

# The Hinsdalean

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*Community journalism the way it was meant to be*



**A race to the start** — Miles Post, Melissa Macri and her brother, Vince, were off to a fast start on the first day of kindergarten at Madison School. The trio was anxious for afternoon kindergarten to begin. Across District 181, 339 kindergartners began their educational journey Friday. Bringing up the rear are parents Wendy and P.J. Macri and nanny Whitney King. (Jim Slonoff photo)



Mind-body connection key in fight against cancer.

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Pulse columns return with 'Check this Out' from HPL.

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Meet your 2019 senior Red Devil football players.

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# NEWS

## Food allergies focus of D181 initiative

By Ken Knutson  
kknutson@thehinsdalean.com

The Community Consolidated Elementary District 181 Board has continued to bolster its food allergy management plan to keep students safe and staff trained in the event of allergy-related medical emergency.

At Monday's board meeting, Dana Bergthold, executive director of special education, presented the district's plan, which is entering its second year of implementation. She said the district holds ongoing professional development for all employees and has procured books and curriculum supplements to help students better understand and become more sensitive to the issue of food allergies.

Bergthold said teachers and nurses are working together to most

effectively deliver those lessons and "what it means to be a friend of a student with an allergy."

Field trip sites are considered with food allergy factors in mind, she added, and First Student bus drivers have been apprised of the plan and instructed not to allow kids to eat on the bus. Pre-packaged foods available for purchase at the two middle schools indicate whether an item contains allergens.

Superintendent Hector Garcia commented on the catering menu the district's vendor, Quest, created to align with the food allergy parameters.

"Now we have more control over what we are serving to kids during celebrations and any type of before- or after-school activity, so we're really excited about that component," Garcia said.

The district has scheduled speakers to talk to students about food allergies, and John Munch, assistant superintendent for human resources, told board members that staff training will be an annual event.

"Every year we'll revisit to make sure that our procedures, our policies, our best practices become known by everyone," Munch said.

Board member Meeta Patel stressed the need for teachers to be able to quickly identify cases of anaphylactic shock by having a foreknowledge of kids who qualify for so-called 504 plans due to food allergies.

"We want them have a snapshot look at their classroom and say, 'I have three kids (with food allergies),' not, 'I have 10 kids with a 504' and then have to look to see what is that 504 pertaining to," Patel said.

Munch said teachers will have to know the specific needs of their students in order to provide that information to a substitute if necessary.

"A component of that substitute folder is all the students in their class who have an allergy or a severe medical need that the substitute needs to be aware of," he said.

Bergthold said the district has come a long way in recent years addressing food allergy concerns.

"We've got a lot of good things planned, a lot of opportunities for our staff to engage in those conversations," Bergthold said. "(The food allergy management plan) was designed for increasing student safety and making sure that we're accounting for all of those controls that we can put into place so that students aren't at risk of having an anaphylactic reaction while at school."

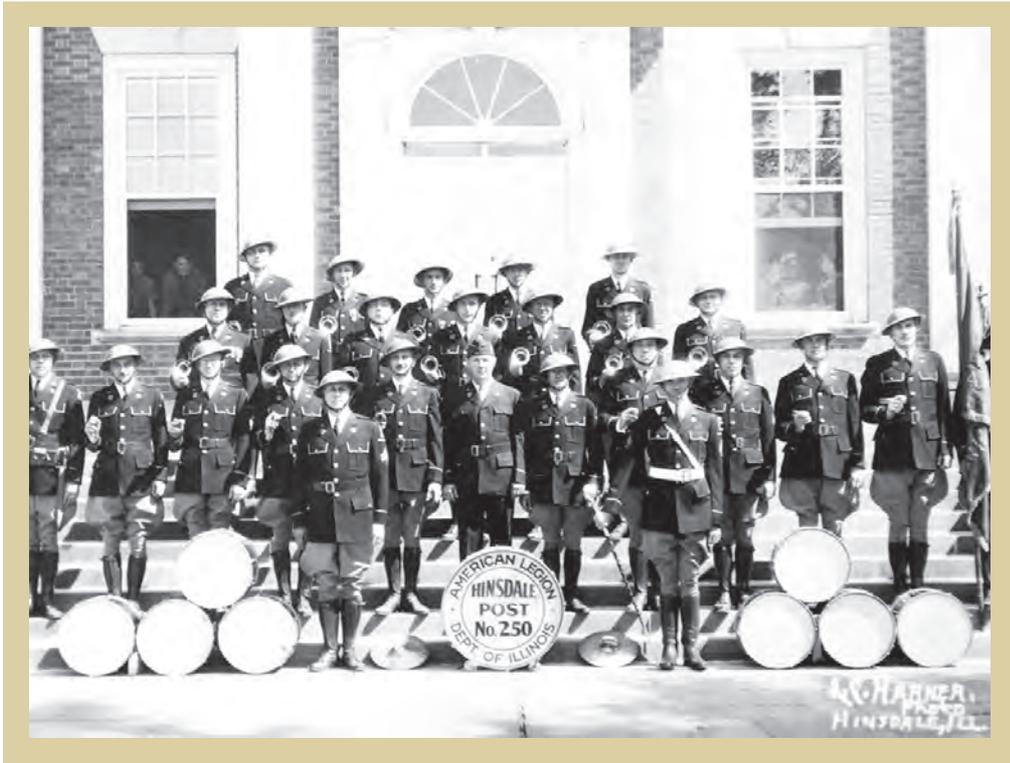
### Around the world with No School Studio



Children who attended the summer art camp earlier this month at The Community House studied and created work from artists in Japan and France. The skyline above was painted in the style of Ushio Shinohara by using boxing gloves to lay down the first layer of paint. They then created a skyline of New York on top of the work to honor Shinohara's adopted city. The kids also

created plenty of origami and posable cardboard robots as an example of Japanese Mecha. The clay face was a project using an image from the 1902 silent film, "A Trip to the Moon" based on the Jules Verne story directed by French director George Mieses. Alex McCarty works with LyArts Director Jimmy McDermott during the class. (Jim Slonoff photos)

# ONCE UPON A TIME



**Band of brothers** — In May of 1934, most likely on Memorial Day, American Legion Post 250 members gathered on the steps of the Memorial Building. This year marks the 100th anniversary of the American Legion. To view stories about Hinsdale's post, see our web page at <https://www.thehinsdalean.com>, click on "News" and then select "Making a difference." Do you have a Hinsdale photo that is at least 25 years old? We'd love to share it with our readers. Stop by our office at 7 W. First St. or email it to [jslonoff@thehinsdalean.com](mailto:jslonoff@thehinsdalean.com). (Hinsdale Historical Society photo)

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Megan Meyer  
turns 2 Sept. 2

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### Delivery

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### Corrections

The Hinsdalean staff strives to provide an error-free newspaper each week. If a mistake is published, however, we are happy to correct it. Call or email Pamela Lannom to report errors requiring correction or clarification.

### Letters to the editor

Our letters policy is published on Page 11.

### Obituaries

Obituaries are published free each week in The Hinsdalean. Information may be mailed, faxed or emailed to [news@thehinsdalean.com](mailto:news@thehinsdalean.com). Obituaries may be edited for style and space.

### Photo reprint policy

Photographs that appear in The Hinsdalean may be purchased on our Web site at [thehinsdalean.com](http://thehinsdalean.com). Occasionally additional photographs that have not been published in the paper may be published on the site; these also will be available for purchase.

### Advertising policy

We reserve the right to edit and/or refuse all advertising submitted to The Hinsdalean.

# Board debates eight lane pool at Central

*Value engineering can save enough money to cover cost of larger pool, according to experts*

By Pamela Lannom  
plannom@thehinsdalean.com

After determining that the new pools at Hinsdale Central and Hinsdale South high schools should be 40 yards long rather than 25, Hinsdale High School District 86 Board members now must decide whether to build a six- or eight-lane pool at Central.

Hinsdale High School District 86 Board members heard from architects, their owner's rep, administrators and community members at their Aug. 22 meeting as they reviewed options for the two pools.

The plan to keep six-lane, 25-yard pools at both schools as stipulated before the April 2 referendum was dismissed fairly quickly due to the price tag and upkeep associated with the movable floors. The \$1 million floor, which would cost \$10,000 a year to maintain, would provide flexibility, rising to create a shallow pool for learn-to-swim and adaptive PE classes and lowering for diving meets and water polo competitions.

That left the board to consider widening Central's pool from six lanes to eight or 10 lanes by using value engineering in other pool design compo-

nents to offset the additional \$1.9 million to \$3.5 million cost. Eliminating one of the corridors, reducing the size of the storage area and moving some equipment to the roof could save the district significant money, said Lance Tritsch, project director for Pepper Construction.

"We could find \$2 (million) to \$3 million pretty easily in value-based decisions," he said.

Superintendent Tammy Prentiss said she and Janelle Marconi, physical education department chair for both schools, reviewed the work done by the pool task force and current course

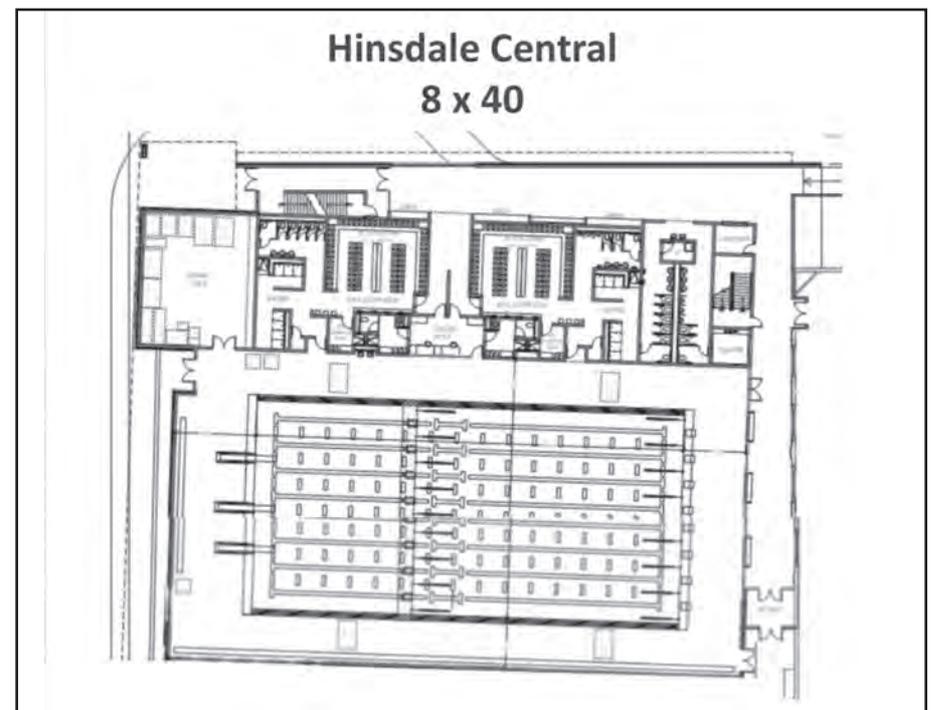
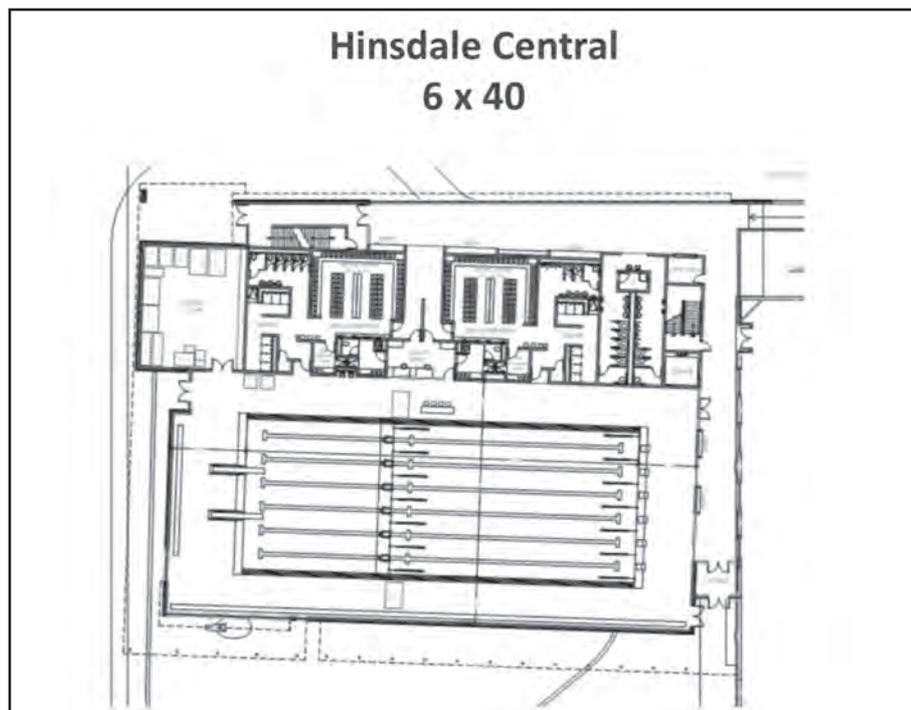
offerings and stand by the group's recommendation for an 8-by-40 pool at Central and a 6-by-40 pool at South.

"The pool task (force) got the vision and the instructional need correct," she said.

The pool at South cannot be expanded beyond six lanes because the area that houses it is landlocked. Hinsdale South Principal Arwen Pokorny said a six-lane pool would meet the instructional needs at the school.

"I'm not concerned at all about us having a 6-by-40 pool," she

*Please turn to Page 13*



The District 86 board wants both district high schools to have pools with at least six 40-yard lanes. Now board members must decide whether to further enlarge the plan for Hinsdale Central's pool to eight or 10 lanes.

The additional cost can be offset by value engineering decisions, such as eliminating a corridor or shrinking the storage area, experts say. (sketches provided)

# Board finalizing building project prices, timing

By Pamela Lannom  
plannom@thehinsdalean.com

Some \$23 million worth of construction projects will begin at Hinsdale Central High School at the end of this school year as Phase 1 of \$139 million worth of improvements in Hinsdale High School District 86 begins.

Initial projects at Central include the pool addition, the building and grounds addition/relocation, installation of turf in at Dickinson Field and practice fields, renovations of tennis courts, roof replacements, sewer improvements and miscellaneous ADA and life-safety improvements.

At Hinsdale South, \$12 million worth of projects comprises Phase 1, including the special ed renovation, buildings and grounds addition, roof replacements, turf installation, and

ADA and life-safety improvements.

Now that detailed estimates for all 77 projects have been completed, the current budget is almost \$147.8 million — or 5.75 percent — over the \$139.8 million voters approved in an April 2 referendum. That total includes \$23 million in project contingencies for cost escalation (\$5.9 million), design (\$11.1 million) and construction (\$6.1 million).

The overage should not cause concern at this point, construction professionals told school board members at their Aug. 22 meeting. Value based design can reduce initial estimates by up to 6 percent.

"We want to be very clear — you only have \$139 million to spend," said Lance Tritsch, project director at Pepper Construction, which is managing construction. "No one is stand-

ing here telling you that you need to increase your budget and find more money. That's not the case."

The district will be able to accomplish every project on the list, Tritsch added.

"We're just going to have to be smart about how we get there," he said.

If the estimates were not trending high at this point, the district's vision would be too limited, said Jay Ripsky, Pepper's senior vice president.

"Clients can have the biggest regret that they didn't ask the right questions, didn't think through their choices," he said. "You're in the sweet spot. You have this opportunity now to be confident you're maximizing your money."

Board member Marty Turek reassured taxpayers the board is being a good steward of their money.

"We are working on a very dynam-

ic set of projects," he said. "Yes, we are 'over budget' right now, but that doesn't mean we are going to end over budget."

Officials will continue to fine tune the design of Phase 1 projects, holding additional meetings with user groups and village officials and creating detailed design drawings.

More than 50 meetings already have been held with users and more than 25 other schools have been toured, said Jeff Huck, design director with Arcon Associates, the district's architects.

"Every time we meet with them, we refine the process," Huck said. "We refine what the spaces look like."

"No one is going to be surprised when the spaces are finally built because they are going to have had a very, very heavy level of input on this," he added.

# NEXT WEEK

## Hinsdale Historic Preservation Commission

6:30 p.m. Wednesday, Sept. 4  
Memorial Building, 19 E. Chicago Ave.

## Hinsdale Village Board

7:30 p.m. Tuesday, Sept. 3  
Memorial Building, 19 E. Chicago Ave.

**On the draft agenda:** cannabis opt out, IT services contract, Hinsdale Platform Tennis hut naming, parking deck plumbing contract, 50/50 sidewalk contract, potential IGA regarding Sterigenics

# MEETING ROUNDUP

## Hinsdale High School District 86 Board

Among other business at their Aug. 22 meetings, board members:

- held a public hearing on and approved an e-learning plan to allow the district to use remote learning days when the weather is inclement, instead of emergency days that must be made up later in the year. The Illinois State Board of Education required the board to hold the public hearing (at which no one spoke) and take an official vote before implementing the program.

- heard a security update from Kevin Simpson, security director. The new school resource officers are working out well, he said, and are very experienced.

“The eight new people that we brought in have a total of 233 years of law enforcement experience,” Simpson said.

- listened to the directors of counseling at Hinsdale Central and Hinsdale South present an overview of their departments. This year the 13 counselors at Hinsdale Central are working with 2,700 current students and more than 700 eighth-graders who will attend next year. About 210 students are assigned to each counselor. Central’s director of counseling, Jen Regnier, said that number is low compared to other districts she worked in, where the case load was 350 or 450 students.

