The Hinsdalean

Thursday, December 17, 2020 • Hinsdale, Illinois • Volume XV, Issue 13 • 44 Pages • \$1 on newsstands Community journalism the way it was meant to be



Reading buddies - Sienna Chansey has the full attention of her furry friend "Linka" as she reads to her at the Hinsdale Humane Society Dec. 2. Sienna is a member of the Compassionate Kids Corps program, which focuses on teaching kids about commitment, hard work, dedication and animal welfare as they volunteer at the shelter. (Jim Slonoff photo)



Last-minute ideas abound in final article in gift ideas series.

Loss inspires woman to help

others look, feel better. Page 9



Expert offers tips on coping with change this holiday season.

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KRAMER FOODS

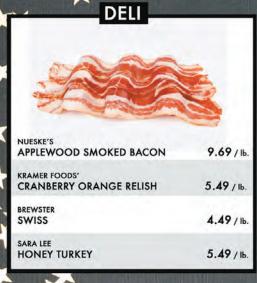
MERRY CHRISTMAS!

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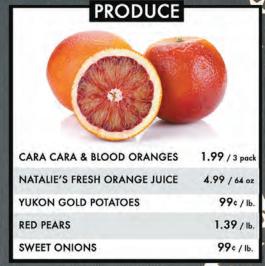












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NEWS

D86 continues negotiations with unions

By Pamela Lannom

plannom@thehinsdalean.com

Representatives from Hinsdale High School District 86 and the Hinsdale High School Teachers Association met again Monday in at attempt to reach a new deal for the association's some 365 memhers.

Both sides have spent the past two years working on a new contract to replace the last four-year agreement, which expired in June.

"While this work has been slowed at times this year due to COVID-19, the bargaining team — which is composed of eight HHSTA members, three board of education members and three administrators — has been able to make significant progress toward its goal of establishing an agreement that is fair to the teachers and reflects the district's strong commitment to fiscal stewardship," a joint statement

released Tuesday read.

"The team is optimistic about finishing this important endeavor in the near future and will provide a more detailed update about the new contract when the negotiation process is complete," the statement concluded.

The last contract provided an estimated annual increase of almost 2.9 percent for faculty (including salary and fringe benefits). Last school year, the starting salary for teachers

with a bachelor's degree and no experience was \$55,608. The highest paid teachers, with a master's degree plus 60 hours and 20 years of experience, earned \$136,209.

The district also is in the midst of contract negotiations with the Service Employers International Union Local 73, whose five-year contract expired in June, and the Hinsdale Township High School Support staff, whose five-year contract expires in 2021.

Salt Creek Ballet hosts drive-in movie ballet









In the spirit of "the show must go on," staff and members of the Salt Creek Ballet did not let a pandemic stop their annual presentation of "The Nutcracker." The dancers were filmed on stage wearing masks and the ballet was presented as a drive-in movie in Salt Creek's Westmont parking lot. From their cars, Diane and Emma Crites; Emma, Catherine, Aeris and Erik Keefner; and Grace Nolan, Camille Hendrie and Ava Nolan settle in for the screening. (Jim Slonoff photos)

ONCE UPON A TIME



First residents — According to Sandy Williams' book, "Images of America — Hinsdale," Rev. Charles Barnes was the first to purchase property in Hinsdale when the town was first proposed. He lived in this house at Second and Washington streets. As a sales promotion William Robbins offered a free lot to the first boy born in Hinsdale. Barnes and his wife collected in May 1866 when their son was born. To honor the founder, they named him William Robbins Barnes. Later William grew up to found Barnes & Nobles.

Happy Birthday! Kalyan Yadava turns 11 Dec. 18

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The Hinsdalean staff strives Classified, service, legal account to provide an error-free newspaper each week. If a mistake is published, however, we are happy to correct it. Call or

Letters to the editor

Corrections

Our letters policy is published on Page 11.

errors requiring correction or clarification.

email Pamela Lannom to report

Obituaries

Obituaries are published free each week in The Hinsdalean. Information may be mailed, faxed or emailed to news@ thehinsdalean.com. Obituaries may be edited for style and

Photo reprint policy

Photographs that appear in The Hinsdalean may be purchased on our Web site at thehinsdalean.com. Occasionally additional photographs that have not been published in the paper may be published on the site; these also will be available for puchase.

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NEWS

Central swimmer, dad die in Tuesday crash

By Pamela Lannom

plannom@thehinsdalean.com

Robert Pickering, 59, and his daughter, Kendall, 15, of Hinsdale were killed in a one-car crash Tuesday evening on Interstate 85 in North Carolina.

The crash occurred at 6:49 p.m. in the southbound lanes of I-85 about 2 miles south of Kannapolis, said Trooper Ned Moultrie of the North Carolina Highway Patrol.

The vehicle veered off the road to the right, struck a drainage ditch, then traveled down an embankment and struck a tree, Moultrie said. The driver and passenger were both fatally wounded and succumbed to their injuries at the scene.

"It is unknown why the vehicle traveled off the road to the right," Moultrie said.

While the investigation is still underway, Moultrie said the weather would have been listed as a contributing factor if that were the case.

Pickering was a standout swimmer in town, and recently gave a record-breaking performance at the IHSA sectional meet Oct. 24. She won the 200-yard individual medley and the 100-yard backstroke, breaking the school's sophomore, varsity and pool records.

Her time in the 100-yard breaststroke also set a new pool record.

Two days later, when the team held its own private relay meet for national time trials, Pickering and her three teammates set new pool records in the 200-yard medley, the 200-yard freestyle and the 400-yard freestyle relays.

Kendall swam with the Hinsdale Swim Club as a child, winning her first state championship at age 10.

Hinsdale Central sent an eamil Wedneday afternoon informing families of the tragedy

"Kendall was a beloved member of our school community whose strong work ethic, tireless dedication and passionate leadership helped her shine in the classroom and excel in the pool," the release states. "Most importantly, she was a wonderful



student, classmate, teammate and friend who left an indelible mark on all of us. We will miss her terribly and always remember her with



Hinsdale Central swim team members spent Wednesday afternoon tying red ribbons around Hinsdale trees in memory of Kendall Pickering. Kendall, a Central sophomore, and her father died in a car crash Tuesday in North Carolina. Kendall already was a swimming phenom before she got to Central and was featured in a 60 Seconds article in June 2017 when she was 12. (Jim Slonoff photo, file photo)

great fondness and affection."

She is survived by her mother, Kim, and her sister,

Taylor.

The obituaries were

not ready at press time Wednesday and will be posted online at https://www. thehinsdalean.com when received.

Hinsdale Hospital readies for vaccine

Amita's health care workers first in town to receive breakthrough COVID treatment

By Ken Knutson

kknutson@thehinsdalean.com

Amita Medical Center Hinsdale was expecting delivery of the COVID-19 vaccine this week, with hopes of administering inoculations to its frontline healthcare staff Wednesday or Thursday.

The first injections vaccine approved by the U.S. Food and Drug Administration were given in Illinois on Tuesday. Phase 1A of the state's distribution plan prioritizes health care workers and long-term care facility residents.

Speaking on Tuesday, Adam Maycock, president and CEO of AMITA's hospitals in Hinsdale and La Grange, said personnel have been preparing to receive and administer the vaccine.

"Over the last several weeks AMITA as a whole has been planning for the rollout of the vaccine for our associates and providers," he said.

That has involved simulated exercises to ensure the process goes smoothly.

"We've done virtual dry runs making sure that the systems we use to register our employees are working appropriately and that we have the necessary resources and sharps containers (for disposal) and have alignment of our efforts through all the departments," Mavcock said.

Details on the timing of the vaccine's arrival and the number of doses being delivered were unclear on Tuesday. "We are expecting to have the typical allocation," he said. Allocations are based on staff size.

Third-party vendors that work in the hospital are also included in the first wave of inoculations because of their potential direct exposure to COVID patients.

With 19 facilities across Chicago and the suburbs, AMITA Health has tried to standardize its procedures as much as possible while accounting for any county health department-based differences, Maycock related

"We coordinated at the regional level to make sure that it was being done relatively the same way," he said.

Employees are not required to get the vaccine and Maycock acknowledged not everyone will sign up.

"Some are ready and willing others are still uppure."

"Some are ready and willing, others are still unsure because of preexisting health conditions or because they haven't gotten enough information," he said.

Maycock, for his part. said he'll get his — if there's any left.

"I will likely be at the end of the line and happy to defer to our true frontline associates," he said.

As for long-term care facilities, Julie Beckert, spokeswoman for ProMedica, which operates ManorCare in Hinsdale, said the company is still awaiting guidance from the state on vaccine delivery.

"We do not have a time frame for vaccines for any of our Illinois centers yet. We are partnering with CVS Health to deliver and administer the vaccine in three pop up clinics for each location," she said.

Gov. JB Pritzker on Monday hailed distribution of the vaccine, manufactured by the drug company Pfizer, as

the "beginning of the end" of the pandemic. The two-dose vaccine had an effectiveness rate of 95 percent among a study of 30,000 volunteers.

"Today marks only the beginning of the national vaccination rollout," he said at his briefing in Chicago, reporting that Illinois is receiving about 109,000 doses this week. "Nationally, there are approximately 24 million people who the (U.S. Centers for Disease Control and Prevention) classifies as Phase 1A. Our destination is clear, but the road ahead will be long."

Also at the briefing, Dr. Michael Olson, an assistant professor of medical microbiology at Southern Illinois University's School of Medicine and member of the state's independent vaccine review board, said the board included experts in immunology, epidemiology and infectious disease among others.

"We have independently reviewed the available scientific data supporting the authorization of the COVID-19 vaccine," he said. "We are in full agreement with the FDA authorization and CDC recommendation of the vaccine."

Maycock said he expects the second doses of the vaccines to be administered in about 20 days. He looks forward to the vaccine becoming more widely available later in 2021.

"At whatever point we're able to support the community with the vaccine, we will be ready to support it in that regard," he said.

— Jerry Nowicki of Capitol News Illinois contributed to this story.

NEXT WEEK

Hinsdale High School District 86 Board

6 p.m. Thursday, Dec. 17 https://d86.hinsdale86.org

On the agenda: adopt 2020 levy, transition center capacity update, Phase 2 bid period 3 project awards, COVID return to school update

MEETING ROUNDUP

Hinsdale Village Board

Among other business Tuesdays, trustees:

- passed a resolution pausing the processing of applications to construct small wireless facilities related to 5G due to the state of emergency created by the COVID-19 pandemic. Village officials reported that no permit applications have yet been received to build 5G facilities but said the action was needed to avoid burdening a short-handed village staff.
- approved the use of \$995,000 in motor fuel tax funds for the reconstruction of Eighth Street from Garfield Avenue to County Line Road. The project will also replace the 4-inch water main from Oak Street to County Line for a total cost of \$1.16 million.
- approved the use of \$400,000 of motor fuel tax funds to partially fund the 2021 maintenance project. Due to the budget shortfalls due to the COVID-19 pandemic, the 2020 maintenance project was deferred. Consequently the 2021 project includes the 2020 resurfacing streets. They are Third Street from Grant to Washington, Eighth Street from Jackson to Quincy, Maple Street from Monroe to Grant, Quincy Street from Eighth to Melin Park, Washington Street from Seventh to Eighth, York Road patching from Ogden to the village boundary, the Robbins parking lot and Phillippa Street from Bobolink to Minneola. The estimated total cost is \$663,140.
- approved the use of \$398,000 of motor fuel tax funds to partially fund the 2021 Chicago Avenue resurfacing project. The village had previously been awarded federal Surface Transportation Funds to pay for \$532,000 of an estimated cost of \$760,000 for the resurfacing from Garfield to Route 83. The MFT funds, which can only be used for road improvements, will cover the rest of the project the resurfacing of Post Circle along Symonds Drive and Third Street from Grant Street to Washington Street.
- approved a salary increase for village manager Kathleen Gargano of 2.25 percent to bring her annual salary to \$205,306.33. Gargano had not received a pay adjustment since 2017.

COVID-19 count goes up by 70 in Hinsdale

Seventy Hinsdale residents have tested positive for COVID-19 over the past week

The DuPage County Health Department reported 63 new cases and the Cook County Health Department reported seven new cases.

That brings the total number of reported cases in the village to 897, up from 827 last week.

Amita Hinsdale Hospital was treating 23 confirmed COVID-19 patients and three patients awaiting test results on Wednesday, a spokeswoman said.

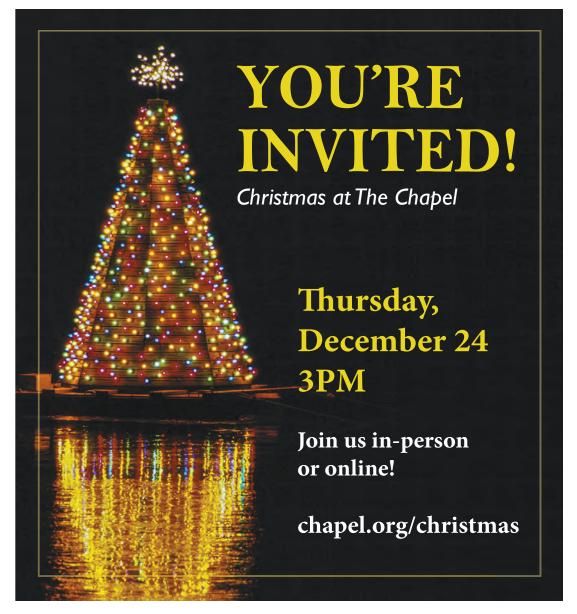
Community Consolidated District 181 reported nine

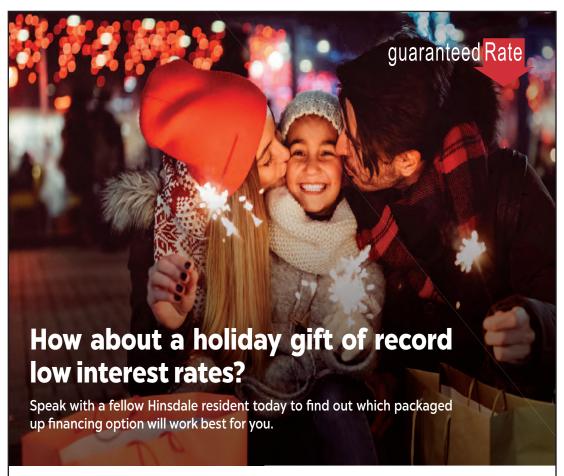
new cases from Dec. 9-15, including four students three staff members, a teacher and an administrator.

