The Hinsdalean

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Community journalism the way it was meant to be



Birthday bash — Family and friends gathered April 5 to celebrate Gerrie "Gucci" Picchietti's 90th birthday. As she and her husband, Jack, sat in their Graue Mill driveway, many of her neighbors gathered to sing "Happy Birthday" and family members paraded past in decorated cars. Please turn to Page 16 for more pictures. (Jim Slonoff photo)



Medical director offers look inside Hinsdale ER.

Page 7



Woman makes sure couple receives wedding gifts.

Page 9



Families stay occupied with DIY entertainment.

Page 17





MAY DINNER MENU MONDAY

BEEF SHORT RIBS WITH AUGRATIN POTATOES AND STEAMED GREEN BEANS
CITRUS GLAZED GRILLED SALMON WITH STIR FRIED VEGGIES AND RICE NOODLES

TUESDAY

CHICKEN PICCATA ON ANGEL HAIR PASTA

SALISBURY STEAK WITH MASHED POTATOES AND HONEY ROASTED CARROTS

WEDNESDAY

TORTILLA CRUSTED LAKE TROUT WITH SALSA VERDE AND SPANISH RICE

MEAT LASAGNA

THURSDAY

ROTISSERIE CHICKEN STEW (PEAS, CARROTS AND PEARL ONIONS) WITH BISCUITS

CHICKEN ROMANO ON LINGUINE WITH LIMONE SAUCE

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NEWS

Brother bike break



Luke Murray waits for his brother, Camden, to get a head start before he joins him on a quick bike ride around the block while taking a break from their studies. The landscape looked a lot different late last month when this photo was taken. And with rain predicted to continue today, our April showers will no doubt bring May flowers tomorrow. (Jim Slonoff photo)

New Central pool to be named after famed coach

By Pamela Lannom

plannom@thehinsdalean.com

It's official.

The new pool at Hinsdale Central High School will be named The Don Watson Aquatics Center following a unanimous vote April 23 by the Hinsdale High School District 86 Board.

Watson coached the Central varsity boys swim team to 12 consecutive titles and developed 167 high school All-Americans and four Olympic swimmers from 1965-78. He passed away at age 87 in November 2017.

The request received the endorsement of the policy committee. Kathleen Hirsman, committee chair, said her group spent significant time discussing the issue, and she is comfortable that the decision complies with board Policy 4:150.

"Recognizing that the name for a school building or facility (including ground or field) reflects on its public image, the board's primary consideration will be to select a name that enhances the credibility and stature of the school or facility," the policy states.

The application was filed by George Tidmarsh, a Central alumni and California resident who was part of four state championship swim teams and set three state records. The naming policy is separate from Policy 8:80, which covers gifts to the district and makes no mention of naming rights, Hirsman emphasized.

"I think it's very important the board keep these separate," she said.

A group of Central alums and district residents raised \$1.6 million toward the cost of the 10-lane pool. Board members planned for a six-lane pool prior to the April 2019 referendum and then in September approved a 10-lane pool with a price tag of \$3.5 million more.

The naming request also was supported by a special committee appointed by Superintendent Tammy Prentiss. That group — comprised of board member Marty Turek and district residents Tamakia Edwards, Greg Orput and Steve Cashman — met March 20.

At the March 26 board meeting, Turek suggested that while district facilities typically have not been named after anyone, that might change in the future.

"Maybe there is an obvious name for the library at Hinsdale South or the fine arts for Hinsdale Central or a number of things that will come online," he said.

The policy committee plans to have continued discussions about the rules governing gifts to the district.

ONCE UPON A TIME



House calls — Taking a break from their Nazareth Academy online classes, Caroline Kelly's (far right) friends, Emma Francis and Diana Anos, set up social distancing space in front of Caroline's house to catch up. If you have a photo showing how you or your friends or neighbors are coping these days, email it to Jim Slonoff at jslonoff@thehinsdalean.com.

Happy Birthday! Mitchell Parker turns 10 today

IN THIS ISSUE

BUSINESS PROFILE	
CLASSIFIED	35
GOOD NEWS	13
NEWS	3
OBITUARIES	12
OPINION	10
OUT & ABOUT	18
POLICE	8
PROFILE	9
PULSE	17
PUZZLES	38
SPORTS	42

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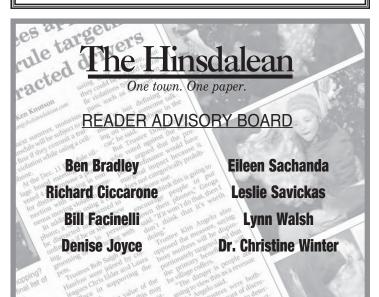
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Letters to the editor

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Our letters policy is published on Page 11.

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NEWS



These neighboring homes in the Robbins Park Historic District were constructed during different time periods. The village is trying to navigate the tension between preserving a neighborhood's vintage charm and allow-

ing redevelopment with a proposed temporary moratorium on demolitions to give officials time to craft and enact measures that will promote preservation. But not all support the approach. (Jim Slonoff)

Views split on wisdom of teardown ban

Plan commission to consider moratorium as part of village's plan to save historic homes

By Ken Knutson

kknutson@thehinsdalean.com

After a bit of delay due to COVID-19 hurdles, consideration of moratorium on demolitions of historic homes in Hinsdale is moving ahead.

The village's plan commission is slated to schedule a public hearing on the matter at its meeting Thursday, May 13, with the hearing expected to be held at the group's June 10 meeting.

The proposed six-month ban on demolition permits applies to homes within the Robbins Park Historic District and Central Business District properties as well as any landmarked or historically significant homes. Village officials would use that hiatus to develop regulations aimed at promoting historic preservation.

The recent request by three homeowners for certificates of appropriateness to demolish three historic homes in the Robbins Park district provoked an outcry from preservation advocates. It also precipitated the village board's March 16 request that the plan commission consider a moratorium.

"When all these homes are gone, they're gone," Village President Tom Cauley said at the time. "I don't want (people) to look back at this administration as somehow being asleep at the switch when this happened."

But resident Rob Miller, who several years ago restored the 112-year-old historic home at 231 E. Third St., believes a moratorium is a misguided approach.

"In my view it would only further threaten property values and ultimately be seen by the courts as an illegal taking by a municipal government," Miller said in his public comments during the April 19 village board meeting.

In a follow-up interview with The Hinsdalean, he said the village ultimately will pay a financial price as historic homes languish and new, higher property-tax-generating replacements can't be built.

"You will lose money. The cost of restoring (a historic home) is far greater in terms of what the market will bear for these houses," said the self-described preservationist. "Infill is not a terrible thing."

Provide incentives instead, Miller suggested, like accelerating the village's process to get remodeling plans approved and waiving associated fees.

"There are a ton of programs and incentives that are available," he said.

Robb McGinnis, the village's building commissioner/director of community development, anticipates officials also could consider relief from zoning regulations to make preservation more palatable.

"We could waive (floor-area-ratio) and bulk zoning requirements to allow for some additional interior bulk without markedly changing the way the house looks from the street," McGinnis said.

He referenced a survey commissioned in 1999 that identified more than 1,000 homes across the village that are either historically significant or contribute to the neighborhood's character. How many remain is the question his department is working to answer now.

"We should be able to get an accurate count of how many of those homes have been torn down," McGinnis commented.

But a house's vintage cannot be the sole criteria for its value, he added "There has to be more than just age as the primary driver of whether a home is worth saving or not," McGinnis said.

He and Cauley both said the village is working with a consultant who has worked with North Shore suburban communities on their historic preservation ordinances. The village's Historic Preservation Commission, for example, conducts certificate of appropriateness reviews on applications concerning historic properties but the group's determination is not binding. In Lake Forest, however, the certificate is required for work to proceed (see sidebar).

With the plan commission unable to take up the moratorium at its April 16 teleconference meeting, Cauley voiced worry that the delay could lead to more homes being lost. Consequently, should the moratorium ultimately be approved, he will seek that it be retroactive to March 16.

"My concern is that, while we are waiting to decide whether or not to put a moratorium in place, that we get an increase in the number of permits to demolish homes," Cauley said, noting that permit applicants are being alerted to that possibility. "We'll get the recommendation from the plan commission and I will ask the board to make it retroactive, and we'll see where it goes."

Miller hopes it goes toward a constructive solution.

"The debate has sort of been shaped as between developers and preservationists," he said. "There needs to be a middle ground here and we have to realize that all share the same goals of valuing historic homes in a way that makes economic sense."

Appropriate standards

The city of Lake Forest's historic preservation ordinance is among the more restrictive in the Chicago area. Its status as a home rule community gives it greater autonomy over zoning policy than non-home rule towns like Hinsdale, but it could serve as a point of reference as the village seeks to retool its regulations to protect vintage homes.

In Lake Forest, a binding certificate of appropriateness must be obtained by a homeowner seeking permitting to do the following work related to city-designated historic districts or landmarks:

- Any construction of a new residential or commercial building on a vacant lot
- Any demolition in whole or in part which affects the exterior architectural appearance of a structure
- Any replacement structure built in conjunction with approval of a demolition
- Any addition to a structure which is visible, at any time of the year, in whole or in part, from any public right-of-way, publicly owned land or adjacent private property
- Any alteration which affects the exterior architectural appearance of a structure
- Any construction, alteration, addition, replacement or demolition that involves or affects any portion of a structure that has been designated an interior landmark

NEXT WEEK

Community Consolidated Elementary Dist. 181 Board

7 p.m. Monday, May 4 https://:www.d181.org

Hinsdale Historic Preservation Commission

6:30 p.m. Wednesday, May 6 https://www.villageofhinsdale.org

Hinsdale Village Board

7:30 p.m. Tuesday, May 5 https://www.villageofhinsdale.org

MEETING ROUNDUP

Hinsdale High School District 86 Board

Among other action April 23, board members:

• listened to an update on cybersecurity from Keith Bockwoldt, chief information officer. He outlined steps the district has taken to improve security, including awareness training, the use of new storage infrastructure that is resistant to ransomware and regular password changes. The next steps for the district will be implementing a next-generation firewall, reviewing email security solutions and requiring two-factor authentication.

"This is something we're continually working on," Bockwoldt said. "We can't let our guard down."

- heard an update from board member Keith Chval on the search for a new assistant superintendent for academics to replace Carol Baker, whose contract is not being renewed. Two individuals are being considered for the position and a final candidate is expected to be on the agenda for board approval May 14.
- voted 7-0 to approve a bid of \$100,580 from Renaissance Communication Systems Inc. to provide an integrated secure door access control system for use in all district locations

Hinsdale COVID-19 cases climb to 65 this week, up from 33 cases

A total of 65 Hinsdale residents have confirmed cases of COVID-19.

The DuPage County Health Department reported 56 confirmed cases and the Cook County Health Department reported nine confirmed cases in Hinsdale as of April 28.

DuPage County has a total of 2,739 confirmed cases, including 138 deaths, according to the health department's website. A week ago Hinsdale had 33 confirmed cases, with 1,861 confirmed cases across the county, including 99 deaths.

The Illinois Department of Public Health is reporting 17 cases and one death at ManorCare Hinsdale. The worst outbreak at a longterm care facility in the county is at Chateau Center Nursing and Rehabilitation in Willowbrook, with 58 cases and 11 deaths, according to DPCHD.

Forty-two other long-term care facilities in DuPage have reported a total of 413 cases, including 89 deaths.

Sixty cases are attributed to 24 outbreaks in other congregate settings and large gatherings.

The number of confirmed cases in towns neighboring Hinsdale are as follows:

- Burr Ridge, 50
- Clarendon Hills, 25
- Oak Brook, 43
- Western Springs, 17
- Westmont, 117

The health departments' websites are at https://www.dph.illinois.gov, https://www.dupagehealth.org and https://www.cookcountypublichealth.org.

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The Hinsdalean

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Hinsdale ER handling patient load well

Medical director says approach has changed as doctors continue to treat COVID-19 victims

By Pamela Lannom
plannom@thehinsdalean.com

Dr. Herb Zerth is fortunate he's not working under the same conditions as his colleagues back East.

"I feel for the providers in New York who are just completely overwhelmed," said Zerth, medical director of the emergency department at Amita Hinsdale Hospital.