## Community Consolidated Elementary Dist. 181 Board

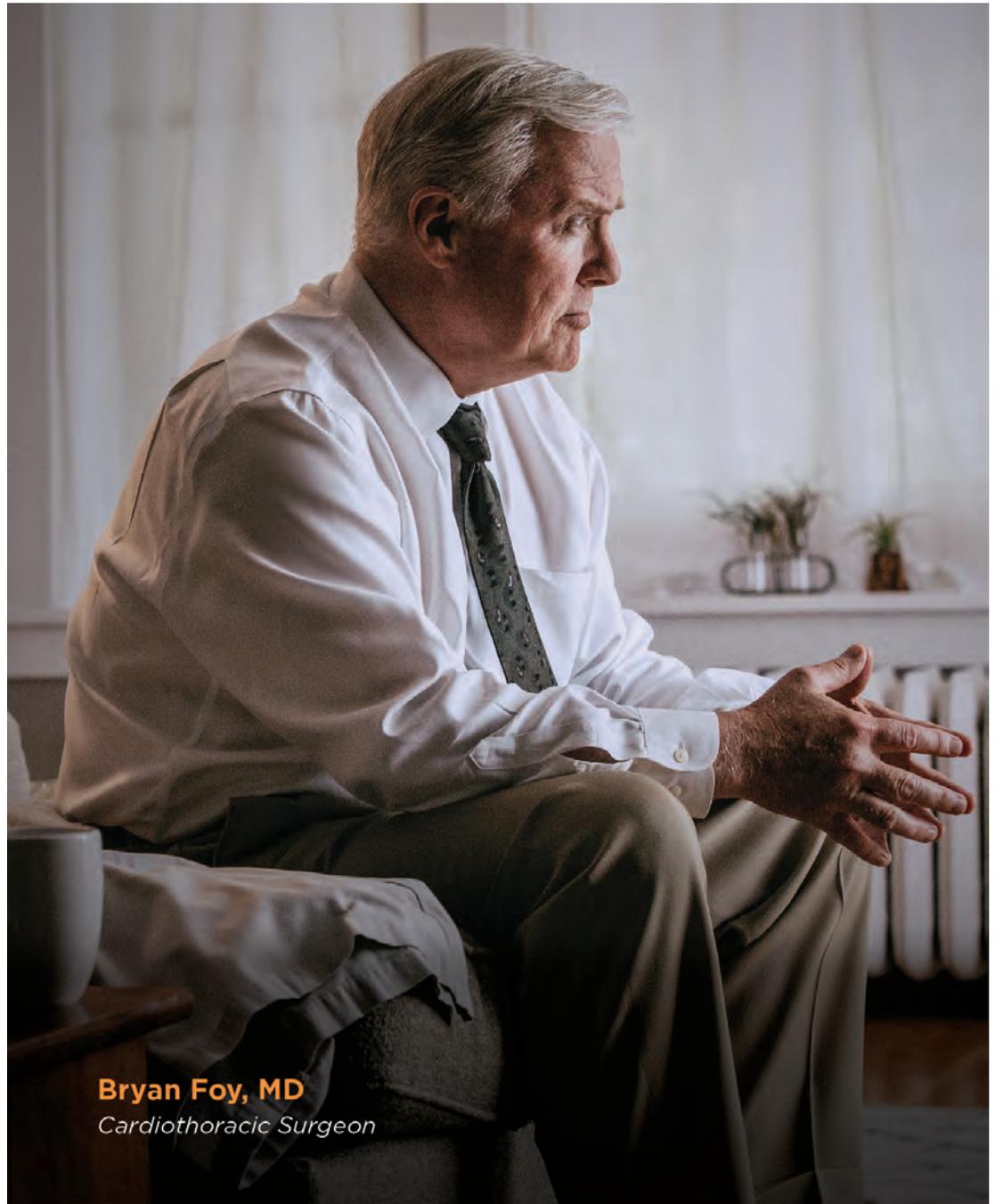
Among other business Monday, board members:

- listened as John Munch, assistant superintendent of human resources, and Mike Duggan, director of buildings and grounds, discussed school safety advancements made in conjunction with the district’s safety and crisis committee. Among the major safety initiatives completed during the last school year are the installation and implementation of proximity cards and keyless entry, a visitor identification system, double-buzzer office reconfiguration, safety film on the glass of all exterior entrances and office windows, public announcement system upgrades, and door and hardware security upgrades.

Initiatives slated for the upcoming school year include installing safety film on first-floor windows, developing a reunification plan for all schools and providing and implementing “go bags” for all classrooms to use during lockdowns and evacuations. All staff have been trained on safety protocols, and the safety and crisis committee will meet during the school year to review and refine our procedures as needed.

- agreed to refinance \$3.55 million in debt in order to save \$349,538 over eight years due to a significant decline in interest rates. The 2009 certificates were originally issued to finance improvements and renovations at district facilities and also to refund the 2000 lease certificates.

- heard a staffing update from Munch, who reported that current class sizes in all schools at all grade levels are at or below the class size guidelines. The elementary school student enrollment of 2,340 is down by eight students from last year, and elementary staff was reduced by two classroom teachers as had been projected. Middle school student enrollment of 1,301 is down by 14 students from last year, and the staff was reduced by 1.5 content-area teachers. Munch characterized the hiring season as “very successful,” yielding 16 teachers, 14 instructional assistants, two custodians, one certified school nurse and one administrator.



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# Central students learn dangers of vaping

*Health department presentation occurs just days before death associated with vaping*

By Pamela Lannom

plannom@thehinsdalean.com

Three days after students at Hinsdale Central High School heard a presentation on the dangers of vaping, the Illinois Department of Public Health reported the death of an individual who had recently vaped and was hospitalized with severe respiratory illness.

The Centers for Disease Control and Prevention also indicated last week that more than 149 possible cases of severe lung illness associated with e-cigarette product use were reported by 15 states between June 28 and Aug. 20.

While e-cigarettes originally were marketed as a healthier alternative to smoking cigarettes, they are far from healthy, Lupe Corona, a health promotion specialist with the health department, told the Central freshmen.

E-cigs, e-hookahs, mods, vape pens, vapes and tank systems allow the user to inhale and exhale aerosol that is filled with chemicals and, often, nicotine, Corona explained. While the devices originally were marketed to adults trying to quit smoking, manufacturers soon found a larger market among adults who didn't smoke — and young people.

"They started calling themselves vaping so they would appeal to a more general population," Corona said.

Many young people are not even aware of what the products contain, Corona said.

"More than half thought it was just flavoring," she told students.

But the "vape juice" that is heated and then inhaled can contain volatile organic compounds, cancer-causing chemicals and heavy metals (including nickel, tin and lead), Corona said.

The diacetyl used for flavoring is FDA approved for consumption, not inhalation, she said. The chemical, which is used to flavor microwave popcorn, has caused permanent lung damage in factory workers who inhaled it.

"Once it's released into the air and goes into your lungs, it causes 'popcorn lungs' — the scarring of the lungs," Corona said. "You're supposed to eat it, but you're not supposed to inhale it."

And many vaping devices contain nicotine — even some that say they don't, she said.

"What we know about nicotine is that it is highly addictive," she said. "It can dam-



Last year almost a third of high school seniors in DuPage County reported vaping during a one-month period. And while health professionals know many of the dangers associated with vaping, no research has been done on some of the chemicals users will inhale. "They are just throwing the products out there," Lupe Corona said. (Jim Slonoff photos)



age the developing brain. The younger a person is when they start using a product with nicotine, they more addicted they become and the harder it is to kick the habit."

All products made by Juul, the No. 1 vaping manufacturer, contain nicotine, she told students. A single Juul pod contains the same amount of nicotine as 20 cigarettes — an entire pack.

"The Juul pods are lasting anywhere from two to three days," she said. "That's 20 cigarettes worth of nicotine in a very short time."

We don't know what the health effect is going to be for a developing brain during that time."

Federal laws prohibit tobacco companies from market-

ing to young people, but those rules do not apply to vaping products, which do not contain tobacco. Corona showed students an ad for a vaping pen that was lying among various school supplies. A "to do" sticky note listed studying, groceries, band practice and vape time.

"Why was it made to look that way if it wasn't for youth?" Corona asked the students.

Vaping manufacturers also are not subject to the 2009 federal law that banned fruit- and candy-flavored cigarettes, Corona said. Some vaping flavors mimic kids' breakfast cereals such as Cocoa Puffs and Lucky Charms or treats such as cotton candy and caramel corn.

"Those flavors aren't for

middle-aged adults. Those are for a younger generation," she said.

And while health professionals know that vaping effects three of the body's most important organs — the brain, lungs and heart — they won't know the full consequences of vaping for decades.

"These really have only been around for a very short period of time," she said, noting people smoked cigarettes for 50 years before they were linked to lung cancer and COPD. "We really don't know how they affect the human body."

"When are we going to find out? Years down the line, with the people who are vaping now," she warned. "Unfortunately, their lungs will tell us in the future."

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# POLICE BEAT

Hinsdale police distributed the following reports Aug. 28.

## DUI arrest

Audrey Vela-Hotwagner, 49, 13007 W. Hiawatha Drive, Homer Glen, was arrested for driving under the influence of alcohol and failing to signal when required at 11:30 p.m. Aug. 21 at Center and Grant streets. She was charged and released to appear in court.

## Suspended license arrest

Everett E. Scott, 50, 2921 W. 81st St., Chicago, was arrested for driving with a suspended license and operating a vehicle with suspended registration (no insurance) at 11:36 p.m. Aug. 22 and 55th and Elm streets.

## Battery reported at hospital

A known suspect pushed an employee out of the way while trying to leave Amita Adventist Medical Center Hinsdale, 120 N. Oak St., at 4 p.m. Aug. 23. Charges are pending the suspect's release from the hospital.

## Identity thief targets bank accounts

A resident of the 300 block of West Hickory Street reported two fraudulent withdrawals on her bank account Aug. 15 in the amounts of \$8,600 and \$9,500. The theft was reported Aug. 20.

## Cash, other items reported missing

- Two checks and a credit card were reported missing from a wallet found in the area of Ogden Avenue and Washington Street. The victim reported he might have left his wallet on the counter at Walgreens, 15 Grant Square, between 4:30 and 5:15 p.m. Aug. 23.
- A resident of Manorcare, 600 W. Ogden Ave., reported at 5:42 p.m. Aug. 22 that \$7 was missing from the purse she keeps in her room.

## Burglary to vehicle

Someone entered a vehicle parked in the driveway in the 900 block of South Bruner Street and rummaged through the interior between 3:40 and 8:30 a.m. Aug. 20. Nothing was reported missing.

## Obituaries to be posted online more frequently

The Hinsdalean will now post obituaries received by the newsroom at the first available opportunity on <https://www.thehinsdalean.com> in order to give readers as much notice as possible of planned services.

The Hinsdalean will continue to run obituaries of current and former residents of Hinsdale and neighboring communities free of charge in each Thursday's print edition on Page 12.

Be sure to check out our new website at [www.thehinsdalean.com](http://www.thehinsdalean.com)



The screenshot shows the website's header with navigation links (Classifieds, Directory, Photos, About, Contact, Advertise) and social media icons. The main content area features the site logo, a 'YOUR AD HERE' box, and a 'Most Popular' section with article thumbnails.

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## 60 SECONDS

### Collegian gets an education in Oxford's hallowed halls

If nothing else, Hinsdale's Peter Marcus' overseas study experience this summer taught him one thing: It's a small world.

"I was in Rome and we went to this bar on the Fourth of July. I ran into a girl who I hadn't seen since middle school. She had been studying abroad in Rome," he recounted.

Pretty remarkable, especially considering Marcus was just visiting Rome on break from his coursework at Trinity College in Oxford, England. The University of Georgia junior took advantage of his school's program at the storied center of higher learning to study international finance and international conflict.

"I've always been pretty interested in travel and history. And I'm enamored with different cultures," he said.

The six-week program included an examination of nuclear-age theory that shaped the Cold War era and of the post 9/11 world that has replaced it.

"I'd never really taken classes that had such a focus on the politics of different countries,"

Marcus said. "There were definitely some eye-opening lessons."

The classes were rigorous, especially international conflict, which was led by an Oxford don who demanded critical independent thinking.

"It was all about deductive reasoning," he said. "Forming your own argument and not just regurgitating what someone else has said. It was a very hard-earned 'A.'"

As a student of economics, getting an up-close look at the United Kingdom's tumultuous journey through Brexit was instructive. Marcus was able to meet with European Union officials in London to get their take on the issue and pick the brains of everyday British citizens.

"It was very interesting to get those ideas," Marcus said.

Surprised by the modern trappings he found in tradition-rich Oxford, Marcus was thankful that he could indulge his appetites for both authentic fish and chips and comforting American fast food.

He was struck by the diversity he encountered as well as the

universal yearnings for economic prosperity, safety and family security.

"You realize that everyone lives their different lifestyles," he said. "But you see so many commonalities in how we live our lives that it gives hope that maybe we can solve some of the world's issues," he said.

He recalled an interaction in Italy where the other party got frustrated because of Marcus' lacking Italian skills. Good for one's humility and also for one's spirit of hospitality.

"I would be a lot more sympathetic and compassionate in helping that person since I've had that experience," he said.

Less than two days after reentry, Marcus was heading back to Athens, Ga., to start his fall semester. He intends to return to Oxford again one day. But next on his itinerary is a trip to South Africa.

"We do live in truly small world," he said. "But it also is a truly massive place out there."

— story by Ken Knutson,  
photo provided



#### PETER MARCUS

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# OPINION

EDITORIAL

## Larger Central pool might sink relationships

After two failed referendums to pay for large-scale upgrades at Hinsdale Central and Hinsdale South high schools, it didn't take a deep dive by officials to identify a major obstacle to success.

The plan to construct a brand new 10-lane pool facility at Central while keeping South's pool at six lanes was spotlighted by opponents as an inequitable distribution of resources and simply reinforced the perception of some that South had second-class status.

District 86 board members decided that, to ensure the third and \$140 million ballot measure last April was the charm, the Central pool design would be scaled back to six 25-yard lanes, the same as South's. In a stroke of forethought on the part of officials, the pool site would allow for future expansion.

The referendum passed.

Fast forward to last week. Board members learned from architects that building 40-yard lanes at both pools is a more prudent design and appropriately decided to do so.

They also were told that a pool with additional

lanes at Central could be built for considerably less than initially estimated thanks to value engineering. Additionally, Superintendent Tammy Prentiss endorsed an eight-lane pool as originally recommended by the pool task force.

Of course, that's not what voters were told they were casting their ballots five months ago. Should that matter if the economics have changed?

In District 86, yes, it should.

Against the backdrop of distrust and claims of inequality that some residents have fostered, unilaterally altering the plan that reportedly converted many from a "No" to "Yes" on the referendum certainly would feel like a bait and switch, as some have expressed.

Does it make fiscal sense to build a bigger pool? Yes. As reported, value engineering has the potential to offset most, if not all, of the additional \$1.9 million to \$3.5 million cost, and there's no question that adding those lanes down the road will carry a bigger price tag.

Does it make functional sense to build a big-

ger pool? Yes. Central's enrollment of 2,726 is nearly twice as big as South's, which is why the original plan called for a 10-lane pool. And there's the longstanding learn-to-swim program that would make such a facility an important asset to the larger community.

But this decision comes down to political considerations. The 10-lane pool at Central was not a point of contention because it was considered lavish, at least not primarily.

The optics of Central of having it and South not aligned perfectly with the narrative of South's unfair treatment.

Board member Kevin Camden floated the idea of Central residents taking ownership of a larger pool, saying, "If the want is there for more, I think there may be an opportunity for folks there who want to fund it."

That's an issue for a different editorial. As it relates to district dollars, this is a case where promoting district unity means passing on eight or 10 lanes at Central, an otherwise inviting opportunity.

COMMENTARY

## Wanted: Parents who agree to 'Wait Until Eighth'

Just a few days into fifth grade and the daily petitions have begun.

Ainsley NEEDS a cellphone, she tells me. EVERYONE else in her grade has one.

Ainsley clearly wants a cellphone, and I know for a fact several kids in her grade have one. But that isn't a strong enough argument for me to get her one — not when she's 10 years old.

I had hoped to find some fellow parents who would be willing to take the "Wait Until Eighth" pledge with me, but I've been too frightened to actually approach anyone about it. Even those who haven't already bought a phone for their kids seem resigned to the fact that they will soon.

I thought I might be able to find some good advice online about the best age to begin phone ownership. The two first websites I checked — WebMD and Common Sense Media — were noncommittal.

WebMD encouraged parents to weigh the pros and cons before making a decision. Thanks, Captain Obvious.

Even commonsensemedia.org, a site I appreciate for its assessments of movies, apps and other entertainment, refused to commit.

"Parents really need to consider whether their kids are ready to use their phones responsibly and respectfully," the site concluded.

Yes, I know. Not helpful.

The only definitive guidelines I found were in a story about Bill Gates, who didn't let his children get their own smartphones until they were in high school, and from the nonprofit Wait Until 8th.

The 2-year-old organization's website offers the following list of reasons why parents should wait until eighth (grade, not birthday!) before getting a kid a smartphone. They are changing childhood, they are addictive, they are an academic distraction, they impair sleep, they interfere with relationships, they increase the risk for anxiety and



Pamela Lannom

depression, they put kids at risk for cyber bullying, they expose kids to sexual content, tech execs don't let their kids use them and — most alarming to me — their use can alter children's brains.

A National Institute of Health study revealed that MRIs found significant differences in the brains of children who use smartphones, tablets

and video games more than seven hours a day. They have a premature thinning of the cortex, the outermost layer of the brain that processes information from the five senses.

Now, you can read that and immediately say, "My child would never spend more than seven hours a day on a screen!" But, as the Screen Time feature on your iPhone illustrates, those minutes spent on the phone accumulate quickly. Add in screen time devoted to watching shows on TV or YouTube videos on the laptop,

and seven hours doesn't seem so unreachable.

Even with all the evidence that smartphone use is detrimental, the site is pragmatic about how difficult it is when you feel like you're the only mom or dad saying no.

"Parents feel powerless in this uphill battle and need community support to help delay the ever-evolving presence of the smartphone in the classroom, social arena and family dinner table," it states. "Let's band together to wait until at least eighth grade before children are allowed to have a smartphone."

Parents who want to buy a basic phone that just calls and texts without a data plan can still sign the pledge. When at least 10 families from your children's grade and school sign the pledge, you will be notified the pledge is in effect.

So, what do you say, parents? Will you join me?

— Pamela Lannom is editor of *The Hinsdalean*. Readers can email her at [plannom@thehinsdalean.com](mailto:plannom@thehinsdalean.com).

■ WebMD encouraged parents to weigh the pros and cons before making a decision. Thanks, Captain Obvious.

# OPINION

## GUEST COMMENTARY

### Much to learn on 100-mile hike

I have long dreamed about backpacking the Appalachian Trail and in July, that dream became reality.

I've gone on organized hiking trips in the past, but this adventure would be different. No guide or timeline — just fly in, strap on my pack and head north. I found a hiking partner, bought a one-way ticket to Dulles, took an Uber to Harper's Ferry, W.V., and started walking.

Our daily routine consisted of hiking, eating and sleeping. The distance we hiked depended on the soreness of our feet and how far we were from that night's shelter. I ate my dehydrated meals out of zip-top bags, requiring minimal clean up. No running water or extra clothes meant quick morning and nighttime routines. Walking 10 hours a day provided considerable time to think and the opportunity to be "in the moment." As I took in the scenery, I saw a bear, which (because I was a safe distance away) was thrilling.

My pack started out at 30 pounds but increased with a resupply stop. As my shoulders ached, I rethought my decision to bring "luxury" items like deodorant and a book.