Hinsdale High School District 86 reported 22 current positive cases Dec. 11, with 85 people in isolation and 89 in quarantine.

The rolling seven-day positivity rate for Region 8, which includes DuPage County, was 11.6 percent on Saturday, compared to 13.2 percent a week prior.

The health departments' websites are at https://www.dph.illinois.gov, https://www.dupagehealth.org and https://www.cookcounty-publichealth.org.







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NEWS

Eight shopping days remain until Christmas

Everything from Big Green Egg to small diamond earrings on Johnson's list of gift ideas

plannom@thehinsdalean.com

Rob Johnson enjoys Christmas shopping — especially the trips he and son Jaden take in town to buy an outfit for wife (and mom) Stacy each Christmas.

"I have a good eye for stuff like that and I like doing it," he said.

The former TV news anchor appreciates good-looking and comfortable clothes for himself, as well, and is hoping to find some Lululemon pieces under the tree this year along with a pair of dark red winter boots he spotted Dave Chappelle wearing on David Letterman's Netflix show.

Rob, Stacy and Jaden will be celebrating Christmas at home this year, enjoying each other's company and a delicious meal featuring Rob's jambalaya, per Jaden's request.

Rob also enjoyed doing some virtual and in-person shopping for the final installment of The Hinsdalean's gift ideas series. He found these dozen gift ideas for family and friends. Read the story online for links to specific items.

• Rob's dad, Don, has strong feelings about grilling outdoors

"He loves it," Rob said. So a large Big Green Egg with nest and other accessories will get plenty of use. Fuller's Home and Hardware,

(purchase in store)

• A powder blue cable-knit sweater made of the finest

cashmere varn from Scotland is an indulgent gift Johnson can put under the tree for himself. Burdi, \$995

https://www.burdiclothing. com/cable-knit-sweaterpowder-blue.html

• When parties resume, an eight-piece hand-painted pottery serving set with seven dip containers and a tray will make the perfect hostess gift. Turkoise, \$225

(purchase in store)

• ParaJumpers' "Jayden" casual quilted jacket in slate gray, perfect for milder winter days, is also perfect for Johnson's son, Jaden. King Keyser, \$335

(purchase in store)

• Memoire's 18-karat white gold imperial hoops with .77 carats of diamonds in medium are not too small or too big for wife Stacy. They're just right. Razny, \$1,795

https://www.razny. com/keyword-search/ Memoire%20hoop%20ear-

• A phalaenopsis double stem white orchid with curly willow branches and a moss base in a decorated ceramic container is the perfect way to say thanks at Christmas — or any time of the year. Jane's Blue Iris, \$125

(purchase in store)

• The one-cushion 78-inch sofa in a blue-green velveteen with three fluffy plaid pillows will make staying at home during the pandemic a pleasure. Trumeau, \$11,500 marked down to \$2,495

(purchase in store)

• A bronze lambskin leather



Bigger isn't always better — at least that's what Rob Johnson thinks when it comes to picking out diamond hoop earrings for his wife, Stacy. He chose the medium-sized hoop (second from right) from Razny Jewelers as one of his gift ideas on a combination virtual and in-person shopping trip through town. (Jim Slonoff photo)

and tulle laser cut stroller will look great on Rob's mom, Beth. Hinsdale Furriers, \$395

http://www.hinsdalefurriers.com/index. php?route=product/search&search=lambskin%20leather%20and%20tulle%20stroller

• If the earrings are going in Stacy's stocking, the ribbed knit hat in a glossy metallic gold finish topped with a plush fox fur pom pom can go under the tree. Marcus, \$125

https://shopmarcus.com/ collections/jocelyn/products/ gold-metallic-pom-hat

• Rob will send a fourpound prime grade beef tenderloin for his brother, Edward, to enjoy with friends at the Easter Seals facility he lives at (he has Down's syndrome) in Little Rock, Ark. Prime 'n' Tender, \$200 (purchase in store)

• A Luxor silver Swiss desk clock that bongs on the hour will be a beautiful addition at brother Andrew's house. Hinsdale Watch Shop, \$800 (purchase in store)

• Any teacher friend will appreciate a caffeine boost to help get through this strange school year. A basket with three 12-ounce bags of coffee (regular, Sumatra and Kenya) with a travel mug and assorted chocolates will earn high marks. Café la Fortuna, \$50 (purchase in store)



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POLICE BEAT

Hinsdale police released the following reports Dec. 9 and 15.

DUI arrests

- Ma Guadalupe Arellano Castaneda, 3, 416 E. Bailey Road, No. 201, Naperville, was arrested for driving under the influence of alcohol, improper lane use, driving with a defective windshield and driving too fast for conditions at 1:54 a.m. Dec. 9 at Route 83 and 55th Street. She was charged and released to appear in court.
- Richard C. Bogdanowicz, 63, 132 S. Chandler Ave., Elmhurst, was arrested for driving under the influence of alcohol and leaving the scene of a property damage accident at 5:44 p.m. Dec. 11 at The Lane and York Road. Police were called with the driver hit a wooden barricade and fled. He was located at Ninth and Garfield streets and was charged and released to appear in court.

Selling liquor to a minor

Vivek B. Patel, 26, 9610 W. Golf Road GS, Des Plaines, was arrested for the unlawful sale of alcohol to a person under 21 at 3:35 p.m. Dec. 11 at the Hinsdale Food Mart, 5827 S. Madison St. Police conducted a controlled buy of alcohol and the suspect sold to a person under 21. Patel was sited and released to appear in court.

Suspended license arrest

Alma Y. Arredondo, 45, 8735 Ogden Ave., Lyons, was arrested for driving with a suspended license, having a suspended registration and driving an uninsured motor vehicle at 3:39 p.m. Dec. 13 at County Line Road and 55th Street. She was charged and released to appear in court.

Flag stolen, pole damaged

A political flag was stolen and the flag pole damaged between Nov. 27 and Dec. 4 at a home in the 10 block of North Vine Street.

Hit and run incidents

- An unknown suspect struck the rear driver's side of a vehicle parked on the street in the 10 block of Madison Street between 11:30 a.m. and 1 p.m. Dec. 2.
- Someone hit the trailer of a truck while it was parked in the street in the 400 block of South Garfield Avenue sometime before 9:15 a.m. Dec. 9. The suspect is described as a white female with brown hair driving a silver Acura sedan.

Plate stolen from vehicle

A rear license plate was taken from a vehicle owned by a resident of the 400 block of West Ninth Street, probably between 5:30 and 9:30 p.m. Dec. 8 while the owner was running errands.

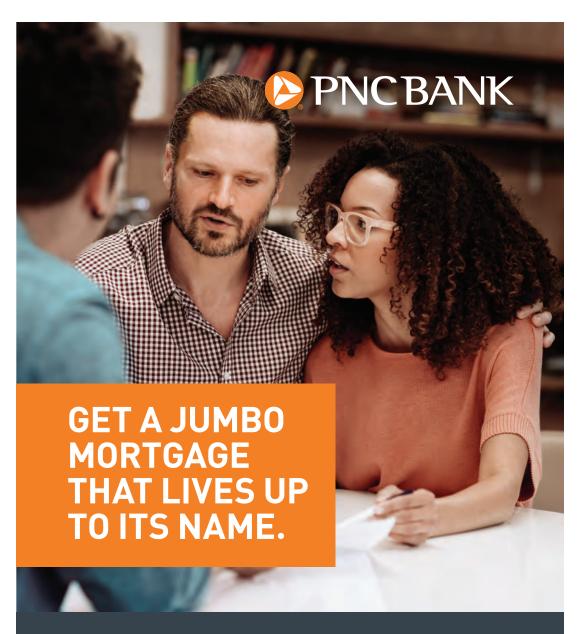
Check stolen

A check mailed Nov. 17 by a resident of the 5800 block of Woodmere Drive to a company in Morris was reported stolen Dec. 4. The victim was alerted that the company did not receive the check and, upon contacting the bank, discovered the check was cashed at an ATM by an unknown suspect.

Deceptive practice reported

A resident of the 600 block of South Quincy Street received a phone call from an unknown suspect who claimed to be an agent from the Social Security Administration at 6 p.m. Dec. 1. The victim was instructed to purchase \$2,500 in gift cards

Please turn to Page 16



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60 SECONDS

Hinsdale woman uplifts lives one makeover at a time

Hinsdale's Jackelyn Kastanis spent a year helping care for childhood best friend Brooke Bolley in their native Detroit area until Bolley succumbed to cancer in 2011 at the age of 27.

Kastanis moved to Chicago for work, but her desire to provide comfort remained deep within.

"Every time I would pass all these hospitals downtown, I kept wanting to go inside," she said.

In 2014, she launched Simply from the Heart, a nonprofit that honors Bolley and her cosmetology/hair styling career by deploying "glam squads" to pamper patients suffering from terminal or life-threatening conditions.

"It's emotional healing," she said of the manicures, makeup applications and other services volunteers provide their surprised subjects, both adults and youth.

Getting hospital approval for the novel outreach took some persuasion, Kastanis acknowledged.

"They had no idea what this was," she said.

Northwestern University Hospital signed off first. Now the organization partners with more than 15 hospitals in Illinois, Michigan, Florida, California, New York and Connecticut. Supportive physicians advanced the concept, and soon beauty product companies were donating items for the cause. In addition to the hands-on makeovers, each patient receives a glam box containing a couple dozen items.

"We've already pampered over 5,000 patients," Kastanis said. "It's way above and beyond anything I could have dreamed of."

While most are thrilled to have a three-person squad deliver the celebrity-like pampering, some are understandably a little apprehensive, she related. Kastanis delights, though, when she sees that resistance melt away after a few minutes of relaxing spa music and refreshing conversation with strangers there to serve.

"A little smile goes a long way," she said. "We bring this out in them."

COVID-19 protocols have inhibited hospital visits this year. Kastanis also had to switch Simply from the Heart's sixth annual fundraising gala to a virtual event.

She said supporters and sponsors responded generously nonetheless. And she's collaborating with Diana Mucci, owner of the former Hinsdale shop Mucci di Firenze, who has written a children's book, "The Snugawinks of Cuddleton Falls." Mucci is donating copies of the book for kids' glam kits.

"We've had a great response with our sponsors in terms of still wanting to give," she said.

An actor by profession, Kastanis has written a screenplay about Bolley and their journey together. She also has been prompted by the pandemic to develop a mobile glam unit to visit patients at home.

"We would really be making them over head to toe, like the 'Extreme Makeover: Mobile Glam Edition,' " she said.

Kastanis said everyone involved gets in on the rewards.

"I don't know who's getting more out of it, the patient or the volunteer," she said. "The feeling that we give people is something that they'll take throughout their lifetime."

> story by Ken Knutson, photo by Jim Slonoff



JACKELYN KASTANIS

NATIVE OF DEARBORN HEIGHTS, MICH. • MARRIED TO TAKI • HAS LIVED IN HINSDALE SINCE 2019 • INVOLVED IN HINSDALE JUNIOR WOMAN'S CLUB • MOTHER OF FOUR: KALISI, 5, SANCIA, 4, FIORELLA, 3, VALENTINO, 6 MONTHS



OPINION

EDITORIAL

Community needs candidates. Could it be you?

Experience any hotly contested elections lately?

Granted, the presidential race was certainly a spectacle not seen before (which goes for most of 2020!)

But it also got two-thirds of the electorate to the polls, the highest turnout since 1900 when Republican incumbent William McKinley defeated Democrat William Jennings Bryan.

Healthy turnout is healthy for a democracy, And so is a robust roster of citizens willing to throw their hats into the candidates' ring. The window to file for candidacy in the April 6 Consolidated Election opened Monday and closes this Monday, Dec. 21. Locally there are open seats on the Hinsdale Village Board and Hinsdale Public Library Board, Community Consolidated District 181 Board and the Hinsdale High School District 86 Board.

If you feel called to this civic duty, here are some things to keep in mind courtesy of NPR's LifeKit podcast:

• You don't have to know everything before you run. What matters is that you care enough to run.

"There will always be people in any arena who will know less and know more than you,"

advises former Massachusetts state Sen. Marian Walsh. "The question is, do I care enough? And am I willing to do more of both?"

- Ask a lot of questions to people who have run before, those who have held the sought-after office and even the person who currently holds it. What did they do to campaign? How big was their team? What do they wish they'd known beforehand?
- Figure out your win number and your vote goal.

You just need more votes than your competitor. Find the turnout numbers from the last few similar elections and average them. Then multiply that number by the number of registered voters in your jurisdiction. You'll want to aim for more than 50 percent of whatever that number is.

• Build your own campaign staff and don't ever turn down help.

Assemble a mix of people who know you well. You'll probably want to find someone to manage money, a communications director and a volunteer coordinator — and a campaign manager. When people offer to help, give them a job.

• Campaigns, even in this modern era, are

won in person.

From door-knocking to big gatherings, a five-minute conversation goes a long way. Obviously the coronavirus has altered normal patterns but you still want people to know who you are and what you stand for when they see your name on the ballot. Your campaign should keep track of every interaction with someone who might be interested in helping you or voting for you.

• Fundraising isn't scary!

In a lot of cases, fundraising is the difference between a winning and a losing campaign. Think through your expenses — from advertising to a website domain to a campaign office to stamps — and set a goal for how much you need to raise.

Before all that, of course, you need to collect signatures on nominating petitions and file them by Monday. Time is running short so, if so inspired, contact the institution you aspire to serve to get the materials. Also visit the Illinois State Board of Elections website at https://www.elections.il.gov/Default.aspx for answers to all your questions.

Good luck, and thank you for your willingness to serve!

COMMENTARY

Christmas 2020 gifting abundant share of changes

"Turn and face the strange ch-ch-changes." — **David Bowie**

One thing you learn as a parent is how much things change each holiday season as your kids (or kid, in my case) get older.

One Christmas you're lending Santa a hand assembling the Barbie Dreamhouse he delivered for your 5-year-old. Before you know it, her Christmas wish list includes a laptop and headphones for gaming and "merch" from her favorite YouTuber, YaBoiAction.