The staff in the Hinsdale ER is healthy, and they have access to the personal protective equipment they need, he said. With the stayathome order in place, the 26-bed department has not been overwhelmed with its usual cases. He estimated the department treats 10 to 20 patients a day who might have COVID-19.

Testing, which initially was a challenge, has improved. Over the past couple of weeks the hospital has been able to use a test that takes 24 to 30 hours to process. Before that, tests were either not available or took a week to 10 days for results.

"Now that we have some adequate tests, if patients come into the ER, (and) they are mildly ill, they would typically get a COVID swab and a chest X-ray if they have stable vital signs and look well," he said.

Many are sent home with isolation protocols, he said. Those with moderate or serious symptoms might undergo additional testing or be started on oxygen. Serious cases might require intuba-

■ FLATTENING THE CURVE

This is another in an ongoing series of stories on how COVID-19 is affecting people in Hinsdale.

tion, a procedure ER doctors are familiar with.

"The main difference now when we're intubating patients is we need extensive PPE," he said.

The doctors wear a PAPR, what Zerth refers to as a "moon suit," with a hood that contains a battery-powered vent to circulate filtered air. The procedure is performed in a room with negative air pressure so any contaminants will be circulated out of the building.

Intubating patients and putting them on ventilators was common in the early stages of fighting the virus, Zerth said.

"A month ago, the thought process was if these patients need more than a couple of liters of oxygen, put them on a ventilator," he said. Statistics from New York

Statistics from New York show patients who were put on a ventilator had an 88-percent mortality rate, so doctors are employing other strategies.

Alternatives include using high-flow nasal oxygen and proning, or repositioning patients on their side, back and stomach to help them oxygenate.

Zerth said he has been surprised at how quickly patients' conditions can deteriorate.



Social distancing and stay-at-home orders are flattening the curve, Amita Hinsdale Hospital ER medical director Dr. Herb Zerth stressed, but they will not eliminate the virus. "We still need to come up with a more effective treatment or a vaccine if we want to eliminate the problem," he said. (Jim Slonoff photo)

"There are many people who are sick for 10 days and not feeling well — but not doing horribly — and then within the span of a few hours need to be put on a ventilator," he said.

The staff has not suffered too much of an emotional toll from treating COVID-19 patients, he said.

"It's fortunate — or unfortunate — that in the ER we're used to seeing very sick people," he said. "We're probably more prepared than most others in society to deal with this."

Support from the community has helped keep morale up as well.

"Every day we have had community members dropping off meals for the ED staff as well as donating PPE to us," he said. "It is certainly appreciated and reminds us how much the community values us."

Although the stay-at-home orders have flattened the curve, Zerth worries that fear is deterring some from having their health issues addressed.

"People are still having emergencies and they still need medical care, and I think people are scared to come to the ER," he said.

The department has very strict protocols, from scrubbing and using a special UV

light to clean each room to making sure all patients wear a mask.

"The patient won't get one foot inside the building before a mask is put on them," he said.

And ignoring the need for care will have consequences, he warned.

"Even if you're postponing that belly pain that might be appendicitis or that bone that might be broken or some less serious infection, postponing the care will often lead to more serious complications later on," he said. "We will keep them safe. They still need to seek medical care when they think they need it."



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POLICE BEAT

Hinsdale police distributed the following reports April 28.

Driver arrested for fleeing, DUI

Samuel B. Jackson, 38, 1113 Colgate Court, Naperville, was arrested on felony charges of fleeing and eluding a police officer and driving with a revoked license, as well as for driving under the influence of alcohol, operating an uninsured vehicle, aggravated speeding in a construction zone and improper lane use at 3:23 a.m. April 20 after a chase that began at Ogden Avenue and Washington Street. Police attempted to stop the suspect for speeding but he accelerated away from police, traveling onto Interstate 294 southbound. He drove off the roadway on I-294 at Interstate 55 and fled on foot before police detained him. He was charged and taken to DuPage County Jail.

DUI arrest

Leonides N. Aldama, 35, 5948 S. Washtenaw Ave. No. 2, Chicago, was arrested for driving under the influence of alcohol, driving with a blood-alcohol contest higher than .08, improper lane use and operating an uninsured vehicle at 12:06 a.m. April 23 at 55th Street and Garfield Avenue. He was charged and released to appear in court.

Driver caught with stolen vehicle

Keeley J. Ogston, 22, 102 W. First St., Duluth, Minn., was arrested for criminal trespass to vehicle, driving without a valid license and operating an uninsured vehicle at 1:59 a.m. April 24 in the 200 block of East Ogden Avenue. The suspect was stopped after a registration inquiry listed the vehicle as stolen; the suspect said it belonged to an ex-boyfriend and she was buying it from him. The vehicle owner was contacted and informed that the vehicle was recovered. The suspect was charged and released to appear in court.

Man arrested for snatching purse

Charles H. Thompson, 29, homeless, was arrested for burglary to a motor vehicle for taking a purse from an unlocked vehicle in front of Starbucks, 10 S. Washington St. at 9:45 a.m. Tuesday, according to Hinsdale police.

Prior to the burglary, police spoke to Thompson at the Hinsdale train station, where he told them he had called a cab to get back to Chicago. Thompson then allegedly observed a woman leaving her vehicle near 10 S. Washington St., entered her vehicle after she crossed the street and removed her purse. He then fled on foot northbound toward Chicago Avenue.

About 40 minutes after the burglary, Thompson was located at the Shell Station, 210 E. Ogden Ave. He was identified by witnesses and arrested.

He was held at the police department Tuesday morning prior to being taken to the DuPage County Jail.

Police recovered the contents of the purse under a dumpster at 10 S. Harrison Place and under the front porch of a home on 0-100 block of North Lincoln Avenue.

Arrests for suspended licenses

- Efren L. Carreno, 20, 5046 W. 24th Place, Cicero, was arrested for driving with a suspended license, unlawful possession of cannabis by driver and improper lighting at 9:28 p.m. April 26 at 55th and Quincy streets. The suspect was found in possession of a green leafy substance that field tested positive for cannabis. He was charged and released to appear in court.
- Jonathan Melgoza Valadez, 21, 4015 S. Artesian Ave., Chicago, was arrested for driving with a suspended license, operating an uninsured vehicle and improper lane use at 4:20 a.m. April 28 in the 500 block of West 55th Street. He was charged and released to appear in court.

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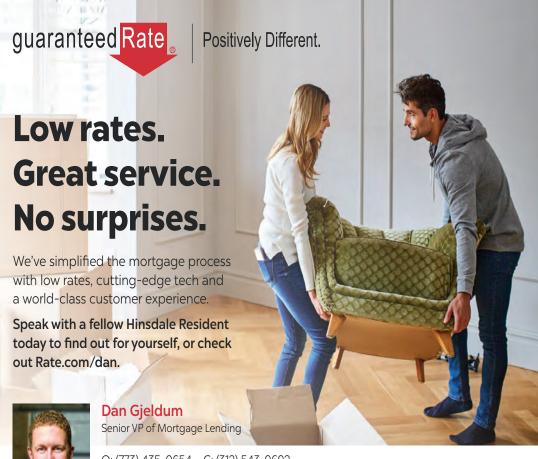
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60 SECONDS

Woman helps newlyweds in tough time

When the mid-March wedding of a Trinity Presbyterian Church couple had to be postponed due to COVID-19, fellow congregant and Hinsdale resident Tyra Bone felt the planned bridal shower must go on.

But with shelter-in-place rules also prohibiting that event — which had been scheduled for last Sunday — Bone and other church women began collecting money and gifts to furnish the newlyweds' marital home.

"We said we'll still gather gifts because they were still going to go forward with the (wedding) license in May so they can start their married life," Bone said. "We kind of came up with the plan of gathering donations. I was just the one that was handling the gifts and getting the communications out to all the women."

The effort had generated more than \$1,000 to put toward the wedding registries.

"People have been very generous," she remarked.

Bone said the bride has been part of Trinity's Hinsdale fellowship for more than 10 years and brought her fiancée into the fold as their relationship developed.

"She's well loved and has just really served the community in our church," Bone said. "We really wanted to honor her."

March is also the month Bone had cancer surgery.

"I was diagnosed last November with synovial sarcoma in my leg. I went through rounds of chemo and radiation before they removed the tumor in March," she recounted

Luckliy the procedure was completed just before the hospital went into lockdown.

"I came out of surgery and the hospital had gone into COVID-19 mode," Bone said.

Surgeons were able to close the wound right away instead of requiring a second appointment.

"I would have had to stay in the hospital for two weeks all by myself," Bone said of the alternative.

With her two college kids at home, mom has had plenty of helping hands around.

"Everybody is pitching in and doing housework. It's really nice to have everyone together during this time," Bone said.

Home confinement can be a bit style-cramping for those now accustomed to independent life.

"We have some good laughs and fun times. It's certainly not where everyone would like to be, but that's OK," she acknowledged.

She's doing physical therapy as part of her recovery.

"I'm in a good place and really hopeful," said the deeply faithful Bone.

Her family was among Trinity's founders in 2006. And Bone leads the internship program at Timothy Christian School in Elmhurst, where her children attend.

"Organizing programs, that's kind of my thing," quipped the former event planner.

The couple's wedding has been rescheduled for July. Bone looks forward to having a proper in-person shower. For now, non-contact expressions of love must suffice.

"I'm just happy to be able to help with that, and see everyone do their part," she said.

 story by Ken Knutson, photo by Jim Slonoff



TYRA BONE

MOM OF THREE DAUGHTERS AND A SON • FAMILY ENJOYS VACATIONING IN UPSTATE NEW YORK • HINSDALE RESIDENT FOR 23 YEARS • NATIVE OF THE DETROIT AREA • MARRIED TO JOHN



OPINION

EDITORIAL

With a month to go, now is not the time to give up

Stay the course.

Whether that phrase brings to mind horse racing (its first use in 1885), sailing or past Republican presidents (Reagan, Bush 41 and Bush 43), it's what we all need to do right now.

We recognize this past week has been a tough one. Friday we learned Gov. JB Pritzker would extend the stay-at-home order for the state through May 30. A week before that, students — and their parents — heard the official ruling that schools would be closed for the rest of the year.

That doesn't mean there is no good news for May. Retail stores will be allowed to fill online or phone orders through delivery or curbside pick-up. Greenhouses and garden centers may open with social distancing measures in place. Some elective surgeries will be allowed and some state parks will re-open. Golf enthusiasts can finally get back on the greens.

But as one student told Hinsdale Central activities director Sally Phillip, the official word that there would be no return to school, even if expected, was sad.

What's even more disheartening are the number of people who are second-guessing every decision the governor — and everyone else on the state and national stages — is making.

With COVID-19 deaths nationwide significantly lower than expected, some are saying shutting down the country was an overblown response. But what would the death rate be if stay-at-home

orders had not been enacted, more people had been infected and our hospitals had been overwhelmed?

Rep. Darren Bailey of downstate Xenia even went so far as to file a lawsuit claiming Pritzker doesn't have the authority to extend his emergency authority beyond 30 days. A Clay County judge agreed.

While the ruling applies only to Bailey, his attorney believes the ruling will open the door for others who disagree with Pritzker.

Others are busy purporting conspiracy theories — a response that historically has accompanied pandemics. Jews were blamed for the Bubonic Plague, Germans for spreading the Spanish flu. The 2003 SARS virus was said to be an engineered biological weapon. The COVID-19 pandemic has been blamed on everyone from Bill Gates to Big Pharma to an elaborate hoax.

Recently major media outlets seem to be scrambling to interview anyone who believes it's time to open the country now. Some argue that we need to have more vigorous debate on this topic, that we can't just listen to what the government and the "experts" tell us.

But much of what we've heard is based on the data we've seen so far, which measures only what the pandemic looks like while we shelter in place. No one knows what would happen if the country were opened right now. And none of the talking heads are actually responsible for the outcome if

we do.

Listen closely to Pritzker at his press conferences. He's talking less about flattening the curve — which is happening — and more about testing.

"In the face of this virus, testing is really key to everything, to everything else that we need to do to get Illinois moving again," he said during Friday's press conference.

Perhaps who we need to listen to most right now is Emily Landon, the University of Chicago epidemiologist who spoke so convincingly at Pritzker's March 20 press conference.