There were certain items I couldn't live without, like my neck knife (a small hunting knife with a sheath that I wore around my neck.) Whether I needed to cut paracord to tie my bag in a tree or slice some sausage for lunch, it came in handy every day.

Hikers on the AT don't use their given name; rather a trail name is given to you. Because I liked to update my partner on upcoming elevations, water sources and miles to camp, I was called Siri. My partner, a more experienced backpacker who was always teaching me something new, went by Scout.

We met thru hikers (people who traverse the entire 2,200-mile trail



Stephanie Seppanen

from Georgia to Maine) who offered advice about blisters and bear bag hanging techniques. With nothing but time to chat, we learned the many motivations that brought hikers to the trail, with graduation, retirement, divorce and desire for adventure being a few. We experienced "trail magic" when we

were given bananas by one nice gentleman and offered drinks by a vacationing family at the famous Milesburn Cabin. People we met were intrigued by our adventure and went out of their way to be kind.

There is a famous hiker quote: "Embrace the suck." We learned that hiking through excessive rain brings on blisters, chafing and rashes. Heat and humidity can result in heat exhaustion and going up and down hills can aggravate an old knee injury. We came to appreciate just how much the lack of a shower can make you stink. Horribly. But blisters heal, showers are eventually taken and ice relieves an aching knee. We walked through our pain, even though there were times we wanted to quit.

Eleven days later, after hiking through Maryland, we made it to Boiling Springs, Penn., and our 100-mile mark. I was elated at the accomplishment but ready to get back to my family and the comforts of home.

I didn't expect to feel restless upon my return, but I found noises were too loud and traffic too fast. I missed the sound of croaking frogs as I went to sleep. Already I find myself longing for the days of hiking — with nothing to do but think and take in the scenery, the perfect way to take a break from a busy life and feel rejuvenated.

— Stephanie Seppanen of Hinsdale is a contributing columnist. Readers can email her at [news@thehinsdalean.com](mailto:news@thehinsdalean.com).

## LETTERS TO THE EDITOR

### Published pet pics help animals find homes

As marketing director for Hinsdale Humane Society, I wanted to let you know what a difference your weekly publishing of our "Pet of the Week" adoptables has made for our animals in need.

Multiple times each month, we've noticed that adoptable cats and dogs featured in The Hinsdalean on a Thursday get adopted either that same afternoon or on Friday. We're certain this is no coincidence!

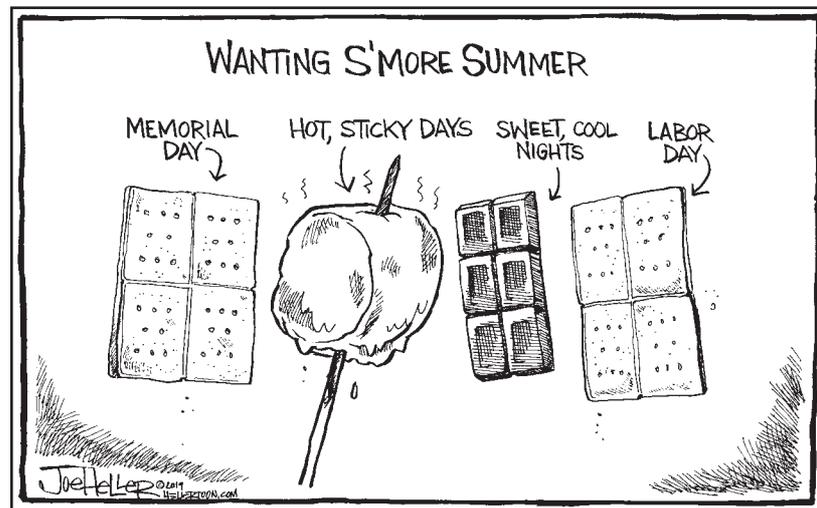
A dog often comes to us over the weekend from a difficult situation, dirty, matted and feeling scared. That dog then has a few days to adjust to its new surroundings while our staff and volunteers shower it with love and TLC.

Once settled in, we give that dog a medical and behavior assessment before placing him or her

up for adoption later that week. Imagine how rewarding it is to see a new pet published in your publication on Thursday walks off to its new life not even a week after arriving at our doors!

We all strongly believe in the concept of "We are all stronger together," and in a case like this, it is really apparent that it's true. To date, we've seen a 20 percent increase in the number of animals we're able to save in our larger facility, and we have you to thank for helping get many of them the exposure they need to get on to their new lives quickly.

Many thanks for your continued support of this community and of the work Hinsdale Humane Society is doing within it. — Robin Carroll, marketing director, Hinsdale Humane Society



## LETTERS POLICY

### Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number

- documentation must be provided for numbers, statistics and other facts mentioned in the letter
- no form letters

### Submission

- e-mail to [news@thehinsdalean.com](mailto:news@thehinsdalean.com)
- fax to (630) 323-4220
- mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale IL 60521

### Questions?

Call (630) 323-4422

# OBITUARIES

## John Cielenski Jr.

John Anthony Cielenski Jr., 56, of Lockport, passed away Aug. 22, 2019.

John was born in Chicago and raised in Hinsdale, graduating from Hinsdale Central High School in 1981. He went on to earn his bachelor's degree at the University of West Florida, where he played baseball at the collegiate level.

John worked as the Lockport Township Highway Commissioner. He was the past president of the Lockport Boys Baseball Team, and coached the Lockport Junior Porters Wrestling Club and the Homer Stallions Football Program for more than 10 years. He also coached the Illinois Crush Baseball Team for four years.

He is survived by his wife Sharee, nee Robbins; his

children, Anthony, Trevor, Justine and Dylan; his parents, John Sr. and Jean; his siblings, Georgia (Scott) Roeming and Lora (Stephen) Collins; his nieces and nephews, Adam (Daley) Collins, Austin (Elizabeth) Collins, Ryan Roeming, Jessica (Ben) Smith, Claudia Robbins and Adam DeMercurio; his great-nephews Mason Dohm, Matthew Collins and Austin Smith; his great-niece, Alexis Smith; his father-in-law, Neil Robbins; and his brother-in-law, Doug (Angela) Robbins.

Services have been held.

Loved ones are invited to sign the online guestbook at <https://www.oneilfuneralhome.com>

O'Neil Funeral Home of Lockport handled the arrangements.

## Barbara Eubeler

Barbara Patricia Eubeler, 81, of Hinsdale, passed away Aug. 28, 2019, in Downers Grove.

Barbara was born in 1937 in Chicago. She was a 40-year dedicated employee of the Rush University Alzheimer's Disease Center.

She was preceded in death by her husband, Fred Eubeler.

She is survived by her children, Kimberly (James) Robinson and Timothy (Maureen) Eubeler; her grandchildren, Meghan and Daniel Eubeler and James and Tyler (Morgan) Robinson; her brother, Michael (Kristine) Shields; her niece and nephew, Katelin (Ryan Johnson) Shields-Johnson and Patrick (Megan) Shields; her great-niece and -neph-

ew, Jacob Johnson and Lily Shields; and her partner, Jerry Kelley.

Visitation will be held from 3 to 8 p.m. Friday, Aug. 30, at Sullivan Funeral Home, 60 S. Grant St., Hinsdale.

Family and friends will meet at 10 a.m. Saturday, Aug. 31, for a memorial Mass at St. Isaac Jogues Church, 306 W. Fourth St., Hinsdale.

Interment is private.

In lieu of flowers, donations may be made online to Rush University Medical Center for the Rush Alzheimer's Disease Center at <http://rush.convio.net/beubeler>.

## Wanda Mrozek

Wanda Mrozek, 92, of Chicago passed away Aug. 24, 2019, in Mission Viejo, Calif., after a series of health challenges over the preceding six years.

She was born in 1927, the only daughter of Joseph and Sabina Kurczewski, Polish immigrants who also raised five sons, Ted (Leona), Ed, Art (Judy), Joe (Barb) and Wally (Elaine).

In July, 1942, she met the love of her life, Wally Mrozek, at a roller skating rink on Chicago's South Side, just a month before he enlisted in the Navy during World War II. They were married in August 1945, shortly after his honorable discharge. They enjoyed 30 years together until his passing on Christmas Eve, 1975. Hardworking and devoted parents, their passion was raising their close-knit family of four children, Don (Pat), Ernie (Diane) of Hinsdale, Mary (Bryan) Kaltenbach and Betty (Bart) Bagnat.

Wanda was universally loved and respected for her kindness, selflessness, humility, common sense and perseverance.

Special thanks to Mary and Bryan Kaltenbach for their unending love and care, as well as the staffs at Atria Woodbridge Senior Living, Coral Tree Care Agency, and Precious Home Care, all located in Orange County, Ca.

She was preceded in death by three brothers, Ted, Ed and Art.

Wanda is survived by her loving children; 10 grandchildren, Michelle (Bryan) Brooks, Jenny (Tom

Schaughnessy) Mrozek, Carrie (Matt) Krause, Don Mrozek II, Maggie (Mark) Breeden, Matt Mrozek, Ryan McGarry, Lauren (Ben) Dickinson, Joe (Paige) Bagnat and Annie Bagnat; three step-grandchildren, Derek Kaltenbach, Ryan (Jesse) Kaltenbach and Ashley (Jay) Shafer; and eight great-grandchildren, Jasmine Mrozek, Abby and Maddie Brooks, Connor and McKenna Krause, Jack Dickinson, and Sydney and Ford Breeden.

Visitation will be held from 2 to 8 p.m. Monday, Sept. 2, at Curley Funeral Home (Heeney-Laughlin Directors), 6116 W. 111th St., Chicago Ridge.

Family and friends will gather for visitation from 10 to 11 a.m. Tuesday, Sept. 3, at St Rita of Cascia Shrine Chapel, 7740 S. Western Ave., Chicago, followed by a funeral Mass of Christian burial at 11 a.m. with Rev Thomas McCarthy and Rev Bernie Scianna celebrating.

Entombment will follow at Resurrection Cemetery in Justice.

In lieu of flowers, memorials may be made to St. Rita of Cascia High School, 7740 S. Western Ave., Chicago, IL 60620 (online at <https://www.stritahs.com/donate>) to provide tuition assistance for financially challenged young men desiring a quality Catholic education.

Heeney-Laughlin Funeral Directors in Chicago Ridge handled the arrangements.

## Lucia Langthorn Sutton

Lucia Langthorn Sutton, 89, of Burr Ridge died Aug. 26, 2019.

She was born in 1930 to Jacob and Katherine Langthorn.

Lucia was an English professor at the College of DuPage and retired after 20 years of dedication to her profession. She also devoted her time to the Ministry Board and Social Issues Committee at The Union Church of Hinsdale and the West Suburban Faith-Based Peace Coalition. She also served as president of the Oak Brook Library Association and member and treasurer of the Oak Brook Library Foundation.

Lucia was preceded in death by her brother, Jacob

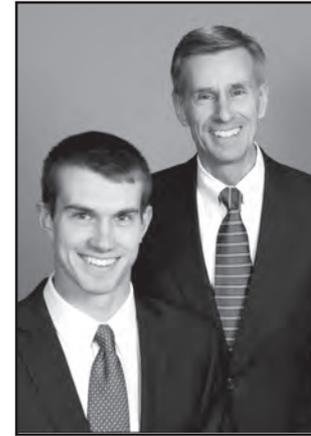
Stinman Langthorn III.

She is survived by her husband of 67 years, William R. Sutton; her children, William S. (Lynn) Sutton, Richard S. (Martha Stenstrup) Sutton and Katherine A. (partner, Mark Murphy) Sutton; her grandchildren, Justin and Jaime Sutton.

A memorial service will take place at 10 a.m. Saturday, Aug. 31, at The Union Church of Hinsdale 137 S. Garfield Ave., Hinsdale.

Memorials may be made to The Union Church of Hinsdale, 137 S. Garfield Ave., Hinsdale, IL 60521.

Adolf Funeral Home & Cremation Services Ltd. in Willowbrook handled the arrangements.



Brian Powell, Sr.  
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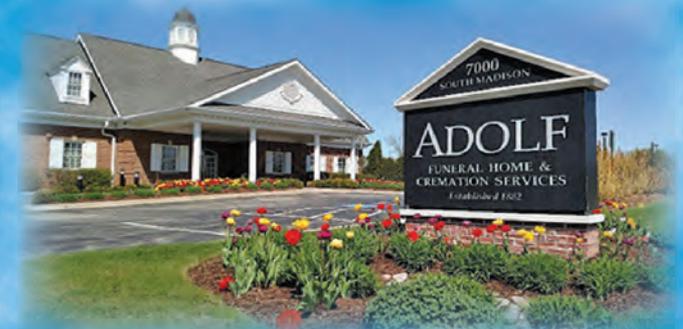


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## Board debates eight lane pool at Central

*Continued from Page 5*

said. Board members seemed to agree an eight-lane pool would better meet instructional needs at Hinsdale Central, where enrollment is almost twice that of Hinsdale South (2,726 to 1,445). But several said they are worried about altering promises made to voters before they approved the \$139 million referendum in April.

"I know we said it's the same size pool (at both schools) on that referendum and it's really tough," board President Nancy Pollak said. "It's really tough not to keep that piece that we said in April and what the community voted for. We are in a pickle."

Board members Erik Held, Marty Turek and Keith Chval all supported an eight-lane pool, with Chval as the strongest advocate. He asked the board to imagine how future residents would evaluate a vote to build a pool that on opening day would be too small to meet

instructional needs.

"What were they thinking 10 years ago?" he suggested they would ask. "Why did they not adjust? Did they not have the fortitude to do that?"

Board members Kevin Camden, Cynthia Hansen and Kathleen Hirsman all supported the six-lane pool, with Hanson expressing misgivings about spending additional money at Central.

"I'm really sticking with what is as close to what was passed by the public, so I'm going to stick with 6-by-40," she said.

While Camden said he did not see a compelling need for an eight-lane pool, he did note the district will save \$4.2 million in interest payments due to a favorable interest rate on the first set of bonds issued. He also suggested community members who are interested in a larger pool could offer financial support to make up the difference in cost.

"If the want is there for more, I think there may be an oppor-

tunity for folks there who want to fund it," he said.

Board members also agreed they would like the new community engagement committee (see sidebar) to weigh in before making a decision. Pollak announced the board would postpone a vote until the Sept. 12 board meeting.

"I think I would like the opportunity to hear from the community," she said.

A handful of residents opposed to the larger pool at Central did speak at the meeting, with Yvonne Mayer of Burr Ridge calling it a "bait and switch" and Stacey Tantillo of Darien saying she "worked her tail off" to get people in the South attendance area to support the referendum.

"The biggest bone of contention was the pools," Tantillo said. "If you go ahead and you drop an 8-by-40 pool into Central, you are going to lose the belief that a lot of community members decided to put into this school district."



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### Committee members appointed

Eleven individuals from the Hinsdale Central and Hinsdale South communities were appointed Aug. 22 to serve on a new Hinsdale High School District 86 community engagement committee.

The committee, which will be a joint committee with facilities, has been charged with engaging and leveraging the expertise of the community to help support the construction process in the district.

"On behalf of the board and administration, I want to thank everyone who applied for a position on the special committee regarding community engagement with construction," said board member Marty Turek, who will chair the committee. "This process was a great reminder not only of the immense talent and expertise we have in our community, but also how strongly committed people are to the success of our students, staff and schools."

Committee members are

- **Kirk Admire**, commercial design and construction project management professional with 30 years of architecture experience
- **Steve Cashman**, educational architect with 36 years of industry experience
- **Bill Carpenter**, professional with 12 years of experience as a contractor and accountant who is a former president and member of the District 86 Board and served on the D86 Facilities Committee
- **Craig Cassell**, educational real estate professional with 18 years of experience and expertise in school building construction, design and development

• **Tamakia Edwards**, capital construction program manager with more than 15 years of experience in areas that include safety and security, infrastructure and accessibility

• **Ehab Elqaq**, electrical engineer with 26 years of experience who is LEED certified in building design and construction

• **Lisa Lundgren**, marketing and finance professional who served on two community task force groups, the D86 Pools Task Force and the master planning facilities committee focused on physical education, driver's education and athletics

• **William Lyons**, senior construction executive with 46 years of experience in general management and operations in industry sectors that include commercial, residential, education, retail, hotel/lodging, senior living, entertainment and health care

• **John Ochoa**, architect with more than 30 years of experience in education design who has worked on a projects for elementary, middle and high schools

• **Greg Orput**, professional with more than 10 years of experience in full-service commercial and multifamily residential real estate and another 10 years of experience in architectural design

• **Jennifer Planson**, longtime D86 board member who was chair of the Master Facilities Committee and a liaison for the Master Facilities Community Task Force

Forty people applied to serve on the committee. Applications were reviewed by a team comprised of Turek, other board members, D86 staff and owner's rep Dorothy McCarty.

# ASK AN EXPERT

JAYDN CHIPMAN, ONCOLOGY EXERCISE SPECIALIST

## What role does relaxation play in fighting cancer?

A battle against cancer involves so much more than a patient's body, doctors and drugs. It also affects the person's mind, emotions, family and friends.

This reality is the focus of Wellness House in Hinsdale, and of its special event planned for Saturday, Sept. 7, at Wellness House, 131 N. County Line Road. The Mind:Body Fest will showcase the many services and programs available at Wellness House to help patients, caregivers, family and friends to live with less stress.

All who are affected by a cancer diagnosis, their own or someone else's, are invited to spend a few hours learning and exploring new ways to reduce stress and increase mindfulness.

"They can tap into what works best for them," said Jaydn Chipman, oncology exercise specialist at Wellness House.

Chipman joined the Wellness House staff three years ago. As oncology exercise specialist, she

designs and implements safe and effective exercise programs for those who use the services of the nonprofit organization. A certified yoga instructor and a trained Yoga 4 Cancer teacher, Chipman said yoga is one of many stress-reducing options offered at the fest — and every day — at Wellness House.

Participants in the Mind:Body Fest will have dozens of mini sessions to choose from, including several forms of yoga, meditation, mindful journaling, tai chi, Reiki and hypnosis.

"Nia also will be part of the fest," Chipman said. Nia is a type of mind/body conditioning that involves more cardio than yoga or tai chi but offers some of the same stress relief, along with other benefits.

Chipman said all forms of exercise have been shown to help cancer patients. Those who remain active throughout treatment, she said, tend to respond more positively to treatment and have fewer side effects such as nausea, fatigue, pain and discomfort. "It can help them feel accomplished and empowered as well," Chipman said.

Done correctly, even eating can be a stress-reducing activity. A mini presentation on mindful eating will show participants how to take notice

of their food, its smells, colors, flavors and textures. Mindful eating involves limiting distractions such as television and internet to give food one's full attention.