For several years you enjoy gathering as a family to watch all the Christmas holiday specials you loved as a kid. Then one year you're outvoted, 2-1, and the evening's viewing is yet another episode of "Mandalorian."

More than nine months into the coronavirus pandemic, change has been an even bigger part of the holiday season this year.

Our December calendar typically is filled with a list of things we need to do and places we need to be. Band, orchestra and choir concerts at school. Christmas pageant rehearsals and performances at church. Illumination at the Morton Arboretum. Breakfast downtown Chicago on Christmas Eve morning. The living nativity service at Hinsdale Covenant Church later that day. Family and friends at our house for Christmas dinner.

The calendar isn't as bare as it was in late March and early April, but our holiday plans certainly look different this year.

Ainsley's band and orchestra concerts were converted into solo nights, presented virtually last week. With the performances on Zoom, we were able to invite my newly found birth family to watch. Ainsley wasn't the only one who enjoyed the calls and texts from her grandparents and aunt and uncle telling her what a great job she did and how proud everyone was. We could all feel the love.

And I have to admit it was pretty



Pamela Lannom

fun exchanging text compliments on the kids' performances while catching up with neighbors. And seeing one of their dogs on camera!

Instead of dressing up to go to church Sunday morning to see the kids' Christmas pageant, we watched their virtual choir performance on our living room couch in our

pj's

On Christmas Eve, we will not have to arrive early to find a seat for the live nativity service at Hinsdale Covenant Church. We've already reserved our time to attend the outdoor live nativity experience. We always love watching a kid dressed as Mary ride a donkey up the center aisle of the sanctuary, but we're confident the pastoral team will make this an event to remember. That first nativity in Bethlehem was noisy and chaotic, they remind us each Christmas Eve as the geese are honking and the sheep are pooping. I'm sure this year they will emphasize that it also was outdoors.

When we gather around the table for dinner on Christmas Day, seats will be empty at our house as will many others across the country. We will miss not only my mom, who passed away last month from cancer, but my father-in-law, my mom's sweetheart (who has become part of our family) and our next-door neighbor, who will stay away to stay safe. Maybe the hope that this will be the last holiday we can't be together will cheer our spirits. So will the chocolate peppermint ice cream cake that we're making — instead of the traditional toffee cheesecake - in the spirit of embracing change.

Perhaps by then Dan and Ainsley will have finished their "12 Days of COVID" lyrics ("On the first day of COVID, my true love sneezed on me ...") and posted their performance on You Tube, with Ainsley donning a new YaBoiAction T-shirt. Ahh, the holidays.

— Pamela Lannom is editor of The Hinsdalean. Readers can email her at plannom@thehinsdalean.com.

OPINION

GUEST COMMENTARY

Peace and joy, come to you

The sky is falling. At least our sky is falling, over our home, and within our family.

Health concerns of beloved family members have my husband and me scrambling to help. I used to think we had a modicum of control over our

lives, over our "sky" if you will, but as we are placing metaphorical buckets under our dripping roof, I realize we are powerless in the face of certain life events. We can only react to these events and try our best to do right by our families and friends.

Certainly my husband and I are not alone. I understand that COVID is happening to all of us. That political unrest, racial injustice and personal intolerance are global issues. We can witness examples of these problems on our devices, from our sanitized homes and "safe" core contacts. Even if we have been personally affected by these movements, somehow it's possible to feel comforted by the knowledge that "we are all in this together.'

But when the rain comes inside, when it is more personal and less global, it is terrifying. More like a tornado touching down than a steady downfall. And when many tornadoes happen at once, or in succession, it is exhausting. No matter how prepared we think we are, no matter how we have worked for control in our lives, we are faced with our own helplessness. We are in fact, not in control at all.

Yes, we are all in this together: we are just as vulnerable and powerless as



Kelly Abate Kallas

everyone else. Life is in charge. Nature is in control.

Suddenly, a slight break in the clouds. The holidays. Celebrating beginnings or hope or birth. Renewal. When I take a deep breath and look around, I am comforted by

the rituals and decorations, the sameness. I suppose the trappings lend an air of predictability. And deeper, again, the same thought: we are not in charge.

This is what religion is, I think. The belief that someone or something is bigger than us, smarter than us and is in control. Even when the buckets overflow, we can have faith that somehow the rainwater they contain will have purpose.

The anticipation of the holiday suddenly fills me with hope. Where once there was worry over details and wrappings and lists, now there is safety and comfort in the knowledge that we are celebrating something bigger than us. Generations of traditions, joyful songs, whispered hopes and fervent prayers, all floating through the years and rooted in the faith that some greater force exists. I feel peaceful when I recognize the meaning behind the holiday — an understanding that we are, indeed, not in control.

Wishing you comfort and peace for the holiday and in the new year.

— Kelly Abate Kallas of Hinsdale is a contributing columnist. Readers can email her at news@thehinsdalean. **GUEST ESSAY**

Hinsdale has wonderful 'helpers,' but can use more

I would like to shine a light on two experiences I had recently in Hinsdale that reminded me of a story shared by Mr. Rogers. His mother always told him, "Look for the helpers. You will always find people who are helping." I found some; and in so doing, I hope to become one and encourage others.

Last month I had reason to file a police report. I sat nervously in a small room giving my statement to officer Matthew Gallik while his partner stood outside the door. They both listened to my concerns, tried to make me feel comfortable and didn't make me feel like an alarmist. When I finished, they thanked me for coming in and assured me I did the right thing. I walked out feeling grateful for their support as "helpers."

Secondly, Friday night while driving through town, I was heading south on Garfield and wondering why traffic was backed up. I assumed it was due to a train; then I noticed that the cars in the right lane were all turning right, continuing along Burlington Park, turning right onto Washington and heading back down Maple to the front of the library/Village Hall.

That was when it struck me: they were all in line for food. That line was at least three blocks long to pull into the circular drive to receive bags of food. Perhaps you have seen the lines of cars in Dallas or Pittsburgh, but, Hinsdale? Yes. The need is everywhere.

On March 8, before the pandemic, the HCS Family Services food pantry served about 145 families who needed help, according to Amy Wickstrom, executive director of the HCS Family Services. Now

there are 350 to 375 families who need services.

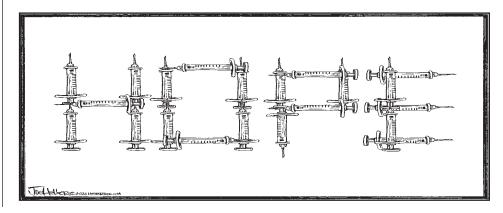
The increased need has created challenges, she said, but the community has been supportive. In spite of the traffic, no one has complained. In fact, people are finding new ways to help. Since birthday parties are out, children have held food drives for the pantry instead of asking for gifts. Schools, neighborhood groups and businesses have organized on-line food drives and drive-through donations.

"We feel such support from the community. They have embraced us," Wickstrom said. "We are inspired by their creative efforts to support us.'

I'm to sharing these two experiences to let Hinsdaleans know how lucky we are to have so many people who contribute to not only keep us safe but to also help those in need at this time. And, to ask you to become a helper.

In the past few weeks, I have been adding boxes of food to my cart while a friend and I shop at Costco. Later I drop them off at the HCS drop off located at Village Hall. Every time I have been there, I was lucky enough to run into a volunteer who helped unload my trunk. I have also glimpsed inside the Memorial Building to see other volunteers sorting and packing food for distribution.

So, please, wave and thank police officers, first responders, essential workers and volunteers when you see them. And, if you can, donate to food pantries and other organizations who need our help. Become one of the "helpers" that everyone else is looking for right now. — by Arlene R. Jarzab, a 36-year resident of Hinsdale



LETTERS POLICY

Requirements

- 250 words or fewer
- include writer's name, address and daytime phone number
- documentation must be provided for numbers, statistics and other facts mentioned in the letter
 - no form letters

Submission

- e-mail to news@thehins-dalean.com
 - fax to (630) 323-4220
 - mail to The Hinsdalean,

Letters to the editor, 7 W. First St., Hinsdale II 60521

Questions?

Call (630) 323-4422

OBITUARIES

Nicholas Victor Emanuele

Nicholas Victor Emanuele, 75, of Burr Ridge, passed away Dec. 15, 2020, at Loyola University Medical Center, in the loving presence of his wife and son.

Nicholas was born in 1945 in Chicago, where he attended high school at Loyola Academy, followed by Loyola University Chicago and Northwestern Medical School.

He proudly served his country in the U.S. Army and returned to Chicago afterward.

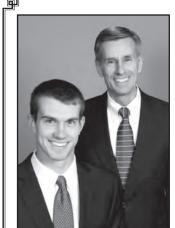
Nick had a lifelong passion for caring for his patients and research. He worked at Hines VA and Loyola University Medical Center since 1980. He taught generations of medical stu-

dents and residents the importance of endocrinology and how to manage diabetes. He was an avid Chicago sports enthusiast.

Nick was an adoring husband, loving father and amazing grandfather. He loved his family dearly and will be deeply missed by all.

He is survived by his wife, Mary Ann; his children, Francis (Daniella), Michael (Jennifer), Joseph and Mark (Lindsay); his sister, Vincenzina; and his seven grandchildren, Nicholas, Isabella, Gabriella, Michaela, Tyson, Joseph and Grace.

A private funeral Mass will be said Saturday, Dec. 19, at St. Isaac Jogues Church in Hinsdale.



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Robert E. Fry

Robert E. Fry, 76, of Western Springs, died Dec. 2, 2020.

He was born in 1944 to Edward and Eileen Fry

Bob was a hard worker his entire life, joining the Marine Corp Reserves at a young age, then mastering the trade of iron working. In true Bob fashion, his entrepreneurial spirit led him to start his own floor care business. He then

joined his good friend, Chris Carlson, working at Motorcycle Specialists for 11 years. Once the shop closed, Bob went on to be the head mechanic at Glen Oak Country Club, where he worked for 26 years until retirement.

Some of Bob's favorite past times included visiting the Illinois Railroad Museum, working on motorcycles and trains or spending a day out on the water. He loved racing flat track and riding his motorcycle across the country. He was also a member of Chicago Norton Owners Club, BMW Owners Association, Train Collectors Association, and a veteran member of the American Motorcyclist Association.

Shortly after retirement, Bob devoted his time to care for his wife, Susan, throughout her battle with Alzheimer's. Later in life, Bob

would also face the same devastating disease.

Bob will always be remembered for his sense of humor, gentle demeanor and willingness to help others. Some of his proudest moments were spent watching his daughters, Jordan and Kaylan, grow into the women they are today.

He was preceded in death by his wife, Susan G. Fry, nee Smith.

He is survived by his daughters, Jordan Fry Kavanaugh and Kaylan Fry; his sister, Kathy (Chip) Bell; and his nephews, Michael (Janie) Bell and Jeffrey (Melissa) Bell.

A private family visitation and service will be held Wednesday, Dec. at Sullivan Funeral Home in Hinsdale, with a livestream at 6 p.m.

A Celebration of Life will be announced this summer when restrictions have been lifted.

Show support for the Fry Family by signing the online guestbook at https://www.sullivan-funeralhomehinsdale.com.

In lieu of flowers, memorials may be made to the Alzheimer's Association 225 N. Michigan Avenue, Floor 17, Chicago, IL 60601 or only to https://tinyurl.com/BobFryTribute.



Sheela DeBartolo Kruse, 52, of Western Springs, died unexpectedly Nov. 27, 2020.

She was born in 1968 in Oak Lawn.

Sheela lit up the room wherever she was and her family and friends adored her. Sheela's children were the most important thing in her life and they both felt her love daily. She will forever be missed.

She is survived by her husband, Scott Kruse; her children, Kiely and Will; her mother,



Kruse

Maryellen DeBartolo; her parentsin-law, Cel and Bill Kruse; her sister, Meg (Steve) DeBartolo Rogers; and her nephews, Michael (Christine), Jack (Courtney O'Leary) and Sam Rogers.

She was preceded in death by her father, Frank DeBartolo.

Interment is private at Bronswood Cemetery in Oak Brook.

Memorials may be made online to Wellness House at https://www.wellnesshouse.org.

Eugenia Nowak

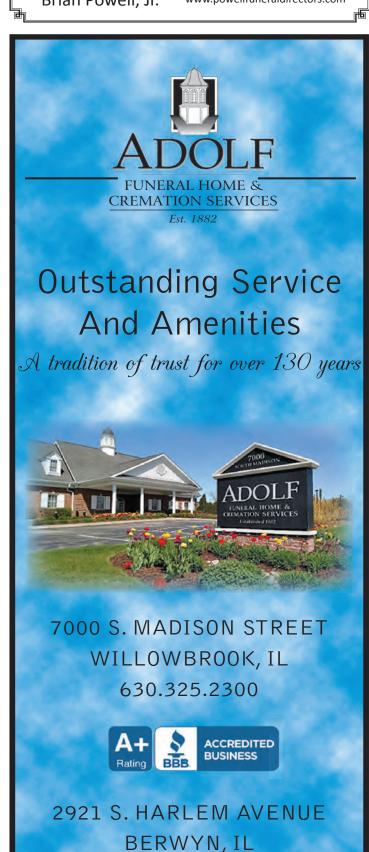
Eugenia "Genie" Nowak, nee Kowitz, 92, a longtime resident of Hinsdale, passed away Dec. 2, 2020.

She was preceded in death by her husband, Edward Walter Nowak; and her daughter, Mary Frances Nowak.

She is survived by her children, Catherine Blattner, Martin Nowak and Anne (Russ) LaBarge; her five grandchildren; her four great-grandchildren; her sister, Veronica Cullen; and her dear friend, Frank Hanzlik of Hinsdale.

A private graveside service will be held at Bronswood Cemetery in Oak Brook.

Memorials may be made online to the Northern Illinois Food Bank at https://www.solvehungertoday.org.



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ASK AN EXPERT

MELISSA ROBERTS NEW, THERAPIST

How will self care help keep holidays bright?

Like everything else in 2020, the holidays look different this year. And for many, they look a little sadder.

"People are needing a little more help right now than they have in the past," said Melissa Roberts New, clinical director and therapist at Spectrum Behavioral Health in Hinsdale.