She warned us then that this would take longer than any of us want and create even more disappointments.

"These extreme restrictions may seem, in the end, a little anticlimactic, because it's really hard to feel like you're saving the world when you're watching Netflix from your couch," she said. "But if we do this right, nothing happens. Yeah. A successful shelter in place means that you're going to feel like it was all for nothing. And you'd be right. Because nothing means that nothing happened to your family. And that's what we're going for here.

"Please don't give up," she said in closing. We know people are struggling economically right now. We know this is difficult and frustrating and heartbreaking time. We also know lives

are at stake.
Please don't give up. Stay the course.

COMMENTARY

Blind spot in gratitude for essential workers

First responders. Docs. Nurses. Grocery store workers. Food delivery drivers.

They've all been thanked — in press conferences, TV commercials and Facebook posts.

They all deserve our gratitude, to be sure. A talk I had with a good friend of mine who's nurse at a Chicago hospital really brought that home for me. I also was touched by videos of nurses that aired during the April 18 "One World: Together at Home" coronavirus special. Their faces were bruised from so many hours of wearing surgical masks and face shields

But I've noticed one group of essential workers has been noticeably absent from any of these expressions of gratitude: the press.

Rest assured, journalists know where we stand. We rank at the bottom of the bottom when it comes to professions people respect. Even lawyers are more popular than we are. But this oversight — at this time — is simply too big to be left unmentioned.

Think about all the reporters in Washington who have been forced to spend more than an hour a day — for months — listening to the president at his daily press conferences. Those are hours and hours of their lives that they'll never get back.

The same could be said of the reporters covering Gov. JB Pritzker's daily briefings. The press corps is at the Thompson Center at 2:30 every afternoon, just like sign language interpreter Michael Albert.

But is anyone writing stories about their motivation for their work? Nope. (I realize that would be a conflict of interest, but you get my point.)

Here at The Hinsdalean, we are relieved that we do not have to attend daily briefings. Our job has



Pamela Lannom

gotten harder in some ways (with less news to report and the same number of pages to fill) and easier in others (we can cover virtual board meetings from the comfort of our own homes).

All joking aside, we've been lucky to have many people take the time to thank us for what we're

"Thank you for being such good partners to us. Even though we're all physically separated right now, it is good to know that we're not alone," the executive director of one nonprofit wrote in an email last week.

"What a great idea to make thank you signs available. In this time of fear and uncertainty, we need to value and appreciate one another and especially those who risk their safety to help others," one resident wrote on the envelope she used to drop off \$10 for the sign campaign

we co-sponsored.

"The Hinsdalean is certainly a significant pillar in Hinsdale and represents what it means to be part of a community," another reader wrote about the campaign, which so far has raised \$2,818 to buy gift cards for medical personnel and meals for the police and fire departments.

In other emails and phone calls in the weeks since March 13, so many have expressed their appreciation for the fact that we continue to publish the paper each week.

"It was nice to have that bit of predictability on my driveway in a very unpredictable time," one friend wrote me early in the quarantine.

On behalf of all of us here, let me say, "You're welcome." And thank you. Your support means more than you know.

— Pamela Lannom is editor of The Hinsdalean. Readers can email her at plannom@thehinsdalean.com.

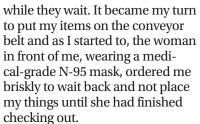
OPINION

GUEST COMMENTARY

Who's teaching COVID-19 etiquette?

I was at the grocery store last week picking up a few things and was wearing a disposable mask. I noticed most customers were wearing masks as well and wiping down their carts.

The checkout line had horizontal lines taped to the floor indicating where each customer should stand



I felt embarrassed for assuming it was my turn, immediately apologized and moved back, waiting for her to finish checking out. The cashier then told me it was OK to place my items onto the conveyor belt, as the customer's transaction was nearly complete. I obeyed the worker and placed my items, to the visible disdain of the woman. She looked utterly appalled that I had listened to him and voiced her annoyance to me and the cashier. When he went to hand the woman her receipt, she refused and ordered that he place it in the bag, so as to avoid any physical contact.

All the while, the woman's teenage daughter was standing close by, with no facial covering whatsoever.

I understand this is a scary and uncertain time for everyone. Societal norms are being tested and redesigned to fit this new COVID-19 era. Things we used to do subconsciously have to be reconsidered to account for the physical interactions they might encompass.

We are told to stay at least six feet apart in public when possible, but what about the brief time



Cedra Jazayerli

spent trying to reach an item in a crowded grocery aisle? Obviously it is done with harmless intentions, but it can make those around you uncomfortable. Or the hazardous allergy sneeze in public that can make those around you immediately assume the worse. These are things you

can't help, but it doesn't make them any less anxiety-inducing. I don't know the proper etiquette with which to voice concerns on social distancing. Someone may be too close to you, but how can you express those feelings without being seen as rude?

Personally I have been going on many runs around the neighborhood since the stay-at-home order went into place. When I see someone coming in the opposite direction, I always mentally prepare to make a decision as to whether I should run off the path to ensure more space between us or keep my pace. Do we smile at each other? Look down and avoid eve contact? It isn't a lack of courtesy for the stranger — rather an acknowledgment of these tricky times. I feel as though nobody knows how to interact with one another anymore. I certainly do

Fortunately, it seems as though we have at least another four weeks to navigate our future social outings from the comfort and safety of our homes. In the meantime, I can enjoy my virtual interactions without fear of being too close to someone. We all have some things to learn to prepare for the post-corona life we are anxiously anticipating.

— Cedra Jazayerli, a junior at Hinsdale Central, is a contributing columnist. Readers can email her at news@thehinsdalean.com.

LETTERS TO THE EDITOR

Verizon 5G plans on hold for now, not forever

While we have been dealing with a worldwide pandemic, Verizon has been busy moving forward with their plans to install 4G/5G towers throughout Hinsdale.

In a March letter to the village of Hinsdale, Verizon announced that they will begin submitting permit applications for new antenna towers. Although the new 5G technology may sound great, it is certainly not worth being a test community and having our front yard parkways filled with almost 150 unsightly cell towers soaring up to 45 feet tall with a refrigerator-sized power unit at the base, especially when less damaging alternatives exist.

I would like to thank our proactive village leaders for pushing back on Verizon for planning to file for permits in the middle of the COVID-19 crisis. Because of their efforts, Verizon has agreed to temporarily hold off on filing permit applications. Although the hold on filing permits is a relief, we must be mindful that Verizon will file in the near future and the village has only 90 to 120 days to grant permits.

Look beyond the flashy Verizon commercials and see what 5G really is and how significantly these unsightly towers will damage the beauty of our town, as well as our individual property values. Visit Stop 5G Hinsdale and Neighbors on Facebook to learn more and join other residents in demanding a better outcome for our village. — Susan Cobb, Hinsdale

Owners of historic home support moratorium

My husband and I own the Orland Bassett house on Sixth Street. We are restoring this incredible home after a terrible fire because we consider ourselves custodians of history and beauty as well as titleholders of a personal property. Owning and maintaining an older home obviously requires a special commitment of time and attention. However, we take seriously the responsibility of living in a historic district and felt an obligation to rebuild as one of many families that have stewarded the Bassett house through the decades.

Sadly, little protection is given to Hinsdale's historic districts in terms of what can and cannot be built in them. Such districts (found across our nation) are by definition composed of historically and architecturally significant buildings. Architectural details unique to a

particular time period lend each district its character and charm. The character of our neighborhood, once filled with homes built in the late 19th and early 20th centuries, is being steadily eroded under current regulations and will suffer a serious blow with the loss of the homes currently slated for demolition.

Razing a structurally sound historic building is almost never appropriate for a historic district. In Hinsdale, designating demolition as "inappropriate" means nothing as a practical matter. A temporary moratorium on the demolition of historic properties will enable us to thoughtfully determine, together as citizens, how to balance the valid concerns of each property owner with the benefits we all enjoy from having distinct and beautiful historical architecture on our streets and lanes. — Jennifer Reenan, Hinsdale



LETTERS POLICY

Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number
- documentation must be provided for numbers, statistics and other facts mentioned in the letter
 - · no form letters

Submission

- e-mail to news@thehins-dalean.com
- fax to (630) 323-4220
- mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale II 60521

Questions?

Call (630) 323-4422

OBITUARIES

Ileana Catarama

Ileana Catarama, a 30-year resident of Hinsdale, passed away April 24, 2020, at her home with her family by her side.

Ileana, 92, was born in Romania. She was a home-maker and cherished mother.

She was preceded in death by her husband, Valeriu

She is survived by her children, Dorel (Veronica) Catarama, Mimi Pop and Viorel Catarama; her grandchildren, Dragos (Ramona) Catarama, Razvan (Monica) Catarama, Michael (Shay) Catarama and Crystal Amanda Catarama; and her great-grandchildren, Caiden, Cayla and Ileana.

Private family services will be held with interment at Bronswood Cemetery in Oak Brook.

Brian Powell Funeral Directors of Hinsdale handled the arrangements.

Lawrence Dec

Lawrence Dec, 66, of Hinsdale passed away unexpectedly April 13, 2020.

Larry was born to Steven and Lorraine, nee Berg, Dec in 1954 while they were living in Crystal Lake. Next, he lived in Chicago and Oak Park, followed by a short time in Salt Lake City. At 13 he settled in Chicago with his mother. As a good Chicagoan, he was a loyal Cubs fan who followed all the hometown teams. He participated in the Chicago political scene and never missed an election.

Always trying to be independent and to do a good job, Larry started as a shoeshine boy at age 8. Next came his favorite job — selling Christmas trees and helping to brighten the lives of many. The job he was most proud of was his final one as an industrial water blaster able to run crews in the steel mills.

Larry was a caring man who wanted to make sure his family was always doing well. He was the baby of the family to his brother and sister, but he was so much more to his nieces: he was their protector, hero, the fun one, the one that let them eat goodies and play video games and listen to the Beatles or the Rolling Stones.

In the last hours of his conscious life, Larry was anointed by a COVID-19 ministry priest and was able to listen to his family, allowing them to come to peace, the peace he had known from his Catholic faith.

He was preceded in death by his parents, Lorraine and Steven.

His is survived by his siblings, Steven Dec and Kathaleen (William) Moynihan; his nieces, Susan (Hugo) Campos, Ashley Miller and Gia (Mike) Calvillo; his great-nieces and -nephews, Alexis, Eleanor, Kathaleen, William, Jessica, Grace, Abigail, Aaron, Liam and Scarlett.

Due to the current regulations on public gatherings, a funeral Mass and celebration of Larry's life will be held at Notre Dame Church in Clarendon Hills in the future.

Please support the Dec/Moynihan Family by sharing memories and signing the online guestbook at https://www.sullivanfuneralfuneralhomehinsdale.com

Gertrude Daley Moran

Gertrude Daley Moran, 99, passed away April 21, 2020, at her home in Hinsdale.

Gertrude was born in Chicago in 1920 and raised in River Forest, where she attended St. Luke Elementary School and Trinity High School. She graduated from St. Mary's College in South Bend, Ind., in 1942 with a degree in music.

She was preceded in death by her husband of 63 years, Rock P. Moran Jr. in 2009; her son, J. Stewart (Peggy Moran and spouse Tim Sinclair); her grandson, Patrick Moran; and her siblings, Margaret Mary (the late George) McGurn, Elizabeth (the late Sidney) Marsh, Patricia (the late Joseph) O'Keefe, Jane (the late John) Clark and Anne Daley O.P.

She is survived by her children, Trudy (the late Dick) Kerwin, Rock III (Karen) Moran, Molly (Tom) Hansen, Patty (John) Lillis and Bess (Paul) Sullivan; her grandchildren, Brian (Kelly) Dietrich, Hilary (Jeff) Ryan, Heidi Dietrich, Rock (Stacey) Moran IV, David (Allison Fernandez) Moran, Michael (Sharon) Hansen, Heather (Steve) Daniels, Kristen (Justin) Rodenbostel, Erik

Hansen, Molly (Daniel) Lerew, Stewart (Shelby) Moran, Katie (Peter) Rentschler, Maggie (Michael Sweetman) and Chris Sullivan; her 15 great-grandchildren; her siblings, Claire (the late Joseph) Archibald and Joan (Robert) Lee; and many nieces and nephews.