"This reminds us to slow down and stay in the moment, which can reduce stress," Chipman said. Attendees also can take part in various forms of expressive art, as well as a Native American flute circle.

What works to relax one person might not work for another, Chipman said. The Mind:Body Fest is a chance to give a variety of options a try.

"That's what makes our programs unique. We have something for everybody," Chipman said.

Those wishing to attend Mind:Body Fest are asked to register at [wellnesshouse.org](http://wellnesshouse.org). While some of the day's activities will welcome drop-in participation by registered attendees, others require participants to sign up ahead of time.

Anyone 16 or older who has been affected by a cancer diagnosis is invited to attend the free event. Children 13-15 are welcome with an adult.

For more information, turn to the calendar listing on Page 24.

— by Sandy Illian Bosch



As oncology exercise specialist at Wellness House, Jaydn Chipman creates opportunities for those affected by cancer to remain active. She said participants in her classes often speak to the immediate emotional and physical and benefits of exercise, including increased energy, mental clarity, improved self-esteem and reduced stress. (Jim Slonoff photo)



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## Make room for Labor Day leisure

*Plenty of end-of-summer fare to add enjoyment to the three-day weekend*

**By Ken Knutson**

*kknutson@thehinsdalean.com*

Labor Day Weekend is here, to the disgruntlement of many. Summer is packing up, pools will soon be drained and all those fun, enriching activities planned for the season will have to wait another year.

Or will they?

A slew of events and activities are taking place this holiday weekend to send summer off with a smile. That includes, of course, Hinsdale Community Pool's swan song, with hours from noon to 8 p.m. Saturday and Sunday and noon to 6 p.m. Monday (the wading pool opens at 10 a.m. Saturday for the little ones).

Over at the Cook County Forest Preserve's Sagawau Environmental Learning Center, 12545 W. 111th St., Lemont, the Hummingbird Sit program at 10 a.m. Saturday, Aug. 31, invites people to watch the resident hummingbirds in the center's viewing area while a naturalist discusses their behavior and how to attract them to one's yard.

Naturalist Lorrie Ward said the program has been a popular one with the facility's guests.

"People enjoy relaxing and watching the birds in our hummingbird and pollinator garden that we have," she said. "We do the program in front of the garden, so then they get an idea of what their gardens look like and what flowers they can use."

She said some bring in their feeders for guidance on maintenance or location in their yard.

"We take questions and leave people time to relax. We loan out binoculars for people to use," Ward said, encouraging people to bring their own binoculars and lawn chairs, if desired.

The program lasts about two hours, and people can come and go freely. All ages are welcome.

Registration is not required for the free program. For more information, call (630) 257-2045 or visit <https://www.fpdcc.com>.

• Also on the schedule at Sagawau Environmental Learning Center is Grasshoppers at 1 p.m. Sunday, Sept. 1. All ages are invit-



**Among the local attractions** for residents to enjoy this Labor Day weekend are the Beatles tribute band American English performing favorites by the Fab Four at Cantigny Park on Monday and Civil War reenactors setting up camp at the Graue Mill & Museum Saturday and Sunday. (photo provided/file photo)

ed join this hike to observe these abundant insects.

The program is free and registration is not required. Call (630) 257-2045 or visit <https://www.fpdcc.com>.

• Sign up for Ophidiophobia at 1:30 p.m. Saturday, Aug. 31, at Little Red Schoolhouse Nature Center, 9800 Willow Springs Road, Willow Springs.

Overcome your fear of snakes by learning more about these fascinating reptiles.

Call (708) 839-6897 or visit <https://www.fpdcc.com>.

• Kline Creek Farm, 1 N. County Farm Road, West Chicago, is the place to find out what made 19th-century farms go. From horses and hand pumps to windmills, people power and pulleys, learn

all about it at Farm Power! from 1:30 to 3:30 p.m. Saturday, Aug. 31. Visitors can also stop by the wagon shed to see the blacksmith demonstrate the tools and techniques of the trade.

Farmhouse Museum Tours at the farm are given on the hour from 10 a.m. to 4 p.m. Saturday, Aug. 31, to Monday, Sept. 2. Explore the lifestyle of a successful farm family and learn how the home was a place for work as well as relaxation and how it served as the building block of the rural community.

Admission to the farm is free and registration is not required. Call (630) 876-5900 or visit <https://www.dupageforest.org>.

• Members of the 10th Illinois Regiment and their families will

spend Saturday and Sunday, Aug. 31 & Sept. 1, on the grounds of Graue Mill & Museum, 3800 York Road, Oak Brook.

The reenactors will depict what life was like in a Union military camp, including use of authentic clothing, weapons and tools, black powder firing demonstrations and drills, cooking, toys and crafts, to transport visitors back in time to the 1860s.

The encampment will take place from 10:30 a.m. to 4 p.m. both days.

Admission is free. Visit <https://www.grauemill.org>.

• Cantigny Park, 1S151 Winfield Road, Wheaton, will host two live music events this weekend in its band shell venue.

On Sunday, Sept. 1, Chicago Tribute Anthology will perform covers from Chicago, one of the most popular and enduring bands of all time, featuring a seven-piece horn band. Then on Monday, Sept. 2, American English, considered one of the nation's best Beatles tribute band, will capture the very essence of John, Paul, George and Ringo on stage.

Both concerts start at 3 p.m. and feature lawn seating; chairs and blankets are welcome.

Admission is free with \$10 parking. Call (630) 668-5161 or visit <https://www.cantigny.org>.

• This is the last chance to be captivated by the Drury Lane Theatre's production of Agatha Christie's "And Then There Were None." Ten strangers — each of whom holds a murderous secret — meet on a clandestine island. Tension, fear and the macabre come together to weave a tale unveiling who will pay the ultimate price and keeping the audience guessing until the final curtain. The play is rated PG-13, and the production includes gun shot and strobe effects. Dinner and show packages are available. Drury Lane Theatre is located at 100 Drury Lane, Oakbrook Terrace.

Show times are 8 p.m. Friday, Aug. 30; 3 and 8 p.m. Saturday, Aug. 31; and 2 and 6 p.m. Sunday, Sept. 1.

Tickets range from \$50 to \$65. Call (630) 530-0111 or visit <https://www.drurylanetheatre.com>.



Brookfield Zoo will host its annual ZooRunRun Sept. 8 to benefit the Animal Care and Conservation Fund. See Page 30 for details. (photo provided)

## ARTFULLY DONE

### ■ Collage Totems

Mondays, Sept. 9-Oct. 28  
Mayslake Peabody Estate  
1717 W. 31st St., Oak Brook  
(630) 206-9566  
<https://www.dupageforest.org>

Explore one's personal stories and use sketching, collage techniques, visual design and imagery to create totems that represent them. Time: 9:30 a.m. to noon. Cost: \$185. RR

## FAITH COMMUNITIES

### ■ Women's Life Bible Study

Thursdays, Sept 12-Nov. 14  
The Village Church  
4475 Wolf Road, Western Springs  
<https://www.wsbc.info/women-life>

Come for coffee, music and study exploring "Life's Lessons from Luke" by Max Lucado. Each week includes live speakers followed by small group discussion. Children's programming will be provided for infants through kindergartners. Time: 9-11 a.m. Cost: \$15

## FAMILY FUN

### ■ Cookies and Canvas

Aug. 31  
The Community House  
415 W. Eighth St., Hinsdale  
(630) 323-7500  
<https://www.thecommunity-house.org>

This class for kids ages 6 1/2 and older — great to take together with parents — combines paints and sweets. Work with all kinds of painting approaches and take the creations home. Time: 1 to 2:30 p.m. Cost: \$25. RR, MD

### ■ Family Archery

Mondays, Sept. 9-Oct. 14  
KLM Park  
5901 S. County Line Road, Hinsdale  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Family members age 6 and up will learn the parts of an arrow and recurve bow, the basics of using a recurve bow and fundamental shooting skills in an extremely safe environment through the nationally recognized beginner's 9-step

to the 10 ring progression. Time: 6:30 to 7:15 p.m. Cost: \$54. RR

## FOR A CAUSE

### ■ ALCW Prospective Member Coffee

Sept. 19  
Assistance League  
Chicagoland West  
120 E. Ogden Ave. Suite 100, Hinsdale  
<https://www.alcw.org>

Learn about the ways Assistance League Chicagoland West touches the lives of more than 3,500 children and adults in DuPage and western Cook counties through its philanthropic programs, and find out how you can be part of it. Time: 9 a.m.

## GAME ON

### ■ Chicago Elite Youth Volleyball Academy

Tuesdays, Sept 3-Oct. 8  
The Community House  
415 W. Eighth St., Hinsdale  
(630) 323-7500

*Please turn to Page 22*

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## NEW BEGINNER CLASSES

### Mulhern Irish Dance

We welcome new Beginners  
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Fun classes for Girls & Boys ages 4-10 - not only do they learn to "Irish" dance, but they benefit from building self confidence, balance & coordination in a great social setting!

- Classes Offered at the Hinsdale Community House & Mulhern Irish Dance Studio in Westmont.
- Classes Begin the First week of September.
- Free Trial class for Ages 5-11 offered on Wednesday, August 28th at the Westmont Studio from 5-5:45pm.
- Free Trial class for Tot's Ages 3-4 offered on Thursday, August 29th from 12:30-1:15pm.
- Boys dance for free!

Any questions, please reach out or phone to arrange Free trial class if these options do not work for your schedule.

**Eileen (630) 417-5210**  
**Coleen (630) 417-5405**

We look forward to seeing you soon & meeting new faces!!



**Come try out a FREE class & bring a friend!!**



[www.mulhernschoolofirishdance.com](http://www.mulhernschoolofirishdance.com)

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- Special alerts on wine offers
- Invitation to "Member Only" wine events

### Hinsdale Wine Club



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HINSDALE  
WINE SHOP

# PULSE

## Author visit, voter registration, Birthday Bash all at Hinsdale Public Library this fall

Even though we start planning for our summer events and reading club in January, it still feels like summer passes in the blink of an eye. We could lament the shorter days and cooler weather, but we have so much planned for fall that we can't complain.

First, we want to thank our nearly 2,000 summer readers. Whether you said "Hi" to us at the farmers market, came in weekly to spin the prize wheel or checked out a few extra beach reads, we appreciate you incorporating the library into your own summer plans. A special congratulations to Madison School students! Over 70 percent of the school participated in the library's Summer Reading Club.

As backpacks get organized and beach totes get cleaned, it's a great time to check for the smartest card of all: your library card. Libraries

nationwide join together every September with the American Library Association to remind parents, caregivers and students that signing up for a library card is the first step toward academic achievement and lifelong learning.

Need a card? Apply online at <https://www.hinsdalelibrary.info>.

Is yours expiring soon? We'll send you a postcard to confirm your address and renew for you! Can't keep up with another card? Store a digital copy of your HPL card on your phone when you download our free app by searching Hinsdale Public Library in your app store. Learn more about our app at a hands-on session on Oct. 17.

For those 18 and up, September is also a good time to register to vote.



**Molly Castor**  
*Check this out*

Volunteers from the League of Women Voters will register voters and answer questions on National Voter Registration Day, Sept. 24, from 4:30 to 6:30 p.m. In order to register to vote, an individual must be a citizen of the United States, a resident of the precinct for 30 days as of the next election, 18 years of age by Election Day and provide two forms of identification, one with

the current residence listed.

If you perused the New York Times Bestseller list this summer, you might have come across "The Most Fun We Ever Had." Written by Oak Park native Claire Lombardo, this debut novel was heralded by the Washington Post as "Ambitious and brilliantly written."

Thanks to part of the Hinsdale

Public Library Foundation's final gift, Ms. Lombardo will visit the library on Sept. 19 for an evening discussion. Register for this special author event at the library, by calling (630) 986-1976 or online at <https://www.hinsdalelibrary.info/events>.

The arrival of fall signals another milestone for the library — we are another year older! Our 125th anniversary celebration in 2018 was so much fun that we decided to keep the party going. Join us on Saturday, Oct. 5, for all-ages fun and excitement at our birthday party. Activities include a scavenger hunt, face painting, tours of our art collection, refreshments and more.

Visit <https://www.hinsdalelibrary.info/events> for more details and a full list of our upcoming fall events.

— *Molly Castor is the marketing & outreach manager at the Hinsdale Public Library.*

■ A special congratulations to Madison School students! Over 70 percent of the school participated in the library's Summer Reading Club.



A TOAST TO GOOD TIMES FOR A GREAT CAUSE!

---

**SATURDAY, SEPTEMBER 28 | 6-10PM**

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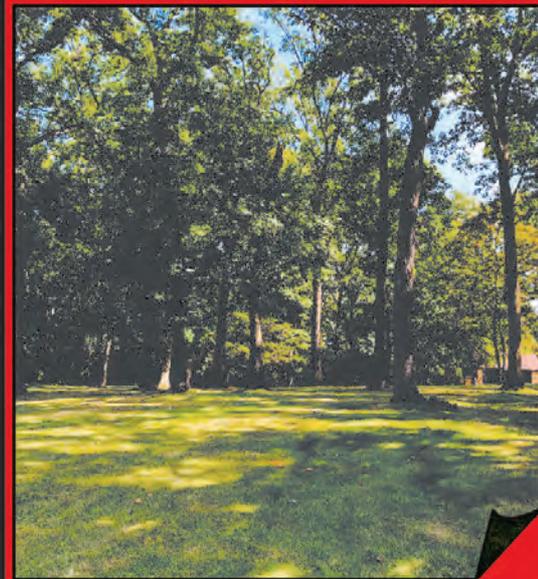
**5540 S. Stough**  
3/4 Bed, 3.1 Bath | \$1,099,000



**423 Briargate Terrace**  
3/4 Bed, 3.1 Bath | \$695,000



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## Continued from Page 18

<https://www.thecommunityhouse.org>

Kids ages 7-15 will be introduced to the game of volleyball and continue to improve their individual skill development in passing, setting, attacking, blocking, serving, defense and movement. Time: 4:30 to 5:30 p.m. Cost: \$140. RR, MD

### ■ Adult Taekwondo

Wednesdays, Sept. 4-Dec. 18

KLM Lodge  
5901 County Line Road,  
Hinsdale  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

This program for high school students and older concentrates on Taekwondo techniques through the study of forms and stances and the skills of punching, kicking, and blocking. Time: 7:15 to 8:10 p.m. Cost: \$176. RR

### ■ Cross country

Sept. 8-Nov. 21  
Spring Rock Park  
4400 Central Ave., Western Springs  
<https://www.chicagoflyers.org>

Youth ages 10-15 can supplement their school cross-country training or just explore running while getting a strong level of aerobic exercise. Athletes must be able to run 1 mile at the first practice in about 11 minutes without stopping. Participants receive AAU youth membership, a T-shirt and participation in the Flyers Pumpkin Run; additional fees will be incurred for the uniform, events and community runs. Times: 4 to 6 p.m. Sundays, 4:15 to 5:45 p.m. Tuesdays & Thursdays. Cost: \$425.

### ■ Youth Archery

Mondays, Sept. 9-Oct. 14  
KLM Park  
5901 S. County Line Road,  
Hinsdale  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Students age 7-14 will learn the parts of an arrow and recurve bow, the basics of using a recurve bow and fundamental shooting skills in an extremely safe environment through the nationally recognized beginner's 9-step to the 10 ring progression. Blunt tipped arrows, bows and tar-

gets will be provided. Times: 5 to 5:45 p.m. for ages 7-10, 5:45 to 6:30 p.m. for age 11-14. Cost: \$54. RR

## GRAND GALAS

### ■ EMH Foundation's Autumn Affair

Sept. 7  
Four Seasons Hotel Chicago  
120 E. Delaware Place,  
Chicago  
(331) 221-0388

<https://www.emhfoundation.org/autumnaffair>

The Elmhurst Memorial Hospital Foundation will hold its 15th annual fundraiser featuring cocktails and a silent auction, followed by dinner, dancing and a live auction. The gala supports Elmhurst Hospital programs and services that directly impact patients. A portion of the proceeds will support new high-tech, patient-centered tech-

nology advancements. Time: 6 p.m. Tickets: \$300.

### ■ The Community House Patron Party

Sept. 19  
The Community House  
415 W. Eighth St., Hinsdale  
[akrug@thecommunityhouse.org](mailto:akrug@thecommunityhouse.org)  
<https://www.thecommunityhouse.org>

Help celebrate 20 years of Community Revue at this

annual event, beginning with cocktails and hors d'oeuvres and culminating in a performance. Reservations are requested by Sept. 12. Time: 6:30 p.m. cocktails, 7:30 p.m. performance. Tickets: \$250 per person.

## GREAT OUTDOORS

### ■ Dusk Gratitude Walk

Sept. 5

*Please turn to Page 24*

From a Monroe School dad:

“Did you know the New York Times said that all local newspapers will be dead in a few years?

Guess they haven't been to Hinsdale.”

## The Hinsdalean

*One town. One paper. Defying the odds.*

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NEW TO MARKET



*Today's look can be found in this home* in the Madison School area! Recently updated with on-trend colors, finishes & design choices throughout its delightful rooms. Living room, dining room & office on the first floor all finished to perfection. A kitchen unlike any other at this price point, with painted cabinetry, brushed bronze hardware, sleek countertops, floating shelves & oversized subway tile backsplash. The family room overlooks the private backyard with its numerous windows & fireplace. 1st floor laundry option. Gracious master suite with vaulted ceiling & sumptuous marble-finished bath with soaking tub, chandelier & his/her vanities. Ensuite bed, 2 beds with J & J bath with hardwoods, plus private, skylit third-floor bedroom suite & bonus space. Full lower-level media/entertaining space, with dry bar, rec area & separate exercise room. Outside, a welcoming front porch complemented by private rear patio & firepit. A special home on a rarely available, walk-to-school cul-de-sac. Priced at \$1,349,000.