"The holidays are probably one of the harder parts of the year," New said

People turn to mental health professionals to help them deal with the myriad of issues that can arise when days get shorter and families get closer. Add to that list a pandemic, and the need for mental health services skyrockets even higher.

New has seen the number of appointments on her calendar nearly double this year. Thanks to the convenience of telemedicine, New is able to help more than 50 people a week, both in person and virtually.

Of course, not everyone who is feeling the effects of a COVID Christmas will seek the help of a

professional. But there are things that everyone can do to help their mental health as they make their way through the holidays.

New said the best tools for good mental health are the simple, every-day things that are easily taken for granted. Proper sleep, regular meals, proper hydration, personal hygiene and exercise all play a big part in keeping our bodies and our minds healthy, New said.

"Try to get 30 minutes of movement a day," she said.

If the gym is closed and it's too cold outside to walk or job, turn on some music and treat yourself to a dance party, New suggests.

Aim for seven to eight hours of sleep each night. Set an alarm to wake up at a regular time each morning and start the day with a shower. The routine of showering and getting dressed at the start of each day tells your mind that it's time to go to work, New said.

"It's all the basic self care"," she said.

As for the holidays, New encourages people to create a new tradition this year. If your family plans to gather via Zoom, plan ahead so that everyone is enjoying the same meal or sharing the same activity. Open

gifts while on camera so family members can share one another's reactions.

A HDMI cord is a quick way to bring those tiny faces on your computer to life on the big screen. Just attach the computer to a television to see life-size versions of loved ones as you celebrate together, albeit apart.

Along with everything else, winter affects many people in the form of Seasonal Affective Disorder. The lack of light caused by shorter days can leave people feeling sluggish and unmotivated, but 20 minutes with a full spectrum light box can help, New said. Light boxes can be purchased online or in stores.

And while alcohol is a part of so many holiday celebrations, New warns that this liquid form of cheer actually has the opposite effect.

"It's a natural depressant," New said, and can actually make the situation worse.

Many people will try for months to fix things on their own before reaching out to a professional. New suggests reaching out earlier.

"Asking for help is not failure," she said. "It's saying, 'Help me figure this out so I don't crash and burn.'"

— by Sandy Illian Bosch



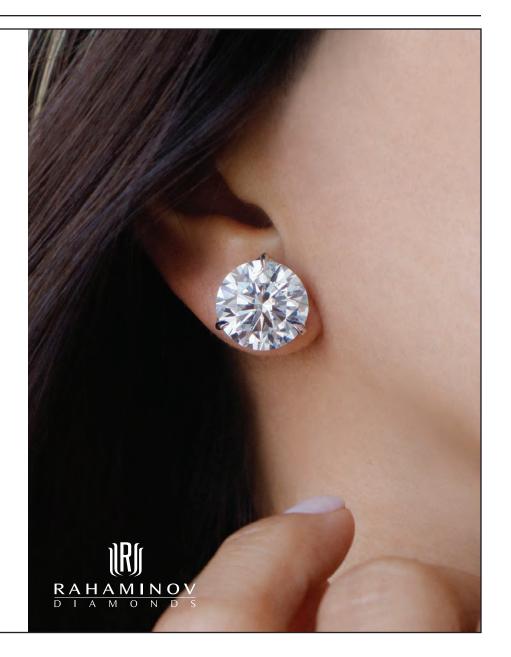
Melissa Roberts New, clinical director and therapist at Spectrum Behavioral Health in Hinsdale, has been counseling families and individuals of all ages since 2011. (Jim Slonoff photo)

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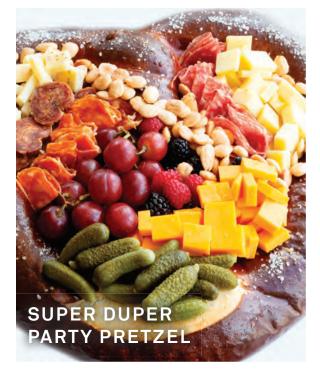


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We are unable to alter or refund orders placed for Christmas week. Please reach out to our catering department with questions before finalizing your order. Thank you for your understanding and ongoing support!

POLICE BEAT

Continued from Page 8

to investigate illegal activity involving her social security number. The victim purchased \$2,414 in gift cards and texted pictures of the cards to the suspect.

Identity theft cases

- Information belonging to a resident of the 10 block of East Kennedy Lane was used to open a credit card account as reported 5:56 p.m. Nov. 30.
- Information belonging to a resident of the 200 block of North Elm Street was used to file an unemployment claim as reported 10:39 a.m. Dec. 4

Arrests do not constitute conviction of a crime, and individuals listed here should be presumed innocent until proven guilty. If charges are dismissed or reduced or the accused is found not guilty, he or she can contact The Hinsdalean at news@thehinsdalean.com to provide us with documentation. Information will be updated online and in the next issue of the paper.

Police arrest man for brazen theft of Audi

Hinsdale police have arrested a 23-year old man for a midday auto theft that occurred last month in the village.

Deshun Williams was arrested Dec. 4 at Homan Avenue and Madison Street in Chicago and charged with possession of a stolen motor vehicle. The location of the arrest was a few blocks from where Hinsdale detectives had located and recovered the victim's auto, a 2018 Navy Blue Audi Q5, which had been stolen from the 100 block of South Vine Street at 2:06 p.m. Nov. 15.

The victim was reportedly unloading items from the vehicle when another car pulled up. One of the individuals in that car exited, got into the victim's vehicle and drove away. The victim's purse and keys were inside the vehicle. The offender was described as a black male in his late teens or early 20s.

The vehicle the offender had arrived in was found

abandoned on Walnut Street just east of Washington Street. It had been taken in a Forest Park carjacking the same day as Hinsdale's auto theft.

Williams is currently in DuPage County Jail on a \$100,000 bond.

Hinsdale Police Chief Brian King said Williams' place of residence is unclear. King also expressed the importance of solving this case as overnight automobile thefts in the village have increased in recent years, typically occurring at night to unlocked vehicles in which the key fobs have been left inside.

"We have arrested several individuals in these thefts and some of them have previously been associated with carjackings in other areas," King said in a statement. "Although daytime auto thefts are rare in Hinsdale, we would like to stress the importance of residents locking their cars and securing the fobs regardless of the time of day."

Police report on holiday effort

Hinsdale police have released the results of the Thanksgiving enforcement initiative from Nov. 20-30.

Police made three impaired driving arrests during the effort. They also made one felony arrest, in which a motorist was charged with aggravated fleeing and eluding, unlawful use of a weapon by a convicted felon, aggravated unlawful use of a weapon and driving under the influence of alco-

hol. A loaded semi-automatic firearm was recovered from a motorist's vehicle.

Police issued four citations to drivers with a suspended or revoked license or no license, 19 speeding citations and cited four motorists for other violations.

The effort is made possible by federal traffic safety funds administered by the Illinois Department of Transportation.





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The Hinsdalean

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Keeping the faith at Christmas

Hinsdale churches plan season's services to minister to people while observing safety

By Ken Knutson

kknutson@thehinsdalean.com

Staging its annual Christmas Eve indoor live nativity program has always been a significant undertaking for Hinsdale Covenant Church.

But orchestrating it during a pandemic? Not even the wise men could wrangle that.

"There's absolutely no way to do what we were doing safely," said the church's lead pastor, Lars Stromberg.

So the decision was made to relocate the manger and all of its entourage outside.

"We're going to take our live experience that people love and appreciate and move that out into the parking lot," Stromberg said. "Families still have an opportunity to interact with the story and the animals."

Was closing the simulated stable this year ever an option?

"There was never movement toward not doing something," he said, directing people to https://reopen.church/r/GdANy7tC to sign up for a 15-minute slot between 10 a.m. and 1:45 p.m. (many already are full). "We're trying to keep that tradition going."

COVID-19 safety protocols will be followed, including face masks and social distancing, he said.

The church is also offering in-person Christmas Eve candlelight services at 6 and 8 p.m., which will be livestreamed, as well.

"We're just thankful to have those options," Stromberg said.

The church has definitely been quieter this year, but that doesn't mean there's been less to attend to, he explained.

"People are really hurting. We've spent lots of time on the phone, lots of time connecting with people who are just feeling heavy and sad and just aware of the toll that this year has taken on people mentally and emotionally," Stromberg said.

Reaching out to those in assisted living and medical facilities along with trying to minister to young people feeling the absence of normal social dynamics have been a focus of the church community's energies.

He hopes observing the season's special events will help heal some



of the pain.

"We as churches can offer something that other institutions may not," Stromberg said.

Visit https://hinsdalecovenant.com for more information.

St. Isaac Jogues

At St. Isaac Jogues Church, parishioners can register for one of more than two dozen in-person Masses between Christmas Eve and Christmas.

Deacon Bill Dunn said people can sign up for a time at https://www.sij.net.

"They are filling up fast," he said, noting the church has been holding in-person services throughout much of the pandemic.

But Christmas, as under normal conditions, is a special case.

"Christmas is challenging because of the great demand," Dunn said. "We've added at least 50 percent more Masses than normal. It takes a great number of volunteers and ministers that would help during Mass and also with sanitizing, greeting people and getting people safely to their seats.

"Those who are stepping up to volunteer are beyond value."

Dunn expects people who have refrained from attending service will be moved to return for Christmas.

"It almost seems like there's $\,$

been a pent-up demand and seems like it's all coming home to roost because of Christmas," he said. "I think there's a need for people to come back to their faith."

A full list of in-person and online services will run in the Dec. 24 issue.

Union Church

Rev. Mike Solberg, senior minister at Hinsdale's Union Church, said the faith community has tried to leverage technology in its Christmas programs this year.

"We've been continuing to connect with people through our online services and other online events and daily video devotionals through all of advent leading up to Christmas," Solberg said. The annual Christmas pageant

The annual Christmas pageant also went virtual, with 12 different families acting out 12 scenes that were edited together for the complete story.

"We've never done an online Christmas pageant before, but we did want to involve as many families and we could," he related.

For those desiring in-person fellowship, the church will hold an outdoor gathering on Christmas

"We figure if we combine brevity, face masks, social distancing and no singing, we can do that



This year's Christmas Eve live nativity program at Hinsdale Covenant Church will be an open-air event in the church's parking lot as local faith communities adjust to pandemic protocols. (file photos)

safely," Solberg said. "Everyone is welcome. We're just going to do kid-friendly version of a Christmas Eve service."

Solberg said the church has striven to negotiate the pandemic with a mix of approaches to worship and outreach.

"It took a lot of consideration and extra planning and learning to do things in new ways," he said. "We're trying to find the sweet spot for the technology, realizing that an online presence is different from an in-person presence. We're trying to take advantage of that reality in some ways, recognizing the strengths and limitations of the medium."

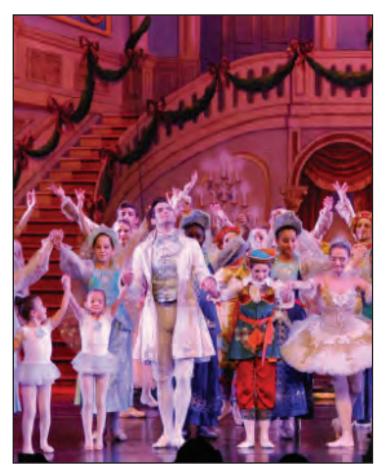
The church also will hold its annual Longest Night Service online Dec. 21 to minister to those struggling this season.

"The service is focused especially on those who find Christmas to be a difficult time," he said.

He observed that virtual events have boosted participation in some cases and he looks forward to seeing church members this Christmas, whether face to face or through a screen.

"One of the things (this experience) has stirred in me is a sense of how resilient people can be. My congregation has weathered this storm reasonably well," he said.

Visit https://hinsdale.church for more information.



Enjoy a pre-recorded digital performance of the Moscow Ballet performing the "Great Russian Nutcracker" starting Dec. 19. Turn to the Holiday Happenings list on Page 32 for details. (photo provided)

ARTFULLY DONE

■ The Fashions of Frida with Kathy Baum

Dec. 17

https://www.atthemac.org

Frida Kahlo's self-expression went beyond paint and canvas. The choices she made in what she wore communicated her inner life and outward persona. In this talk, explore how she used costume as an art form and influenced the world of fashion through her keen intelligence and artistic vision. The program is free but donations to McAninch Arts Center are appreciated. Time: 7 p.m. RR

■ Hinsdale Art Display

Through Dec. 31 Hinsdale Public Library 20 E. Maple St. (630) 986-1976 https://www.hinsdalelibrary. info

The Hinsdale Public Library invites young Hinsdale artists to submit an original piece of artwork or a copy to be displayed in the Youth Services Department. Submissions will

be accepted in person or via email at youth@hinsdalelibrary.info. Artwork will not be returned.

■ Nature Writing II

Thursdays, Jan. 14-Feb. 4 (630) 719-2468 https://www.mortonarb.org/courses/nature-writing-ii-on-line

This interactive online class from the Morton Arboretum is the next step for those who've completed the Nature Writing Workshop or for those with some foundational writing experience looking to further their expertise within a supportive community of fellow nature writers. An instructor will present readings, lessons, writing assignments and sharing opportunities as participants continue to develop their own unique styles. Ask questions, take risks and explore in this fun and supportive, smallgroup environment. Time: 6:30 to 8:30 p.m. Cost: \$105. RR, MD

AUDITION CALL

■ American Youth Symphony

Orchestra auditions

Jan. 24 http://www.aysomusic.org/ auditions

Youth ages 7-18 who play strings, winds, brass and percussion (including piano) are invited to audition for the Downers Grove-based AYSO by video via Dropbox. Candidates should prepare one piece/movement, level appropriate, up to five minutes in length; memorization is strongly encouraged. Students must have a minimum of two years of instruction/playing experience on their instrument. Additional audition dates are March 7, May 2 and June 27. Spaces are limited. Cost: \$25

DINING LOCAL

■ Altamura

9 W. First St. (630) 755-5252 https://www.altamurapizza. com

Curbside pickup, delivery and Grubhub delivery avail-

Please turn to Page 20



Baby, it's COVID outside — and the holidays are here

The COVID-19 infection rate has been skyrocketing in Illinois since October. Now, like the Grinch, it's coming for Christmas, Hanukkah, New Year's, Festivus and the rest of the holiday season, too. Is there anything we can do to stop it?