Due to current regulations regarding gatherings, a private family interment will be held at Bronswood Cemetery in Oak Brook.

A memorial Mass will be held at 10 a.m. Saturday, Oct. 24, at St. Luke's Parish, 7600 W. Lake Street, River Forest.

Please show your support for the Moran Family by sharing memories and signing the guestbook online at https://www.sullivanfuneralhomehinsdale.com.

In lieu of flowers, memorials may be made online to St. Luke's Parish at https://www.stlukeparish.org, St. Thomas Hospice at https://donation.adventhealth.com/ahh/Home/moduleId/711/fundId/135/controller/Donation/action/Donate, or the Sinsinawa Dominican Sisters at https://www.sinsinawa.org.

Sullivan Funeral Home in Hinsdale handled the arrangements.

Dr. Jeannette Arlene Switzer

Dr. Jeannette Arlene Switzer, 66, of Hinsdale passed away April 20, 2020.

Jeannette was a beautiful, warm and caring person who always had a great sense of humor. As a classically trained pianist, she loved music and enriched her children with an appreciation for and interest in music and literature. She staunchly supported Lyric Opera of Chicago and the Chicago Symphony Orchestra.

She earned an undergraduate degree in music theory from the Southern Methodist University. She also received a Ph.D. in finance from the University of Oklahoma. She began her career as the owner and operator of a music school in Ardmore, Okla., where she taught piano to young students. She later taught at two Canadian universities (Concordia and Dalhousie universities) and at Loyola University Chicago. She was a teacher at heart and served as a role model for her finance and music students. She supervised and mentored many students now fulfilling important and

meaningful careers. Her interests surpassed music and finance, including being an avid gardener recognized for her beautiful and meticulously designed flower beds and creator of authentic and delicious meals admired by her family and guests. She enjoyed life and loved her family.

She was the beloved daughter of Rose and the late Wayne Switzer.

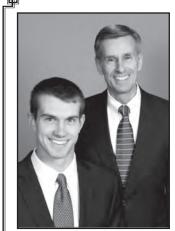
She is survived by her husband, Abol Jalilvand; her children, Anahita and Hossein Jalilvand; and her grandchild, Maziar Eisinger.

Interment will be private at Bronswood Cemetery in Oak Brook.

A memorial service will be held in late summer.

Please support the family by signing the online guestbook at https://www.sullivanfuneralhomehins-dale.com

Sullivan Funeral Home in Hinsdale handled the arrangements.



Brian Powell, Sr. Brian Powell, Jr.

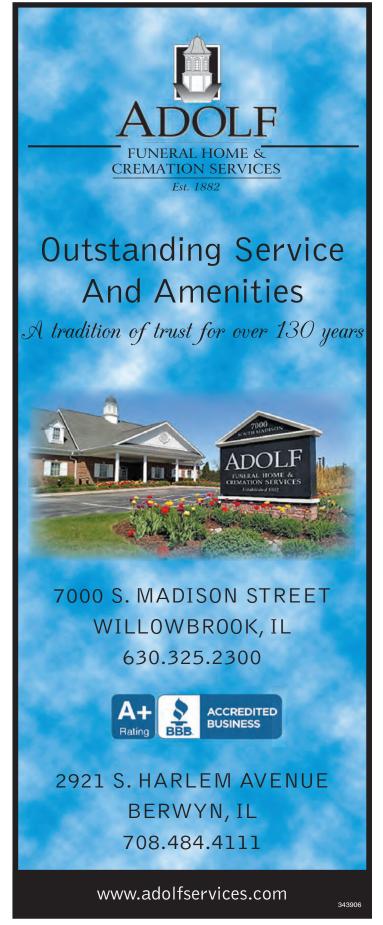
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GOOD NEWS

HOSPITAL GRATEFUL FOR SUPPORT

Hinsdale Hospital Foundation has received several major donations from the community to support staff during the COVID-19 pandemic.

"It is clear, when there is a time of crisis, the residents, companies and community organizations, show their true values of generosity and faith," said Mike Murrill, president and CEO of AMITA Health Hinsdale and La Grange.

The Hinsdale Junior Woman's Club donated \$19,200, the Hinsdale Assembly Board donated \$15,000 and the Hinsdale Rotary donated \$7,500 to help the hospital purchase critical life-saving equipment to aid in patients care.

"As our world is over-

whelmed with illness, difficulties, fear, anxiety and concern, the Hinsdale Assembly Board is dedicated to helping our community fight the overwhelming needs that have become our current reality," Hinsdale Assembly Board Chair Laurie Eichleman said.

HJWC Vice President Lauren Kavanaugh said the club is proud to support Hinsdale Hospital.

"Our community health is

of the utmost importance," Kavanaugh said.

Local companies also have supported the hospital. Bronson and Bratton Inc. used a 3D printer to produce face mask guards, Scheck and Siress manufactured face shields and World's Finest Chocolates put something sweet into the hands of AMITA associates systemwide

Private citizens have gener-

ously donated toward capital equipment, personal protective equipment, Telemedicine and feeding the staff daily.

"As we go through this time, Hinsdale Hospital will continue to serve and is focused on providing the best quality health care to the community, the staff is grateful for every act of kindness especially during the long days and nights," said Mary Murphy, chief nursing officer.



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BUSINESS PROFILE

While businesses everywhere scramble to reinvent themselves in light of the COVID-19 lockdown, John Yurchak said it's pretty much business as usual at The Fruit Store in Hinsdale and busier than ever.

'We've always run a clean, tight ship," said Yurchak, co-owner of the family-owned business that has kept the people of Hinsdale supplied with fresh fruits and vegetables since 1982. He said delivering the best prod-ucts with personal service has always been key. The result is a loyal customer base that knows they can trust The Fruit Store to provide quality food and safe delivery, even through the current pandemic.

Yurchak said that faithful customer base has grown since the lockdown began in March. As more people are cooking more at home, they're turning to the experts at the Fruit Store to choose the best ingredients for their culinary creations.

"People are being more conscious about what they're eating," he said.

Of course, there have been tweaks to the system. What The

THE FRUIT STORE

Fruit Store lacks in foot traffic is made up for in parking lot pickups. Customers call in their orders and the staff gets busy choosing the very best items from their produce supply.

Depending on the number of calls, customers can usually pick up their orders within 30 to 120 minutes. Many pull into the store parking lot at First and Lincoln for a quick, easy and safe handoff of their freshly chosen fruits and vegetables, Yurchak said. Staff is making home deliveries for customers with compromised immune systems or other situations that prohibit a trip into town.

Once produce has reached the customer's kitchen and just before it is to be consumed, Yurchak suggests a quick but thorough wash with water and a drop of Dawn soap.

"We always advise to wash your produce," he said.

Along with the usual assortment of produce, the Fruit Store offers homemade soups and sauces from Dede Saracco of La Grange, also known as "The Gravy Lady." Baked goods from Kirsten's Bakery in Burr Ridge

are available, including breads, pies and cookie kits to keep the kids entertained. Premade salads have replaced the store's popular salad bar.

Yurchak said keeping the store shelves stocked hasn't been a problem. Even with a higher demand for certain items, like vitamin C-packed oranges, they've experienced no shortag-

If anything, Yurchak said, the current crisis has further solidified the relationship that his family business has with the community. Customers have always known they can count on The Fruit Store. Now, they're repaying the favor by keeping their staff busy and their doors open.

Yurchak said he, along with everyone at The Fruit Stores in Hinsdale and Western Springs, hopes for a quick and safe end to the current shutdown. But he also hopes that a few things will last after life returns to normal, including what he sees as a renewed commitment to shopping local.

"Shop small, support your community," Yurchak said.
— by Sandy Illian Bosch



The Fruit Store co-owners John and Mick Yurchak (center) take a quick break from filling phone orders on another busy morning at the Fruit Store in Hinsdale. Mick's sons Mike and Zach (from left) and John's son Nick also work at the store. (Jim Slonoff photo)



Enjoy Mother's Day Dinner at Home Sunday | May 10

MOTHER'S DAY PACKAGE

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IN FOCUS

Parade, cake for 90th birthday







Gerrie Picchietti celebrated her 90th birthday with a parade and neighborhood "party" in front of her home in Graue Mill. And while the wind prevented the lighting of the candles on her cake, it didn't stop the crowd from singing a rousing "Happy Birthday." Her niece, Karen Gron, with husband Henry and daughter Molly in the back seat, was part of the parade as was granddaughter Christine Picchietti. (Jim Slonoff photos)



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That's entertainment!

DIY fun more common as social distancing, stay-at-home orders halt other options

By Pamela Lannom

plannom@thehinsdalean.com

Fewer commitments and plentiful free time sound like the perfect ingredients for a good time.

But mix in a stay-at-home order and social distancing precautions, and having fun is lot harder than it used to

Favorite forms of entertainment - eating out, seeing a movie, getting together with friends — are simply not available right now. So Hinsdale residents are putting in a little work to make sure family and friends are finding ways to enjoy them-

Katy Altemose created two detailed scavenger hunts to keep her kids busy. On April 18, her sons — Jack 12, and Luke, 9 — competed against 10 other sixth-graders from Hinsdale Middle School, many of whom also teamed up with a younger brother to complete the challenge.

She will work with daughter Emma, 8, on a slightly revised mother-daughter challenge Saturday.

"I think families in town are all looking for fun, creative ideas for their kids, especially outside when the weather is nice," Altemose said. "I thought if I combine something that touches on physical activity with

Katy Altemose

and her daugh-

ter, Emma, are

challenge hunt

Katy designed.

The challenge,

set for Saturday,

asks each team to make 20

stops and par-

ety of activities

ness, education

and gratitude.

related to fit-

ticipate in a vari-

mother-daughter

ready for the

knowledge about things they're learning in school with things that give them a sense of being grateful for what we have here, that would be great."

So the "challenger hunt" she's prepared for Saturday asks teams to do activities like jumping jacks and sit-ups, share information about specific locations in town and write thank you messages to first responders.

In addition to the 20-stop challenge, Altemose also created a scoring matrix to help determine the winners, who will be announced in a Zoom meeting. The prizes – which include gift cards and money to donate to a charity - reinforce the message she hopes is inherent in the event: have fun and help others.

'We're always trying to all teach our kids about giving back, especially during times like this," she said.

She enjoyed setting up the challenge for her sons and is looking forward to teaming up with Emma on Saturday.

"I feel so blessed to be in a position where we do have all this time together," Altemose said.

G-52, that's G-52

Neighbors on the 800 block of South Quincy





The Sanders (left) and Smith families along with four other families enjoyed the outdoor Bingo game neighbor Liz Sant organized for the 800 block of South Quincy Street earlier this month. (Jim Slonoff photos)

Street enjoy getting together, something they haven't been able to do since March.

While Liz Sant was looking for family activities to post on her company's website, she came across an idea for outdoor Bingo.

"Wow — that is so fun because it's something you can do kind of in person but still far away," said Sant, who is assistant director of organization development at Crowe LLP.

She found a Bingo card generator online, so everyone could print their own cards and set a date and a time. Neighbors were told to bring their own tables, chairs, markers, food and drink.

"It was basically everybody create your own party with the supplies I'm emailing you and the stuff you have at home," Sant said.

One neighbor brought an old-fashioned Bingo cage and balls and served as caller. Despite the lack of prizes, neighbors took the game seriously.

"It's funny how friendly competition comes right out," Sant said.

The group included six families, with adults and kids ranging in age from sixth grade to a college sophomore.

Hinsdale police also made a brief appearance after receiving a complaint about a gathering of more than 10 people. They left shortly after learning that everyone lived on the block and had been maintaining a distance of at least 15 feet from one other.

Sant hasn't finalized plans for the next neighborhood gathering, but she's got some ideas.

"We could do a bags tournament where you just threw bags with your family but you played against the other people down the street," she said. "We will think of something."

Afternoon delight

When Elisabeth Anos has finished her online assignments from Avery Coonley School, she enjoys having a creative outlet. She's

found it in Studio 415, The Community House's livestreamed arts classes.

"I think my mom found it one day on Facebook," the seventh-grader said. "Every time we can do it, we end up sitting down and doing it."

She has enjoyed painting the cover of a record and learning more about contour drawings. That exercise began with a warm-up in which she had to draw another person with her eyes closed.