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# PULSE

Continued from Page 22

Mayslake Peabody Estate  
1717 W. 31st St., Oak Brook  
(630) 206-9566  
<https://www.dupageforest.org>

Contemplate how life changes seasonally on a leisurely guided walk as the sun sets over the forest preserve. Bring pen and paper to jot down thoughts along the way if the mood strikes. This program is for ages 18 and older. Time: 7 to 8:30 p.m. Cost: \$3 in advance, \$5 at the walk. RR

## ■ Fly Fishing

Sept. 15  
Mayslake Peabody Estate  
1717 W. 31st St., Oak Brook  
(630) 206-9566  
<https://www.dupageforest.org>

Spend an afternoon with the DuPage Rivers Fly Tyers learning how to tie flies inside and learning to cast outside. Equipment will be provided. The program is for ages 18 and up. Time: 1 to 5 p.m. Cost: \$10. RR

## HEALTH & WELLNESS

### ■ Mind/Body Fest

Sept. 7  
Wellness House  
131 N. County Line Road,  
Hinsdale  
(630) 323-5150  
<https://www.wellnesshouse.org>

Experience mini-sessions designed to reduce stress, increase relaxation and improve one's overall sense of well-being — techniques to add to one's self-care tool box. Sessions will be offered in yoga, tai chi and qi gong, mindfulness and meditation, expressive arts, wellness tune-ups, sound meditation and more. This program is for those who are diagnosed with cancer along with their loved ones and caregivers. Hours: 9:30 a.m. to 2:30 p.m. RR

## JUST FOR KIDS

### ■ Basic Roller Skating

Sept. 3-Oct. 12  
Revolution Skate Studio  
1300 S. Main St., Lombard  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Kids ages 6-10 will learn to roller skate from nationally certified instructors using games, toys, songs and activities. Coach feedback is

available online and students receive medals every time they pass eight new skills. Skate rental is included. Courses are offered Tuesdays, Wednesdays and Saturdays. Times: 5:25 to 6:25 p.m. Tuesdays and Wednesdays, 1 to 2 p.m. Saturdays. Cost: \$155. RR

### ■ Beginning Voice

Saturdays, Sept. 7-Oct. 19  
Darien Community Center  
7301 Fairview Ave., Darien  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Kids age 6-12 can learn to sing great songs from musical theater, Disney, pop music and more. Young singers learn how to sing together, harmonize and create beautiful music in this noncompetitive class environment. Time: 10 to 11 a.m. Cost: \$75. RR

### ■ Putting "A" in S.T.E.A.M.

Sept. 7  
Hinsdale Public Library  
20 E. Maple St.  
(630) 986-1976  
<https://www.hinsdalelibrary.info>

Kids can learn how art and science intersect by creating a piece of art to take home. Time: 10:30 a.m. to noon.

## LISTEN & LEARN

### ■ Property tax seminar

Aug. 29  
The Community House  
415 W. Eighth St., Hinsdale  
(630) 852-8633  
<https://www.repmazzochi.com>

State Rep. Deanne Mazzochi (R-47, Elmhurst) will co-host this seminar, along with York Township Assessor Deanna Wilkins and Downers Grove Township Assessor Greg Boltz, to give homeowners the tools they need to lower their property taxes when they think they are being overcharged. RSVPs are appreciated but not required. Time: 6 to 7:30 p.m.

### ■ Unlocking Social Security

Sept. 5  
Hinsdale Public Library  
20 E. Maple St.  
(312) 248-8207  
[ddine@lsfgchi](mailto:ddine@lsfgchi)

John Deppe, author of "It's Your Money! Simple Strategies to Maximize Your Social Security Income," will give this program aimed at those ages 55-65 who have not yet made

*Please turn to Page 26*

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**Continued from Page 24**

a decision on when to take income. Coffee and cookies will be provided. Space is limited, so contact host Denny Dine at using the information listed above to reserve a spot. Time: 6:30 to 7:30 p.m. RR

**■ Horse Ownership Lecture Series**

Saturdays, Sept. 7-Oct. 5  
Danada Equestrian Center

3S507 Naperville Road,  
Wheaton  
(630) 668-6012  
<https://www.dupagecounty.org>

Prospective horse owners age 12 and older can get an in-depth look at behavior, health, feed conformation and leasing versus owning. Each session features a different topic and includes a 60-minute lecture followed by 60 minutes of practical, hands-on applica-

tions in the barn. Time: 9 to 11 a.m. Cost: \$50.

**■ Manage Your Money Online**  
Sept. 12

Hinsdale Public Library  
20 E. Maple St.  
(630) 986-1976  
<https://www.hinsdalelibrary.info>

Learn the best website and app options for managing stock portfolios, creating a budget, getting financial news

and more. Most tools mentioned are budget-friendly or free. Time: 7 to 8:30 p.m. RR

**ON SCREEN**

**■ 'The Man Who Predicted 9/11'**

Sept. 11  
Hinsdale Public Library  
20 E. Maple St.  
(630) 986-1976  
<https://www.hinsdalelibrary.info>

Join a viewing of this 50-min-

ute documentary followed by a discussion. This program is presented in partnership with American Legion Hinsdale Post 250. Time: 7 to 8:30 p.m. RR

**ON STAGE**

**■ Agatha Christie's 'Murder in the Studio'**

Sept. 5-15

*Please turn to Page 30*

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- Youssef, School of Rock Student

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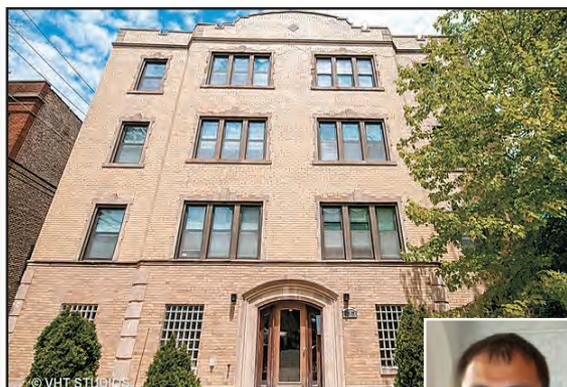
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**CLARENDON HILLS**  
\$257,500  
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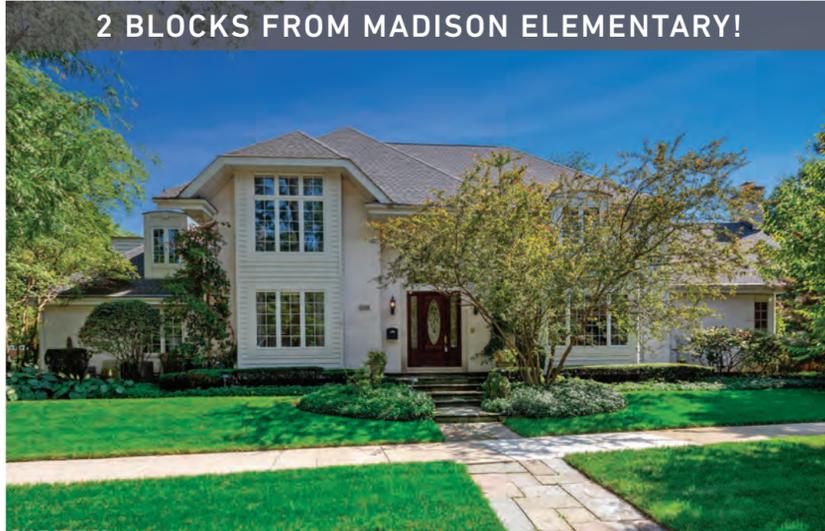
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# PULSE

## Continued from Page 26

Theatre of Western Springs  
4384 Hampton Ave.  
(708) 246-4043  
<https://www.theatreofwesternsprings.com>

Experience the staging of this thrilling collection of three murderous radio plays — including a Poirot story. Times: 8 p.m. Sept. 5-7 & 12-14; 2:30 p.m. Sept. 8, 14 & 15 and 7:30 p.m. Sept. 8. Tickets: \$22.

■ **'The Little Mermaid'**  
Sept. 7 & 8  
Nazareth Academy  
1209 W. Ogden Ave.,  
LaGrange Park  
<https://www.yesproductions-co.com>

YES! Productions presents this Disney classic, following the charming but rebellious 16-year-old mermaid Ariel and her fascination with life on land. Times: 2 and 7 p.m. Sept. 7, 1 and 6 p.m. Sept. 8. Tickets: \$18-\$20.

■ **'The Guys'**  
Sept. 9-11  
Mayslake Peabody Estate

1717 W. 31st St., Oak Brook  
(630) 986-8067  
<https://www.firstfolio.org>

First Folio Theatre presents this two-person play about two people whose lives come together as the result of the tragedies of 9/11. Joan longed for a way to help and finds it helping Nick with the seemingly insurmountable task of eulogizing the members of his department who were lost in the day's events. A portion of ticket sales will be donated to the 9/11 Memorial & Museum in New York. Time: 8 p.m. Tickets: \$35..

## RUNS & WALKS

■ **APDA Midwest Optimism Walk**  
Sept. 7  
Naperville VFW Hall  
Post 3873  
908 Jackson Ave.  
(630) 933-4392  
<https://www.apdaparkinson.org/midwest>

The American Parkinson's Disease Association is hosting this 29th annual event in conjunction with a nationwide series of walks that mobilize

people to help put an end to Parkinson's disease. Activities include a short walk of up to 1.5 miles (distance is optional), educational opportunities, raffles and music. Proceeds will benefit support groups, exercise classes designed specifically for people with PD, educational conferences and more. Time: 8:30 a.m. check-in begins, 10 a.m. walk. Cost: donations collected. RR

■ **ZooRunRun**  
Sept. 8  
Brookfield Zoo  
8400 31st St.  
(708) 688-8000  
<https://czs.org/ZooRunRun>

Sprint like a cheetah or move like a sloth at this annual event benefiting the Animal Care and Conservation Fund, dedicated to protecting animals around the world. The course takes place entirely inside the zoo and features a 5K chipped-time race and a one-mile chipped-time Kids Dash for children 13 and younger. Family and friends will be admitted to the zoo for free as part of the cheering crowd

and awards will be presented. Times: 8:30 a.m. 5K, 9:30 a.m. Kids Dash. Cost: \$20-\$45, plus \$3 sign-up fee; \$10 discount for 5K registrations before Sept. 5. RR, MD

## SIGN UP NOW

■ **Fall Kickoff Lunch**  
Sept. 6  
Fourteensixteen  
14 W. Calendar Ave., La Grange  
<https://www.hinsdalenewcomers.org>  
[meetings@hinsdalenewcomers.org](mailto:meetings@hinsdalenewcomers.org)

Newcomers & Neighbors of the Greater Hinsdale Area welcomes residents of Hinsdale, Burr Ridge, Clarendon Hills, Oak Brook and Westmont to learn more about the organization at its fall luncheon. Time: 11:30 a.m. to 2:30 p.m. Tickets: \$30. RR

## STEPPING BACK

■ **Civil War Encampment**  
Aug. 31 & Sept. 1  
Graue Mill & Museum  
3800 York Road, Oak Brook

<https://www.grauemill.org>  
Members of the 10th Illinois Regiment and their families spend the weekend on the Graue Mill grounds, depicting what life was like in a Union military camp in the 1860s. Complete with authentic clothing, weapons and tools, black powder firing demonstrations and drills, cooking, toys, and crafts. Hours: 10:30 a.m. to 4 p.m.

■ **Revolutionary War Reenactment**  
Sept. 7 & 8  
Cantigny  
1S151 Winfield Road,  
Wheaton  
(630) 668-5161  
<https://www.cantigny.org>

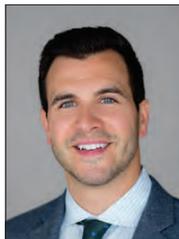
Get a feel for camp life, experience a battle and enjoy the sights and sounds of the 18th century. Hours: 10 a.m. to 4 p.m. Cost: Free with \$10 parking.

■ **A River Thru History Rendezvous**  
Sept. 7 & 8

*Please turn to Page 32*

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**Continued from Page 30**

Columbia Woods Forest Preserve  
Archer Avenue & Willow Springs Road, Willow Springs  
<https://www.ariverthruhistory.com>

This 28th annual event on the banks of the Des Plaines River celebrates the early history of the area when explorers and voyageurs paddled area waterways and trappers and

hunters lived near the river systems. Activities include the Voyageur Landing, a Tomahawk throwing competition, a goat farm, a trading post, opportunities to meet Chicago's first resident, Jean Baptiste Point DuSable, and early explorer Father Jacques Marquette, and more. Parking is available at the UPS employee lot off 75th Street. Hours: 10 a.m. to 5 p.m. Sept. 7, 10 a.m. to 4 p.m. Sept. 8.

**TEENS & TWEENS**

■ **RPG Club**  
Fridays, Sept. 6-Oct. 25  
The Community House  
415 W Eighth St., Hinsdale  
(630) 323-7500  
<https://www.thecommunity-house.org>

Youth ages 9 and up will enjoy teamwork and exercising their imagination with role-playing games. Polyhedral dice will be provided, as par-

ticipants create, draw and build their own characters, write their own stories and backgrounds and then act out the characters by dressing up and fighting the BBEG (Big Bad Evil Guy) at the conclusion of a quest. Teenagers are welcome! Time: 6 to 8 p.m. Cost: \$207. RR, MD

■ **Entrance Exam Practice Tests**  
Sept. 14  
Hinsdale Public Library

20 E. Maple St.  
(630) 986-1976  
<https://www.hinsdalelibrary.info>

College and high school entrance exam practice tests, proctored by Nurturing Wisdom Tutoring, will be available including ACT and SAT, SSAT, ISEE and HSPT. Test takers will receive a personalized analysis of their results

*Please turn to Page 34*



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*— Elga and Wally Heintzen*  
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## Pet pic of the week



**Calvin is a very handsome**, buff tabby with white markings. Calvin, just 4 months old, is approved for adoption to an individual or family with children of any age. He is neutered, up-to-date on his vaccinations and his adoption fee is \$150. Come meet Calvin and all of the other pets at the Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center at 21 Salt Creek Lane. The shelter is open from 2 to 8 p.m. Tuesday, noon to 6 p.m. Wednesday through Friday and 10 a.m. to 4 p.m. Saturdays and Sundays. For more information, call (630) 323-5630 or visit [hinsdalehumanesociety.org](http://hinsdalehumanesociety.org). (photo provided)

### Continued from Page 32

within two weeks. Students should bring pencils and a snack/drink for the break; ACT/SAT students should also bring a calculator. Time: 9:30 a.m. to 2:30 p.m. RR

### WEE ONES

#### ■ Tiny Tots Roller Skating

Sept. 3-Oct. 12  
Revolution Skate Studio  
1300 S. Main St., Lombard  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Kids ages 3-5 will learn to roller skate from nationally certified instructors using games, toys, songs and activities. Coach feedback is available online and students receive medals every time they pass eight new skills. Skate rental is included. Courses are offered Tuesdays, Wednesdays or Saturdays. Times: 4:30 to 5:15 p.m. Tuesdays and Wednesdays, 9:35 to 10:20 a.m. Saturdays. Cost: \$135. RR

#### ■ Toddler/Preschooler Obstacle

### Course

Sept. 6  
Hinsdale Public Library  
20 E. Maple St.  
(630) 986-1976  
<https://www.hinsdalelibrary.info>

Kids from birth to preschool age can test their ninja warrior skills as they hop, skip and jump their way through an obstacle course set up in the Youth Services Department. Hours: 10 a.m. to noon.

#### ■ Animal Crackers

Tuesdays, Sept. 10-24  
Burr Ridge Community Center  
15W400 Harvester Drive  
(630) 789-7090  
<https://www.villageofhinsdale.org/pr>

Kids ages 1-3 with a parent will explore a different animal each week through stretching, movement, crafts and other activities all revolving around the animal of the day. Time: 9 to 10 a.m. Cost: \$38. RR

Key

RR - registration required  
MD - member discount



## A TRIBUTE THAT GROWS



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or e-mail [jfinnell@villageofhinsdale.org](mailto:jfinnell@villageofhinsdale.org)

[www.villageofhinsdale.org/](http://www.villageofhinsdale.org/)

*Hinsdale Nurseries is the proud supplier of Hinsdale Tribute Trees*

# YOU'RE INVITED

to THEORIES ON THIRD

## THURSDAY, SEPTEMBER 5<sup>TH</sup>

### 11 AM

529 E. 3RD ST.

Speakers **Mario Limoncello** of Granite Shield & **Kate Marnell**

of KRM Interiors will discuss "party-proof" upholstery.



Enjoy cupcakes at our cupcake truck outside of 529 E. 3RD ST.

### 12 PM

318 HILLCREST AVE.

Speaker **Karen Lang** of Hinsdale Lighting

will discuss lighting design & trends.



Enjoy complimentary cookies and champagne at 318 Hillcrest Ave.

### 1 PM

321 S. COUNTY LINE RD.

Speaker **Julie Laux** of J.Jordan homes will

discuss building & architecture trends



Enjoy tacos at our taco truck outside of 321 S. County Line Rd.