COVID-19 is getting worse this winter because the virus spreads through respiratory droplets between people who are in close contact (about six feet or two arm lengths). When someone talks, breathes, coughs, sneezes or sings, they release these particles into the air, where they can then be inhaled by others. In indoor environments without good ventilation, those particles can remain suspended in the air and even travel beyond six feet.

During the summer and fall, we could all go outside where the open space, ventilation and humidity helped prevent the virus from spreading. Those safeguards are vanishing as the temperature drops and we increasingly spend time indoors.

The best way to keep your holidays COVID-free is to abide by the Illinois Department of Public Health recommendations. To help ensure the highest level of safety:

- Stay at home with your immediate family
- Do not travel
- Do not invite others to travel to you or stay overnight

• Reconsider hosting or attending parties in person

We also advise that you do your holiday shopping online and avoid high concentrations of people, i.e., shopping on Christmas Eve

Let's be real here: I realize that these suggestions are a major break from what all of us look forward to during this time of year. Many will be unable to completely resist the comforts of family dinners, gift exchanges and begging neighbors for whatever



Dr. Sharon Rosenberg *Healthbeat*

wassail is. So if you can't be persuaded to stay home and celebrate the season virtually, at the very least lower your risk factors with these practical safety tips when planning holiday festivities:

• Limit your guest list to 10 people at most (including yourself and your imme-

diate family) who live nearby. Connect with everyone else virtually via Zoom, FaceTime and

similar apps. Limit your event to two to three hours. The lower everyone's exposure time, the better.

- Encourage guests to wear masks by making a game of it. Host an "ugly sweater" mask-decorating contest. Post the results on Instagram throughout the evening.
- As much as possible, focus your guests within the largest rooms and space the seating between family groups at least six feet apart. Remove

chairs to create empty spaces at the table and stagger the seating to the extent that you can. Assign seating for each guest.

- Go outside between dinner and dessert. Have a snowball fight or even just a walk around the block. This will allow time for people to breathe fresh air while allowing respiratory droplets inside the house to settle. It will also help create more appetite for dessert.
- Designate one or two people for kitchen duty. These people should be the only ones allowed in the kitchen to prepare and plate the food, as well as clean up afterward. Wear masks and plastic gloves.

Present food in individual servings only. Use single-use utensils and dishes. Clearly label or differentiate everyone's drinks. As an extra precaution, you might want to invest in insulated drinking vessels with a cover.

— Dr. Sharon Rosenberg practices internal medicine with Amita Health.

■ Go outside between dinner and dessert. Have a snowball fight or even just a walk around the block. This will allow time for people to breathe fresh air while allowing respiratory droplets inside the house to settle.



Continued from Page 18

able for take-and-bake pizzas, cooked pizzas and other items. Hours: 2 to 7 p.m. Tuesday to Thursday, 2 to 8 p.m. Friday, 2 to 7 p.m. Saturday, 1 to 6 p.m. Sunday.

■ Baldinelli Pizza

114 S. Washington St. (630) 654-4600 https://www.baldinellipizza.com

Curbside pickup and free delivery available, plus frozen pizzas available. Hours: 11 a.m. to 8 p.m. Monday to Thursday, 11 a.m. to 10 p.m. Friday and Saturday, 3 to 8 p.m. Sunday.

■ Café la Fortuna

46 Village Place (630) 537-1586 https://www.lafortunahinsdale.com

Curbside pickup and Door Dash available. Hours: 7 a.m. to noon Monday to Saturday.

■ Casa Margarita

25 E. Hinsdale Ave. (630) 455-9000 https://www.casamargarita. com Delivery available through DoorDash, Grubhub and Uber Eats. Hours: noon to 9 p.m.

■ Egg Harbor

777 N. York Road (630) 920-1344 https://www.eggharborcafe. com

Curbside pickup and delivery through DoorDash available. Hours: 7:30 a.m. to 1:30 p.m.

■ Fontano's Subs

9 S. Lincoln St. (630) 789-0891

Delivery, takeout and pickup available. Only three customers are allowed inside the shop at a time. Hours: 10 a.m. to 4 p.m. Tuesday to Sunday.

■ Fuller House

35 E. First St. (630) 568-5466 https://www.fullerhousebar. com

Outdoor dining in heated tent, takeout, curbside pickup and delivery through DoorDash and Uber Eats available. Hours: 11:30 a.m. to 8:30 p.m.

■ Giuliano's Ristorante

40 Village Place (630) 734-1500 https://www.giulianospizza. com

Regular or noncontact delivery and carryout available. Hours: starting at 4 p.m.

■ Hua Ting

777 N. York Road (630) 789-0505 https://www.huatinghinsdale. com

Takeout available. Hours: 11:30 to 8:30 p.m. Monday, Wednesday and Thursday, 11:30 a.m. to 9:30 p.m. Friday and Saturday, 2:30 to 8:30 p.m. Sunday, closed Tuesdays.

■ II Poggiolo

8 E. First St. (630) 734-9400 https://www.ilpoggiolohinsdale.com

Outdoor dining in heated tent, curbside carryout and delivery with DoorDash and Grub Hub available. Hours: noon to 2:30 p.m. weekdays for lunch, 5 to 9 p.m. weekdays, 5 to 10 p.m. weekends for dinner.

■ Jade Dragon

43 S. Washington St. (630) 323-6959 https://www.jadedragonhins-dale.com

Carryout available. Hours: 11 a.m. to 9 p.m. Tuesday to Thursday, 11 a.m. to 9:30 p.m. Fridays, 11:30 a.m. to 9:30 p.m. Saturdays, 11:30 a.m. to 9 p.m. Sundays.

■ Nabuki

18 E. First St. (630) 654-8880 https://www.nabukihinsdale. com

Outdoor dining in heated tent, curbside pickup available. Hours: 11:30 a.m. to 9 p.m. Tuesday to Thursday, 11:30 a.m. to 10 p.m. Friday and Saturday, 4 to 9 p.m. Sunday and Monday.

■ Page's Restaurant

26 1/2 E. First St. (630) 323-9058 https://www.facebook.com/ pagesrestaurant

Carryout available. To preorder doughnuts, send a text to (708) 476-0900 with name, quantity and day to pick up. Hours: 8 a.m. to 1 p.m. daily.

■ Sweet Ali's Bakery

13 W. First St. (630) 908-7175 https://www.sweetalis.com

Curbside pickup available. Hours: 10 a.m. to 4 p.m. Tuesday, Wednesday, Friday and Saturday, 10 a.m. to 5 p.m. Thursday.

■ Toni Patisserie & Café

51 S. Washington St. (630) 789-2020 https://www.tonipatisserie.com

Carryout and delivery through Door Dash and Grub Hub available. Hours: 7 a.m. to 7 p.m. Monday, 7 a.m. to 5 p.m. Tuesday through Friday, 8 a.m. to 5 p.m. Saturday, 9 a.m. to 3 p.m. Sunday.

■ Vistro

112 S. Washington St. (630) 537-1459 https://www.vistrorestaurant.com

Carryout available 5 to 8

Please turn to Page 22



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Continued from Page 20

p.m. Thursdays to Saturdays.

■ Wild Ginger

44 S. Washington St. (630) 323-1888 https://www.wildgingerhins-dale.com

Carryout and delivery available. Hours: 11 a.m. to 9 p.m. Monday to Thursday, 11:30 a.m. to 10 p.m. Saturday, noon to 9 p.m. Sunday.

■ YiaYia's Cafe

13 Grant Square (630) 487-5600 https://www.yiayiashinsdale. com

Curbside pickup and delivery through DoorDash, Grubhub and Uber Eats available. Hours: 8 a.m. to 2 p.m. daily, plus 4 to 8 p.m. Tuesday to Saturday.

GREAT OUTDOORS

■ Botanical Names Demystified Dec. 17

(630) 719-2468 https://www.mortonarb.org

Learn to call plants by their botanical names in this self-guided online class. Discover the in's and out's of the scientific naming of plants, understand why these naming conventions are useful and important and get tips and tricks for pronunciation while learning botanical names for 40 common plant species that are native to Illinois. The 90-minute self-paced program consists of e-learning modules with reading material, short videos, interactive activities and guizzes; it does not need to be completed in one sitting. Cost: \$23. RR

■ Winter Pruning

Jan. 13 & 20 or Jan. 14 & 23 (630) 719-2468 https://www.mortonarb.org/courses/winter-pruning-on-line-and-person

Learn and practice correct pruning techniques for trees and shrubs during winter when bare branches make it easier to assess what needs to stay and what should be removed. Winter pruning also encourages proper spring growth. Participants can get started at home with selfpaced online materials, which will cover key principles, technique, and vocabulary with interactive elearning modules and videos. Then get hands-on practice in the field

with a trained horticulturist on the grounds of The Morton Arboretum. Time: \$46. RR, MD

GREEN THUMB

■ Native Landscaping: All About Plants

Jan. 20 (630) 850-8110 https://www.dupageforest. org

Learn about the benefits of native plants and how their root structures differ from ornamentals' in this onllne program using Microsoft Teams. Get tips and tricks for planting natives and designing a native garden to attract pollinators and other wildlife, and find out why having native plants is important not only for one's landscaping but for local wildlife as well. Registrants will receive an email with viewing instructions and a link one week before the program. Time: 7 to 8:30 p.m. Cost: \$5

HEALTH & WELLNESS

■ Overcoming Fatigue During Cancer

Dec. 17 https://www.wellnesshouse. org

Dr. Sarah Thilges, assistant professor in the department of psychiatry and behavioral neurosciences at Loyola University Medical Center, will talk about why fatigue and sleep problems can occur during cancer as well as strategies and activities to help manage these effects. Time: 6:30 to 8 p.m. RR

■ Wellness through Deep Hypnosis + Distant Reiki Clinic Dec. 19

https://www.wellnesshouse.org

Under December's theme of "Be Mindful of Splendor," Dr. Scot Giles, renowned medical hypnotherapist, will guide participants through self-hypnosis designed to release pain and facilitate healing. Then, Reiki master teacher Lindsay Bates will send Reiki via the internet as well as in the traditional distant format. Participants will receive one link and are welcome to join either or both workshops. Time: 10 a.m. to noon. RR

■ Mindful Vinyasa Flow Yoga Tuesdays Jan 5-Feb 23

Tuesdays, Jan. 5-Feb. 23 (630) 789-7090 https://www.villageofhinsdale.org/pr

This virtual class will blend flowing and holding poses to build strength, balance and flexibility, while emphasizing breath and body awareness. Each session will move through a variety of seated, kneeling, standing, belly and recline positions to create a renewed energy, sense of well-being and inner calm. This class is for beginners and returning students and will be available via Zoom or by e-mailed videos sent after class. Time: 11:30 a.m. to 12:30 p.m. Cost: \$65. RR

JUST FOR KIDS

■ Monarch 2021 Read Aloud

Dec. 17 (630) 986-1976 https://www.hinsdalelibrary. info

Librarians will read Monarch nominees over Zoom in this program for kids in preschool through third grade. Read along by reserving a print copy at the library or download on Hoopla or Libby/Overdrive. This month's selections are "My Papi Has a Motorcycle" by Isabel Quintero, "Douglas, You're a Genius" by Ged Adamson and "Cute as an Axolotl" by Jess Keating. Time: 4 to 4:35 p.m.

■ Cabin Fever Crafts

Starting in January (630) 986-1976 https://www.hinsdalelibrary. info

Got cabin fever? The Hinsdale Public Library is making previous summer craft kits available. Request a kit in and stop by to pick up. Registration opens Dec. 15.

■ Take-Home Crafts

Jan. 6 (630) 986-1976 https://www.hinsdalelibrary. info

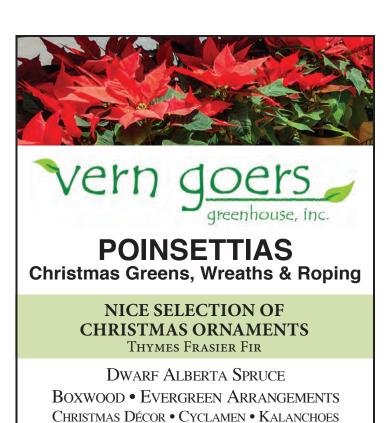
Kids from preschool age to fifth grade can beat the winter blues with a monthly craft. Register once a month to receive a pre-packaged craft. Crafts will be ready for curbside or in-library pick up. Registration opens Dec. 15. RR

LISTEN & LEARN

■ Fitness Tech — At Home Fitness

Jan. 13 (630) 986-1976 https://www.hinsdalelibrary.

Please turn to Page 24



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Continued from Page 22

info

Jumpstart 2021 with fitness apps and streaming services at home by joining this virtual Hinsdale Public Library program to learn about the latest development in at-home fitness technology, including connect gear, streaming services and apps. Include an email address when registering to receive the online meeting invitation. Time: 7 to 8 p.m. RR

NOTEWORTHY

■ Mozart

Through Dec. 31 https://www.elmhurstsymphony.org

Acclaimed pianist Ran Dank performs Mozart's elegant Piano Concert No. 14 in E-flat Major, joining the Elmhurst Symphony Orchestra musicians through an innovative use of video technology. Also featured on the program are two movements from "Four Noveletten for Strings" by Samuel Coleridge-Taylor, an imaginative composer of delightful and expressive music. Patrons can purchase tickets to the program and view it at a convenient time. Tickets: \$28, \$25 for seniors.

■ A Night of Broadway and Opera

Jan. 23-Feb. 28 (630) 942-3008 https://atthemac.org

Maestro Muspratt conducts
New Philharmonic and four
soloists performing his favorite
music from movies, opera and
Broadway. Delightful melodies
from "Phantom of the Opera,"
"Les Miserables," "Hello
Dolly," "The Way We Were,"
"Carmen," "Gianna Schicchi"
and more. Music to warm your
heart and stir your soul. Time:
7:30 p.m. Jan. 23 premiere,
then streaming on demand.
Tickets: \$40 per household. RR

ON SCREEN

■ Interactive Movie: You vs. Wild Jan. 9

(630) 986-1976 https://www.hinsdalelibrary.info

Join the Hinsdale Public Library on Zoom for an interactive viewing party of "Bear Grylls: You vs. Wild." Please provide an email address at registration. Registration opens Dec. 15. Time: 3 to 4 p.m.