"I'm also working on something similar in school, so I got to practice it and learn how to do it with a different teacher," she said. "It's really fun."

Mom Artemis Anos appreciates the timing of the classes and instructor Jimmy McDermott's efforts to keep participants engaged.

"If somebody comments, he brings them into the lesson and he really does a good job," she said, adding that it's important to support agencies like The Community House.

Elisabeth's twin sister, Margaret, a seventh-grader at Hinsdale Middle School, and Artemis' 6-year-old twin nephews have taken the classes as well.

"Everybody is trying to do their best to make it through the day, and this is one more thing that is a little bit of an escape," Artemis said.





Purchase an heirloom tomato plant now to enjoy a delicious harvest this summer — and support Hinsdale Central's LEAP Into Africa Club. See Page 24 for details.

ARTFULLY DONE

■ Studio 415

https://www.thecommuni-tyhouse.org/how-to-stay-home-have-fun
Take advantage of this opportunity to participate in a LyArts program from the comfort of home. Join LyArts program director Jimmy McDermott on Facebook Live every weekday at 4:15 p.m. to participate in an art project. The Facebook Live link and the week's lineup of sessions and supplies can be found using the web address listed above.

CENTRAL TIME

■ Buy a Brick

https://d86.hinsdale86.org/ Domain/8

Be a permanent part of the history of Hinsdale Central High School by buying an engraved brick, to be installed in spring of 2022 once the new fine arts entrance is completed. Visit the website above and find the e-flyer under the "Weekly eBlast" tab, or pick up a form at the main entrance

or main office of Hinsdale Central, 5500 S. Grant St. Cost: \$100 per brick.

COVID 19 DRIVES

■ Bad Pet Drawings Virtual Fundraiser

Through May 1 Hinsdale Humane Society https://bit.ly/HHS-Pet-Drawing (630) 323-5630

For a \$15 donation, individuals can email their favorite pet photo and receive a custom pet drawing created by Hinsdale Humane Society staff and volunteers in return. Proceeds will help offset shortfalls due to canceled or postponed events, declining adoptions at the Tuthill Family Pet Rescue & Resource Center and dwindling donations. Organizers hope participants subscribe to the theory that making bad art is better than making no art. Register at the address listed above then email the pet photo to dee.downs@hinsdalehumanesociety.org. Questions?

Please turn to Page 20



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46 VILLAGE PLACE, HINSDALE

See our facebook page for updates and more information.

Tips on staying centered despite COVID-19 anxiety

Overwhelming anxiety can have a marked impact on the quality of our lives — our overall functioning, our relationships, our work, our parenting abilities and our self-care. At the AMITA Health Behavioral Medicine Institute, we believe healthy strategies to manage anxiety are critical to our physical and mental health and general well-being.

Managing one's reaction to stressors, such as COVID-19, is no easy task, especially when there is such a heightened level of anxiety and concern in our community. During times like these, you might find it helpful to borrow a few techniques from the AMITA Treatment Framework (adapted from Barlow's Unified Protocol for the Transdiagnostic Treatment of Emotional Disorders) — the same techniques our therapists use to help people focus on better understanding their emotions and identify how their responses to them might be making things worse.

To help you stay centered and "anchored in the present," we recommend the following:

• Manage your information intake Take breaks from constant expo-

sure to the news, the internet and other media. It's allowed

• Skip "safety behaviors" A "safety behavior" is an action intended to make you feel safer but doesn't actually make you safer. A coronavirus example might be the hoarding of bottled water and toilet paper. Typically, these behaviors trigger heightened anxiety rather than lower it.

Recognizing them is the first step to avoiding them.

 Avoid "thinking traps" Prime offenders include catastrophizing and "black and white thinking."

Stay connected

Keep in touch with your family and friends via social media and phone calls. Have you tried a "Zoom party" yet?

Stick to a routine

Even if you are quarantined, structure can be crucial to managing anxiety. Schedule time to exercise, go outside, read that book you always wanted to read, start a project, reach out to others. You might even find it



Clifton Saper

activities on a calendar. Pair your routine with a productive sleep schedule, with a consistent bedtime and wake time.

helpful to write your new

• Practice "mindful emotion awareness

Anxiety often leads us to worry about what happened in the past or what might happen in the future. This On mental health tends to make us feel even worse. Focusing on the

present may make the situation feel more manageable.

Just a few minutes of meditation, yoga or mindfulness each day will help reduce your reactivity to anxiety. At the AMITA Health Behavioral Medicine Institute, we suggest trying the following anchoring steps.

- 1. Focus on your breathing
- 2. Observe what you are thinking, your physical sensations and your behavior
- 3. Ask yourself if your thoughts, physical feelings and behaviors are consistent with what is happening in the present or focused on the past or future

Some anxiety and worry about COVID-19 and the economic situation is certainly warranted. Avoiding or fighting this feeling is a bit like being in quicksand; the more you struggle, the more stuck you get. Instead, examine your immediate

• Rethink your thinking

"automatic negative thoughts" to see if there are other ways you could think about the situation.

Instead of: "I will go stir crazy staying home," think: "This time will give me a chance to accomplish some tasks I would never otherwise get around to"

• Be kind to yourself

Try not to be self-critical or judgmental. And if you need help, it's strength, not weakness, to ask for it. Get support from those around you and don't hesitate to get coaching from a therapist.

Clifton "Cliff" Saper, PhD, is the lead clinical psychologist with the AMITA Health Behavioral Medicine Institute. He specializes in clinical training, crisis response, diversity issues, wellness/prevention and individual, family and group therapy.



Plantar Fasciitis

Tendonitis

Neuropathy

Toe & Ankle Joint Pain

For More Information Or To Make An Appointment, Contact Our Office:

Dr. Kevin J. Salvino | 630-789-1700 | Hinsdale Foot & Ankle Specialist

23 West Chicago Avenue, Hinsdale, IL 60521

- We Will Verify Benefits within 48 Hours

- No Time Off Your Feet
- No Excessive Interaction
- No Surgery

Continued from Page 18

Email Dee Downs or call her at the number listed above. Cost: \$15.

■ HCS Junior Board Online Food Drive

Ongoing

19 E. Chicago Ave., Hinsdale https://www.hcsfamilyser-vices.org

The HCS Family Services Jr. Board is sponsoring this food drive to help stock the shelves at the agency's food pantry. Needed items are peanut butter, rice, pasta, pasta sauce, cereal, pancake mix, tuna fish, canned chicken, canned fruit, canned vegetables, household cleaning supplies, toilet paper, paper towels, diapers and bath soaps. Shop online with delivery to the address listed above or drop items off in the red bin outside the door (bin emptied daily). To make a cash donation, visit the website listed above.

DINING LOCAL

■ Altamura

9 W. First St. (630) 755-5252 https://www.altamurapizza.

Curbside pickup, delivery and Grubhub delivery available for take-and-bake pizzas, cooked pizzas and other items. Hours: 2 to 7 p.m. Tuesday to Thursday, 2 to 8 p.m. Friday, 2 to 7 p.m. Saturday, 1 to 6 p.m. Sunday.

■ Baldinelli Pizza

114 S. Washington St. (630) 654-4600 https://www.baldinellipizza.com

Curbside pickup and free delivery available, plus frozen pizzas available. Hours: 11 a.m. to 8 p.m. Monday to Thursday, 11 a.m. to 10 p.m. Friday and Saturday, 3 to 8 p.m. Sunday.

■ Café la Fortuna

46 Village Place (630) 537-1586 https://www.lafortunahinsdale.com

Curbside pickup and non-contact delivery available

Please turn to Page 21



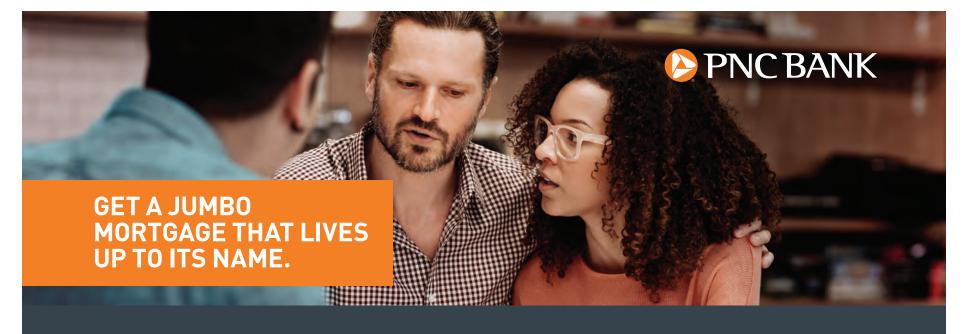
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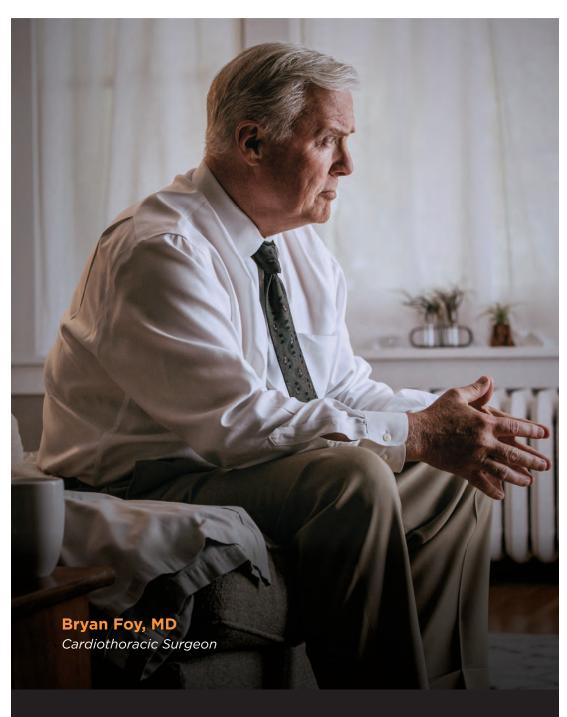
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PULSE

Continued from Page 20

for Hinsdale and Clarendon Hills. Hours: 7 a.m. to noon Monday to Saturday.

■ Casa Margarita

25 E. Hinsdale Ave. (630) 455-9000 https://www.casamargarita. com

Delivery available through DoorDash, Grubhub and Uber Eats. Hours: noon to 9 p.m.

■ Egg Harbor

777 N. York Road (630) 920-1344 https://www.eggharborcafe. com

Curbside pickup and delivery through DoorDash available. Hospital staff and first responder with work ID will have a 20-percent credit applied their bill through April 30. Hours: 7:30 a.m. to 1:30 p.m.

■ Fontano's Subs

9 S. Lincoln St. (630) 789-0891

Delivery, takeout and pickup available. Only three customers are allowed inside the shop at a time. Hours: 10 a.m. to 3 p.m. Monday to Saturday.

■ Fuller House

35 E. First St. (630) 568-5466 https://www.fullerhousebar. com

Takeout, curbside pickup and delivery through DoorDash and Uber Eats available. Hours: 11:30 a.m. to 8:30 p.m.

■ Giuliano's Ristorante

40 Village Place (630) 734-1500 https://www.giulianospizza. com

Regular or non-contact delivery and carryout available. Hours: starting at 4 p.m.

■ Harry & Eddie's

29 E. First St. (630) 590-9047 https://www.harryandeddies. com

Closed temporarily.

■ Hua Ting

777 N. York Road (630) 789-0505 https://www.huatinghinsdale. com

Closed until further notice.

■ Il Poggiolo

8 E. First St. (630) 734-9400

https://www.ilpoggiolohins-dale.com

Curbside pickup, delivery and DoorDash delivery available. Purchase a \$125 gift card for \$100. A special Mothers Day dinner menu is available. Hours: 4 to 8 p.m. Tuesday to Sunday.

■ Jade Dragon

43 S. Washington St. (630) 323-6959 https://www.jadedragonhins-dale.com Closed until further notice.

■ Nabuki

18 E. First St. (630) 654-8880 https://www.nabukihinsdale.

Curbside pickup available. Hours: 4 to 9 p.m., ordering starts at 3 p.m.

■ Page's Restaurant

26 1/2 E. First St. (630) 323-9058 https://www.facebook.com/ pagesrestaurant

Carryout available. To preorder doughnuts for weekend pickup, send a text to (708) 476-0900 by Friday evening. Hours: 8:30 a.m. to 1 p.m. Friday-Sunday.

