p.m. for
Thursday's publication

Email:
tinaw@thehinsdalean.com



So you think you're a *real* Hinsdalean, eh? Tell us where you think this picture was taken and you can win a Fuller's Ultimate Car Wash gift card. Send your answer to: The Hinsdalean, Village Posting Board, 7 West First St., Hinsdale, IL 60521. Winners will be drawn from correct answers received weekly. *Good luck!*

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Crossword Answers

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E	C	H	O		A	D	O		U	N	D	O
F	E	E	L		S	A	I	N	T	D	O	M
F	R	E	E	D	O	M		A	I	S	L	E
				M	A	N		T	A	N		
I	R	O	N	Y		K	I	N	G	D	O	M
F	A	R			V	I	E			I	R	E
S	T	A	R	D	O	M		T	W	E	E	T
			E	E	L		B	A	R			
F	A	T	W	A		B	O	R	E	D	O	M
A	T	R	A	N	D	O	M		N	A	V	E
D	O	E	R		N	U	B		C	L	A	N
S	P	E	D		A	T	E		H	E	L	D

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No winter lasts forever; no
spring skips its turn.

Hal Borland

How the snow falls in the north!
Flake on flake falling incen-
santly, until the small dingles
are almost on a level with the
uplands. It throws itself on the
leaves of autumn, and holds
them down in security from the
strongest winds. W. H. Davies

We can learn much from wise
words, little from wisecracks,
and less from wise guys.

William Arthur Ward

The first fall of snow is not only
an event, it is a magical event.
You go to bed in one kind of a
world and wake up in another
quite different, and if this is not
enchantment then where is it
to be found? J. B. Priestley

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Public Notices

CERTIFICATE NO. 77329
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County on December 27,
2019, wherein the business
firm of

BATH EXPERT

Located at PO BOX 6823,
Villa Park, IL. 60181 was reg-
istered; that the true or real
name or names of the per-
son or persons owning the
business, with their respective
post office address(es), is/are
as follows: Piotr Wyroba, 2200
S. Stewart Avenue, Apt. 4G,
Lombard, IL. 60148
IN WITNESS WHEREOF, I
have hereunto set my hand
and Official Seal at my office
in Wheaton, Illinois, this 27th
day of December, A.D. 2019.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean
January 2, 9 & 16, 2020.

CERTIFICATE NO. 77290
was filed in the office of the
County Clerk of DuPage
County on December 9, 2019,
wherein the business firm of

SOYOUNG SUN, Ph. D. PSYCHOLOGICAL SERVICES

Located at 1988 Nutmeg
Lane, Naperville, IL. 60565
was registered; that the true
or real name or names of the
person or persons owning the
business, with their respective
post office address(es), is/are
as follows: Suh Soyoung, 1988
Nutmeg Lane, Naperville, IL.
60565
IN WITNESS WHEREOF, I
have hereunto set my hand
and Official Seal at my office in
Wheaton, Illinois, this 9th day
of December, A.D. 2019.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean
December 19 & 26, 2019
& January 2, 2020.

Advice is like snow - the soft-
er it falls, the longer it dwells
upon, and the deeper it sinks
into the mind.

Samuel Taylor Coleridge

I find the great thing in this
world is not so much where
we stand, as in what direction
we are moving: To reach the
port of heaven, we must sail
sometimes with the wind and
sometimes against it - but we
must sail, and not drift, nor lie
at anchor.

Oliver Wendell Holmes, Sr.

Public Notices

CERTIFICATE NO. 77299
was filed in the office of the
County Clerk of DuPage
County on December 13,
2019, wherein the business
firm of

UNIQUE SPARKS - PHOTOGRAPHY BY SUSANN RASCH

Located at 611 Austin Street,
Downers Grove, IL. 60515
was registered; that the true
or real name or names of the
person or persons owning the
business, with their respec-
tive post office address(es), is/
are as follows: Susann Rasch,
611 Austin Street, Downers
Grove, IL. 60515
IN WITNESS WHEREOF, I
have hereunto set my hand
and Official Seal at my office
in Wheaton, Illinois, this 13th
day of December, A.D. 2019.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean
December 19 & 26, 2019
& January 2, 2020.