ON STAGE

■ SDFA Theatre Workshops

Dec. 17 https://www.stagedoorfinearts.com

Stage Door Fine Arts Theatre presents the virtual workshops "Whose Line Is It Anyway?" for youth ages 7-17 and will benefit actors of all experience levels, offering tips on monologues, voice and diction, characterization, physical acting, and musical theater dance using games, drills and simple scenes. Times: 4 to 5:30 p.m. for ages 7-12; 6 to 7:30 p.m. for ages 11-17. Cost: \$50. RR, MD

■ Winter Reading Series

Through Jan. 3 https://www.firstfolio.org

Join members of the First Folio Theatre troupe as they read a selection of short stories and poems chosen specifically to help families get through a tough winter time. The readings stream for free, with new videos added each week.

■ "It's a Wonderful (Western Springs) Life!

Through Jan. 9 (708) 246-3380 https://www.theatrewesternsprings.com

"It's A Wonderful Western Springs Life" is a funny, heartwarming tribute to the classic holiday film and will be available digitally (streamed on Vimeo) in time for Christmas. It features a cast of more than 100 from The Theatre of Western Springs and The Children's Theatre of Western Springs and is co-directed by TWS artist-in-residence Greg Kolack and CTWS children's director Lindsey Branson, with a screenplay by Eddie Sugarman, the executive artistic director at TWS. Tickets: a \$10 per viewer donation is recommended.

SAVE THE DATE

■ Hinsdale Assembly Ball

June 27

Hilton Oak Brook Hills Resort 3500 Midwest Road, Oak Brook https://www.hinsdaleassembly.org

In order to adapt to government mandates, ensure the safety of families and host an enjoyable event, the Hinsdale Assembly Ball, originally scheduled for Dec. 23, has been moved to June 27, 2021. For 2020 and 20201, the

Hinsdale Assembly has committed to donate to Hinsdale Hospital's Behavioral Health service line with the goal of improving mental health awareness, treatment and access to help when a loved one is in need. To make a donation or for more information, visit the website listed above.

SIGN UP NOW

■ Celebrate the Endangered Species Act of 1973

Dec. 19 630-942-6200 https://www.dupageforest. org

Learn about the impact of the Endangered Species Act, enacted Dec. 27, 1973, and the difference it has made for many species, including Blanding's and spotted turtles, in this online DuPage County Forest Preserve District program using Microsoft Teams. Learn about animals' adaptations and what they need for survival, then discuss what people can do to help these species now and in the future. This program is for ages 12 and up and will include meeting animal ambassadors and a gaining a behind-the-scenes look they are cared for. Time: 11 a.m. to noon. Cost: \$2. RR

■ Virtual Spanish for Adults Tuesdays, Jan. 12-Feb. 16

(630) 789-7090 https://www.villageofhins-dale.org/pr

Learn Spanish from the safety and comfort of home via Zoom. Students will develop skills in conversational Spanish in this class, which is tailored to the needs of the students enrolled and taught live by a Language in Action Inc. instructor. Zoom login information will be emailed to students before the first class. Time: 10 to 11 a.m. Cost: \$72. RR

■ E-Learning Care Program

Ongoing The Community House 415 W. Eighth St., Hinsdale (630) 323-7500 https://www.thecommunityhouse.org/back-to-schoolplan-2020-21

Kids in first through fifth grades can learn virtually with assistance from an experienced staff of child care professionals during their morning

Please turn to Page 26





NEW WEBCAST Classroom Course



- WEBCAST On Demand Classroom Course available until the earlier of 12/31/20 or Phase 5 of Restore Illinois
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Continued from Page 24

or afternoon sessions. Cohorts will also receive academic support from one Village Tutor up to an hour per day, when needed. While learning and completing their work will be a priority, students will also have the opportunity to interact with peers and participate in enrichment activities through the LyArts Program. The program schedule is designed to supports students as they follow the Community Consolidated District 181 schedule. Times: 8 a.m. to 12:15 p.m. or 11:30 a.m. to 3:30 p.m. Cost: \$325 per week, with discounts for siblings. RR, MD

STEPPING BACK

■ Robert R. McCormick: The **Colonel of Cantigny** Dec. 17

https://www.cantigny.org Jeffrey Anderson, interpretation manager at the McCormick House, will share insights into Col. Robert McCormick's military service in this virtual Zoom program as part of the Lunch & Learn series. McCormick, iconic owner and publisher of the Chicago Tribune, had a unique military career that had a profound impact on his life and legacy, especially his role in the Battle of Cantigny in World War I. The program is for ages 14 and up; a Zoom link will be sent out two hours before the program. Time: noon to 1 p.m.

■ Desert Storm Air War

Jan. 14

https://www.cantigny.org Historian Jim Corrigan looks back at the unprecedented air war of Operation Desert Storm in this virtual Zoom program as part of the Virtual Date with History series. For five weeks, the skies over Iraq and Kuwait were filled with a dizzying array of new weapons, such as Tomahawk and Hellfire missiles, stealth aircraft and laser-guided smart bombs. The vast campaign presented flight crews with many harrowing moments, which Jim has recounted in his book, "Desert Storm Air War: The Aerial Campaign Against Saddam's Iraq in the 1991 Gulf War." Time: 7 p.m. RR

TEENS & TWEENS

■ JackBox Party Games

Dec. 18 (630) 986-1976 https://www.hinsdalelibrary.

Will you be the big winner? Join this Zoom event for an action-packed afternoon of JackBox Party Games. Please provide an email address at registration. Time: 4 to 5 p.m.

■ S.T.E.A.M. for Teens

Jan. 11

(630) 986-1976 https://www.hinsdalelibrary. info

S.T.E.A.M. kits created especially with teens in mind will be available at the Hinsdale Public Library for curbside or in-house pick up. There are 30 kits available. RR

WEE ONES

■ Mother Nature & Me Dec. 30

(708) 839-6897 https://www.fpdcc.com

Children ages 3-5 and their favorite adult can participate in a Little Red Schoolhouse Nature Center webinar on Zoom to learn all about snowflakes through stories and activities. Register online using a link on the website listed above. Time: 10:30 to 11:30 a.m. RR

■ Take Home Toddler Art Kits

Jan. 8 (630) 986-1976 https://www.hinsdalelibrary.

Sign up to receive a pre-packaged craft kit appropriate for toddlers and preschoolers from the Hinsdale Public Library on this second Friday of the month Kits will be available for curbside or in-house pick up. RR

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SHOP HINSDALE FOR THE HOLIDAYS 2020

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INTRODUCTION

Nancy Burhop of Burhop's Seafood in Hinsdale

WHEN DID YOU START YOUR BUSINESS IN HINSDALE? Opened in Chicago in 1926, in Hinsdale c.1998

BRIEFLY DESCRIBE WHY YOU STARTED YOUR BUSINESS:

Third generation of fishmongers, decided Hinsdale would be a great location for a high quality seafood market and deli.

WHAT IS THE BEST THING ABOUT RUNNING A SMALL **BUSINESS IN HINSDALE?**

Our customers are great - we know so many by name, because the come in every week, sometimes more than once.

DO YOU HAVE ANY SPECIALS OR EVENTS PLANNED FOR THE HOLIDAYS?

Party tray sale for Thanksgiving, annual shellfish sales in early December.

ADDITIONAL COMMENTS:

With the raging virus in our midst, we are encouraging people to place phone orders well in advance of the holidays, so all they need to do is pick it up. As a small store, we are limited in the number of customers allowed in the store at one time. We want to keep everyone safe and well.

SHOPHINSDALE for the Holidays shop. dine. relax. local.



Throughout the holiday shopping season, a Secret Santa will be surprising in-store shoppers with \$25 Gift Cards valid at any Hinsdale retailer, spa, or restaurant. is this holiday season! Put your where your





Pet pic of the week

Marley is a beautiful tabby cat who is looking for her new family, preferably with no small children. She's a sweet 8-year-old lady whose adoption fee is \$75. The Hinsdale Humane Society Tuthill Family Pet Rescue & Resource Center is currently closed to the public, but anyone who is interested in adopting a pet can fill out an online application at https:// www.hinsdalehumanesociety.org and then call (630) 323-5630 for an interview. Temporary adoption hours are 1 to 8 p.m. Wednesday, noon to 6 p.m. Thursday and Friday and noon to 5 p.m. Saturday and Sunday. (photo provided)



Continued from Page 26

■ ZOOM Taekwondo-Little Dragons I

Saturdays, Jan. 9-March 20 (630) 323-7500 https://www.thecommunity-house.org

Kids ages 4-5 will learn the 2000-year-old martial art of Taekwondo, improving concentration and self esteem while developing self-defense skills. This ZOOM class uses gentle instruction and appropriate games for students' ability, focusing on developing balance, coordination, and respect for the discipline of martial arts training. Time: 10 to 10:40 a.m. Cost: \$140. RR, MD

WINTER BREAK

■ Winter Break Camp

Dec. 21-30 The Community House 415 W. Eighth St., Hinsdale (630) 323-7500 https://www.thecommunityhouse.org

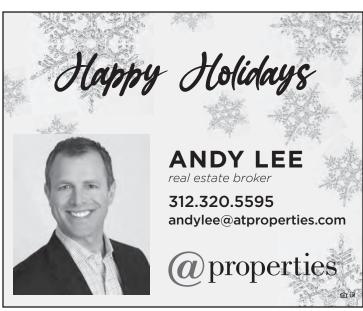
Kids in kindergarten through middle school can enjoy winter break at The Community House enjoying arts and crafts, group games, cooking projects and STEM activities, along with a field trip on Wednesday of each week. Location is subject to change based on current health guidelines. Register for a day or all six. Time: 7 a.m. to 3:30 p.m.; extended hours are available from 3:30 to 6 p.m. for an additional fee \$29. Cost: \$70 per day, \$395 for six days. RR, MD

■ Virtual Winter Camp

Dec. 21-23 https://www.mortonarb. org/learn-experience/ youth-and-family-programs

Kids in first through sixth grades can explore winter and wildlife in their own neighborhood during these three-day online programs that include self-paced content and a 30-minute online session daily between 11 a.m. and 1 p.m. with an arboretum educator. Time Cost: \$65. RR, MD

Key RR - registration required MD - member discount







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Peter Harrison de Jong

Home Mortgage Consultant Phone: 630-655-5550 Cell: 773-896-3755 peter.dejong@wellsfargo.com NMLSR ID 442532

Information is accurate as of date of printing and is subject to change without notice. Wells Fargo Home Mortgage is a division of Wells Fargo Bank, N.A. © 2017 Wells Fargo Bank, N.A. All rights reserved. NMLSR ID 399801. REV 3/18



108192-4 - 04/20

Hope isn't cancelled 2020 has been rough. This year, the presence of

2020 has been *rough*. This year, the presence of God can feel distant or even absent. But we've found a way to come together while staying apart.



IT HAPPENED ANYWAY

With travel restrictions, limited gatherings, and social distancing, it might be hard to imagine Christmas happening at all. But even the very first Christmas was full of unexpected obstacles...and it happened anyway! And it will happen for us, too.

Please join us for family-focused Christmas traditions presented in an untraditional way!

Virtual Christmas Pageant

Dec. 24 @ 4pm

Our first ever virtual Christmas Pageant over Zoom. Email pjohnson@uchinsdale.org for more information.

In-Person Outdoor Service for Kids

Dec. 24 @ 6pm

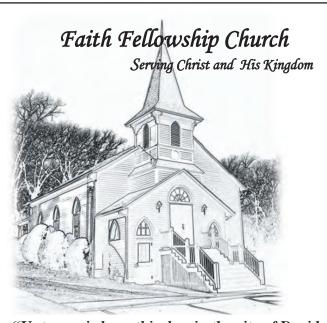
Join us at the church for a COVID-safe, outdoor, 20-minute service. We'll have the Christmas story and a bit more - bundle up!

Virtual Christmas Service Dec. 24 @ 8pm and 11pm Our Christmas Eve sermon, complete with carols, will be streamed on youtube.com/UChinsdaleOrg

Union Church of Hinsdale | 137 S. Garfield Ave. | hinsdale.church | (630) 323.4303







"Unto you is born this day, in the city of David, a Savior, which is Christ the Lord." Luke 2:11

Join us to celebrate His birth! Christmas Eve Candlelight Service at 6:30 pm. Interim Pastor: Dr. William Torgesen

Please call 630-654-8505 to reserve seating.

Masks required.

3724 N Washington St, Oak Brook, IL

www.churchfaithfellowship.org











Redeemer Lutheran Church, ELCA

Join us Online! www.redeemerhinsale.org

Christmas Eve, December 24 7:00pm Worship Online Caroling, Communion and Candles

Christmas Day, December 25
Recorded Worship Available Anytime
The Telling of the Christmas Story
Children Especially Welcome!



Saint Isaac Jogues Roman Catholic Church

306 W. Fourth Street at Clay - Hinsdale, Illinois / www.sij.net / (630)323-1248

Advent and Christmas Schedule ~ 2020

Christmas Confessions:

- Saturday, December 19th ~ 2:00 4:00 PM
- Sunday, December 20th ~ 2:00 6:00 PM

Thursday, December 24th: Christmas Eve Vigil Masses

- *3:00 PM [CHURCH, PARISH CENTER, GYM]
- *4:30 PM [CHURCH, PARISH CENTER, GYM]
- *6:00 PM [CHURCH , PARISH CENTER, GYM]

*REGISTRATION REQUIRED — SIJ.NET

*Mass at Midnight in Church & Gym: 11:45 PM Blessing of Crib with Mass at Midnight

*REGISTRATION REQUIRED — SIJNET

Friday, December 25th: Christmas Day Masses

*CHRISTMAS DAY: 7:30 AM [CHURCH AND PARISH CENTER]

9:00, 10:30 AM, & NOON [CHURCH, PARISH CENTER, & GYM]

*REGISTRATION REQUIRED — SIJ.NET

Livestream CHRISTMAS MASSES on the parish website [SIJ.NET] and Facebook Live Christmas Eve at 3:00 pm, Midnight Mass - Beginning at 11:45 pm

CHRISTMAS DAY AT 10:30 AM

Friday, January 1st - 2021: Solemnity of Mary, the Mother of God ~ New Year's Day

New Year's Eve / Thursday, December 31st: 5:00 pm New Year's Day / Tuesday, January 1st: 9:00, 10:30 am and Noon



THE COMMUNITY OF ZION LUTHERAN CHURCH AND EARLY CHILDHOOD EDUCATION CENTER INVITES YOU TO JOIN US ON-LINE (ZIONHINSDALE.ORG)

FOR CHRISTMAS EVE WORSHIP AT 5:00 P.M. OR AT 6:00 P.M. FOR A CANDLELIGHT SERVICE.