Event Sponsored by:



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# Introducing the Red Devil football seniors

10 20 30 40 50 40 30 20 10



**Alexander Middlestadt #1**  
Height: 6' Weight: 155  
Wide receiver, Clarendon Hills



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Matty O'Connell #2**  
Height: 5'9" Weight: 155  
Defensive back, Clarendon Hills



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Mark Skokna #3**  
Height: 5'10" Weight: 155  
Running back, Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Mitchell Anderson #5**  
Height: 6'2" Weight: 205  
Wide receiver/defensive line  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Guy Henry Goss #6**  
Height: 5'10" Weight: 165  
Defensive back  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Luke Pyle #7**  
Height: 6'1" Weight: 190  
Linebacker  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Nick Franko #8**  
Height: 6'1" Weight: 198  
Running back/linebacker  
Clarendon Hills



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

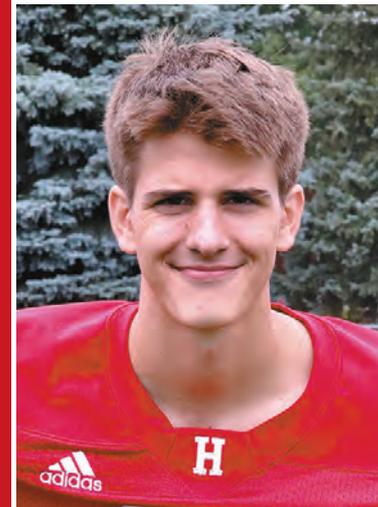


**Mac Quast #9**  
Height: 6'5" Weight: 220  
Tight end/slot  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

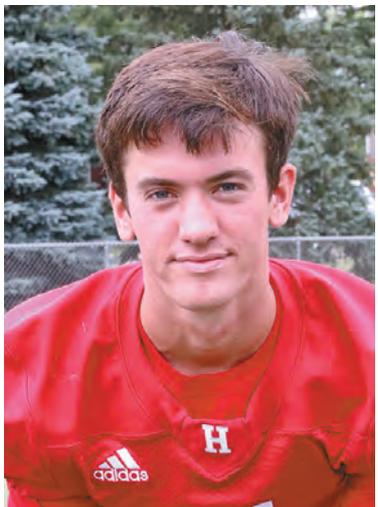


**Christian Letts #10**  
Height: 6' Weight: 165  
Linebacker  
Westmont



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Jacob Franco #11**  
Height: 6'2" Weight: 165  
Wide receiver  
Burr Ridge



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Charlie Huth #12**  
Height: 6'2" Weight: 210  
Quarterback  
Burr Ridge



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

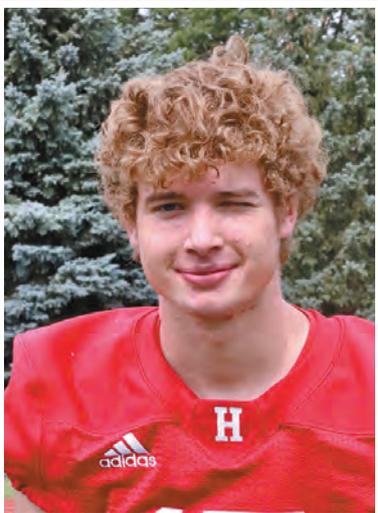


**Braden Contreras #13**  
Height: 6'2" Weight: 180  
Wide receiver  
Burr Ridge



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Andrew Novatney #15**  
Height: 5'11" Weight: 155  
Defensive back  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Ryan Loughlin #21**  
Height: 6' Weight: 195  
Linebacker/quarterback  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Jimmy Buonavolanto #22**  
Height: 5'7" Weight: 160  
Linebacker  
Willowbrook



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Jack Frank #24**  
Height: 5'11" Weight: 160  
Defensive back  
Westmont



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Matt O'Neill #25**  
Height: 6'2" Weight: 185  
Slot/defensive back  
Clarendon Hills



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Dawson Brown-Limjuco #26**  
Height: 5'10" Weight: 175  
Outside linebacker  
Burr Ridge



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Owen Goss #27**  
Height: 5'11" Weight: 185  
Defensive back  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

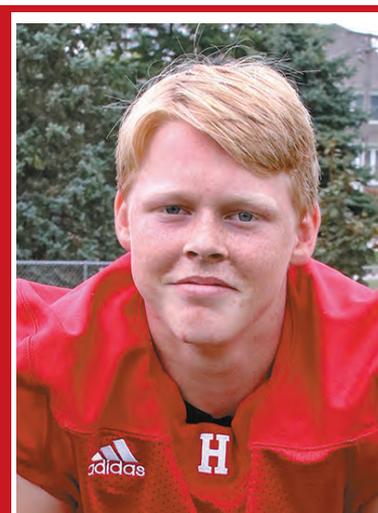


**Demetri Karris #33**  
Height: 5'10" Weight: 180  
Outside linebacker  
Oak Brook



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Ronald Kruse #44**  
Height: 5'9" Weight: 175  
Linebacker  
Clarendon Hills



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10



**Jonathan Hernandez #47**  
Height: 5'6" Weight: 180  
Defensive line  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

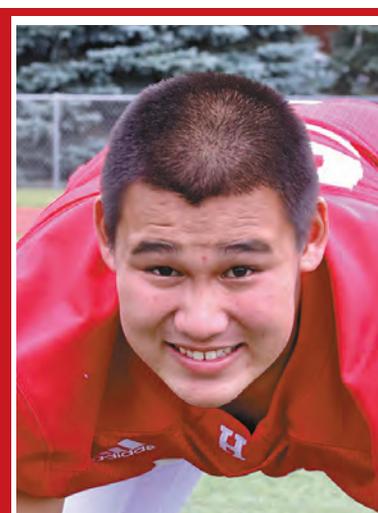


**Luke Allison #50**  
Height: 6'1" Weight: 215  
Offensive/defensive line  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

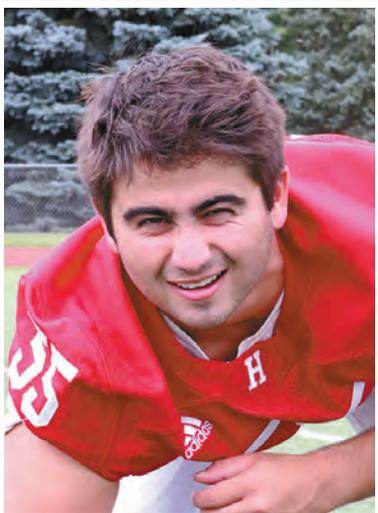


**Ethan Lin #51**  
Height: 6' Weight: 225  
Defensive line  
Hinsdale



Hinsdale Central RED DEVILS

10 20 30 40 50 40 30 20 10

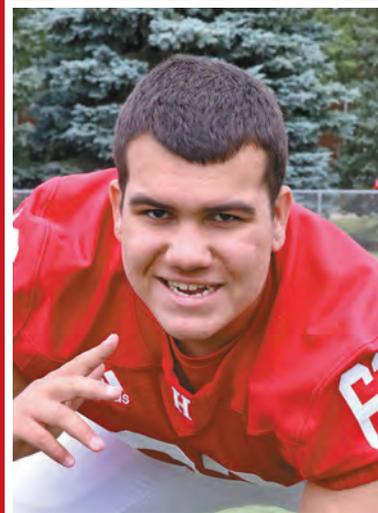


**Lucas Schwartz #55**  
Height: 6'2" Weight: 220  
Defensive line  
Hinsdale



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Michael Boleyn #62**  
Height: 5'10" Weight: 220  
Offensive line  
Clarendon Hills



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Gianni Salbego #64**  
Height: 6'4" Weight: 235  
Defensive line  
Clarendon Hills



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10

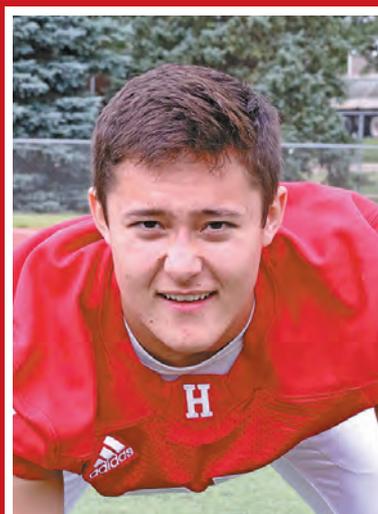


**Michael Dunphy #66**  
Height: 6'2" Weight: 260  
Offensive line  
Hinsdale



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Kyle Shrader #67**  
Height: 5'11" Weight: 170  
Defensive line  
Hinsdale



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Brady Blacher #71**  
Height: 5'10" Weight: 205  
Offensive line  
Burr Ridge



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Alex Kumskis #72**  
Height: 6'3" Weight: 260  
Offensive line  
Hinsdale



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Trey Newland #73**  
Height: 5'10" Weight: 215  
Kicker/punter, Hinsdale



Hinsdale Central **RED DEVILS**



10 20 30 40 50 40 30 20 10



**James Balderston #74**  
Height: 6' Weight: 255  
Offensive line  
Clarendon Hills



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10

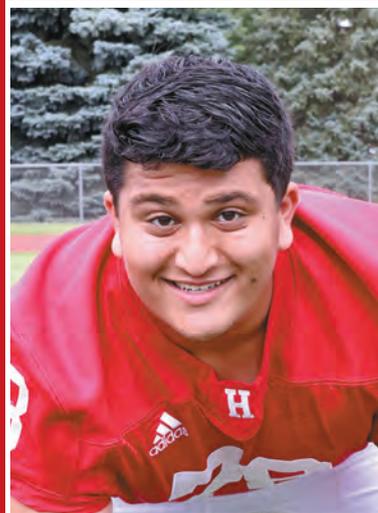


**Kiran Amegadje #77**  
Height: 6'5" Weight: 275  
Offensive line  
Hinsdale



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Daniyal Syed #78**  
Height: 6' Weight: 255  
Defensive line  
Willowbrook



Hinsdale Central **RED DEVILS**

**HC VARSITY  
SCHEDULE 2019-20**

• • • • •

**LET'S GO  
RED DEVILS!**

10 20 30 40 50 40 30 20 10



**Phillip Borhani #84**  
Height: 6'4" Weight: 220  
Defensive line/tight end  
Hinsdale



Hinsdale Central **RED DEVILS**

10 20 30 40 50 40 30 20 10



**Carl Hinchman #99**  
Height: 5'9" Weight: 235  
Manager  
Hinsdale



Hinsdale Central **RED DEVILS**

**It's a great day to be a Red Devil!**

08/30	FRI	VS NAPERVILLE CENTRAL	H	7:30 PM
09/6	FRI	VS MORTON	H	7:30 PM
09/13	FRI	AT HINSDALE SOUTH	A	7:30 PM
09/20	FRI	AT OAK PARK-RIVER FOREST	A	7:30 PM
09/27	FRI	VS DOWNERS GROVE NORTH (HOMECOMING)	H	7:00 PM
10/4	FRI	AT YORK	A	7:30 PM
10/11	FRI	VS PROVISO WEST	H	7:30 PM
10/19	SAT	AT GLENBARD WEST	A	1:30 PM
10/25	FRI	VS LYONS TOWNSHIP	H	7:30 PM
11/8-11/30		STATE PLAYOFFS	TBA	

# GO RED DEVIL FOOTBALL

COMPASS



6 BR, 8.3 Baths, \$6,500,000

323 Hillcrest Avenue  
HINSDALE



5+1 BR, 6.4 Baths, \$6,495,000

610 S. Oak Street  
HINSDALE



5+1, 7.2 Baths, \$3,499,000

618 S. Park Avenue  
HINSDALE



5+1 BR, 6.1 Baths, \$2,599,000

522 W. Hickory Street  
HINSDALE



6 BR, 5.2 Baths, \$2,499,000

341 S. Elm Street  
HINSDALE



5+1 BR, 5.3 Baths, \$2,250,000

561 Walker Road  
HINSDALE



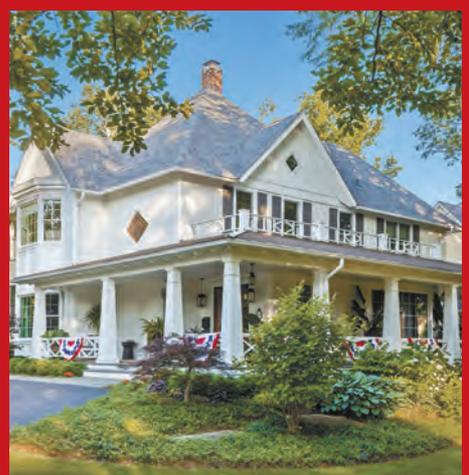
5.1 BR, 5.3 Baths, \$2,175,000

6012 Sedgley Court  
BURR RIDGE



5.1 BR, 5.2 Baths, \$2,100,000

705 McKinley Lane  
HINSDALE



5 BR, 4 Baths, \$1,899,000

108 E. 5th Street  
HINSDALE



**Kris Berger**

Hinsdale

630.975.0088

kris.berger@compass.com

Kris Berger is a Real Estate agent affiliated with Compass. Compass is a licensed Real Estate broker with a principal office in Chicago, IL and abides by all applicable Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only, is compiled from sources deemed reliable but is subject to errors, omissions, and changes without notice. All measurements and square footages are approximate. This is not intended to solicit property already listed. Nothing herein shall be construed as legal, accounting or other professional advice outside the realm of Real Estate brokerage.



# GO RED DEVIL FOOTBALL

COMPASS



**322 N. Elm Street  
HINSDALE**

5+1 BR, 5.1 Baths, \$1,895,000



**814 S. Stough Street  
HINSDALE**

5 BR, 5.1 Baths, \$1,679,000



**342 Harris Avenue  
CLARENDON HILLS**

5+1, 5.2 Baths, \$1,649,000



**501 Ambriance Drive  
BURR RIDGE**

5 BR, 5.2 Baths, \$1,575,000



**3706 Frederick Drive  
OAK BROOK**

7 BR, 6.2 Baths, \$1,499,000



**338 N. Elm Street  
HINSDALE**

5 BR, 5.1 Baths, \$1,450,000



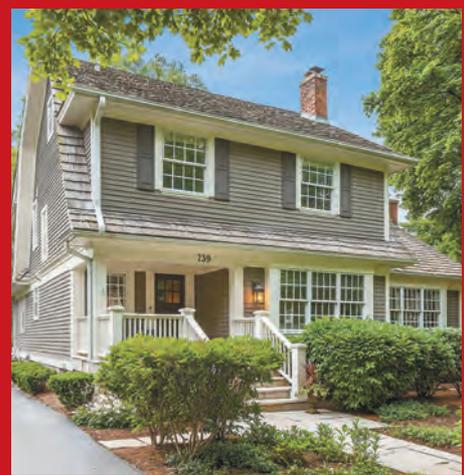
**5 Berseem Court  
OAK BROOK**

4 BR, 5.2 Baths, \$1,399,000



**8370 Fars Cove  
BURR RIDGE**

5 BR, 5.1 Baths, \$1,250,000



**739 S. Lincoln Street  
HINSDALE**

4 BR, 3.1 Baths, \$1,159,000



**Kris Berger**

Hinsdale

630.975.0088

kris.berger@compass.com

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# GO RED DEVIL FOOTBALL

COMPASS



601 N. Oak Street  
HINSDALE

Open Sun. 1-3pm

4 BR, 5.1 Baths, \$1,149,000



439 S. Bruner Street  
HINSDALE

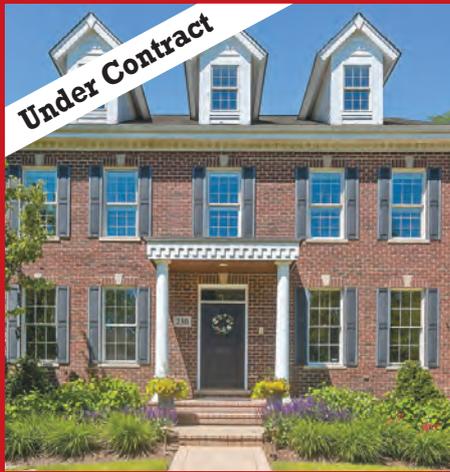
SOLD

5 BR, 4.1 Baths, \$1,099,000



1000 Village Center Drive  
BURR RIDGE

3, 3.1 Baths, \$1,099,000



230 S. Peck Avenue  
LA GRANGE

Under Contract

5 BR, 4.1 Baths, \$1,050,000



5 Royal Vale Drive  
OAK BROOK

LAND, \$1,050,000



48 Harris Avenue  
CLARENDON HILLS

4 BR, 4.1 Baths, \$1,049,000



215 S. Madison Street  
HINSDALE

5 BR, 4.2 Baths, \$1,049,000



801 Jefferson Street  
HINSDALE

5+1 BR, 5.1 Baths, \$999,000



1017 Birchwood Road  
OAK BROOK

LAND, \$995,000



**Kris Berger**

Hinsdale

630.975.0088

kris.berger@compass.com

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# GO RED DEVIL FOOTBALL

COMPASS



**730 S. Monroe Street  
HINSDALE**

5 BR, 4.1 Baths, \$945,000



**519 The Lane  
HINSDALE**

4 BR, 4.1 Baths, \$899,000



**4138 Garden Avenue  
WESTERN SPRINGS**

4, 3.1 Baths, \$874,900



**148 Tomlin Circle  
BURR RIDGE**

5 BR, 3.1 Baths, \$669,000



**317 W. Chicago Avenue  
HINSDALE**

4 BR, 1.2 Baths, \$574,900



**122 E. Knighton Place  
ELMHURST**

3.1 BR, 3.1 Baths, \$565,000



**416 Quail Run Court  
DARIEN**

2 BR, 2 Baths, \$424,900



**4400 Florence Avenue  
DOWNERS GROVE**

LAND, \$315,000



**4408 Florence Avenue  
DOWNERS GROVE**

LAND, \$275,000



**Kris Berger**

Hinsdale

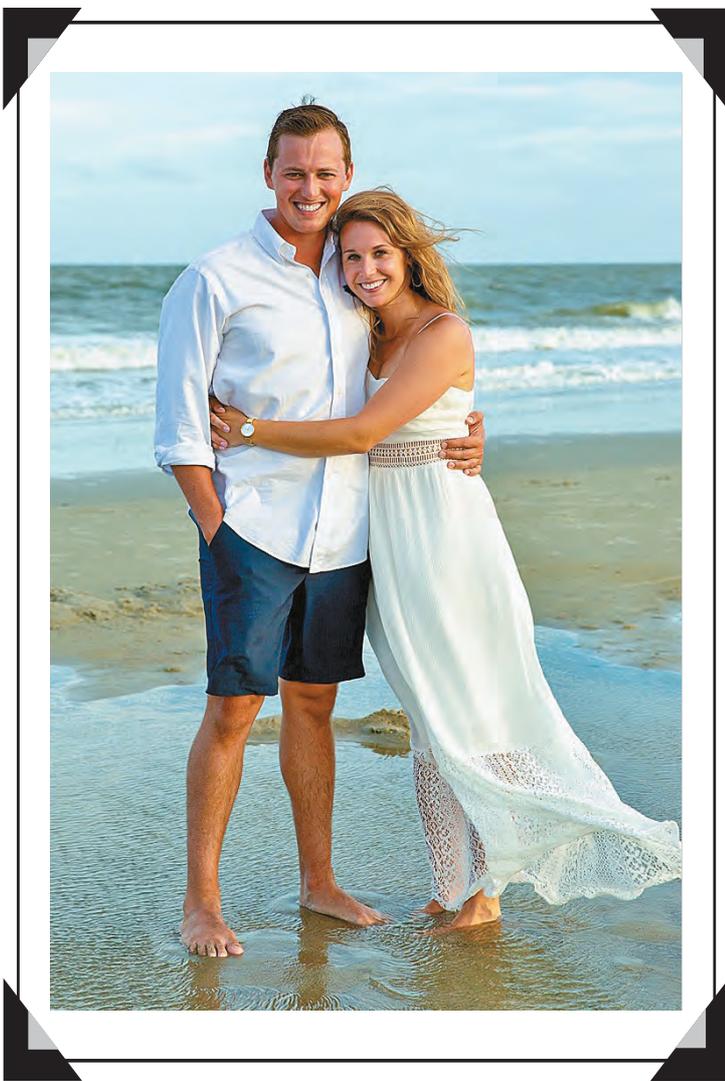
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# ANNOUNCEMENTS



## Baleigh Deitrich and Ryan Salvino

Duane and Theresa Deitrich of Logansport, Ind., have announced the engagement of their daughter, Baleigh Autumn, to Ryan Joseph Salvino, the son of Dr. Kevin and Colleen Salvino of Burr Ridge.

The couple met while attending Butler University. Baleigh will graduate from Indiana University School of Dentistry in May 2020 with her doctorate in dental surgery.

Ryan is the co-founder and CEO of Russell Health, a regenerative medical distribution company.

They plan to wed in a Catholic ceremony in May 2020 in Palm Beach Gardens, Fla.