CERTIFICATE NO. 77313
was filed in the office of the
County Clerk of DuPage
County on December 17,
2019, wherein the business
firm of

LYLA LANE PHOTOGRAPHY

Located at 6800 Scotch Pine
Trail, Darien, IL. 60561-3895
was registered; that the true
or real name or names of the
person or persons owning the
business, with their respective
post office address(es), is/are
as follows: Jennifer Rosiere,
6800 Scotch Pine Trail,
Darien, IL. 60561-3895
IN WITNESS WHEREOF, I
have hereunto set my hand
and Official Seal at my office
in Wheaton, Illinois, this 17th
day of December, A.D. 2019.
Jean Kaczmarek
DuPage County Clerk

Published in The Hinsdalean
January 2, 9 & 16, 2020.

Holiday Fun



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Public Notices

CERTIFICATE NO. 77312 was filed in the office of the County Clerk of DuPage County on December 16, 2019, wherein the business firm of

THE MERCEDES OF MAIDS

Located at 0N019 Ambleside Drive #208, Winfield, IL. 60190 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Merceda Malay, 0N019 Ambleside Drive #208, Winfield, IL. 60190

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 16th day of December, A.D. 2019. Jean Kaczmarek DuPage County Clerk

Published in The Hinsdalean December 26, 2019, January 2 & 9, 2020.

CERTIFICATE NO. 77282 was filed in the office of the County Clerk of DuPage County on December 3, 2019, wherein the business firm of

SMART BUILDERS

Located at 3B Kingerly Quarter, Unit 106, Hinsdale, IL. 60527 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Dudek P. Oktawian, 3B Kingerly Quarter, Unit 106, Hinsdale, IL. 60527; Ivan Antonio Navarrete Martinez, 77 W. Altgeld Avenue, Glendale Heights, IL. 60139

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 3rd day of December, A.D. 2019. Jean Kaczmarek DuPage County Clerk

Published in The Hinsdalean December 19 & 26, 2019 & January 2, 2020.

One way to get the most out of life is to look upon it as an adventure. William Feather

If you want to see the sunshine, you have to weather the storm. Frank Lane

Sunshine is delicious, rain is refreshing, wind braces us up, snow is exhilarating; there is really no such thing as bad weather, only different kinds of good weather. John Ruskin

When you are joyous, look deep into your heart and you shall find it is only that which has given you sorrow that is giving you joy. When you are sorrowful look again in your heart, and you shall see that in truth you are weeping for that which has been your delight. Khalil Gibran

Equal Housing



It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is not clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing laws.



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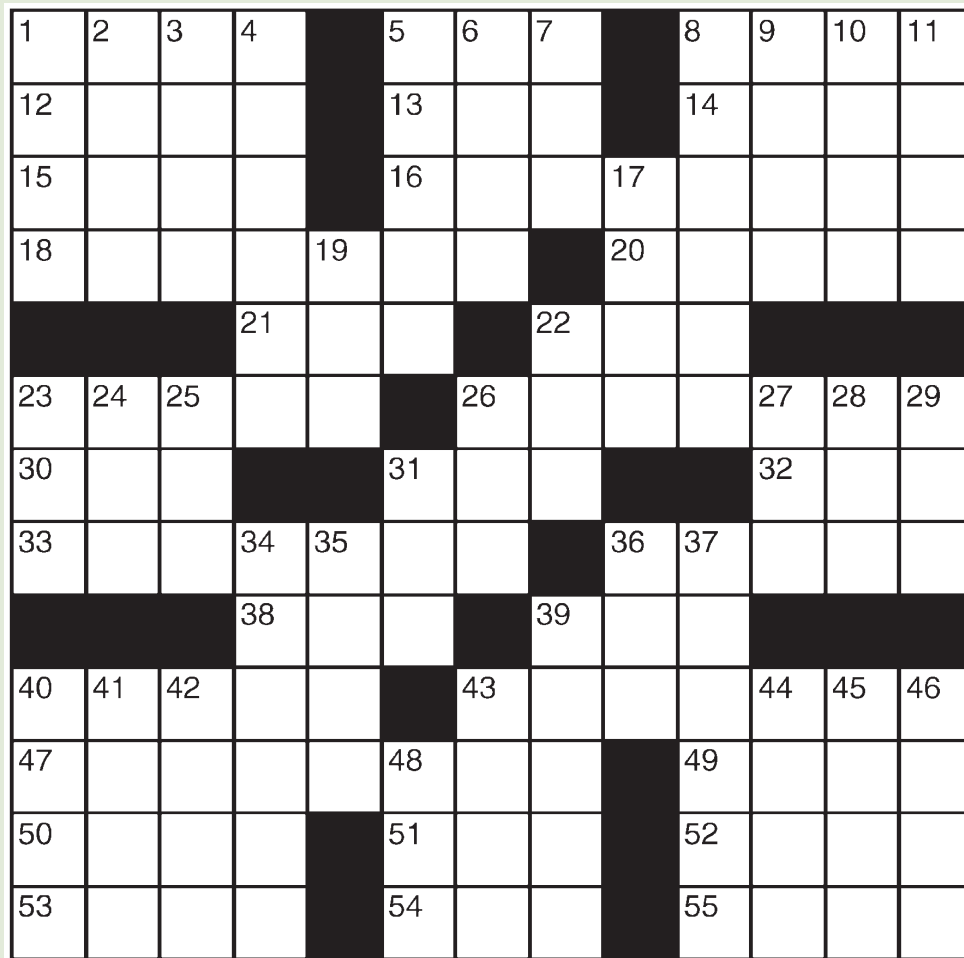
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MIND GAMES