WE WISH YOU A BLESSED AND PEACE FILLED CHRISTMAS SEASON.

Today in the town of David a Saviour is born for you; he is Christ the Lord Luke 2:11

Zion Lutheran Church and Early Childhood Education Center 204 S. Grant Street, Hinsdale, IL 630-323-0384 • zionhinsdale.org

Hinsdale





HOLIDAY HAPPENINGS

■ Shop Hinsdale for the Holidays

Ongoing https://villageofhinsdale.org

To encourage people to shop locally, a secret Santa will surprise shoppers in Hinsdale stores with a \$25 gift card valid at any Hinsdale retailer, spa or restaurant.

■ 'A Million Dollar Christmas' Dec. 19

https://www.atthemac.org (630) 942-3008

Rock around the Christmas tree in the comfort of home with this livestreamed concert. Enjoy the catalog of classic rock 'n' roll hits from Elvis Presley, Carl Perkins, Jerry Lee Lewis and Johnny Cash, plus a special selection of heartwarming holiday tunes, all done up in that unmistakable rockabilly style. Time: 7:30 p.m. Tickets: \$50.

■ Virtual Santa Visits

Through Dec. 19 https://www.mortonarb.org

Holiday traditions may look a little different this year, but children can still share in the excitement of Christmas by having a virtual visit with Santa (the very

LOST TRACK
TIME?

It's not too late to advertise in
The Hinsdalean.

Display deadline
MONDAY 5PM
(week of publication)
Classified deadline
WEDNESDAY 10AM
(week of publication)
(630) 323-4422
The Hinsdalean

One Town. One Paper:

same Santa that has been at our "Breakfast with Santa" MD
events the last few years!).
Although Santa is in quarantine right now (so that he can make sure he is healthy and ready for all of his work

and ready for all of his work around the holidays) families can experience the joys of talking to him with a private meet and greet on Zoom, beamed directly from significant surface and surface and

the North Pole. Times vary;

see website listed above for

full schedule. Cost: \$25 RR, MD

■ Winter Wonderland Hike

Morton Arboretum 4100 Illinois Route 53. Lis

4100 Illinois Route 53, Lisle (630) 968-0074

https://www.mortonarb.org Families with children age

Families with children age 4 and older will discover the sounds of the winter landscape and then warm up with s'mores, hot chocolate and a winter-themed musical play-along. Hikes are one-half to 1 mile long and will stay on chipped, paved or mowed trails. Time: 11 a.m. to noon or 2 to 3 p.m. Cost: \$17 a person.

■ 'Great Russian Nutcracker' Dec. 19-Jan. 1

https://www.atthemac.org (630) 942-3008

This pre-recorded digital performance by the Moscow

Ballet delivers quintessential Russian artisty in the form of America's favorite family Christmas tradition replete with magical toys, falling snow and growing Christmas trees. The performance begins streaming Dec 19 and will be available through Jan. 1. Sales end Dec. 29. Time: 7 p.m. Tickets: \$24.99.

Please turn to Page 34





THERE'S NO PLACE LIKE HOME

To many people in our community, The Community House is their second home, where they come to play, engage, learn, explore, create, and connect. Some for a few hours, some for generations. As we all adjust to COVID-19, our doors remain open, as a sign of hope, comfort and healing.

PLEASE HELP US CONTINUE OPENING HEARTS, INSPIRING MINDS, AND IGNITING IMAGINATIONS BY MAKING A GIFT TODAY.

Visit thecommunityhouse.org/noplacelikehome or call 630-323-7500 to give.

HOLIDAY HAPPENINGS

Continued from Page 32

■ Virtual New Year's Eve Concert

Dec. 31 https://www.atthemac.org (630) 942-3008

Conductor Kirk Muspratt and the New Philharmonic will help viewers ring in the new year with favorite Strauss waltzes and polkas, arias, light classical, pop tunes and movie music. A duet of "Bless This House" sung by soprano, Alisa Jordheim and tenor Jesse Donner reflects on the year past while the "Power of Love" propels all into the new year. And of course, secret surprises will be part of the fun as well. Time: 2, 5:30 and 8:30 p.m. Tickets: \$50 per household. RR

■ Holiday Magic

Through Dec. 31
Brookfield Zoo
3400 31st St.
(630) 688-8400
https://www.czs.org
Brookfield Zoo is offer-

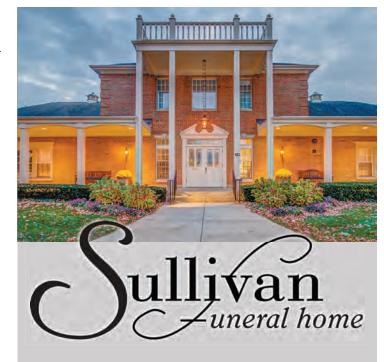
ing an expanded schedule

for its 39th annual Holiday Magic, with 10 evenings added and expanded hours to allow zoogoers to enjoy the holiday lights before the zoo temporarily closes to the public Jan. 1-Feb. 28, with plans to reopen on March 1, within state restrictions. Visitors will enjoy more than 1 million twinkling LED lights, a 600-foot-long tunnel featuring lights synchronized to music, a 41-foot tree and more. Families can take a photo next to a cut-out of Santa Claus and enjoy seasonal outdoor food stands selling funnel cakes, cinnamon sugar pretzels, pizza, burgers, spiced wine, hot chocolate, beer and more. Tickets must be reserved online. Times: 3 to 9 p.m. Fridays to Sundays, Nov. 27-29, Wednesdays to Sundays, Dec. 2-20, and Saturday to Thursday, Dec 26-31. Admission: \$24.95 for adults, \$17.95 for ages 3-11, \$19.95 for seniors 65 and older plus \$15 parking. RR,

■ Holiday Ice Skating

Through Jan. 5
Parkway Bank Park
5501 Park Place,
Rosemont
https://www.parkwaybankpark.com

The entertainment district has kicked off the holiday season with the return of the Chicago Wolves Ice Rink. In order to ensure social distancing this year, the outdoor ice rink will limit capacities and advance ice skating reservations are required. Skaters temperatures will be checked and face masks are required while entering the skating tent. Skaters are encouraged to continue wearing their masks while skating. A credit card is required to hold the reservation. Hours: 4 to 10 p.m. Monday through Friday, 11 a.m. to 10 p.m. Saturdays, 11 a.m. to 9 p.m. Sundays through Dec. 22. Check website for holiday hours. Cost: free admission, \$8 skate rental, \$8 no show



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SPIRIT OF GIVING

■ Tree of Remembrance

Through Dec. 25 Lincoln and First streets, Hinsdale (630) 856-6993

Amita St. Thomas Hospice once again will decorate its Tree of Remembrance outside of BMO Harris Bank. Community members are able to make a donation and have a loved one's name listed on the boards beside the tree. Envelopes will be available next to the tree. Questions? Call the number listed above or send an email to Rosemarie. Cohen@amitahealth.org.

■ Hinsdale Humane Society Gift Shop

https://www.prrcgiftshop.com

Holiday ornaments are one of many items for sale at the Hinsdale Humane Society Pet Rescue and Resource Center online gift shop. Clothing, mugs, water bottles and more are available for the humans on the gift list, with bandannas for furry friends. Purchases help the organization care for the animals at the shelter.

■ Schools Count Adopt a Family

https://www.schoolscountcorp.org

Schools Count Corp. is sponsoring its first adopt a family initiative to make sure those in need have something to be thankful for this holiday season. Donations will be used to purchase food, holiday gift cards and coats. If donors prefer, they can send a gift card to Aldi's, Target, Walmart, Jewel or a similar store. Donations may be made online or mailed to Richard Flesher, 12418 S. Compass Ave., Plainfield, IL 60585.

■ Sponsor a Homeless Animal https://www.hinsdalehu-manesociety.org

Animal sponsorships are a great way to support homeless animals and a great gift idea. For a minimum sponsorship of \$50, recipients will help provide care for an animal of their choosing, receive a personalized gift sponsorship certificate and listing on the society's website, if desired. Sponsorships can be pur-

chased online. Questions? Call Deborah Kraus at (630) 323-5630, Ext. 32, or email her at deborah.kraus@hinsdalehumanesociety.org.

■ Brookfield Zoo Adopt an Animal

https://www.czs.org/animal-adoption (708) 688-8341

This holiday season, shop for the purr-fect present without having to leave home. The Chicago Zoological Society's Animal Adoption program is highlighting two featured creatures: Brookfield Zoo's snow leopard and Amur leopard cubs, both born earlier this year. Donations to the program are gifts that give twice — helping to provide expert care and feeding of an animal for one year as well as giving a thoughtful and unique present to a loved one. Other animals also are available. The basic package includes a photo, certificate, fact sheet and more, with add ons in the more expensive packages. Price: \$35 to \$120

Zaza's has been serving Clarendon Hills for more than 20 years. Voted "Best New Resturant" by West Suburban Living.



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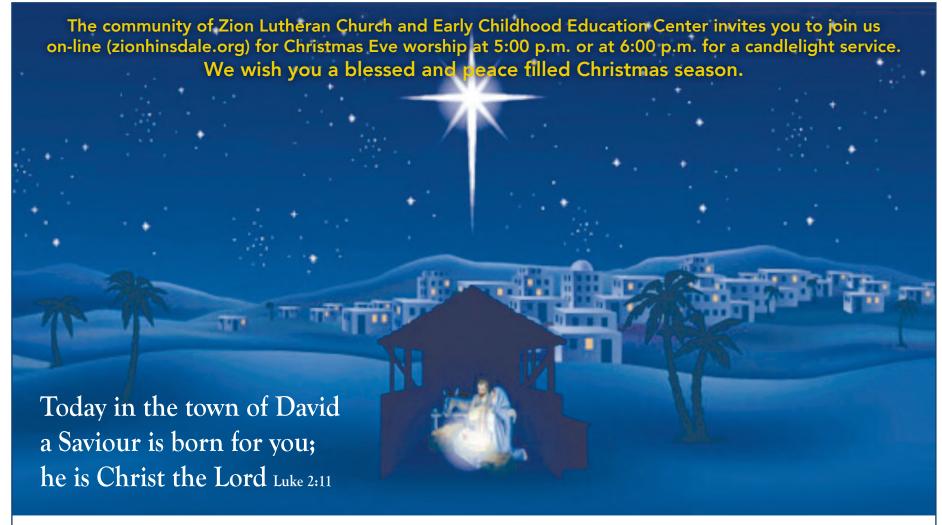
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www.zazasclarendonhills.com

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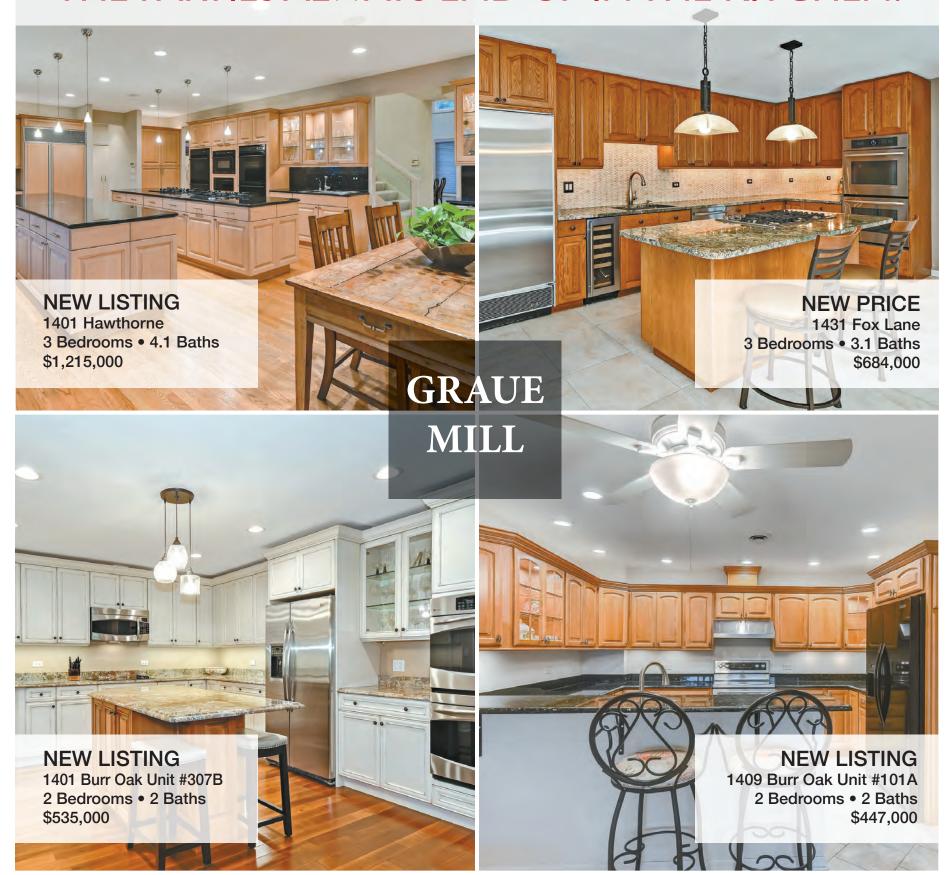


ZION LUTHERAN CHURCH – EARLY CHILDHOOD EDUCATION CENTER

204 S. GRANT STREET, HINSDALE, IL • 630.323.0384 www.zionhinsdale.org



THE PARTIES ALWAYS END UP IN THE KITCHEN!



Happy Holidays to All Especially My Buyers and Sellers!



Joan McInerney Broker Associate | Chairman's Club

630.561.6728

joansells@gmail.com joanmcinerney.bairdwarner.com



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CLASSIFIED ADVERTISING

The Hinsdalean 7 West First Street, Hinsdale, IL

(630) 323-4422 Fax: (630) 323-4220

Hours & Deadlines

Monday - Friday 9 a.m. - 5 p.m.