OPEN  
LABOR DAY  
8AM-2PM

5620 South Oak Street  
Hinsdale  
1 block S. of 55th & 1 block  
W. of County Line Rd.

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FERTILIZERS • MULCH

# HINSDALE

**43rd  
Season!**

## FARMERS MARKET MONDAYS

**JUNE 3 - OCTOBER 14, 2019**  
**7:00 AM - 1:00 PM**  
**Burlington Park 30 E Chicago Avenue**

**SPONSORED BY:**

For more information contact the Hinsdale Chamber of Commerce  
630-323-3952 or visit [www.hinsdalechamber.com](http://www.hinsdalechamber.com)

WELLNESS HOUSE  
**MIND: BODY**  
FEST

**Join us for a stress-less day!**  
*This event is for people affected by cancer.*

**September 7, 2019**  
**9:30 AM - 2:30 PM**

- Yoga, Tai Chi & Qi Gong
- Mindfulness & Meditation
- Expressive Arts
- Wellness Tune-Ups
- Sound Meditation
- And More!

**Provided at no cost.**

Experience mini-sessions designed to reduce stress, increase relaxation and improve your overall sense of well-being.

Choose from a variety of Wellness House stress management programs and learn techniques to add to your self-care tool box.

*Wellness House is here for anyone affected by cancer:*

*Just diagnosed, in treatment, survivorship, caregivers and family and friends.*

**Register at [wellnesshouse.org](http://wellnesshouse.org)**  
Located at Wellness House, 131 North County Line Road, Hinsdale, IL 60521

**Wellness House** for LIVING with CANCER  
You'll feel better inside.

**VENDORS FOR 2019 SEASON**

Shop for fruits, vegetables, honey, meats, pie and sweet breads and enjoy a smoothie, fresh brewed ice coffee, or slice of pizza for lunch.

*For a full list of vendors, visit [www.hinsdalechamber.com/farmers-market](http://www.hinsdalechamber.com/farmers-market).*

**NEW ACTIVITIES FOR THE 2019 SEASON**

- Fitness each Monday morning in Burlington Park
- Kids activities provided by the Hinsdale Public Library
- Weekly recipes

*For the complete list of activities for the Farmer's Market Season, please visit [www.hinsdalechamber.com](http://www.hinsdalechamber.com).*

# VILLAGE POSTING BOARD

CLASSIFIED • SERVICE DIRECTORY • LEGAL NOTICES



So you think you're a *real* Hinsdalean, eh? Tell us where you think this picture was taken and you can win a Fuller's Ultimate Car Wash gift card. Send your answer to: The Hinsdalean, Village Posting Board, 7 West First St., Hinsdale, IL 60521. Winners will be drawn from correct answers received weekly. *Good luck!*

## CLASSIFIED ADVERTISING

The Hinsdalean  
7 West First Street,  
Hinsdale, IL

(630) 323-4422  
Fax: (630) 323-4220

### Hours & Deadlines

Monday - Friday  
9 a.m. - 5 p.m.

Classified deadline:  
Tuesday 5 p.m. for  
Thursday's publication

Email:  
tinaw@thehinsdalean.com

### Asphalt

## BOSWELL BLACKTOP

### ASPHALT PAVING

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Free Estimates - Insured

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We offer complex cleaning of

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We Do Small Jobs too!

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- Additional Plugs / Switches • Ceiling Fans
- Home Rewiring • Service Upgrades/Repairs
- Indoor/Outdoor Lighting • New AC & Garage Lines
- New 100 & 200 Amp Service • New Circuit Breaker Boxes
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We work in Hinsdale and Surrounding Suburbs  
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## JANE'S GANG

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Seasonal Cleaning, Moves, Etc.

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Concrete Footings & Walls for Room Additions

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LiftMaster

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STAIRCASE REFINISHING  
AND REPAIR!

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system guaranteed to never clog.

Get a jump on Fall and Save  
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# VILLAGE POSTING BOARD

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## Home Improvements

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CARPENTRY - DRYWALL  
TRIM - TILE  
PAINTING - ELECTRICAL  
PLUMBING

No job too Big or too Small  
40 years experience

**Craig Riendeau 678-315-2800**

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- Aeration
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- Landscape Design
- Hardscape Design
- Outdoor Kitchens
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Darien, IL.

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## Crossword Answers

A	C	M	E		P	O	M	P		M	P	H	
T	H	I	N		O	D	O	R		A	R	E	
M	A	N	D	O	L	I	N	E		N	I	B	
		U	P	O	N		L	O	D	G	E		
L	A	M	E	S			D	A	R	E			
A	L	A	S		P	L	U	T	A	R	C	H	
I	O	N		D	E	I	C	E		L	I	E	
R	E	D	G	I	A	N	T			B	E	T	A
		A	I	L	S			F	O	Y	E	R	
L	A	T	T	E		A	E	O	N				
E	G	O			M	A	N	D	R	I	L	L	S
F	A	R			M	I	N	D		N	E	A	P
T	R	Y			A	R	E	A		G	A	M	Y

## Is this your license plate?

Is this your license plate?  
Does it belong to someone you know?



The owner of this car is a winner of an  
**Ultimate Car Wash**  
compliments of Fuller's and The Hinsdalean.  
Call **630-323-4422**  
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## Yes, I'm a real Hinsdalean!



**YES, I'm a real Hinsdalean!**  
Today's picture is at:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Send your answer to: The Hinsdalean  
7 W. First St., Hinsdale, IL. 60521  
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One winner will be chosen monthly from all correct entries and receive a Fuller's Ultimate Car Wash gift card.

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Langston Hughes

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**Bronswood Cemetery**  
2 spots in the Walk of Memories. Many additional services incld in the pkg. We have moved from the area. Retail \$8000, asking \$3875.  
**Gary, 312-501-0650**

Education is what remains after one has forgotten what one has learned in school.  
Albert Einstein

Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young. Henry Ford

It makes little difference how many university courses or degrees a person may own. If he cannot use words to move an idea from one point to another, his education is incomplete.  
Norman Cousins

## Help Wanted

**ADVERTISING SALES**  
The Hinsdalean is looking for **Sales People** to join our award-winning team. Do you have excellent customer service and communication skills, are highly motivated, determined and goal driven and have a proven track record in a sales environment? Set your own schedule with this PT commission based position.  
**No phone calls, please.**  
**Email resume to jslonoff@thehinsdalean, fax 630-323-4220, mail The Hinsdalean, Attn: Jim Slonoff 7 W. First Street Hinsdale, IL. 60521**

Education is not just about going to school and getting a degree. It's about widening your knowledge and absorbing the truth about life.  
Shakuntala Devi

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## Legal Notices

### VILLAGE OF HINSDALE NOTICE OF PUBLIC HEARING ZONING BOARD OF APPEALS

PUBLIC NOTICE IS HEREBY GIVEN to all persons that the Village of Hinsdale Zoning Board of Appeals shall conduct a public hearing on Wednesday, September 18, 2019 at 6:30 p.m. in the Memorial Building, 19 East Chicago Avenue, Hinsdale, Illinois, for the purpose of considering an application filed with the Village for variations pursuant to the applicable provisions of the Hinsdale Zoning Code. Copies of the application, known as V-03-19 and the Zoning Code are on file with, and available for public inspection, during regular Village business hours in the Memorial Building.

This application requests relief from the setback requirements set forth in Section 3-110(I) (8) for the construction of a sport court. Village code requires that the secondary front yard on Oak Street (the back yard) have a setback of at least 35' feet. The applicant is requesting 25' feet of relief, to reduce the setback to 10' feet. The applicant is requesting all other necessary and appropriate relief for the

property commonly known as **400 South Pamela Circle, Hinsdale, Illinois**, and legally described as follows:

LOT 12 IN A. E. FOSSIER & CO.'S PAMELA CIRCLE, BEING A SUBDIVISION OF THE SOUTHEAST QUARTER OF THE SOUTHEAST QUARTER OF THE SOUTHEAST QUARTER OF SECTION 12, TOWNSHIP 38 NORTH, RANGE 11, EAST OF THE THIRD PRINCIPAL MERIDIAN, ACCORDING TO THE PLAT THEREOF RECORDED SEPTEMBER 8, 1960 AS DOCUMENT 978787, IN DUPAGE COUNTY, ILLINOIS.

At said public hearing, the Zoning Board of Appeals shall accept all testimony and evidence pertaining to said appeal and application and shall consider any and all possible zoning actions, the granting of any necessary special permits, variations, or other special approvals to the Zoning Code that may be necessary or convenient to permit development of the proposed type at the described property. All interested persons are invited to attend and be heard.

DATED: August 22, 2019

/s/ Kathleen A. Gargano  
Village Manager

Published in The Hinsdalean, August 29, 2019.

## Restoration

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- Stucco Recoating • Blue Stone Patios • Brick Pavers
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Andrew McBrearty, President

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www.mcbreartyrestorations.com

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Specializing in Preschoolers  
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2nd floor, single office (554 sf) with powder room. Private entrance. Avail Oct 1st. \$935 + electric. Min 1 year lease.  
**630.323.1234**  
**for more details.**

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Hinsdale  
Kris Berger  
**COMPASS**  
**630.975.0088**

**OPEN SUNDAY 1-3PM**  
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Willowbrook  
Kim Lotka  
**@properties**  
**630.533.8800**

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Robert Louis Stevenson

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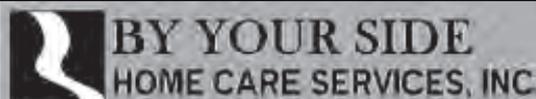


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# VILLAGE POSTING BOARD

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## Public Notices

CERTIFICATE NO. 77074 was filed in the office of the County Clerk of DuPage County on August 6, 2019, wherein the business firm of

### THIRD COAST CONSERVATION

Located at 543 Western Avenue, Clarendon Hills, IL. 60514 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Anna Weiss-Pfau, 543 Western Avenue, Clarendon Hills, IL. 60514

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 6th day of August, A.D. 2019.

Jean Kaczmarek  
DuPage County Clerk

Published in The Hinsdalean  
August 15, 22 & 29, 2019.

CERTIFICATE NO. 77089 was filed in the office of the County Clerk of DuPage County on August 13, 2019, wherein the business firm of

### THE NAIL SHOP

Located at 270 W. North Avenue, Villa Park, IL. 60181 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Aracely Ruiz, 310 George Street, Bensenville, IL. 60106

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 13th day of August, A.D. 2019.

Jean Kaczmarek  
DuPage County Clerk

Published in The Hinsdalean  
August 29 &  
September 5 & 12, 2019.

CERTIFICATE NO. 77088 was filed in the office of the County Clerk of DuPage County on August 13, 2019, wherein the business firm of

### LIT LATHER

Located at 611 S. Hazelton Avenue, Wheaton, IL. 60187 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Kasandra Heseck, 611 S. Hazelton Avenue, Wheaton, IL. 60187

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 13th day of August, A.D. 2019.

Jean Kaczmarek  
DuPage County Clerk

Published in The Hinsdalean  
August 15, 22 & 29, 2019.

## Public Notices

CERTIFICATE NO. 77095 was filed in the office of the County Clerk of DuPage County on August 15, 2019, wherein the business firm of

### A GIRL AND HER PUG WOODWORKS

Located at 1416 Bar Harbour Road, Aurora, IL. 60504 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Alexa Nixon, 1416 Bar Harbour Road, Aurora, IL. 60504

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 15th day of August, A.D. 2019.

Jean Kaczmarek  
DuPage County Clerk

Published in The Hinsdalean  
August 22, 29 &  
September 5, 2019.

CERTIFICATE NO. 77081 was filed in the office of the County Clerk of DuPage County on August 9, 2019, wherein the business firm of

### YOUR ROYAL LIFE

Located at 107 Clara Place, Elmhurst, IL. 60126 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Marquitta Collins, 107 Clara Place, Elmhurst, IL. 60126

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 9th day of August, A.D. 2019.

Jean Kaczmarek  
DuPage County Clerk

Published in The Hinsdalean  
August 22, 29 &  
September 5, 2019.

CERTIFICATE NO. 76966 was filed in the office of the County Clerk of DuPage County on June 14, 2019, wherein the business firm of

### VICTORY HANDYMAN REPAIRS & IMPROVEMENT

Located at 319 Lincoln Avenue, Downers Grove, IL. 60515 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Victoria Castro, 319 Lincoln Avenue, Downers Grove, IL. 60515

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 9th day of August, A.D. 2019.

Jean Kaczmarek  
DuPage County Clerk

Published in The Hinsdalean  
August 15, 22 & 29, 2019.

## Equal Housing



It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is not clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing laws.

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**THE VAN MERCHANT Farm Machinery Sale**

**SEPTEMBER 17, 2019-10AM (CT)**

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**MAX'S LANDSCAPING RETIREMENT AUCTION**

**SUN, SEPT 8, 2019 @ 9:00 AM** Location: 22435 Frederick Rd, Steger, IL 60475  
Call us if you need directions!

Trucks - Trailers - NH Skid Steer - Landscape Equipment - Brush Bandit Chipper - Many Petrolina Collectibles - Vintage Advertising Items - Vintage Soda Coolers/Machines, Texaco & Sinclair Vintage Signs on 18' poles and much more!

Auction conducted by Richard A. Olson & Assoc. Morris, IL - 815-942-4266

**RO** See website for over 325 photos, flyer and more info.

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## Auctions

**WOODWORKING TOOL AUCTION & MORE**

**SAT, SEPT 7, 2019 @ 9:00 AM** Location: 29520 S Cedar Rd, Manhattan, IL 60442  
Call us if you need directions!

Professional Woodworking Equipment - Woodland Mills HM130 Portable Sawmill - 1939 John Deere Model L with Cultivator - Cushman Truckster - Cured & Fumed Quarter Sawn Lumber and much, much more!

Auction conducted by Richard A. Olson & Assoc. Morris, IL - 815-942-4266

**RO** See website for over 150 photos, flyer and more info.

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# MIND GAMES

- ACROSS**
- 1 SUMMIT
  - 5 "- AND CIRCUMSTANCE"
  - 9 SPEED STAT
  - 12 REEDY
  - 13 SMELL
  - 14 EXIST
  - 15 KITCHEN SHREDDER/SLICER
  - 17 PEN POINT
  - 18 SEE 35-DOWN
  - 19 SKIERS' HOTEL
  - 21 CRIPPLES
  - 24 CHALLENGE
  - 25 "SAD TO SAY ..."
  - 26 GREEK BIOGRAPHER
  - 30 CHARGED BIT
  - 31 RID OF RIME
  - 32 WHOPPER
  - 33 BIG STAR
  - 35 ALPHA FOLLOWER
  - 36 HAS A BUG
  - 37 VESTIBULE
  - 38 STARBUCKS ORDER
  - 40 MANY MILLENNIA
  - 42 ID COUNTERPART
  - 43 SOME BABOONS
  - 48 DISTANT
  - 49 BEHAVE
  - 50 TIDE TYPE
  - 51 ATTEMPT
  - 52 VICINITY
  - 53 SLIGHTLY TAINTED

1	2	3	4		5	6	7	8		9	10	11
12					13					14		
15				16						17		
			18					19	20			
21	22	23					24					
25					26	27				28	29	
30				31						32		
33			34							35		
		36						37				
38	39					40	41					
42					43	44				45	46	47
48					49					50		
51					52					53		

- DOWN**
- 1 PIN REQUESTER
  - 2 DANCE SYLLABLE?
  - 3 60 SEC.
  - 4 PROVIDES
  - 5 HORSEBACK GAME
  - 6 VALHALLA VIP
  - 7 CALENDAR ABBR.
  - 8 CHURCH DIGNITARY
  - 9 "REBECCA" SETTING
  - 10 BLUENOSE
  - 11 CUP-BEARING GREEK GODDESS
  - 16 CHANCES, FOR SHORT
  - 20 MAN-MOUSE LINK
  - 21 DEN
  - 22 LOTION ADDITIVE
  - 23 REQUIRED
  - 24 CHANNEL
  - 26 POD GROUP
  - 27 BASKETBALL'S JEREMY
  - 28 GIVE AS AN EXAMPLE
  - 29 LISTEN TO
  - 31 PREDICAMENT
  - 34 "SCRAM!"
  - 35 WITH 18-ACROSS, STUDYING HARD
  - 37 SUPPORTING
  - 38 DEPARTED
  - 39 CULTURE MEDIUM
  - 40 OSCAR WINNER
  - 41 HATHAWAY
  - 44 ICELANDIC EPIC
  - 45 MELODY
  - 46 MEADOW
  - 47 RUN FROM THE COPS
  - 48 JAMES BOND, E.G.

ANSWERS TO TODAY'S CROSSWORD CAN BE FOUND IN THE CLASSIFIEDS.

## Weekly SUDOKU

by Linda Thistle

		6		8	1		
2			3				4
	5			7	9		2
4			7				8
		8		3		9	5
	7				1		4
9					5		3
	4		9				6
	1	3		6		2	

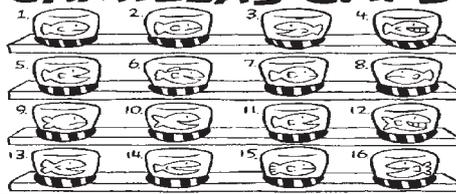
Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK:** ♦♦

♦ Moderate ♦♦ Challenging  
♦♦♦ HOO BOY!

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## CAMILLA'S CAPS



ALL OF "CAMILLA'S CAPS" should look alike. Alas, she received a batch of "seconds" and only two of them are exactly alike. Can you find these two in one minute flat?

Answer: Caps 5 and 11.

**FIND THE SEVEN WORDS PUZZLE!** In the word square at the right, we've removed six of the letters to spell out the word "REGENT." See if you can replace these letters in the squares so that you will have four 3-letter words across and three 4-letter words down. The time limit is 60 seconds

Answers: (Across): Got, ore, ace, tan. (Down): Goat, orca, teen.

R		O	T
E			
G	O		
E	A	C	
N		A	

S	6	8	7	2	4	9	7	3	1	5	A
U	1	9	5	3	2	6	2	4	8		N
D	3	7	4	5	1	8	2	9	6		S
O	2	4	3	1	8	5	6	7	9		W
K	7	5	6	4	3	9	8	2	1		E
	8	1	9	2	6	2	5	3	4		R
	9	2	8	6	7	1	4	5	3		
U	4	6	7	9	5	3	1	8	2		
	5	3	1	8	4	2	9	6	7		

# HOROSCOPES

September 2019 Horoscopes • Week 1



**CAPRICORN** – Dec 22/Jan 20  
Make a concerted effort to ensure a certain situation is not blown out of proportion, Capricorn. Carefully examine things before offering your input.



**ARIES** – Mar 21/Apr 20  
Aries, be careful with your words so they are not taken the wrong way in the coming days. If you practice what you plan to say, others will see your words for the kind gesture they are.