ACROSS
1 BIG FISH STORY?
5 CHART
8 CHOW –
12 REVERBERATE
13 COMMOTION
14 LOOSEN
15 SENSE
16 RESULT OF
CANONIZATION
18 LIBERTY
20 SUPERMARKET SECTION
21 FELLOW
22 FORMER M&MS COLOR
23 O. HENRY'S SPECIALTY
26 REALM
30 DISTANT
31 COMPETE
32 RAGE
33 HOLLYWOOD HOPE
36 140-CHARACTER
MESSAGE
38 CONGER, E.G.
39 PROHIBIT
40 ISLAMIC DECREE
43 ENNUI
47 HAPHAZARDLY
49 CHURCH SECTION
50 ACTIVE ONE
51 GIST
52 FAMILY
53 RACED
54 NOSHD
55 MAINTAINED



DOWN
1 COMIC FOXWORTHY
2 COMPUTER BRAND
3 ROLLER COASTER
OUTCRY
4 GRAVE
5 LAWYER PLAYED BY
BURR
6 FIRST 21-ACROSS
7 LUAU DISH
8 CUTTING THE VOLUME
9 TACKLES' TEAMMATES
10 "AMERICAN –"
11 ALASKAN CITY
17 FLATBREAD OF INDIA
19 ROTATION DURATION
22 DEAD HEAT
23 CONDITIONS
24 SNITCH
25 MAN-MOUSE LINK
26 BASINGER OR
CATTRALL
27 CONK OUT
28 RAW ROCK
29 BUMPED INTO
31 ENCYC. COMPONENT
34 FINDER'S FEE
35 CAMPUS VIP
36 PITCH
37 MECHANIC'S TOOL
39 LAYERED ICE CREAM
TREAT
40 CRAZES
41 ON
42 GENEALOGY DISPLAY
43 MATCH IN THE RING
44 "OVER HILL, OVER – ..."
45 ELLIPSE
46 FIX
48 "CSI" EVIDENCE

ANSWERS TO TODAY'S CROSSWORD CAN BE FOUND IN THE CLASSIFIEDS.

Weekly SUDOKU

by Linda Thistle

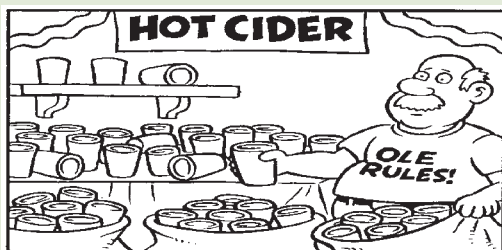
		3			4	2	1	
	2		1					4
7				3		8		
	9			4			6	
		8	9			7		
6					3			5
		2	5				8	
8				2				9
	5				6	4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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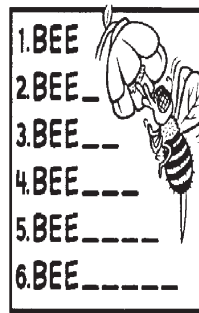
THE HOT CIDER was a big hit at the potluck dinner, but look at the mess to be cleaned up afterward. How many cups can you find in the picture?

Answer: We found 43. How about you?

"BEE" CAREFUL SOLVING THIS ONE! In this puzzle all of the words get progressively longer, and they all start with BEE. The following hints should help:

1. A busy worker (given).
2. Source of sugar.
3. A gray tree.
4. An electronic device.
5. Used in making crayons.
6. Brand of chewing gum.