■ Sweet Ali's Bakery

13 W. First St. (630) 908-7175 https://www.sweetalis.com Curbside pickup. Hours: 10 a.m. to 4 p.m. Tuesday, Wednesday, Friday and Saturday, 10 a.m. to 5:30 p.m.

■ Toni Patisserie & Café

51 S. Washington St. (630) 789-2020 https://www.tonipatisserie.com

Re-opening Friday, May 1, for pickup and delivery.

■ Vistro

Thursday.

112 S. Washington St. (630) 537-1459 https://www.vistrorestaurant.com

Re-opening Friday, May 1, for curbside carryout and delivery. Orders due May 3 for special Mother's Day brunch.

■ Wild Ginger

44 S. Washington St. (630) 323-1888 https://www.wildgingerhinsdale.com

Carryout, curbside pickup and delivery available. Hours:

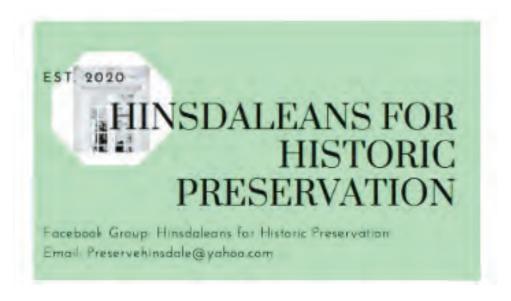
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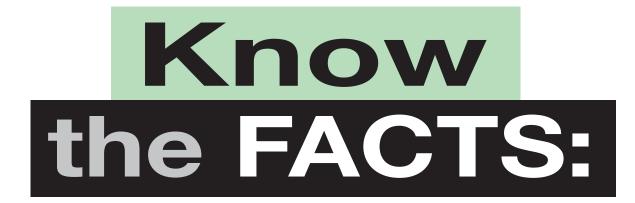
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"HOMES LOCATED IN LOCAL
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THAN NON HISTORIC DISTRICTS."

- The Journal of Urbanism, Volume 1

Page 22 • Thursday, April 30, 2020 • The Hinsdalean • Thursday, April 30, 2020 • Page 23

Continued from Page 21

11 a.m. to 9 p.m. Monday to Saturday, noon to 9 p.m. Sunday.

■ YiaYia's Cafe

13 Grant Square (630) 487-5600 https://www.yiayiashinsdale.com

Carryout and delivery through DoorDash and Grubhub available. Hours: 8 a.m. to 2 p.m.

FOR A CAUSE

■ Teacher Appreciation Week

Through May 1 https://www.hinsdalecentralfoundation.org

During Teacher
Appreciation Week, consider making a donation to the Hinsdale Central Foundation in honor of a special teacher, coach, sponsor, counselor or staff member. The honored person will receive a letter with the donor's message included and a special certificate to display. Proceeds will help support programming that benefits teachers, students, and families throughout Red Devil Nation.

■ LEAP Club tomato sale fundraiser

May 9-10

https://tinyurl.com/yb59pplt LEAP Into Africa Club is excited to announce its annual heirloom tomato sale fundraiser supporting the LEAP Science and Math Schools in South Africa. Seven varieties of tomato plants as well as basil and cabbage plants are available for order online using the site listed above. The order form also details how to make donations in addition to or in lieu of a plant purchase. The plants will be available for pickup from 9 a.m. to 2 p.m. May 9 and 10 at the Casten home (8 E. Third Street across from Hinsdale Middle School). Questions? Email Judy Casten at judith.casten@gmail. com or Pam Kalafut at pam@ kalafut.com. Cost: \$5 per plant

■ Giving DuPage Days

Through May 14 https://www.givingdupageday.org

The Hinsdale Humane Society, Robert Crown Center for Health Education and Assistance League Chicagoland West are among the 73 nonprofits participating in this online community fundraiser to support and create awareness for nonprofit organizations serving DuPage County. After fees (3 percent campaign fee plus credit card processing fees), 90 percent of every donation will go to the charity selected by the donor and 10 percent will be distributed to Giving DuPage as the host organization.

GREAT OUTDOORS

■ Spring wildlife baby admissions

Willowbrook Wildlife Center (630) 942-6200

https://www.dupageforest. org/willowbrook-wildlife-center

The DuPage Forest Preserve District is limiting admission of orphaned baby animals due to the COVID-19 outbreak The public is encouraged to allow native wildlife to shelter on their property, checking for eastern cottontail nests before mowing, watching their dogs in their yard and keeping domestic cats indoors. Prior to bringing in spring babies, people should first check the webpage listed above to see which animals have reached capacity at the center. If the animal is still being accepted, call the center at the number listed above to arrange for a no-contact curbside drop-off. Donations of supplies, food and gift cards to accommodate the influx of wildlife babies are appreciated; in-person donations are not being accepted at this time. A list of needed items is available on the webpage.

GREEN THUMB

■ Native Plant Sale presale orders

Ongoing (630) 933-7247

Please turn to Page 26



OAK BROOK

THREE COURSE MOTHER'S DAY MENU

A complete holiday dining experience to enjoy at home.

TO SHARE (serves 4-6)

CRAB POLENTA 16 MAC N' CHEESE 12

DESSERTS

Three of Each Mini Indulgence 18
RASPBERRY CHOCOLATE CHIP CANNOLI
CHOCOLATE DIPPED STRAWBERRY

WINE BAR

BY THE BOTTLE 15

Harvest Sun, Chardonnay, CA

Open Ranch, Pinot Grigio, CA

Farm & Fare Cellars, Cabernet Sauvignon, CA

BY THE BOTTLE 30

Sea Sun by Caymus, Chardonnay, CA Vanderpump, Dry Rosé, France

Los Vascos, Domaines de Rothschild, Cabernet Sauvignon, Reserve, Chile

ENTRÉE CHOICES

WHOLE SIDE OF CEDAR PLANK-ROASTED SALMON

Serves Four to Six 120 | Serves Two 65

filet of salmon, brick-oven roasted on a cedar plank,

finished with lemon and dill

or

GLAZED SPIRAL HAM

Serves Four to Six 100 | Serves Two 55 sliced spiral ham with honey-brown sugar glaze

or

WOOD-GRILLED BEEF TENDERLOIN* Serves Four to Six 150 | Serves Two 80 thyme and red wine jus

Choice of Salad:

FIELD GREENS or ROMAINE CAESAR

Served with

ROASTED FRENCH GREEN BEANS

With a choice of:

WILD RICE PILAF
YUKON MASHED POTATOES

Three of Each Mini Indulgence:

RASPBERRY CHOCOLATE CHIP CANNOLI CHOCOLATE DIPPED STRAWBERRY

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Call to place your order and schedule your pick up time.

Curbside pickup available Friday 5/8 and Saturday 5/9 from 11am - 8pm.

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Celebrate this special week by sending a teacher the gift of your recognition and appreciation.

Donate to the District 181 Foundation your teacher's honor.

The honored teacher receives a letter with your special message included, and a certificate of appreciation. District 181 students, teachers and the whole community benefit from the programs that will be funded with your donation.

Congratulations to the District 181 Teachers, Administrators and Staff Members who were honored with a donation to the District 181 Foundation in 2019-20:

Gayle Allen Perry Allen Lori Andreoni George Andrikokus Hillary Andrlik Kelly Awick Michael Bale Klari Barcelos Dawn Barcus Klari Barelos **Brooke Bass** Vivian Beach Peg Bellich Beth Bellinger Alison Bergin Dana Bergthold Jill Berry Marianne Biedrzycki Lindsay Bilshausen Connie Black Kory Blacklock Marie Bond Jessi Bozek Jessica Brady Elizabeth Braun Christine Broder Lisa Brough Levi Brown Debbie Bumber Scott Burtnette Amanda Campbell Kristin Cantrell Rvan Cantrell Meghan Carey Mario Castillo

Jamie Castro

Deborah Cornacchia Kathy Cox Lindsey Cray Kathleen Creighton Brenna Cuchna Jessica Czerniuk MaryBeth Daly Dominica Davis Barbara Dawes Samantha DeCarlo Nicole DeLambo **Bridget Demopoulos** Denise DesLaurier Laura Devore Allison Durkin Carolyn Dobrinich Theresa Doering Shannon Donovan Carol Dronzek Laurel Duff Helen Dunlea Rick Dusek Andrew Dzija Jennifer Egan Sue Eggers Lisa Eggert Kate Eggert Julie Ercoli Cheryl Esparza Cara Farnan Natalie Felix Jane Fetty Carmel Finnegan Mary Chris Flannery Barb Folan

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Gina McDougle Theresa McGee Wendy McGreal Alisa McIntosh Libby McMichael Sara McNamara Patricia Mendel Lindsay Merlo Susan Meyer Mary Lynn Miscimarra Jean Monat Jenny Moore Kathryn Murray Diane Nawa Cassie Nederhouser Sara Nichols Beth Nolin Annie Nowak Oak School Staff Matt Oldenburg Sue Oliva Amanda Ollmann Sara Olson Sue O'Mahoney Amy Ostrowski Teresa Otake Daniel Ozga Shannon Paciga Debra Page-O'Connell Beth Parker Clarisse Patris Kim Pavich Gretchen Pearson Nerad Kelly Pelak

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Joni Sherman



Aletha Fuhrman

Show your appreciation. Honor a teacher today. d181foundation.org

Continued from Page 24

https://www.dupageforest.

Presale orders are now being taken for the DuPage Forest Preserve District's annual Native Plant Sale June 5 & 6 at Mayslake Peabody Estate, 1717 W. 31st St., Oak Brook. The catalog is posted at the website listed above. Presale orders are processed in the order they're received and are limited to the first 350 customers: there's a five-plant minimum on orders. Orders need to be picked up and paid for at Mayslake Peabody Estate from 2 to 7 p.m. June 5 or from 9 a.m. to 2 p.m. June 6. All proceeds support educational programming at the forest district.

HEALTH & WELLNESS

■ Beginner Chair Yoga

https://www.wellnesshouse.org/virtual-programs

Those impacted by cancer are invited to join this online program. Time 10:45 to 11:30 a.m. RR

■ Meditation for Improved Sleep May 1

https://www.wellnesshouse. org/virtual-programs

Learn how meditating before bed can increase relaxation and help one sleep better and deeper in this online program. Time: 4 to 5 p.m. RR

■ Virtual counseling

(224) 770-2489

https://www.journeycare.org

JourneyCare counselors will provide care and support for patients and families in need with online counseling 24 hours a day, seven days a week. Call the number listed above for immediate assistance (24 hours a day, seven days a week) or complete the form available at the website listed above so the appropriate JourneyCare team member can follow up as soon as possible.

LISTEN & LEARN

■ Humane Ed Live

Thursdays through June 4 https://www.hinsdalehu-manesociety.org/events/humane-education-live

The Hinsdale Humane Society's Jen and Lauren will bring updates from the Pet

Please turn to Page 28

Ask your friends and neighbors about ...

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to educators, families, students and The Village Tutors team for their incredible efforts as we ALL became e-learners!

The Village Tutors has adeptly provided online learning support to local students and those as far-flung as Europe. As elementary, high school and college students finish out their semester at home, let us know if we can help!

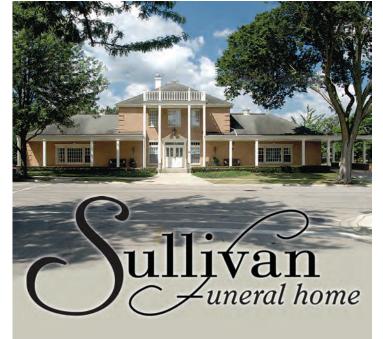
Email

thevillagetutorshinsdale@gmail.com

or call (708) 927-0187

REMINDER:

Keep The Village Tutors in mind for summer academic enrichment and curriculum recovery, as well as preparing for the late summer and early fall ACT/SAT tests. Online sessions are always available.



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Continued from Page 26

Rescue and Resource Center, present Books Barks Meow Live! and provide tips and tutorials on pet enrichment activities at home on the HHS Facebook and Instagram sites. A list of program subjects as well as past videos are available at the website listed above. Time: 2:05 p.m.