Classified deadline: Tuesday 4 p.m. for Thursday's publication

Email: tinaw@thehinsdalean.com



So you think you're a real Hinsdalean, eh? Tell us where you think this picture was taken and you can win a Fuller's Ultimate Car Wash gift card. Send your answer to: The Hinsdalean, Village Posting Board, 7 West First St., Hinsdale, IL 60521. Winners will be drawn from correct answers received weekly. Good luck!

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YES, I'm a real Hinsdalean!

Today's picture is at:

Name:	 		
Address:_			

Send your answer to: The Hinsdalean 7 W. First St., Hinsdale, II. 60521 or email: tinaw@thehinsdalean.com

One winner will be chosen monthly from all correct entries and receive a Fuller's Ultimate Car Wash gift card.

VILLAGE POSTING BOARD

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\$5,499/lot OBO. **Call 312-772-3063.**

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Please contact Aslam at Hinsdale Mobil, 8 Chicago Ave., Hinsdale

Christmas is doing a little something extra for someone.

Charles M. Schulz

Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful.

Norman Vincent Peale

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Parking space included with lease!

Please contact Rebecca at 630.242.3104 or at info@mayon.com.

Legal Notices

UNITED STATES OF AMERICA

STATE OF ILLINOIS COUNTY OF DU PAGE

IN THE CIRCUIT COURT
OF THE EIGHTEENTH
JUDICIAL CIRCUIT

IN RE THE ESTATE OF DONNA L. THROCKMORTON DECEASED

> CASE NUMBER 2020 P 001225

Legal Notices

Notice is given of the death of Donna L. Throckmorton whose address was 555 Foxworth Blvd., Apt. 2017, Lombard, IL. 60148-6418. Letters of Office were issued on November 19, 2020 to Pamela Lannom Litster, 829 Kensington Ave., LaGrange, IL. 60525. as Independent Administrator whose attorney is Christine A. Boyle, Gross & Boyle LLC.

NOTICE TO HEIRS AND LEGATEES

The estate Will be administered without Court Supervision, unless under section 28-4 of the Probate Act of 1975 (755 ILCS 5/28-4) any interested person may terminate independent administration at any time by mailing or delivering a petition to terminate to the Circuit Court Clerk.

Claims against the estate may be filed in the Office of CHRIS KACHIROUBAS, Circuit Court Clerk, 505 N. County Farm Road, Wheaton, Illinois, or with the representative or both on or before *June 4, 2021, any claim not filed within that period is barred. Copies of a claim filed with the Circuit Court Clerk must be mailed or delivered to the representative and to the attorney, if any, within ten (10) days after it has been filed with the Circuit Clerk.

Name: Christine A. Boyle DuPage Attorney Number: 28643

Attorney For: Representative Address: 15 Salt Creek Lane, Suite 207

City/State/Zip: Hinsdale, IL. 60521-8656 Telephone: 630-887-7070

cboyle@gbllc.law

Published in The Hinsdalean December 3, 10 & 17, 2020.

How did it get so late so soon? Its night before its afternoon. December is here before its June. My goodness how the time has flewn. How did it get so late so soon? Dr. Seuss

Public Notices

CERTIFICATE NO. 77893 was filed in the office of the County Clerk of DuPage County on November 25, 2020 wherein the business firm of

TRUE BLUE PERSONAL ASSISTANT

Located at 1760 Plymouth Court, Wheaton, IL. 60189 was registered; that the true or real name or names of the person or persons owning the business, with their respective post office address(es), is/are as follows: Sheri Fazzari, 1760 Plymouth Court B, Wheaton, IL. 60189

IN WITNESS WHEREOF, I have hereunto set my hand and Official Seal at my office in Wheaton, Illinois, this 25th day of November, A.D. 2020. Jean Kaczmarek DuPage County Clerk

Published in The Hinsdalean December 3, 10 & 17, 2020

Equal Housing



It is the intent and goal of this newspaper to have each advertiser who wishes to place a covered advertisement in the newspaper comply with the Fair Housing laws. Any advertisement which is perceived to contain language contrary to these laws will be rejected or changed to remove the offending reference. There may be situations where it is not clear whether particular language is objectionable. Such advertisements should be referred to a supervisor for consideration and determination. Under certain circumstances, advertisers may claim that because of the nature of the housing being advertised, they are not subject to the Fair Housing laws. Such claims are irrelevant for purposes of considering advertisements for publication in this newspaper. Every housing advertisement published in this newspaper is subject to the Fair Housing

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News

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MIND GAMES

	ACROSS
1	PORTER'S BURDENS
5	BEFORE
8	DULL SOUND OF IMPACT
12	ENTICEMENT
13	BLEND
14	ABUNDANT
15	OPERA SHOWSTOPPER
16	U.K. BROADCASTER
17	BLACK, IN VERSE
18	FIGHT
20	LIKE A LOT
22	SOLID GROUND
26	ENTIRE
29	SMACK
30	ZILCH
31	BEES' HOME
32	PARSONS OR GAFFIGAN
33	SLANGY NEGATIVE
34	- OUT A LIVING
35	ONE OF THE BRADY BUNC
36	GROWN-UP BUG
37	BROWNISH ORANGE
40	WARMONGER
41	BARBERSHOP TOOLS
45	FIRST VICTIM
47	LUAU BOWLFUL
49	"AMERICAN"
50	RING OUT
51	BARN BIRD
52	ALASKAN METROPOLIS
53	VORTEX
54	– AVIV
55	GET LARGER

1	2	3	4		5	6	7		8	9	10	11
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53					54				55			

A NOWEDS TO TODAY'S SPASSWORD	CAN BE FOUND IN THE CLASSIFIEDS.
ANSWERS IU IUDAT S CRUSSWURL	J CAN DE FUUND IN THE CLASSIFIEDS.

	DOWN
1	SPILL THE BEANS
2	EMANATION
3	DETERMINATION
4	BIRTHPLACE OF
	STARBUCKS
5	FIREPLACE BIT
6	CAGE COMPONENT
7	CRY OUT
8	ITALIAN FOUNTAIN
	SITE
9	IRELAND
10	VENUSIAN VESSEL?
11	LAIR
19	APPOMATTOX
	SURRENDERER
21	FREQUENTLY
23	SERENGETI BEAST
24	CHINESE DYNASTY
25	CHOIR MEMBER
26	SHARPEN
27	RAISE
28	ABOVE
32	LOTTO WIN
33	INCREDIBLE
35	MANDIBLE
36	CALL DAY
38	MAKE A COMEBACK
39	WARBLE
42	BLOODHOUND'S
	CLUE
43	QUARTERBACK TONY
44	DISPATCHED
45	MIMIC
46	FOUNDATION

DIDN'T PAY YET

Weekly **SUDOKU**

by Linda Thistle

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	3		8					6

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦ ♦

♦ Moderate ◆◆ Challenging ♦♦♦ HOO BOY!

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PUZZLE: Place a half-dollar and a finger ring on the table and bet your friends that they can't push the coin through the ring without bending the coin.



A TIGHT SQUEEZE! Hold the ring on edge and shove a pencil through it. Using the end of the pencil, you "push" on the coin and win another bet.

THE 'D' PYRAMID! Each word, as you go down the pyramid on the right, contains the same letters as the word above it, plus a new letter. We give you all of the D's. Here are some hints from the top down.

- 1. Lowest passing grade (given).
- 2. To perform. Seed home.
- To walk heavily.
- 5. Rode with an easy gait.
- 6. Slanted downward.
- 7. What a brat is.
- 8. Leaning to one side.

The words are D, do, pod, plod, loped, sloped, spoiled, lopsided.



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December 2020 Horoscopes · Week 4



CAPRICORN - Dec 22/Jan 20 CAPRICORN – Dec 22/Jan 20
A healthy hobby like exercise can be just what you need at the moment, Capricorn. Slowly increase your workout frequency and take a friend along for the ride.



science. You may never



ARIES – Mar 21/Apr 20
Someone could be extremely generous to you soon, Aries. It may be out of the goodness of his or her heart, or it may be because of a guilty conscience. You may never science. You may never the control of the goodness of the goodness of the control of the goodness of t along the way



LIBRA – Sept 23/0ct 23
Rough patches will quickly smooth over if you don't fret about them, Libra. Just have a little patience and everything will work out for the best



AQUARIUS - Jan 21/Feb 18 Aquarius, try to be artistic this week. Don't worry, you don't have to create a masterpiece. Working on creative projects can be a form of meditation and help alleviate stress.



TAURUS - Apr 21/May 21 Avoid power struggles at work or even among your circle of friends, Taurus. It is not worth the trouble to get involved, and things will calm down soon. Keep your distance.



Leo, if you need someone to motivate you, seek out a trustworthy friend with your best interests in mind. A qualified mentor might be the way to go.



Right now stability means much more to you than taking risks. Stick with those people who support you, and don't worry about sitting on the sidelines for a bit.

SCORPIO - Oct 24/Nov 22



PISCES - Feb 19/Mar 20 You are open to change more so than other peo-ple you know, Pisces. It's a good thing, because last-minute changes are



GEMINI - May 22/Jun 21
Gemini, this week may be well suited to contemplation about certain decisions that have been on your mind. Find a quiet place and put all of the puzzle pieces together.



VIRGO - Aug 24/Sept 22
Virgo, sometimes a daily routine can land you in a rut. This is the time to change things up a bit. Mix up your regular schedule by trying a new activity or taking a trip.

SAGITTARIUS - Nov 23/Dec 21
Sagittarius, you may not realize it, but you have been slowly pulling back from those around you for some time now. Make a concert-ed effort to focus on important relationships.



SPORTS

Memories to sustain fans this winter

Look back at a decade of Central sports coverage fills in the gaps until play resumes

By Pamela Lannom plannom@thehinsdalean.com

Forwards driving up the lane, hoping to score 2 points. Gymnasts maintaining their balance while tumbling across the beam. Bowlers looking to gain speed and accuracy with their throws.

The winter sports season at Hinsdale Central typically encompasses all these — and more.

This is no typical year, however, and all winter athletes are currently benched due to the COVID-19 pandemic.

Until play resumes, The Hinsdalean will continue to take a look back at the past decade of Central sports coverage in its weekly "Throwback Thursday" installments.

2019 "I get to hear from his players just what he means to them. I've had so many parents approach me and let me know the impact Brian is having

on their kids, and that's beyond football — that's them growing into good young men. I just feel proud of him." — Kelly Griffin on her husband, varsity football head coach Brian Griffin

"I hope they describe me as a good leader.

I really like being team captain because I'm able to lead them and talk about things they need help with. I hope they say I'm a good listener and caring." — senior gymnast Kylie Torsberg on how she hoped her teammates would describe her

2017 "Our goal is to be the best we can be and get better each year. Our total gate receipts from the first year more than doubled in the second year, so we knew our crowds got bigger, our publicity got better and the quality of competition got better also." — Joe Spagnolo, one of the organizers of the Hinsdale Central



2016 Hinsdale Central's Ron Kruse got the upper hand against his Glenbard West opponent during the Rex Whitlach Invitational hosted by Central. Kruse won the match 6-5 and placed eighth in the 113-pound weight class. (file photo)



2010 Cathy Brenk tied for 16th on beam at the Red Devil Invitational. (file photo)

Holiday Classic, which he and Central athletic director Dan Jones launched in 2015

2015 "If things keep heading the way they are, we'll head up the charts as far as our rankings. Playoffs are funny, and it's anybody's game. You have to be prepared every game." — varsity hockey coach Paul Parpet on his outlook for the season

2014 "Honestly, they are both fragile. They are both teenage groups. The girls I possibly am more considerate of how they will feel or react to my statement before I make it. I think twice. I think always when you work with teenagers you should think twice." — varsity coach Bob Barber on coaching the boys and the girls swim and dive teams

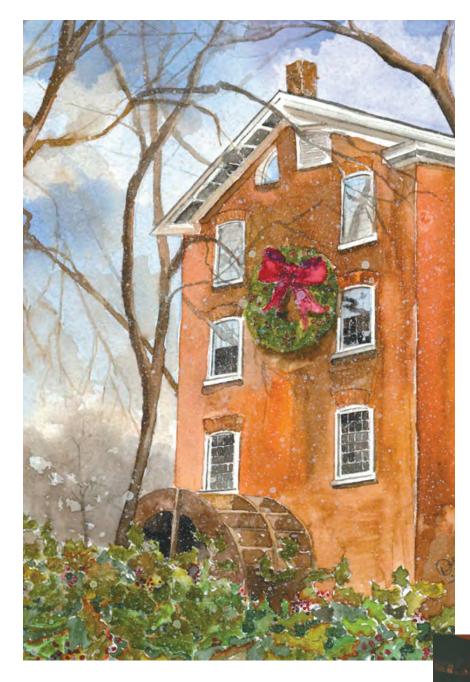
"I would just say play to have fun — that's the most important thing. Don't stress about every little thing. That's why we play sports is to have fun and make friends." — senior varsity basketball player Megan Lord

2012 "I would talk a little bit about Chicago basketball. That did give me some instant credibility." — assistant varsity boys basketball coach on his two years of coaching boys basketball in Bulgaria

"Probably in kindergarten when my dad used to coach me. I used to play on a Lithuanian team. My brothers played on the team, too. I got to spend time with my dad, and I just loved it." — senior varsity basketball player Peter Thaus on his earliest memories of being on the court

GRAUE MILL AND MUSEUM

History happened here.



Frederick Graue and his Mill were already part of the area when Hinsdale was first organized around the new railroad line into Chicago. The Mill, the dam to operate that Mill, and Mr. Graue's home all stand today as a testament to the fascinating history of our area.

- Memberships and your donations help us sustain this historic site: http://grauemill.org/membership.htm
- Celebrate your loved ones with an engraved brick to be installed as an integral part of the Path to the Mill: http://grauemill.org/pathtomill.htm

FOLLOW US ON FACEBOOK: GRAUE MILL AND MUSEUM - FOR UP TO THE MINUTE NEWS AND INFORMATION.

Graue Mill & Museum is operated under a license granted by the DuPage County Forest Preserve District.

MAY THE WONDER OF CHRISTMAS SURROUND YOU THROUGHOUT THE HOLIDAY SEASON!

Take time out during the rush of the holidays to enjoy the things in life that really matter.



MERRY CHRISTMAS TO YOU AND YOUR LOVED ONES!



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