Answers: 1. Bee, 2. Beet, 3. Beech, 4. Beeper, 5. Beeswax, 6. Beechnut.



S	2	7	4	9	8	3	6	5	1	A
U	6	3	5	1	2	7	2	9	8	N
D	1	8	9	2	6	5	2	3	4	S
O	5	2	6	3	1	8	7	2	9	W
K	3	7	2	5	9	6	8	1	2	E
U	8	9	1	2	7	2	9	6	3	R
	9	5	8	6	3	2	1	7	2	
	4	6	3	8	2	1	9	2	5	
	2	1	2	4	5	9	3	8	6	

HOROSCOPES

January 2020 Horoscopes • Week 2



CAPRICORN

CAPRICORN – Dec 22/Jan 20
A new person may come into your life this week, and this can potentially change things forever, Capricorn. Exercise caution but do not be opposed to trying something new.



ARIES

ARIES – Mar 21/Apr 20
Aries, you have met some people who may have greatly influenced your attitude and partnerships. Even if people are pushing you one way, you have free will to go another.



CANCER

CANCER – Jun 22/Jul 22
Cancer, do not expect any enormous revelations this week, as things will work a lot more slowly. But keep an eye on the sidelines for the little changes that may occur.



LIBRA

LIBRA – Sept 23/Oct 23
Although no major events will come to fruition, this is an excellent week for you to simply sit back and breathe a little. Things will get busy in the weeks to come, however.



AQUARIUS

AQUARIUS – Jan 21/Feb 18
A voyage to faraway lands might be on the table, Aquarius. A trip may be just what you need to find that extra energy as you look to shake things up.



TAURUS

TAURUS – Apr 21/May 21
Taurus, if you want to modify something in your life, now is your chance to do it. This is the week to make some concrete changes that will benefit you.



LEO

LEO – Jul 23/Aug 23
The week ahead should be fairly positive, Leo. As a new phase in your life progresses, you will have the opportunity to express yourself more and more.



SCORPIO

SCORPIO – Oct 24/Nov 22
Scorpio, look at events from a different perspective to fully take them all in. Over the next several days, you'll be on a mission to correct something in your past.



PISCES

PISCES – Feb 19/Mar 20
Pisces, if your romantic relationship lacks spark, you may have to speak up and express your hopes and desires. Embrace all ideas.



GEMINI

GEMINI – May 22/Jun 21
You have several weeks to understand how recent changes will affect you, Gemini. You may need to get a few new friends in your circle of supporters.



VIRGO

VIRGO – Aug 24/Sept 22
Expect some major movement in your career and love life, Virgo. The two may even be intertwined in some way. You may be floating on air in all this good news.



SAGITTARIUS

SAGITTARIUS – Nov 23/Dec 21
A feeling of newness and openness are driving your decisions, Sagittarius. Attend all of the events presented to you; you never know where opportunity lies.

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SPORTS

Basketball, boys

Dec. 23-27 Hinsdale Central Holiday Classic
vs. Willowbrook
V loses 47-49
Isaacson, 20 points, 3 rebounds, 2 blocks
Cain, 5 points, 3 rebounds, 4 assists, 2 steals
Northey, 5 points, rebound, assist
Nelson, 4 points, 7 rebounds, 2 assists, 4 steals
Quast, 4 points, 4 rebounds, assist
St. John, 4 points, 6 rebounds, assist, 3 steals
Schiavitti, 2 points, 5 rebounds, block
Sessa, 2 points, 2 rebounds
Borhani, point, 2 rebounds, steal
vs. Richards
V loses 64-73
Isaacson, 24 points, 6 rebounds, 2 assists, 4 blocks
Quast, 10 points, 5 rebounds, block, 2 steals
Sessa, 8 points, 8 rebounds
Nelson, 6 points, 3 rebounds, assist, 3 steals
Northey, 6 points, 6 rebounds, 2 assists, steal
Borhani, 4 points, 2 rebounds
St. John, 4 points, 4 rebounds, 2 assists, steal
Cain, 2 points, 4 rebounds, 2 assists
Schiavitti, 2 rebounds, assist, block, 2 steals
vs. Westinghouse
V loses 73-78
Isaacson, 30 points, 6 rebounds, 2 assists, 3 blocks
Nelson, 10 points, 5 rebounds, 4 assists
Quast, 10 points, 2 rebounds, block, steal
St. John, 8 points, 5 rebounds, 5 assists, block, steal
Sessa, 7 points, rebound, assist
Northey, 6 points, 2 rebounds, 4 assists, steal
Borhani, 2 points, rebound, steal
Cain, 3 rebounds, 2 assists
Schiavitti, 2 rebounds, assist