MARK YOUR CALENDARS

The following events have been rescheduled because of COVID-19.

■ Tablescapes

Sept. 20 The Westin Lombard 70 Yorktown Center https://www.hinsdaleiws.com

The Hinsdale Auxiliary chapter of the Infant Welfare Society of Chicago has postponed its annual fundraiser, originally scheduled for March 21. Ticket-holders are invited to transfer their tickets or consider the price a donation to the auxiliary. Proceeds benefit the Angel Harvey Family Health Center in Chicago. Time: noon to 4 p.m.

■ Hinsdale Cooks! Kitchen Walk May 7, 2021

donate@hinsdalehistory.org refunds@hinsdalehistory.org

The Hinsdale Historical Society Board has canceled the May 8, 2020 event. People who have purchased tickets my receive a full refund, a refund minus processing fees, or can make their payment a donation to the society's annual fund. Use the appropriate email listed above.

SPECIAL EVENTS

■ Nominate a Regional Rock Star

Ongoing https://www.cmfdn.org

Community Memorial Foundation is inviting folks to nominate a neighbor, colleague, co-worker or friend who is making a difference with acts of kindness, hope and gratitude, igniting hope and inspiring action as businesses, organizations and neighbors adjust to the COVID-19 pandemic. Collaborating on this effort are AMITA Health, the Hinsdale Chamber of Commerce, West Central Municipal Conference and the West Suburban Chamber of Commerce & Industry. Individuals will be recognized

■ Summer Brew and Q

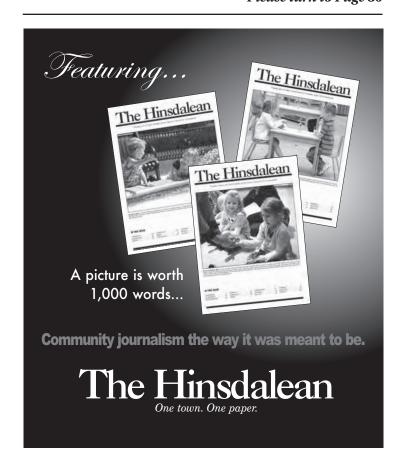
the end of the year.

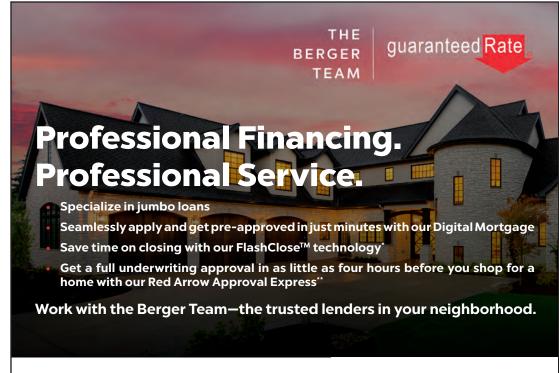
June 12 KLM Park 5901 S. County Line Road, Hinsdale (630) 789-7090 https://www.villageofhinsdale.org/pr

at a community celebration at

Enjoy brews, BBQ and live music at this second annual Hinsdale event. The menu

Please turn to Page 30





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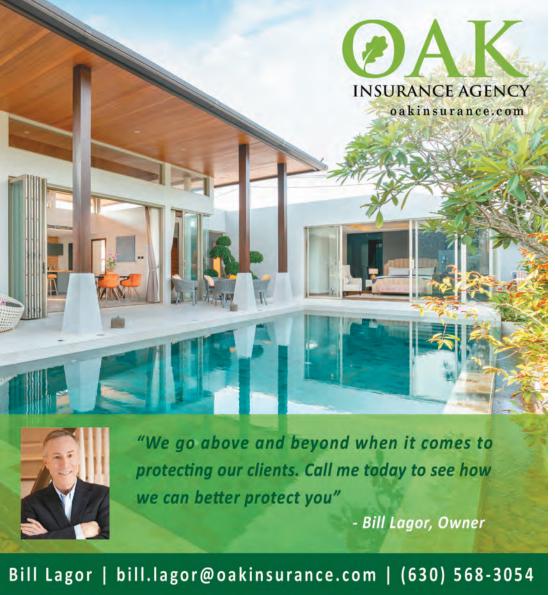
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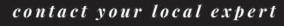






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GLOBAL LUXURY

COLDWELL BANKER REALTY

Continued from Page 28

will include Uncle Bub's award-winning BBQ. Event tickets include four beer tickets, unlimited access to the buffet and a commemorative can cooler. Designated driver tickets include the buffet and can cooler. The event is for ages 21 and older only. Tickets must be purchased by June 5, and the event will be held rain or shine. Time: 6:30 to 9:30 p.m. Tickets: \$65, \$45 for designated drivers.

filming and performing in front of a camera. Rehearsals for a condensed version of "13 The Musical" will occur over Zoom. Once the material is taught, footage will be recorded in class (with minor at-home recording assignments sprinkled throughout the weeks). All of that footage will be combined by a professional video editor for the Zoomsical, and the program will culminate in a final video

live stream of the show. Time: 5 to 6:30 p.m. Wednesdays, Thursdays and Sundays. Cost: \$300

WORSHIP ONLINE

■ Grace Episcopal Church 120 E. First St.

(630) 323-4900 https://www.gracehinsdale.

Sunday 10 a.m. service livestreamed at https://www.

facebook.com/graceEpiscopal-ChurchHinsdale/

■ Hinsdale Covenant Church 412 S. Garfield Ave.

(630) 323-2318 https://www.hinsdalecovenant.com

Thursday 7:30 p.m. worship offered live at https://www.facebook.com/hinsdalecovenant/

■ Hinsdale United Methodist

Church

945 S. Garfield Ave. (630) 325-1280

Sunday 10:30 a.m. worship livestreamed at https://www.facebook.com/hinsdaleumc/

■ Redeemer Lutheran Church

139 E. First St. (630) 323-5530 https://www.redeemerhinsdale.org

Sunday 10 a.m. and

Please turn to Page 34

VIRTUAL CLASSES

■ Taekwondo Virtual Classes

May 2-June 17 https://www.apm.activecommunities.com/thecommunityhouse/Home

Kids ages 4 and up, adults and families can sign up for and attend age group-specific classes in the schedule. The classes are taught by KH Kim Taekwondo staff. Times: noon to 3:50 p.m. Sundays, 4 to 7:50 p.m. Mondays, 2 to 5:50 p.m. Tuesdays, 10 a.m. to 12:50 p.m. and 4 to 7:50 p.m. Wednesdays, 4 to 7:50 p.m. Thursdays, 10 to 1:50 p.m. Saturdays. Cost: \$76. RR, MD

■ CTWS Unstaged

May 4 launch https://www.theatreofwesternsprings.com

This series of virtual live workshops from Children's Theatre of Western Springs for vouth in kindergarten through high school will cover topics such as singing, drama games, acting, music, technical theater, improv and more. There are 12 live Zoom classes per week Monday through Friday for various suggested age groups, and subscribers can attend as many as they'd like. A few pop-up workshops will be scheduled on weekends. Archived workshops are also accessible anytime. Questions should be emailed to cd@ theatrewesternsprings.com. Times: 4 and 7 p.m. Cost: \$65 per month per household.

■ Zoomsical Extravaganza May 13-June 7 bamtheatre.com/bam-distance

This new musical theater experience is for students in kindergarten through eighth grade who are missing the experience of being in a rehearsal room, and who want to learn more about



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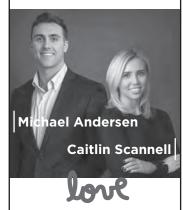
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Home Mortgage Consultant Phone: 630-655-5550 Cell: 773-896-3755 peter.dejong@wellsfargo.com NMLSR ID 442532



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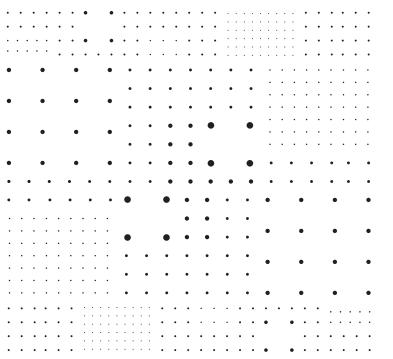
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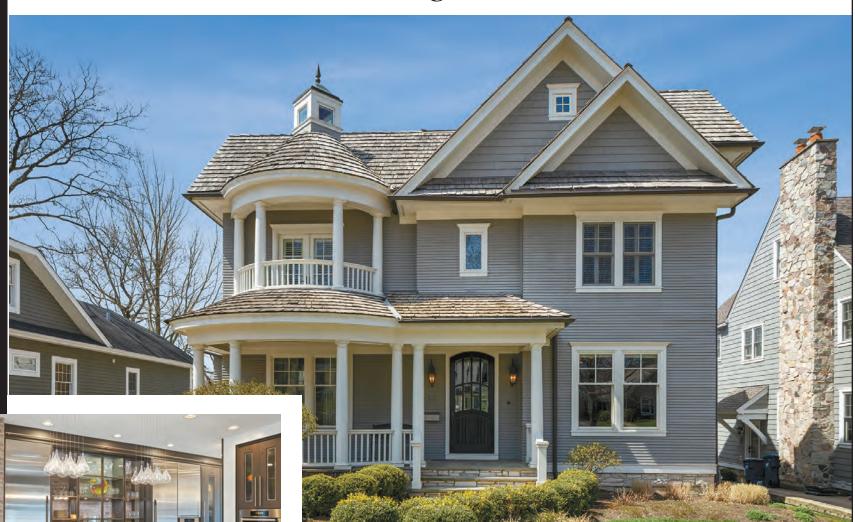


John Donatelli

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Continued from Page 26

Wednesday 7 p.m. worship livestreamed at redeemerhinsdale.org/worship-service-video/

■ St. Isaac Jogues Church 306 W. Fourth St. (630) 323-1248 https://www.sij.net

Livestreaming of Holy Mass available online at 9 a.m.
Monday through Sunday at https://www.facebook.com/pg/StMaryImmaculate/videos/or 8:45 a.m. Monday through Saturday and 5 p.m. Sunday at https://www.notredameparish.org

■ The Chapel

620 N. Oak St. (847) 201-2777 https://www.chapel.org Saturday 5 p.m. and Sunday 9, 10 and 11 a.m. worship livestreamed at address listed

■ Trinity Presbyterian Church
Worshiping at Seventh-Day
Adventist Church
201 N. Oak St.

(630) 286-9303

Sunday 10 a.m. worship livestreamed at https://youtu.be/-CK6RPFbOYo

■ Union Church

137 S. Garfield Ave. (630) 323-4303 https://www.hinsdale.church Sunday 10 a.m. worship and other events livestreamed at https://www.facebook.com/

■ Unitarian Church of Hinsdale

17 W. Maple St. (630) 323-2885 https://www.hinsdaleunitarian.org

Sunday 10:30 a.m. worship online at https://www.youtube.com/channel/ CwaGw22jqxSJSi019AgnCcA?

■ Zion Lutheran Church 204 S. Grant St.

204 S. Grant St. (630) 323-0384 https://www.zionhinsdale.org Watch sermons on YouTube

using link available online.

RR - registration required MD - member discount

Pet pic of the week

Elina is a beautiful 2-year-old Catahoula leopard mix, weighing 58 pounds, that needs a forever home. With one side of her face black, the other side white and gorgeous eyes, she is hard to resist. She is spayed and ready to go the her new home with children age 13 years and older. The Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center is currently closed to the public, but anyone who is interested in adopting a pet can fill out an online application at https://www.hinsdalehumanesociety. org and then call (630) 323-5630 for an interview. (photo provided)



Hinsdale Public Library is CLOSED, but connected

For more information, updates, and to register for virtual programs, visit www.hinsdalelibrary.info.

Library Updates

- Due dates have been extended until June 3
- HPL cards expiring during the closure have been automatically renewed
- Virtual programs are being planned for summer including Summer Reading Clubs
- We miss you!





Get in Touch

Email circulation@hinsdalelibrary.info for questions about your card or account.

Email adultservices@hinsdalelibrary.info for questions about digital services.

Get a Card

Register for an online card to get immediate access to the Library's digital collection at hinsdalelibrary.info/get-a-card.