**CANCER** – Jun 22/Jul 22  
Start this week with high energy, Cancer. You can ride that momentum through the weekend when you may need an extra boost. Find friends who can help you along.



**LIBRA** – Sept 23/Oct 23  
Join a group of people who share the same goals as you, Libra. It can be a work group or a social movement if you so desire. Either way, socialize along the way.



**AQUARIUS** – Jan 21/Feb 18  
Try to add more exercise to your routine, Aquarius. Not only will it make you feel better physically, it can clear your head and allow for alone time to do some thinking.



**TAURUS** – Apr 21/May 21  
Taurus, there's no need to apologize if you want to stay close to home this week. Invite some friends over to join in the fun.



**LEO** – Jul 23/Aug 23  
Leo, don't be so modest that you won't share your recent accomplishments with those you love the most. It is okay to brag about yourself once in a while.



**SCORPIO** – Oct 24/Nov 22  
Being outdoors has much appeal for you this week, Scorpio. Be sure to get outside and enjoy it as much as possible over the next several days.



**PISCES** – Feb 19/Mar 20  
Try to add more exercise to your routine, Aquarius. Not only will it make you feel better physically, it can clear your head and allow for alone time to do some thinking.



**GEMINI** – May 22/Jun 21  
Expect to work in a group setting this week, Gemini. Doing so will require you to carefully manage your time so everything can be done efficiently. Embrace others' input and the collaborative effort.



**VIRGO** – Aug 24/Sept 22  
Virgo, many people are willing to lend you a helping hand, so take them up on their offers. You will be able to repay them in time if you feel the need to reciprocate.



**SAGITTARIUS** – Nov 23/Dec 21  
There is a fine line between being flexible and standing firm when you believe in your point of view, Sagittarius. Speak up if you feel strongly about your position.

# SPORTS

## 10U GOLD DEFEATS GLEN ELLYN

The Hinsdale 10U Gold Falcons enjoyed a dominant 20-6 victory against a great opponent, Glen Ellyn, on Saturday at Brook Park.

Charles Calhoun started the scoring four plays into the game on a 35-yard scamper to put the Falcons up 6-0. The defense shut Glen Ellyn down the next series and gave the ball back to the offense. Then on the next series, Orestas Bockus bobbed and weaved through traffic on several runs that set up another easy score by Calhoun. Charlie Heck threw a nice pass to Brian O'Malley for the two-point conversion to put the Falcons up 14-0. Later in the second half, O'Malley scored a touchdown to make it 20-0 after several nice runs by Heck and Jupiter Pohlenz.

The O-line — anchored by Donny Mershon, Colin Palm, Frankie Chemmachel, Miko Zecevic and Tommy Riordan — dominated the line of scrimmage all day. The defense was bolstered by fine play from Bockus, Calhoun, Oliver Clary, Connor Cousineau, Michael Sharples and Michael Panzica.

Next up: Oswego on Sunday night.

## SHUTOUT FOR 11U GOLD FALCONS

An excited, motivated and well-prepared Hinsdale Falcons 11U Gold team opened its 2019 campaign Saturday on the road against the Carol Stream Panthers.

As the veterans on the squad remember losing their opener

the previous two seasons, the team was determined to turn the tables. And it did, posting a 19-0 shutout win over the Panthers to get the new season off to a great start. Halfback Patrick Connors provided a quick scoring punch, taking a handoff 60 yards on Hinsdale's opening possession to give the Falcons an early 6-0 lead. With the game still close, Connors took a fourth-quarter snap from under center at the Carol Stream 1-yard line and plunged into the end zone to extend the Hinsdale lead.

The Falcons offense didn't need to put up a lot of points, as the defense dominated the Carol Stream offense all game. The Panthers struggled to move the ball and, when they seemed to get a little momentum, the Hinsdale defense would rise to the occasion, including big interior stops by linemen Gene Riordan, Grant Cook, Jeffrey Collier, Logan Schultz and Ethan Tamas and three interceptions — two in the first half by cornerback Wes Novatney and a pick six by Connors that sealed the game late in the fourth quarter.

The 2019 Falcons return a number of seasoned players in Novatney, Riordan, Cook, Collier, Schultz, Charlie Fox, Will Lynch, Nick Newmann, Sam Newmann and James Skokna, together with newcomers Connors, Tamas, Evan Bradford, Jameson Hellenga, Nicholas Mann and Connor McLaurin. Coaches Matt Riordan, Jeff Collier, Mike Fox, Jason Jones and Kevin Connors are looking forward to the challenge and opportunity to develop individual talent and team chemistry.

The Falcons look to stay hot

as they host the always tough Bartlett Raiders this coming Sunday, Sept. 1.

## 11U SILVER SUFFERS TOUGH LOSS

The Hinsdale Falcons 11U Silver team suffered a tough loss on opening day, falling to the Palatine Panthers 20-6.

The Falcons started off strong on defense, sending the Panthers three and out on their first four possessions. Sacks by Owen Joyce, Alec Allegra and Michael McGown set the tone early.

On offense the Falcons mixed it up well, with a strong power running attack supported by timely passing. Ben Tiritilli broke for a 40-yard touchdown, dancing his way through the defense and showing great speed to pull away from the defenders to put the Falcons up 6-0. The offensive line — anchored by Charlie Hoyt, E.J. Dynis, Liam Joyce, Luke Melillo and Corbin Camp — showed their power to open the hole.

The Falcons let up a late first half touchdown with 10 seconds left on the clock as the Panthers quarterback turned a broken play — blown up by Will Heinskill — to scramble through the defense for 60 yards as the half closed.

The Falcons fought through the second half but fell short due to a few untimely penalties and turnovers. The young Falcons showed some true grit during their first game, featuring first-year players Dynis, Nick Keiner and Timas Marchertas.

The Falcons, undaunted and playing well, will look for their first win of the season at home this Sunday against Naperville,

a new addition to the league.

## BLACK SHUTS DOWN ELMHURST IN WIN

The Varsity Black team came up big this weekend, with a score of 31-0 against the respectable Elmhurst Varsity Gold team.

Team coaches awarded the coveted Pancake Award to Carter Contreras and the Hammer Award to Magnus Kumskis for their outstanding performances on the field.

The entire defensive line worked together to shut down Elmhurst, not allowing the ball to get near the end zone. The scoring began with the defense pressing, causing a bad snap by Elmhurst that went into the end zone for a safety. This momentum pushed the boys to make three interceptions (Contreras, Jett Hilding and Scott Cherry), several pass breakups (Kellen Tran, Luke Jurack and Henry Joyce), forced fumbles (Mason Brady and Kumskis) — one for a turnover (Kumskis) — and two quarterback hurries forced by Brady.

For the offense, the Black Team was led by quarterback Jett Hilding, who passed for three touchdowns to Contreras, Kumskis and Jurack. Kumskis also rushed into the end zone for another touchdown. Extra points were secured with tosses into the end zone to the hands of Freddy Horton and Kumskis, while another one was scored by Tran, who ran to the right with a dive across the goal line.

The next game is at 10 a.m. Sunday, Sept. 1, at Brook Park against Carol Stream Varsity Gold.

## RED DOMINATES BLOOMINGDALE

The Varsity Red team proved it is a force to be reckoned with in Game 1 of the BGYFL football league by defeating Bloomingdale Varsity Silver 31-0.

Team coaches awarded the prestigious Pancake Award to Edward Kenra and the Hammer Award to Andrew Lyne. Both performed beautifully on the field to lead their team to victory.

It was a team effort of aggressive play on defense and execution on offense. Lyne and Kevin Coan traded off at the quarterback spot, running into the end zone for a total of three touchdowns for their team.

Anthony Tiritilli and Adam Ortiz had huge blocks on the outside to finish two of the scoring runs. The offensive line worked seamlessly together to give their team several scoring opportunities.

On the other side of the ball, Sammy Davino and Kenra both took turns pushing through the line to sack the quarterback, which ignited the defense to hold Bloomingdale from scoring all day.

Misha Antipov used his quick senses to read a play and make an interception that was almost returned for a touchdown. Peter Skokna also came up big with an interception to shut down the Bloomingdale offense.

The next game is at 1 p.m. Sunday, Sept. 1, at Brook Park against Arlington Heights Varsity Silver.

*Photos appear online at <https://www.facebook.com/thehinsdalean>.*

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## The Hinsdalean

# SPORTS

## Red Devils working for stamina, speed

Continued from Page 54

**Last year:** 17-6, lost to LT at IHSA sectional semifinal

**Head coach:** Mike Wiggins

**Seasons as head coach:** 18

**No. varsity team members:** 23 (6 of whom made the jump from JV)

**Strengths:** Their spirit, their coachability, their enthusiasm — and all of that to complement not only a technically strong team, but a tactically well-organized group of kids. They play the game well, they keep it simple, but they play with an urgency and a willingness to compete that is really refreshing.

**Challenges:** Their schedule. Strength of schedule is something we take a lot of pride in, and we structure it by design. Everything we do gives us a really good feel for what we will face in the post-season. Our sectional annually is regarded as the toughest to come through. As long as we do everything we can to prepare for that, then

we're in the best position to compete at the end of the year.

**Who to watch:** Our goal-keeping is always strong and so I think we've got four goalkeepers (Nathan Goliak, Ethan Turner, Ryan Koschik and Benjamin Cosentino) that we're carrying. One of them (Cosentino) is going to share time in the field. Aidan White returns as our leading scorer of the guys that are returning. (Junior) Christian Gambla joins us for the first time. He hasn't played in the first two years. He's a very technically skilled player and adds a lot to our midfield. We've got a lineup of 23 kids that are all capable of coming in and contributing. At any give time, we've got guys that can break through in a real positive way.

**Outlook:** We'll finish competitive — there is no question. With the teams that we face and with the playoff structure that we see annually, we'll be competitive. That's

all you can ask for.

**Furthermore:** I just think it's such a worthy cause that our boys generate that KICK event each year that generates funds for Schools Count Corp., run by former coach Richard Flesher. That's going to be coming up in mid-September. I told Alex Scott, Sean Donovan and Jeff Graham (in 2008), if you are going to initiate this, let your legacy be that this is a charitable service event that is always led by our players. To this day the kids year after year have honored that and they have generated a lot of relief for kids and families, not just in Chicago but across the country. That is really a tribute to our players.

### Girls tennis

**First competitions:** Aug. 31, Hinsdale South Invite and LT College Style

**Last year:** first at state

**Head coach:** Shawna

Zsinko

**Seasons as head coach:** three

**No. varsity team members:** 21

**Strengths:** It's a very deep team, very deep. Sarah Badawi and Caroline Kotarski, they've been trying to play doubles together these last two years. (Last year) they started playing sectionals together and were in the semis and then Caroline had an emergency appendectomy. Katie Dollens is coming back and she's probably going to head up the singles. It's a very deep team and it's a very young team. I think we have six amazing freshmen who came in this year. We had 33 freshmen come out this year. Not everyone made the team, but a lot of them had to go on varsity. They were that good.

**Challenges:** With 21 on the team, trying to get playing time for everyone is going to be tough. I also think it's going to be hard figuring out

who those state spots are going to be. It's just so competitive, so deep. Obviously as a coach, it's a great problem to have.

**Who to watch:** We've got a lot of freshman and sophomore talent. It's a young team led by strong upperclassmen. It's going to be an exciting year. The more I see them practice it's like, 'Wow! We've got a really solid team.'

**Outlook:** I hope we're going to go all the way again. That's always our goal — win conference, win sectionals and hopefully win state. If everything goes according to plan, we should be able to do it again.

**Furthermore:** I think it's going to be a lot of fun, and we've got really great competitors. The team has hit the ground running as far as organizing things — pasta parties and figuring out rides and fun things they are going to do. We've got some really good captains and I think it's going to be a fun year.

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## Unlocking Social Security

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Hinsdale Library Community Room  
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Please join us for a free, informative presentation on Social Security.  
Refreshments will be served and topics include:

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- Benefits of waiting to collect social security
- How to collect spousal benefits

Please RSVP by August 29, 2019 to:  
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TC108656(0719)

# SPORTS — ROUNDUP

## STUDENT ATHLETE PROFILE



**Name:** Lauren Ridgway  
**Year:** senior  
**Hometown:** Burr Ridge

### What are you most excited about this volleyball season?

Probably being a captain of varsity because I get to have such a big impact on the younger players. I'm captain for community outreach, so my job is to reach out to the feeder schools to encourage them to come to our games and encourage the younger players to be the best version of ourselves on and off the court. It's great being able to represent the program in that way.

### When did your volleyball journey begin?

I started playing in seventh grade. I saw my friends playing, and I was very much encouraged to because I'm 6 (feet) 2 (inches).

### How have you evolved as player since freshman year?

I'm a middle hitter, and when I started playing, I was very lanky so I wasn't in control of my body. But I just had such drive and motivation to become the best player I could. I tore my labrum sophomore year and had to push through and persevere to return.

### How would your teammates describe you?

I'm definitely not the best player on the team, but what my team appreciates is my

attitude and my character. I'm extremely encouraging and I also get super-excited during games.

### What are your goals for the season?

For the team my goal is for us to all truly be friends on and off the court by doing a lot of team bonding with them. For me, I want to become better, faster and stronger in every aspect of the game, putting myself in a better position to play college.

### What's another talent you have?

I am involved in pageantry. I was Miss Illinois Junior Teen in 2017, and I'm competing for Miss Illinois Teen this year.

### Do you have a guiding mantra?

When you're not working, someone else is. You have to accept that there are people who will be working harder than you.

### Why does coach Tracey Marshall like having Ridgway on the squad?

She's committed to play at DePauw University. She is our community outreach captain and yearbook editor. She's a great teammate and role model.

— profile by Ken Knutson,  
photo by Jim Slonoff  
— A different Central student will be selected each week by his or her coach to be featured in this profile.

## RESULTS

**Golf, boys**  
Aug. 24 @ St. Viator Invite  
V places 3rd with 311 points  
Condit, 77

Inabnit, 77  
Bartuch, 78  
Spitzer, 79  
**Golf, girls**  
Aug. 22 vs.

Lincoln-Way Central  
V wins 167-171  
Joy, 41  
Fuchs, 42

Larson, 42  
Thornton, 42  
**Soccer, boys**  
Aug. 27 vs. Oswego East

V wins 3-0  
Carras, goal  
Morris, goal  
White, goal

## Instant replay



**Hinsdale Central golfer** Lily Fuchs watches her drive from the first tee while teammate Sarah Thornton follows her tee shot on the second hole during the Central's Aug. 22 match against Lincoln-Way Central at Oak Brook Golf Club. The Red Devils defeated the Knights 167-171. (Jim Slonoff photos)

# HINSDALE CENTRAL FOOTBALL



## WEEK 1

**FRIDAY, AUGUST 30, 2019**  
**HINSDALE CENTRAL**  
**VS**  
**NAPERVILLE CENTRAL**  
*HOME OPENER*  
**SOPHOMORE 5:00 PM**  
**VARSITY 7:30 PM**

**AT**  
**DICKINSON FIELD**  
**HINSDALE, IL**

# ALL IN

## WEEK 2

**FRIDAY, SEPTEMBER 6, 2019**  
**HINSDALE CENTRAL**  
**VS**  
**MORTON**  
*SENIOR NIGHT FOR FOOTBALL PLAYERS*  
**SOPHOMORE 5:00 PM**  
**VARSITY 7:30 PM**

**AT**  
**DICKINSON FIELD**  
**HINSDALE, IL**



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# SPORTS



Competition began earlier this month for the girls cross country and boys soccer teams, and the girls tennis team will face its first opponent Saturday. Coaches and athletes on all three squads have high expectations for the fall season. (file photos)



## Red Devils work for stamina, speed

*Tennis hopes to defend title; cross country, soccer seek stronger postseason showing*

**By Pamela Lannom**  
plannom@thehinsdalean.com

This is the second set of previews taking a look at the teams competing this fall at Hinsdale Central High School.

The football and boys and girls golf teams were previewed in the Aug. 22 issue, available online at <https://www.thehinsdalean.com>. Boys cross country, girls swimming and girls volleyball will be featured Sept. 5.

### Girls cross country

**First meet:** Sept. 7 @ Hornet-Red Devil Invite  
**Last year:** 17th at state  
**Head coach:** Mark McCabe  
**Seasons as**

**head coach:** 19

**No. team members:** 35  
**Strengths:** Last year we were 17th at state which was unusual and, quite frankly, unacceptable to us. It wasn't what we were capable of and it's not what we want. I think this year we are going to bounce back with probably the best season we've had in a long time. One of our quotes at summer camp this year was 'Our diversity is our strength and our unity is our power.' We've got a real diverse group there, but they are all in. The top two are as good as any in the country and the rest of them are improving by leaps and bounds. They key to us is to stay illness- and injury-free.

**Challenges:** Naperville

North, Downers Grove South, Yorkville, Glenbard West, LT, OP-RF, York and Wheaton-Warrenville South.

**Who to watch:** Our top two will be the best top two cross country runners we've ever had — Emma Watcke and McKenna Revord — the best top two in the state and amongst the best in the country. We've got four others; all are coming off great summers. Cate McCabe, she's a freshman and she'll figure prominently in our top five. She was fifth in the junior high school 2A state meet last year. Then we've got Louisa Brorson. She's a sophomore who ran cross country last year, but only for part of the season, but still was second in the fro-

sh-soph conference meet last year. Then we've got Taylor Wagner and Lucy Fischer, the seniors who are in the top group. Taylor has run 5:11 for the 1,600 in track. There's probably not another team in the state that has somebody as their fourth or fifth runner that has run that fast in the mile. She's finally healthy and so she's going to be a big help to us. Lucy Fischer ran 18:21 at the state meet as a sophomore. She had to work through some health issues this past year. Coming out right now, she's back to where she was the summer heading into her sophomore year.

**Outlook:** We set our team goals at our summer camp trip, and we kind of keep those to ourselves. As

always, we want to be the best that we can be, but we also really believe that if we can just progress from where we're at and stay illness- and injury-free, I think we can run with just about anybody.

**Furthermore:** Illinois girls cross country is as good as any state in the nation. The competitive level is at its all-time best. Six of the seven teams in our conference are ranked in the top 20 (in the state preseason) and that's not unusual, either. It's a fun time to be a part of what's going on here.

### Boys soccer

**First meet:** Aug. 27 vs. Oswego East (V wins 3-0)  
*Please turn to Page 51*



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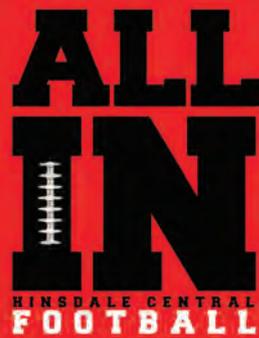
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**HOMECOMING WEEKEND 2019**



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