Basketball, girls

Dec. 23-28 @ Bill Neibch Falcon Classic
vs. Glenbrook South
V loses 31-46
Monyek, 14 points, 7 rebounds, block, 3 steals
Cernugel, 8 points, 2 rebounds, 2 assists, 3 steals

Butler, 6 points, 5 rebounds, assist, 2 steals
Sarros, 2 points, 8 rebounds, 4 assists
Howe, point, 3 rebounds, assist
Randle, 3 rebounds, 2 assists
McLaughlin, rebound
vs. Glenbard North
V loses 36-41
Monyek, 17 points, 3 rebounds, assist, 3 steals
Randle, 7 points, 5 rebounds, 2 assists
Sarros, 5 points, 9 rebounds, 2 assists, 3 blocks, 3 steals
Cernugel, 4 points, 5 rebounds, 3 assists, 3 steals
Howe, 3 points, rebound, assist, steal
Butler, 5 rebounds, steal
McLaughlin, assist, block
Conley, 2 steals
Ward, steal
vs. Wheaton North
V loses 30-42
Monyek, 13 points, 13 rebounds, block, 4 steals
Sarros, 6 points, 2 rebounds, 2 assists, steal
Butler, 5 points, 4 rebounds, assist
Howe, 2 points, 3 rebounds, assist
McLaughlin, 2 points, assist
Randle, 2 points, 5 rebounds, 2 assists, 2 steals
Cernugel, 2 rebounds, 3 assists
Conley, rebound
Ward, assist

Wrestling

Dec. 27 & 28 @ DeKalb Invite
vs. Plainfield South (quarterfinal)
V wins 42-39
120 pounds
Perez, fall 3:18
138 pounds, 5:30
Song, fall
220 pounds
Robinson, fall 1:16
285 pounds
Gatewood, fall 5:02
vs. Brownsburg (semifinal)
V loses 3-63
132 pounds
T. Skokna, dec. 8-5
vs. Wheaton North (3rd place)
V wins 48-27
120 pounds
Perez, fall 3:01
152 pounds
M. Skokna, fall 0:49
285 pounds
Gatewood, 11-5 (sudden victory)

Introducing...



Editorials written in Hinsdale about Hinsdale.

The Hinsdalean

One town. One paper.

SPORTS

Red Devils, 15 other teams compete in Hinsdale Central Holiday Classic



Hinsdale Central's Phillip Borhani (clockwise from top left) lays in a basket and teammate Connor Nelson (top right) drives and puts up a shot in a game against Richards during the Hinsdale Central Holiday Classic Dec. 26. Zach Northey leads a fast break and Mac Quast attempts a shot over Richards' Albert Jones in the matchup, which the Red Devils lost 64-73. Homewood-Flossmoor won the championship by beating DePaul Prep 53-48 Saturday. Central results appear on Page 29. (photos by Steve Johnston for The Hinsdalean)

Registration for 2020 NOW OPEN!



Register and Pay Online @ www.hinsdalell.org

A Great Program Right Here in Hinsdale - Details are as follows:

- Fee \$250.00 Per Player
- Registration is for Hinsdale school children born before Sept. 2014 up to age 12
- Registration will close on 2/15, if your son/daughter is not registered before 2/15 they will NOT be able to play

HLL Website - Please follow accordingly:

- Register at www.hinsdalell.org
- Click register from your phone or computer
- Follow prompts to create a new account
- Follow steps to register your child



Workout Day - 9:00 am - 12:00 pm Jan. 26th at HCHS Field House

- 6YO - 9:00am
- 7YO - 9:45am
- 8YO - 10:30am
- 9YO and New Kids 10-12YO - 11:15am

Coach Volunteers

- As you register your child, there will be a section where you can volunteer to coach
- You will be subject to a background check
- Please note we cannot guarantee everyone will be able to coach as there may not be enough spaces - we will contact coaches shortly after registration closes



Tentative 2020 Season Schedule

- Registration starts 12/16/19
- Player Evaluation 1/26/20
- Registration closes 2/15/20
- HLL draft 2/29/20
- Practices start week of April 1, 2020 (weather permitting)
- Opening Day tentatively 4/5/20
- Watch your emails for more info!

THANK YOU

TO ALL MY CLIENTS FOR A WONDERFUL 2019



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