Call Us

Reach a staff member when you call the Library's temporary phone number 630.828.6930 on weekdays from 9am-1pm.

630.986.1976

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opening doors ...

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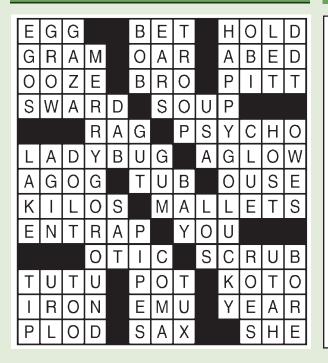
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dles. We can take hold of it with the handle of anxiety or the handle of faith Henry Ward Beecher

Every tomorrow has two han-

Unity is strength... when there is teamwork and collaboration, wonderful things can be achieved. Mattie Stepanek

Just as despair can come to one only from other human beings, hope, too, can be given to one only by other human Elie Wiesel

America was not built on fear. America was built on courage. on imagination and an unbeatable determination to do the job at hand. Harry S Truman

We have always held to the hope, the belief, the conviction that there is a better life, a better world, beyond the horizon. Franklin D. Roosevelt

Legal Notices

CERTIFICATE NO. 77498 was filed in the office of the County Clerk of DuPage County on April 15, 2020 wherein the business firm of

THE NAIL SHOP

Located at 707 N. Addison Rd (Front), Villa Park, IL. 60181 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Aracely Ruiz, 259 N. Princeton Ave., Villa Park.

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 15th day of April , A.D. 2020. Jean Kaczmarek

DuPage County Clerk

Published in The Hinsdalean April 23, 30 & May 7, 2020.

Equal Housing



It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing



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11	METRIC MEASURE
13	ROWBOAT NEED
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43	SECOND PERSON
44	RELATED TO 5-DOWN
46	USE A BRILLO PAD
50	BALLERINA'S FRILL
53	CAULDRON
55	JAPANESE ZITHER
56	PRESS
57	FLIGHTLESS BIRD
58	CALENDAR QUOTA
59	TRUDGE
60	KENNY G'S INSTRUMENT
61	THAT GIRL

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by Linda Thistle

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		5		4		9		
	4		1				7	2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

♦ Moderate ◆◆ Challenging ♦♦♦ HOO BOY!

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APRIL SHOWERS BRING MAY FLOWERS! How many flowers are pictured in Mary's garden? (Count them with a friend and see if you both get the same total.)

END OF MONTH STUMPER! At right is a word square. Find | the four five-letter words that match the definitions below. All words used must read the same both across and down.

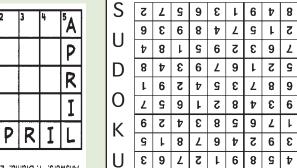


4. Native of New Zealand 5. A rainy month (APRIL, in place).

3. Found in a theater.

Answers: 1. Drama. 2. Recap. 3. Actor. 4. Maori. 5. April.

Α



54



May 2020 Horoscopes · Week 1



figuring out what is real and what isn't, but enjoy.



ARIES - Mar 21/Apr 20 ARIES - Mar 21/Apr 20
Confusion may come into the equation this week, Aries. In an effort to make sense of the situation, you seek the advice of others. Don't try to be in control; relax and let it run its course.

CANCER

CANCER - Jun 22/Jul 22
Cancer, enjoy a week in which you indulge in which you indulge in owner of your favorite pastimes that have been on the back burner for awhile. Now is the perfect time to have a little fun and let loose.







LIBRA - Sept 23/0ct 23
You probably will have to roll with the punches at least one or two days this week, Libra. Don't take things too seriously, even when the rumor mill is in full force.

Ε

R



AQUARIUS – Jan 21/Feb 18 Aquarius, things may not feel like they are in place lately. You may be tempted to turn off your brain and retreat into a fantasy land. Don't avoid the situation



TAURUS - Apr 21/May 21
You are on call for the next several days, Taurus. You are ready to spring into action. Just use a little caution when choosing which projects to take on.



You may be concerned with some people in your immediate circle, Leo. If you suspect something is amiss, team up with a spiritual leader or another helner.



Make sure your head is entirely in the game before you jump into action, Scorpio. Part of the problem is trying to juggle too many things at once and getting distracted.

SCORPIO - Oct 24/Nov 22



PISCES - Feb 19/Mar 20 PISCES - Feb 19/Mar 20
You may embrace physical vitality this week, and go with that, Pisces.
Maybe switch up your workout to incorporate something new.



formation.



GEMINI — May 22/Jun 21
It may be challenging to get to the heart of the matter between friends, Gemini. As hard as you try, solving this will take time. Be patient and consider any and all information

GEMINI

VIRGO – Aug 24/Sept 22

Virgo, this week is full of action and you may not be able to settle in to relax until later in the week. Take a step back and find some time to relax when a break arrives.

SAGITTARIUS – Nov 23/Dec 21

Sagittarius, the more information that comes your way this week, the more confusing things may seem. You can ask somesome time to relax when a break arrives.



Game Tin for the entire family



GET TH

Building Word Find

Find the hidden words in the puzzle.

BLUEPRINT BUILDING CONSTRUCTION **DEADLINE**

DEMOLISH **MATERIALS** NAILS **PLANS**

SAFETY SITE WOOD WORK

BYRHG C E R U C 0 S W T ORL O K R G N K A U В A A S Y D E M O L SHU D T S G F K W O O D S U F U W U E UE R W



ADHERING TO SAFETY GUIDELINES WHILE USING HEAVY MACHINERY OR DOING CONSTRUCTION WORK CAN HELP REDUCE INJURIES.



BECOMES THE FIRST WOMAN TO BE GRANTED A U.S. PATENT. THE PATENT GRANTED KIES THE RIGHTS TO A WEAVING TECHNIQUE.

1891: CARNEGIE HALL THEN CALLED THE MUSIC HALL, OPENS IN NEW YORK CITY.

• 1925: JOHN SCOPES IS ARRESTED IN TENNESSEE FOR TEACHING EVOLUTION.



THIS PIECE OF SAFFTY FOLLIPMENT IS OFTEN REQUIRED WHEN VISITING A CONSTRUCTION SITE OR ANY PLACE WHERE RENOVATIONS ARE BEING MADE.

TAH QAAH :SAMSNA



to build

CONSTRUCT

Get Scrambled

Unscramble the words to determine the phrase.

BOJ TSEI



Can you guess what

the bigger picture is?

ANSWER: CONSTRUCTION EQUIPMENT

ENGLISH: Building

SPANISH: Edificio

ITALIAN: Edificio

FRENCH: Édifice

GERMAN: Gebäude

Answer: Job site

Property TAXES Too High?

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The Hinsdalean

Thursday, April 30, 2020 • Hinsdale, Illinois

Community journalism the way it was meant to be

Design your own cover of The Hinsdalean

We're offering our readers of all ages a chance to color, paint or bedazzle their very own cover of The Hinsdalean this week. When you've finished your work of art, drop it off in our mailbox at 7 W. First St. and we might share it with our readers in the upcoming weeks. If you'd like us to return your cover, please include your address.

Name:	
Address:	
Phone:	



The Hinsdalean

Thanks to all who designed The Hinsdalean's covers this week!



Pictures are on display in the window of Kramer Foods. Pictures are also available online at www.thehinsdalean.com

SPORTS

THROWBACK THURSDAYS

Reaching back into the vaults

Sports sections of past years build hope of future that is safe to resume games

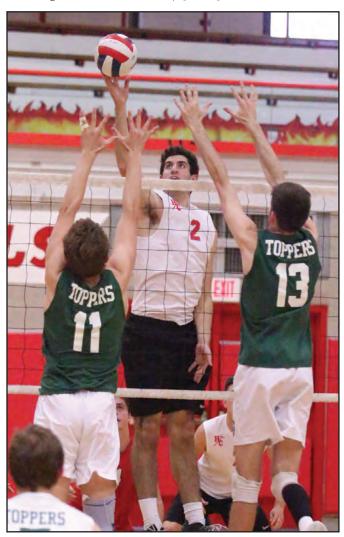
We continue our retrospective of Hinsdale Central spring sports and Red Devil athletes as covered by The Hinsdalean over the last decade in the absence of sports activity this season due to the COVID-19 pandemic. Just as competitors know adversity can serve to refine their performance, may this time amplify our appreciation for the enjoyment and inspiration sports provides.

2019 "I'm kind of laid back, but when I get on the court,

they'd say I'm kind of intense. I'm more of an aggressive player. I like using a big serve and big forehands and try to get points over pretty quickly." — senior tennis player Joe Daw on how his teammates would describe him

2018 "I ripped my shirt off and threw it in the air, and the team did a big dog pile in the middle of the pitch."

— Hinsdale Central grad and Emory University senior soccer player on his game-winning "golden" goal against Rochester,



2016 Hinsdale Central senior volleyball player Will Thompson tried to tap the ball over Glenbard West defenders May 3 during a home match. The Red Devils fell to the conference rival Hilltoppers 11-25, 7-25. (file photo)



2014 Central senior badminton player Alex Ritter went for a shot in a doubles match during the Red Devils' May 11 match against LT. The Devils were edged out by the Lions 7-8. (file photo)

which earned the team a spot in the 2018 NCAA Division III Tournament

2017 "They are two of the strongest leaders on the field and great kids to have on the sideline. I've had the pleasure of coaching them since their freshman year, and watching them develop into the monsters they are today has been a lot of fun." — then-Central lacrosse coach Richard Mares on having twins Joe and John Kwasigroch on the squad

"He's just always taught me to stay calm when you're frustrated and to know you can always improve from what you're doing, which is really helpful for track. You have to know if you have a bad meet, it doesn't mean you're always going to do bad." — junior track athlete Katie Sluman on what she has learned from her father,

pro golfer Jeff Sluman

"Probably, 'The middle solves the riddle.' A lot of people like to get more flashy. I'm not too flashy in my game. It looks cool if you go down the line, but if you keep the ball down the middle, you'll get a consistent result." — Central senior tennis player Harold Martin on the best advice a coach had given him

"I got a black eye the week before spring break. Then in our next game, I got hit in the other eye and my vision went kind of blurry. My teammates and coaches wanted me to go to the ER. If you have mental and physical toughness, you're totally fine." — senior water polo player Nikki Spinazola on the physical challenges of the sport

"He's a great runner and a great person. He's a hard worker and a great teammate, and he helps out with charity projects. He's incredibly successful because he does all the right things. He's very helpful with the underclassmen and takes an interest in them." — boys track coach Jim Kupres on senior distance runner Billy Fayette

I always have to have pasta before a game. I like to listen to pump-up music that gets me ready for a game. We say a team prayer before the game. During the National Anthem, we tap the foot of the person next to us so it goes like a wave down the line. — senior soccer player Tori Sims on her game preparation

— compiled by Ken Knutson

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COMMUNITY SPIRIT

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Suggested donation \$10. Please leave donation in our mailbox.

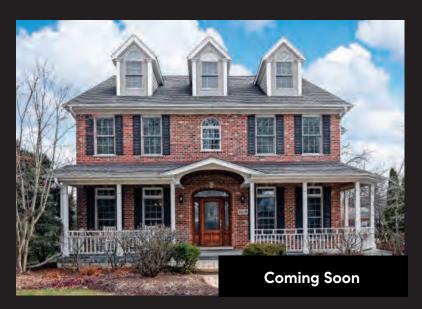
Proceeds will be used to buy gift cards from local restaurants for our village first responders and medical professionals.

*Quantities limited.

Brought to you by:

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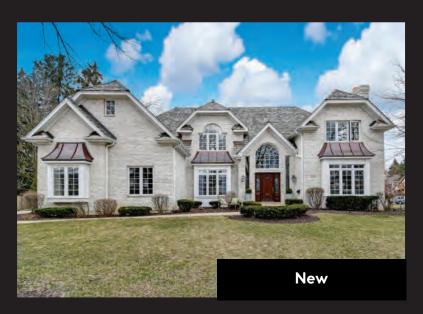
Our Featured Properties



5519 S. Washington St., Hinsdale \$1,500,000 | 6 BR | 6.1 BA



945 S. Vine St., Hinsdale \$999,000 | 6 BR | 4.1 BA



534 N. Oak St., Hinsdale \$1,450,000 | 5 BR | 5.1 BA



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